

GPAC Practice Schedule During High School Season
December - February (excluding holidays)

Group	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
National	5 - 6:45am & 4:30 - 7:30pm	4 - 7:15pm	5 - 6:45am & 5:30 - 7:30pm	4:30 - 7:30pm	4:30 - 7:30pm	7 - 10:15am
Platinum A	4:30 - 7:30pm	4 - 6pm	4:30 - 7:30pm	5:30 - 7:30pm	5:30 - 7:30pm	7 - 10am
Platinum B	7:30 - 9:15pm	7:30 - 9:15pm	7:30 - 9:15pm	7:30 - 9:15pm		7 - 9am
Gold 2	7 - 8:45pm	7 - 8:30pm	7 - 8:45pm	7 - 8:30pm	7 - 8:30pm	9:30 - 11:30am
Gold 1	6:45 - 8:15pm	6 - 7:30pm	6:45 - 8:15pm	6 - 7:30pm	6:45 - 8:15pm	9:30 - 11:15am
Silver	5:30 - 6:45pm	6 - 7pm	5:30 - 6:45pm		5:30 - 6:45pm	10 - 11:15am
Bronze	5:30 - 6:30pm		5:30 - 6:30pm		5:30 - 6:30pm	9 - 10am
Mini		6 - 7pm		6 - 7pm		10 - 11am