

WOMEN	EQUAL TO OR FASTER THAN	EQUAL TO OR FASTER THAN	THURSDAY EVENING	EQUAL TO OR FASTER THAN	EQUAL TO OR FASTER THAN	MEN
	LCM	SCY	Session 1 – DEEP END	SCY	LCM	
1	NQT	NQT	10 & Under 200 Mixed Relay 12 & Under 200 Mixed Relay	NQT	NQT	1
2	NQT	NQT	14 & Under 400 Mixed Relay Senior 400 Mixed Relay	NQT	NQT	2
3	5:56.49	6:38.19	12 & Under 500 Free	6:27.49	5:48.69	4
5	3:43.19	3:15.59	10 & Under 200 Individual Medley	3:13.19	3:40.19	6
7	10:05.29	11:18.69	Senior 1000 Free	10:27.09	9:23.59	8
9	6:48.29	5:56.79	12 & Under 400 Individual Medley	5:46.39	6:39.19	10

Swimmers competing in 12 & Under 500 and/or Senior 1000 Thursday must provide their own lap counter.

WOMEN	EQUAL TO OR FASTER THAN	EQUAL TO OR FASTER THAN	FRIDAY MORNING	EQUAL TO OR FASTER THAN	EQUAL TO OR FASTER THAN	MEN
	LCM	SCY	Sessions 2 & 3	SCY	LCM	
11	2:47.79	2:25.49	13-14 200 Individual Medley	2:17.09	2:38.29	12
13	2:44.49	2:22.99	15-16 200 Individual Medley	2:10.09	2:31.39	14
15	2:43.39	2:20.89	Senior 200 Individual Medley	2:06.59	2:28.89	16
17	1:14.29	1:05.49	13-14 100 Butterfly	1:00.99	1:09.69	18
19	1:13.19	1:03.99	15-16 100 Butterfly	57.89	1:06.29	20
21	1:12.19	1:03.09	Senior 100 Butterfly	56.49	1:04.69	22
23	NQT	NQT	Senior 800 Freestyle Relay	NQT	NQT	24
25	5:01.29	5:34.99	13-14 500 Freestyle	5:17.59	4:46.69	26
27	4:53.39	5:24.99	Senior 500 Freestyle	4:57.49	4:30.39	28

Friday Morning Shallow will be Events 11, 14, 16, 17, 20, 22, 24, 25, 28

Friday Morning Deep will be Events 12, 13, 15, 18, 19, 21, 23, 26, 27

GIRLS	EQUAL TO OR FASTER THAN	EQUAL TO OR FASTER THAN	FRIDAY AFTERNOON	EQUAL TO OR FASTER THAN	EQUAL TO OR FASTER THAN	BOYS
	LCM	SCY	Sessions 4 & 5	SCY	LCM	
29	2:49.19	2:28.99	11-12 200 Freestyle	2:23.49	2:44.89	30
31	3:20.99	2:57.19	10 & Under 200 Freestyle	2:47.99	3:12.09	32
33	1:49.79	1:37.39	8 & Under 100 Freestyle	1:35.59	1:47.79	34
35	38.29	33.89	11-12 50 Butterfly	34.19	38.59	36
37	47.09	41.79	10 & Under 50 Butterfly	40.49	45.99	38
39	1:05.09	57.99	8 & Under 50 Butterfly	56.19	1:03.09	40
41	N/A	1:18.09	11-12 100 Individual Medley	1:14.99	N/A	42
43	N/A	1:31.69	10 & Under 100 Individual Medley	1:28.89	N/A	44
45	3:09.89	2:43.99	11-12 200 Backstroke	2:39.69	3:05.19	46

Friday Afternoon either be swum all in the Deep in Event Number order 29-46

OR

Friday Afternoon Deep will be Events 29, 32, 34, 35, 38, 40, 41, 44, 45

Friday Afternoon Shallow will be Events 30, 31, 33, 36, 37, 39, 42, 43, 46

WOMEN	FRIDAY FINALS	MEN
	Session 6– DEEP END	
29	11-12 200 Freestyle	30
31	10 & Under 200 Freestyle	31
11	13-14 200 Individual Medley	12
13	15-16 200 Individual Medley	14
15	Senior 200 Individual Medley (C,B,A)	16
35	11-12 50 Butterfly	36
37	10 & Under 50 Butterfly	38
17	13-14 100 Butterfly	18
19	15-16 100 Butterfly	20
21	Senior 100 Butterfly (C,B,A)	22
41	11-12 100 Individual Medley	42
43	10 & Under 100 Individual Medley	44
25	13-14 500 Freestyle	26
27	Senior 500 Freestyle (C,B,A)	28
45	11-12 200 Backstroke	46
23	Senior 800 Freestyle Relay (Final Heat)	24

