

Nittany Lion Aquatic Club (NLAC)

Nittany Lion Aquatics (NLAC) is a State College competitive USA swim club program. NLAC is a Pennsylvania non-profit corporation and has 501(c)(3) status. NLAC swimmers train with Penn State Aquatics (PSAQ). PSAQ is strictly a training program and as such its members and coaches do not attend or hold any swim meets.

The coaches that train our children through the week are compensated by the PSAQ program with the exception that the head coach receives part of his/her compensation from NLAC. The NLAC head coach is tasked with providing direction and content for the other PSAQ coaches.

If you wish to have your child compete in USA swim meets we encourage you to join Big Cat Aquatics. NLAC will assist you in USA registration, tracking your swimmer's times, meet and relay entries and provide meet coaching.

You may also register your child directly with USA swimming as Unattached and be responsible for your child's meet entries and fees, swim times, meet coaching, etc.

NLAC Swimmer Fees

- All NLAC members must be members of USA swimming and the attached form must be completed.
- Fees vary by group. The current SESSION fees are:

Our fees for the January through March session are as follows. They are generally consistent with Fall 2009 rates charged by PSAQ and the State College Area Family YMCA, and compare favorably with rates charged by other USS programs in the Middle Atlantic region.

Novice NLAC January-March \$150.00

Novice Blue NLAC January-March \$165.00

Junior NLAC January-March \$180.00

Junior Blue NLAC January-March \$220.00

Senior NLAC January-March \$267.50

Senior - HS1 NLAC January-March \$130.00 (return after dual meet season)

Senior - HS2 NLAC January-March \$ 75.00 (return after districts)

Senior - HS3 NLAC January-March \$ 50.00 (return after states)

- **All members** (even transfers from another club) must be registered with USA Swimming. If you are already USA registered for 2009, your registration expires December 31, 2009. The USA rate for 2010 is \$57.00. All NLAC swimmers must be USA registered. Registration for the 2009-2010 season are due before October 10, 2009. The non-refundable USA fee and the completed USA Athlete Registration Form (attached) must be included with your 2009-2010 registration to NLAC. PLEASE DO NOT SEND THIS PAPERWORK TO MIDDLE ATLANTIC SWIMMING

If you are USA registered with another club, you must also transfer to NLAC. The form to transfer must be signed by the treasurer of your former club. Send the completed form and a check for \$10.00 to Middle Atlantic Swimming. USA Transfer forms can be downloaded at www.maswim.org under the "Forms" tab. If you have any problems, please contact Grant Forrest at Grant.Forrest@comcast.net

- You are separately responsible for your PSAQ training fees to Penn State Aquatics.
- You must be in good standing with the club (no outstanding bills) in order to compete at meets.

NLAC is run by a Board of parent volunteers and thrives as a result of the hard work and dedication of the staff and families that make up the Club. Parents are encouraged to seek opportunities to share their expertise and help with the running of the Club in various capacities. If you have an interest in becoming a USA Swimming certified Official please contact Grant Forrest at Grant.Forrest@comcast.net

Nittany Lion Aquatics training fee structure does not pay for all the expenses of the program; a significant amount of program expenses are covered through the income generated by hosting swim meets throughout the season. These swim meets are staffed wholly by volunteers. In order to ensure that all families on the team share the responsibility of the volunteer workload and to create greater participation by all, a requirement of team membership is participation in the **Volunteer System**.

For 2009-2010, NLAC is planning to hold 4-5 meets: October, January, February (Last Chance), June (Swim Fest), are the typical meets we hold.

- The clubs needs all our families to volunteer at our swim meets or we cannot survive. Please refer to the website for volunteer sign up for meets,

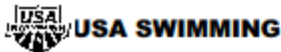
Please return the following forms to NLAC:

1) USA Registration Form

2) NLAC 2009/2010 Registration Form

3) NLAC Billing Policy

Completed forms and checks can be mailed to:
Nittany Lion Aquatic Club, Attn Registrations
P.O. Box 10135
State College, PA 16805



2010 ATHLETE REGISTRATION APPLICATION
LSC: MIDDLE ATLANTIC SWIMMING

REG. DATE / OFFICE USE ONLY
[] [] [] [] [] [] [] [] [] []

PLEASE PRINT LEGIBLY • COMPLETE ALL INFORMATION:

Registration form fields including: LAST NAME, LEGAL FIRST NAME, MIDDLE NAME, PREFERRED NAME, DATE OF BIRTH, SEX, AGE, CLUB CODE, NAME OF CLUB YOU REPRESENT, FATHER/GUARDIAN LAST NAME, FATHER/GUARDIAN FIRST NAME, MOTHER/GUARDIAN LAST NAME, MOTHER/GUARDIAN FIRST NAME, MAILING ADDRESS, CITY, STATE, ZIP CODE, AREA CODE, TELEPHONE NO., FAMILY/HOUSEHOLD E-MAIL ADDRESS, U.S. CITIZEN?

