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# WATER POLO

## MASTERS PROGRAM\*

**SATURDAYS, 4 – 5:30 PM**  
STARTING MARCH 28

**WHO:** 18+ years of age co-ed players; must have graduated high school

**WHAT:** Warm-up time followed by competitive game closely following traditional rules of play.

### ADDITIONAL NOTES:

Non-YMCA members are welcomed to register!

\$5.00 DROP IN FEE FOR ALL PLAYERS (TO GO TOWARDS EQUIPMENT PURCHASES)

\*Ability to swim required; must be able to swim 2 consecutive laps.

Water polo is a fast paced, contact sport; the entire pool is used to play

### CONTACT

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[www.sfyswim.com](http://www.sfyswim.com) (for additional details)