WOMEN	EQUAL TO OR FASTER THAN	EQUAL TO OR FASTER THAN	SATURDAY MORNING Sessions 7 & 8	EQUAL TO OR FASTER THAN	EQUAL TO OR FASTER THAN	MEN
	LCM	SCY		SCY	LCM	
47	NQT	NQT	Senior 400 Medley Relay	NQT	NQT	48
49	2:29.39	2:10.39	13-14 200 Freestyle	2:02.59	2:20.59	50
51	2:25.39	2:07.29	Senior 200 Freestyle	1:54.09	2:12.49	52
53	1:17.09	1:05.69	13-14 100 Backstroke	1:01.29	1:11.89	54
55	1:14.89	1:03.99	15-16 100 Backstroke	58.39	1:08.69	56
57	1:14.19	1:03.19	Senior 100 Backstroke	56.69	1:07.39	58
59	3:08.29	2:43.69	13-14 200 Breaststroke	2:31.39	2:56.09	60
61	3:02.69	2:37.59	Senior 200 Breaststroke	2:19.99	2:44.19	62
63	31.79	27.89	13-14 50 Freestyle	25.69	29.49	64
65	31.19	27.19	15-16 50 Freestyle	24.39	27.89	66
67	30.99	26.89	Senior 50 Freestyle	23.89	27.79	68
69	NQT	NQT	13-14 200 Medley Relay	NQT	NQT	70
71	NQT	NQT	15-16 200 Medley Relay	NQT	NQT	72
73	5:41.29	4:58.69	13-14 400 Individual Medley	4:40.49	5:22.59	74
75	5:32.89	4:48.49	Senior 400 Individual Medley	4:22.69	5:03.39	76

Saturday Morning Shallow will be Events 47, 50, 51, 54, 55, 57, 60, 61, 64, 65, 67, 70, 71, 74, 75
Saturday Morning Deep will be Events 48, 49, 52, 53, 56, 58, 59, 62, 63, 66, 68, 69, 72, 73, 76

GIRLS	EQUAL TO OR FASTER THAN	EQUAL TO OR FASTER THAN	SATURDAY AFTERNOON Sessions 9 & 10	EQUAL TO OR FASTER THAN	EQUAL TO OR FASTER THAN	BOYS
	LCM	SCY		SCY	LCM	
77	1:18.09	1:08.29	11-12 100 Freestyle	1:05.89	1:15.49	78
79	1:31.19	1:19.99	10 & Under 100 Freestyle	1:18.79	1:30.19	80
81	1:40.89	1:27.19	11-12 100 Breaststroke	1:24.49	1:38.39	82
83	1:59.79	1:44.99	10 & Under 100 Breaststroke	1:41.89	1:55.99	84
85	1:13.19	1:04.99	8 & Under 50 Breaststroke	1:03.79	1:11.89	86
87	40.79	35.39	11-12 50 Backstroke	34.99	40.39	88
89	48.89	41.89	10 & Under 50 Backstroke	42.29	49.19	90
91	3:11.39	2:47.29	11-12 200 Individual Medley	2:43.99	3:08.49	92
93	N/A	2:03.69	8 & Under 100 Individual Medley	2:00.39	N/A	94
95	3:10.19	2:47.19	11-12 200 Butterfly	2:40.79	3:06.19	96
97	NQT	NQT	10 & Under 200 Freestyle Relay	NQT	NQT	98
99	NQT	NQT	11-12 200 Freestyle Relay	NQT	NQT	100

Saturday Afternoon will either be swum all in the Deep in Event Number order 77-100

OR

Saturday Afternoon Shallow will be Events 77, 80, 81, 84, 86, 87, 90, 91, 94, 95, 98, 99

Saturday Afternoon Deep will be Events 78, 79, 82, 83, 85, 88, 89, 92, 93, 96, 97, 100

WOMEN	SATURDAY FINALS	MEN
	Session 11- DEEP END	
49	13-14 200 Freestyle	50
51	Senior 200 Freestyle	52
77	11-12 100 Freestyle	78
79	10 & Under 100 Freestyle	80
53	13-14 100 Backstroke	54
55	15-16 100 Backstroke	56
57	Senior 100 Backstroke (C,B,A)	58
81	11-12 100 Breaststroke	82
83	10 & Under 100 Breaststroke	84
59	13-14 200 Breaststroke	60
61	Senior 200 Breaststroke (C,B,A)	62
87	11-12 50 Backstroke	88
89	10 & Under 50 Backstroke	90
63	13-14 50 Freestyle	64
65	15-16 50 Freestyle	66
67	Senior 50 Freestyle (C,B,A)	68
91	11-12 200 Individual Medley	92
73	13-14 400 Individual Medley	74
75	Senior 400 Individual Medley (C,B,A)	76
95	11-12 200 Butterfly	96
47	Senior 400 Medley Relay (Final Heat)	48