DISABILITY:

- A. Legally Blind or Visually Impaired
B. Deaf or Hard of Hearing
C. Physical Disability such as amputation, cerebral palsy, dwarfism, spinal injury, mobility impairment
D. Cognitive Disability such as mental retardation, severe learning disorder, autism

RACE AND ETHNICITY (You may make up to two choices if appropriate):

- Q. Black or African American
R. Asian
S. White
T. Hispanic or Latino
U. American Indian & Alaska Native
V. Some Other Race
W. Native Hawaiian & Other Pacific Islander

MAKE CHECK PAYABLE TO:

NLAC

MAIL APPLICATION & PAYMENT TO:

Nittany Lion Aquatic Club
Attn - Registrations
P.O. Box 10135
State College, PA 16805

E-mail Deb@maswim.org with questions

ARE YOU A MEMBER OF ANOTHER FINA FEDERATION? YES NO

IF YES, WHICH FEDERATION:

Table with 2 columns: Fee Type, Amount. Rows: USA Swimming Fee (\$46.00), LSC Fee (\$11.00), TOTAL DUE (\$57.00)

YEAR LAST REGISTERED: IF YOU REGISTERED WITH A DIFFERENT USA SWIMMING CLUB IN 2008, ENTER THAT CLUB CODE: LSC CODE: AND THE DATE OF YOUR LAST COMPETITION REPRESENTING THAT CLUB:

SIGN HERE x

SIGNATURE OF ATHLETE, PARENT OR GUARDIAN

USA Swimming occasionally makes its membership list available to its marketing partners. Please notify USA Swimming's Member Services Dept. at 719866-4578 if you do not wish to receive these mailings.

- CHECK IF YOU WOULD LIKE TO LEARN MORE ABOUT USA SWIMMING'S COMMUNITY INITIATIVES
CHECK IF YOU WOULD LIKE TO RECEIVE THE ELECTRONIC USA SWIMMING NEWSLETTER (must be 13 years of age or older)

Please indicate which training group your child is (or was) in - If new to NLAC just write "New"

(Novice, Novice Blue, Junior, Junior Blue, Senior, High School, College)

2009-2010 NLAC Registration Form

PREVIOUS MEMBER YES NO

PLEASE FILL OUT COMPLETELY

PARTICIPANT'S LAST NAME _____

PARTICIPANT'S FIRST NAME _____ MIDDLE _____

DATE OF BIRTH ____/____/____ SEX MALE FEMALE Swim Group: _____

PARTICIPANT'S FIRST NAME _____ MIDDLE _____

DATE OF BIRTH ____/____/____ SEX MALE FEMALE Swim Group: _____

PARTICIPANT'S FIRST NAME _____ MIDDLE _____

DATE OF BIRTH ____/____/____ SEX MALE FEMALE Swim Group: _____

PARENT'S NAMES _____

ADDRESS _____

CITY _____ STATE _____ ZIP _____

HOME PHONE _____ - _____ - _____ WORK _____ - _____ - _____ CELL _____ - _____ - _____

EMERGENCY CONTACT _____ EMERGENCY CONTACT PHONE _____ - _____ - _____

HOUSEHOLD PRIMARY E-MAIL ADDRESS _____ (important – this becomes your website user ID)

Billing Policy

1. **Registration Fees** – USA registration fees and Group Session Fees

2. **Meet Entry Fees** - The entry fees (set by the host team) are charged for each meet entered by a member. Meet entries will be billed to families on a monthly basis. Once entry fees have been sent to the host team or the meet program has been seeded for NLAC events, you will be responsible for the entry fees even if you decided not to compete due to personal choice or illness. Lack of knowledge of the meet entry process does not waive meet entry fees. Swimmers who compete in a relay will be charged the entry fee for participation in that event.

3. **Equipment Fees** – Any equipment needed by swimmers i.e. fins, pull buoys, caps and paddles will be billed to families when purchased.

I have read and completed the USA Registration form, the Billing Policies form and the NLAC Registration form. I have read and understand the Meet Entry and Volunteer Process information. I agree to be fully responsible for the information in each of these forms and to be fully responsible for all charges incurred for training fees, entry fees, and all other charges billed. I have reviewed and am in agreement with the billing policies of the Nittany Lion Aquatics.

Signature: _____ Date: _____

Printed Name: _____