



SFY TSUNAMIS

DROP-OFF / PICK-UP PROCEDURES

Before arriving to the Y, all swimmers are expected:

- Be in good health without any COVID symptoms or a temperature above 99.5.
 - *Swimmers with symptoms/temperature **SHOULD NOT** come to practice and remain home*
- To have their bathing suit on under their clothing
- Having used the restroom
- Wearing a mask if 5 years of age & older

Swimmers 11 years of age & younger must be signed in/out of practice by a parent/guardian

DROP OFF | Academy, Bronze, Silver & ...

- Swimmers/Parents will enter the Y at the front door, pick up a health screening questionnaire and report to the 'emergency exit' door that leads onto the pool deck from the main hallway.
- Swimmers/Parents will wait in the designated spot for their coach to arrive.
 - Swimmers may remove their outer wear and place it in their bag
 - Parents/Guardians must complete the COVID health screening questionnaire for 11 & under swimmers.
- Swimmers will have their temperature taken by the coach and sanitize their hands while their parent/guardian signs in their swimmer for practice and turns in the COVID health screening questionnaire to the coach.
- Swimmers will follow their coaches and teammates single file to the pool with their belongings for practice.
- Swimmers will go to their designated space on the pool deck to put down their belongings and remain in place until their coach gives further instructions.
- Swimmers will move to their designated starting area for practice in the pool.

PICK UP | Academy, Bronze, Silver & ...

- Parents/Guardians will arrive on the pool deck to meet their swimmer's coach.
- Parents/Guardians will sign-out their swimmer from practice.
- The coach will call the swimmer over to the parent for dismissal.