

# December 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 <b>NO SCHOOL</b> POOL PRACTICE 6-7AM  PRACTICE 3:15-6PM	3 WEIGHTROOM 6-7AM  PRACTICE 3:15-6PM  <b>EQUIPMENT DAY</b>	4 POOL PRACTICE 6-7AM  PRACTICE 3:15-6PM	5 WEIGHTROOM 6-7AM  PRACTICE 3:15-6PM	6 POOL PRACTICE 6-7AM  <b>CV / WILSON @ WILSON</b> OUT OF CLASS: 1:15PM BUS DEPARTS: 1:40 MEET STARTS: 4:15	7 PRACTICE 7-10AM
8	9 POOL PRACTICE 6-7AM  PRACTICE 3:15-6PM  <b>PICTURE DAY</b>	10 WEIGHTROOM 6-7AM  PRACTICE 3:15-6PM	11 POOL PRACTICE 6-7AM  PRACTICE 3:15-6PM	12 WEIGHTROOM 6-7AM  <b>YORK SUBURBAN HOME</b> OUT OF CLASS: 2:15PM MEET STARTS: 4:30PM	13 POOL PRACTICE 6-7AM  PRACTICE 3:15-6PM	14 <b>BUCKNELL INVITATIONAL</b> BUS DEPARTS : 7:15am MEET STARTS: NOON RETURN: 8PM
15	16 POOL PRACTICE 6-7AM  PRACTICE 3:15-6PM	17 WEIGHTROOM 6-7AM  PRACTICE 3:15-6PM	18 POOL PRACTICE 6-7AM  PRACTICE 3:15-6PM	19 WEIGHTROOM 6-7AM  <b>WEST YORK AWAY</b> OUT OF CLASS: END OF DAY BUS DEPARTS: 4:15PM MEET STARTS: 6:15PM	20 POOL PRACTICE 6-7AM  PRACTICE 3:15-6PM	21 <b>KEYSTONE CUP @ MILTON HERSHEY</b> TBA
22	23 POOL PRACTICE 6-7AM  PRACTICE 3:15-6PM	24 <b>NO SCHOOL</b> PRACTICE 7-10AM	25 <b>NO SCHOOL</b>	26 <b>NO SCHOOL</b>  PRACTICE 3:15-6PM	27 <b>NO SCHOOL</b> POOL PRACTICE 6-7AM  PRACTICE 3:15-6PM	28 PRACTICE 8 – NOON HOUR OF POWER YOGA & PIZZA
29	30 <b>NO SCHOOL</b> POOL PRACTICE 6-7AM  PRACTICE 3:15-6PM	31 <b>NO SCHOOL</b> PRACTICE 7-10AM				

