



2019 Senior Sectional and Senior 6-Day Potential Members

Before you register for the Fall 2019 Session PLEASE READ this memo to help guide your decision.

GROUP INTENT:

Senior Sectional -

1. To qualify athletes for PIAA's, Sectional Meets and above.
2. Geared towards athletes looking to place top 3 at districts, qualify for states, and attend more elite sectional, zones meets as their club championships.

Senior 6-Day -

1. To qualify athletes for District XI championships.
2. For athletes looking to score (place top 16) at districts.
3. Athletes attending MA Senior Champs as their finals Club Championship Meets.

EXPECTATIONS

Senior Sectional-

1. Elite attitude and mindset geared towards getting better in both high school and club realms.
 - a. The mindset here is expected to be one of consistent daily excellence and grow in all areas of the sport and to show that development off at elite Club meets beyond the high school realm.
 - b. *If you have absolutely no aspirations of swimming beyond high school, or not swimming well in meets beyond the high school season, SENIOR SECTIONAL IS NOT FOR YOU.*
2. Attend at least MA Senior Champs (if no high time standards achieved), and/or attend Sectionals.
 - a. By attending we mean a full schedule (2 events per day).
3. Regular attendance at practices as defined in the Fall information with little to no distractions that would pull your effort away.

Senior 6-Day

1. Attitude is geared towards getting better in the high school realm with little focus on USA swimming Club Championship Meets.
 - a. Enough focus to attend MA Senior Champs, but beyond that, little interest.
 - b. The attitude is more laid back than Senior Sectional with the mindset being to get better to serve the high school team and be a role player, however, after the high school setting there's less push towards the elite championship meets outside of MA Senior Champs.

2. Meet the 6-Day attendance policy, but, you also have many other activities that you want to participate in that pull away from getting better every week in the sport of swimming.

Please have the honest conversation with yourself before selecting the training group that you wish to excel in. You can be placed down for failure to meet the Senior Sectional requirements.

Either way both groups will be expected to:

1. Make the attendance requirements for each group that are detailed in the fall information.
2. Attend determined A/BB/C regular season meets, and the required club championship meets.
3. Meet the attitude and mindset expectations of the group you register for. Again...
 - a. Senior Sectional will be more stringent and attitude will be looked at as a factor to remain in the group. The attitude is an elite one not only for high school, but club championships.
 - b. Senior 6-Day is more laid back and the expectation is to grow for the high school team and that is the main mindset push.