



**Summer Session Interim Schedule : May 30 – June 18 No practice on
Memorial day – May 29 2023**

Sr Gold, Silver Plus & Silver Swimmers who signed up for PM ONLY can attend Monday (M), Wednesday (W), Friday (FR), Saturday (SAT)

Bronze Swimmers who signed up for PM ONLY can attend Monday (M), Wednesday (W), Thursday (TH)

Updated 5 26 23

GROUP	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
SR GOLD PM only M W FR SAT	6:45 – 9 PM Swarthmore 5:30 – 7:30 AM SSC	4:00-6:00 PM SSC	4:00-6:00PM SSC	6:45 – 9 PM Swarthmore 5:30 – 7:30 AM SSC	4:00 – 6:00 PM SSC	8 – 11 AM SSC	X
SILVER PLUS PM only swimmers M W FR SAT	4:00-6:00 PM SSC	6:00-8:00 PM SSC	7:15-8:45 PM SSC	4:00-6:00 PM SSC	6:00 – 7:30 PM SSC	11:00-1:00 PM SSC	X
SILVER	4:00-5:30 PM SSC	6:00-7:30 pm SSC	X	4:00-5:30 PM SSC	6:00-7:30 PM SSC	11-12:30 PM SSC	8:30 – 10 AM SSC
BRONZE PM only swimmers M W TH	6:00-7:30 PM SSC	X	6:00-7:15 PM SSC	6:00-7:30 PM SSC	6:00 – 7:30 PM SSC	X	10-11:15 AM SSC
DEVELOPMENTAL	6:00 – 7:00 PM SSC	X	6:00-7:00 PM SSC	6:00-7:00 PM SSC	X	X	11:15-12 PM SSC
MINI	6:15-7:00 PM SSC	X	6:15-7:00 PM SSC	6:15-7:00 PM SSC	X	X	X