

REVISED SFY Practice Schedule

May 28th - June 14th, 2019*



"Pre Season"

	Monday	Tuesday	Wednesday	Thursday	Friday
Tigersharks (Precompetitive Team)		5:30 - 6:15 pm	5 - 5:45 pm		
Bronze		5:30 - 6:30 pm		5:30 - 6:30 pm	
Silver	5:45 - 7 pm		5:45 - 7 pm	5:30 - 6:45 pm	
Gold	5 - 6:30 pm	5 - 6:30 pm		5 - 6:30 pm	5 - 6:30 pm
Senior	3:45 - 5:30 pm	3:45 - 5:30 pm	5:30 - 7 pm	3:45 - 5:30 pm	3:45 - 5:30 pm

*Starting June 17th, 2019, we will follow our Summer 2019 practice schedule. Please see below.

June 17th - July 21st, 2019

"Competitive Season"

	Monday	Tuesday	Wednesday	Thursday	Friday
Tigersharks (Precompetitive Team)		4:45 - 5:30 pm	4:45 - 5:30 pm		
Bronze		4:45 - 5:45 pm	4:45 - 5:45 pm		
Silver	5:30 - 6:45 pm	5:30 - 6:45 pm	5:30 - 6:45 pm		
Gold	5 - 6:30 pm	5 - 6:30 pm	5 - 6:30 pm	5 - 6:30 pm	
Senior	6:15 - 7:45 am	6:15 - 7:45 am	6:15 - 7:45 am	6:15 - 7:45 am	6:15 - 7 am* *dryland on the boardwalk

as of 5/16/2019

DSA Swim Meets are typically on Monday and Thursday evenings. Afternoon practices will be cancelled on those days.

No practice on July 4th or 5th, 2019.