



Summer Session Interim Schedule : May 30 – June 18

No practice on Memorial day – May 29 2023

Sr Gold and Silver Swimmers who signed up for PM ONLY can attend Monday (M), Wednesday (W), Friday (FR), Saturday (SAT)

Bronze Swimmers who signed up for PM ONLY can attend Monday (M), Wednesday (W), Friday (FR)

Updated 3 31 2023

GROUP	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
SR GOLD	6:45 – 9 PM Swarthmore	4:00-6:00 PM SSC	4:00-6:00PM SSC	6:45 – 9 PM Swarthmore	4:00 – 6:00 PM SSC	8 – 11 AM SSC	X
PM only M W FR SAT	5:30 – 7:30 AM SSC			5:30 – 7:30 AM SSC			
SILVER PLUS	4:00-6:00 PM SSC	6:00-8:00 PM SSC	7:15-8:45 PM SSC	4:00-6:00 PM SSC	6:00 – 7:30 PM SSC	11:00-1:00 PM SSC	X
PM only swimmers M W FR SAT							
SILVER	4:00-5:30 PM SSC	6:00-7:30 pm SSC	X	4:00-5:30 PM SSC	6:00-7:30 PM SSC	11-12:30 PM SSC	8:30 – 10 AM SSC
BRONZE	6:00-7:30 PM SSC	X	6:00-7:15 PM SSC	6:00-7:30 PM SSC	6:10 – 7:50 PM SSC	X	10-11:15 AM SSC
PM only swimmers M W FR							
DEVELOPMENTAL	6:00 – 7:00 PM SSC	X	6:00-7:00 PM SSC	6:00-7:00 PM SSC	X	X	11:15-12 PM SSC
MINI	6:15-7:00 PM SSC	X	6:15-7:00 PM SSC	6:15-7:00 PM SSC	X	X	X