WOMEN	EQUAL TO OR FASTER THAN	EQUAL TO OR FASTER THAN	SUNDAY MORNING Sessions 12 & 13	EQUAL TO OR FASTER THAN	EQUAL TO OR FASTER THAN	MEN
	LCM	SCY		SCY	LCM	
101	NQT	NQT	Senior 400 Freestyle Relay	NQT	NQT	102
103	2:44.89	2:22.99	13-14 200 Backstroke	2:13.99	2:36.09	104
105	2:40.19	2:16.99	Senior 200 Backstroke	2:04.19	2:26.19	106
107	1:08.99	1:00.49	13-14 100 Freestyle	56.29	1:04.49	108
109	1:07.89	58.99	15-16 100 Freestyle	53.49	1:01.69	110
111	1:07.39	58.49	Senior 100 Freestyle	52.29	1:00.19	112
113	2:45.49	2:24.89	13-14 200 Butterfly	2:15.59	2:35.09	114
115	2:40.09	2:20.19	Senior 200 Butterfly	2:06.39	2:24.39	116
117	1:27.49	1:15.39	13-14 100 Breaststroke	1:09.69	1:21.29	118
119	1:25.29	1:13.59	15-16 100 Breaststroke	1:05.59	1:16.99	120
121	1:24.59	1:12.79	Senior 100 Breaststroke	1:04.39	1:15.39	122
123	NQT	NQT	13-14 200 Freestyle Relay	NQT	NQT	124
125	NQT	NQT	15-16 200 Freestyle Relay	NQT	NQT	126
127	19:18.49	18:44.09	Senior 1650 Freestyle	17:22.09	17:59.89	128

Sunday Morning Deep will be Events 101, 104, 105, 108, 109, 111, 114, 115, 118, 119, 121, 124, 125, 127
Sunday Morning Shallow will be Events 102, 103, 106, 107, 110, 112, 113, 116, 117, 120, 122, 123, 126, 128

GIRLS	EQUAL TO OR FASTER THAN	EQUAL TO OR FASTER THAN	SUNDAY AFTERNOON Sessions 14 & 15	EQUAL TO OR FASTER THAN	EQUAL TO OR FASTER THAN	BOYS
	LCM	SCY		SCY	LCM	
129	3:35.99	3:06.59	11-12 200 Breaststroke	3:00.19	3:28.69	130
131	1:03.69	56.79	8 & Under 50 Backstroke	57.49	1:04.49	132
133	1:45.99	1:30.69	10 & Under 100 Backstroke	1:29.29	1:43.09	134
135	1:30.99	1:18.09	11-12 100 Backstroke	1:15.69	1:27.99	136
137	52.69	46.69	8 & Under 50 Freestyle	45.89	51.79	138
139	39.89	35.19	10 & Under 50 Freestyle	34.49	39.49	140
141	35.69	31.29	11-12 50 Freestyle	30.29	34.69	142
143	1:52.99	1:39.09	10 & Under 100 Butterfly	1:37.09	1:50.79	144
145	1:28.49	1:17.59	11-12 100 Butterfly	1:16.09	1:26.29	146
147	53.99	47.49	10 & Under 50 Breaststroke	46.59	53.29	148
149	45.49	39.99	11-12 50 Breaststroke	39.49	45.19	150
151	NQT	NQT	10 & Under 200 Medley Relay	NQT	NQT	152
153	NQT	NQT	11-12 200 Medley Relay	NQT	NQT	154

Saturday Afternoon will either be swum all in the Deep in Event Number order 129-154

OR

Saturday Afternoon Deep will be Events 129, 132, 134, 135, 138, 140, 141, 144, 145, 148, 149, 152, 153
Saturday Afternoon Shallow will be Events 130, 131, 133, 136, 137, 139, 142, 143, 146, 147, 150, 151, 154

WOMEN	SUNDAY FINALS	MEN
	Session 16- DEEP END	
129	11-12 200 Breaststroke	130
127	Senior 1650 Freestyle (Final Heat)	128
133	10 & Under 100 Backstroke	134
135	11-12 100 Backstroke	136
103	13-14 200 Backstroke	104
105	Senior 200 Backstroke (C,B,A)	106
139	10 & Under 50 Freestyle	140
141	11-12 50 Freestyle	142
107	13-14 100 Freestyle	108
109	15-16 100 Freestyle	110
111	Senior 100 Freestyle (C,B,A)	112
143	10 & Under 100 Butterfly	144
145	11-12 100 Butterfly	146
113	13-14 200 Butterfly	114
115	Senior 200 Butterfly (C,B,A)	116
147	10 & Under 50 Breaststroke	148
149	11-12 50 Breaststroke	150
117	13-14 100 Breaststroke	118
119	15-16 100 Breaststroke	120
121	Senior 100 Breaststroke (C,B,A)	122
101	Senior 400 Freestyle Relay (Final Heat)	102