Meet Director Meet Referee Entry Chair
Rob Busby Dan Wheeler Rob Busby
rob@spyswimmers.com dwheeler1118@live.com entrychair@spyswimmers.com

Location: Gus and Flora Kerasotes YMCA, Springfield YMCA, 4550 West Iles Avenue, Springfield, IL 62711 (The facility is located on the corner of Archer Elevator Road and West Iles Avenue, west of Veterans Parkway/IL State Route 4).

Facility: 8-lane, 25-yard pool with non-turbulent lane lines, Colorado Time Systems equipment with touchpads at both ends. Starting blocks at both ends, depth is 6 feet at the wall and 9 ½ feet in the middle of the pool. Spectator seating for 300 in the bleachers on deck and a crash area in the gym accessible through a wet hallway. 3-lanes available in the recreation pool for continuous warm-up/down. Ample parking on site.
\*\*\*Installed in March 2014, Audio/Video System: A 9 foot by 14 foot streaming video of the meet is broadcast into the gymnasium. The announcer can also be heard simultaneously in the pool and the gymnasium to help with calling swimmers for events.

Rules & Safety: This meet will be conducted in accordance with USA Swimming technical rules, National YMCA rules governing swimming competition, Illinois YMCA State Competitive Swimming Rules, and Illini YMCA District Rules.

 Parents and swimmers shall behave with honesty, respect and good sportsmanship. Music playing devices should be accompanied by headphones. No flash photography in the pool area; no cell phone use in the locker rooms.

Eligibility: Open to all swimmers who are YMCA members. Swimmers age as of December 1, 2016 will determine age group for the meet.

USA Swimming: This will be a USA Swimming approved meet (held under the sanction of USA swimming, Illinois Swimming sanction number ILS\*\*\*.)

Those teams that want their participants’ swims observed and times recorded in the USA Swimming data base (SWIMS) must provide a team roster from their club portal Please do not build an ID in Team Manager if the swimmers are not registered with USA Swimming as this will delay the process of getting times submitted into SWIMS.

Entries: Swimmers are permitted to swim 8 individual events for the meet and all relays. Note: 21&U swimmers can participate in 2 individual events on Friday, 3 individual events on Saturday in the prelim/final session and 3 individual events on Sunday in the afternoon session; 10&U swimmers can participate in 4 individual events in the timed final sessions on Saturday and Sunday or a total of 8 individual events for the three-day meet. There will be a limit of 300 swimmers per session. No team entries will be split. The SPY Swim Team reserves the right to select entries. Entries can be submitted beginning Monday, December 18 at 9:00a. Entries will be accepted until the meet is full or until a deadline of Thursday, December 21 at 9:00p.

Entry Procedures: All entries are to be submitted through TeamUnify or in a Hy-Tek compatible format via email. Team entry lists and an invoice will be emailed to the entry contact person for review by 12:00p Friday, December 22. Any corrections, change and updated times can be submitted until 9:00a on Monday, January 8. Changes after this will be subject to deck entry fees.

Entry fees must be submitted before the first session begins, or before the first session your swimmers compete in. Mail and make check payable to:

SPRINGFIELD YMCA
Attn: Rob Busby
4550 W Iles Avenue
Springfield, IL 62711

Entry Fees: $4.00 per individual event, $8.00 per relay event, $10.00 per swimmer surcharge in lieu of admission fees. If space allows and at the discretion of the meet director, deck entries will be accepted at a charge of $8.00 per individual event and $16.00 per relay event.

Deck Entries: Any events entered after the Monday, January 8 deadline will be charged a deck entry fee. Deck entries will only be permitted if they do not create additional heats.

Heat Sheet: Heat sheets will be posted around the facility, online and made free on Meet Mobile

Seeding: Each session will be seeded 45 minutes prior to that sessions. Scratches will be accepted until this time. The mile will be positive check-in,

Format: Friday, January 12: 21&U Timed Finals
Warm-up: 4:45p Session Start: 6:00p

 Saturday, January 13: 21&U Prelims
Warm-up: 6:45a Session Start: 8:00a

 Saturday, January 13: 10&U Timed Finals
Warm-up: Not before 12:30p Session Start: Not before 1:30p

 Saturday, January 13: 21&U Finals (Top 16 qualifiers from prelims)
Warm-up: Not before 5:00p Session Start: Not before 6:00p

Sunday, January 14: 10&U Timed Finals
Warm-up: 7:00a Session Start: 8:00a

Sunday, January 14: 21&U Timed Finals
Warm-up: Not before 12:00p Session Start:Not before 1:15p

Awards: Medals will be awarded for 1st-3rd place. Ribbons will be awarded for 4th-8th place for individual events. No awards will be given for relay events. Snow globes will be awarded to the top high point finisher in each age division. Team trophies will be awarded to the top three teams. The host team is excluded from team awards.

Concessions: Full concessions will be available during the three-day event.

Vendor: The Swim Team Store/American Swim Supply will be on site with swimming gear. Meet t-shirts will be available on site through Fine Designs.

