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SFY Tsunami Water Polo

Players and Families,

Thank you for participating in our program; we are so excited about the player and team growth to date! A lot is happening with our team; we thought we would summarize in a newsletter!

Some updates:

- Check out our website: sfyswim.com; it contains our program mission, program development plan, events, & other useful information!
- We are continuing to offer our program free of charge for Spring Session II! Please feel free to invite other potential players to practice with us!
- Equipment:
 - USAWP awarded us a grant including balls, grab bag, official USAWP club membership, & Splashball Pod (for starting an age-group program in the future)
 - We are purchasing a deep end, regulation size floating goal as well as a set of light and dark caps!
 - We are trying to figure out how to purchase (or build) a goal for the shallow-end
 - We are working with Kap7 to create a team store for gear purchases (more info to come)

Save the dates:

- March 8th 3-4pm: Chalk-Talk before practice to watch and learn from a taped USA National Team game (SFY multi-purpose room)
- March 19th 7:15-8:45pm: We start two practices per week, adding Thursdays!
- March 28th 4-5:30pm: Master's games begin (18+ year old post-high school players; come watch!)
- April 5th: Potential team travel to Princeton University (NJ) to watch the University NCAA DI Women's team play Bucknell University, followed by practice, scrimmage, and learning with the youth Princeton Water Polo Club! (more info to come)
- April 6th: Registration for Spring Session II opens; please sign up to continue to participate before the session begins April 20th; registration is a \$50 flat rate fee for the entire session (for both Y members and non-members); registration fees will be used to help meet our program needs; if you think you may qualify for Open Doors reduced pricing, please talk with Anna
- TBD May, June, & July: Hosting practice and scrimmages with and/or traveling to Navy, Richmond, Virginia Beach, Silver Spring, Arlington, Southeast PA, and other Northeast Zone clubs
- June & July: If you're interested, individual player camps occur at Navy and Princeton (links on our website)

To do as soon as possible (please!):

1. Please register on "Protivity" via "My Gym Bag" or at the Membership Desk for communication purposes (adult email & phone number only)
2. Please use this link: <https://www.remind.com/join/sfypolo> to download the "Remind" app and sign-up for team texts (players & families can join)
3. Please let us know by 3/1 if you would like to purchase a team t-shirt(s) and if so, what size(s) (men, women's v-neck, and youth available)
4. Please let us know if you are interested in playing with a girl's travel team; RVA and VA Beach Clubs are looking for players to add to their team for upcoming tournaments in March, April, and beyond.

Please let us know if you have any questions!

Coach Nicole W. Garrity & Coach Anna Seiffert

(Coach Nicole's Y email coming soon too)

Contact information:

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