Timers/Officials: Each team is expected to provide timers. Timing/lane assignments will be posted to the host team website event page. Each team is encouraged to provide certified stroke judges for each session. Milers will provide their own timer and lap counter.

Results: Event results will be posted outside the locker rooms. Complete results will be available at the conclusion of the meet as well as on the event page of the SPY Swim Team website.

Warm-up Procedure: Lane assignments will be posted on deck

General Warm-up
A. NO DIVING allowed from the blocks or edge of pool. Swimmers must enter the pool feet first, while maintaining contact with the deck with the body and a hand from the start end of the pool.
B. No sprinting or pace work allowed during this general warm-up session.
C. Entry into pool from starting end of pool only, unless noted otherwise by the meet director and meet referee.

Specific Warm-up
A. Push/Pace Lanes—Push off one or two lengths from starting end. Circle swim only, NO DIVING.
B. Diving Lanes—Sprint lanes for diving from blocks or for backstroke starts in specified lanes at designated times (one length only).
C. General Warm-up Lanes—NO DIVING Circle Swim Only
D. At approximately halfway through diving and push/pace, additional lanes may be opened at the request of a coach.

LANE USE: Push Pace: 1 & 8
 Diving: 2 & 7
 General Warm-up: 3, 4, 5, 6

Safety Guidelines:A. Coach Responsibilities
 a. Coaches shall instruct their swimmers regarding safety guidelines and warm-up procedures as they apply to conduct at meets and all practices.
 b. Coaches shall actively supervise their swimmers throughout the warm-up session at meets and all practices
B. Host Team Responsibilities
 a. Marshaling
 i. A minimum of two marshals, who report to and receive instructions from the Meet Referee, shall be on the deck during the warm-up session.
 ii. Marshals shall have the authority to remove from the deck for the remainder of the warm-up session, any swimmer or coach who is in violation of safety or warm-up procedures.
 iii. The host team shall provide signs for each lane at both ends of the pool, which indicate the designated use during warm-up.
 iv. Warm-up times and lane assignments shall be published on the host website and posted at several locations around the pool area.
 v. An announcer shall be on duty for the entire warm-up session to announce lane and/or time changes and to assist with the conduct of the warm-up.
 vi. Hazards in locker rooms, on the deck area or in areas used by coaches, swimmers, spectators or officials shall be removed or clearly marked.
C. Miscellaneous:
 a. Backstrokers shall ensure that they are not starting at the same time as a swimmer on the blocks.
 b. Swimmers shall not jump or dive into the pool to stop another swimmer on a recalled start.
 c. Swimmers are required to exit the pool upon completion of their warm-up to allow other swimmers adequate warm-up time. The pool is not for visiting or playing during the warm-up session.
 d. Warm-up procedures shall be enforced for any breaks scheduled during the competition.
 e. The Meet Referee may restrict use of bands, hand paddles or fins during warm-up.
 f. The Referee shall have control over mitigation actions necessary to relieve situations deemed dangerous or impairing the safety of other swimmers.

\*\*\*Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, restrooms or locker rooms.
\*\*\*No flash photography or behind the blocks photography allowed.
\*\*\*Except where venue facilities require otherwise, changing into or out of swimsuits other than in the locker rooms or other designated areas is prohibited.

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| Friday, January 12 |  | Saturday, January 13: Finals |
| 1 | 12&U 200 IM | 2 |  | 73 | 21&U 400 Free Relay | 74 |
| 3 | 21&U 400 IM | 4 |  | 13 | 12&U 100 IM | 14 |
| 5 | 14&U 500 Free | 6 |  | 15 | 14&U 200 IM | 16 |
| 7 | 21&U 500 Free | 8 |  | 17 | 21&U 200 IM | 18 |
|  |  |  |  | 19 | 12&U 50 Fly | 20 |
| Saturday, January 13: Prelims |  | 21 | 14&U 100 Fly | 22 |
| 9 | 14&U 200 Medley Relay | 10 |  | 23 | 21&U 100 Fly | 24 |
| 11 | 21&U 200 Medley Relay | 12 |  | 25 | 12&U 100 Free | 26 |
| 13 | 12&U 100 IM | 14 |  | 27 | 14&U 100 Free | 28 |
| 15 | 14&U 200 IM | 16 |  | 29 | 21&U 100 Free | 30 |
| 17 | 21&U 200 IM | 18 |  | 31 | 12&U 50 Back | 32 |
| 19 | 12&U 50 Fly | 20 |  | 33 | 14&U 100 Back | 34 |
| 21 | 14&U 100 Fly | 22 |  | 35 | 21&U 100 Back | 36 |
| 23 | 21&U 100 Fly | 24 |  | 37 | 12&U 50 Breast | 38 |
| 25 | 12&U 100 Free | 26 |  | 39 | 14&U 100 Breast | 40 |
| 27 | 14&U 100 Free | 28 |  | 41 | 21&U 100 Breast | 42 |
| 29 | 21&U 100 Free | 30 |  |  |  |  |
| 31 | 12&U 50 Back | 32 |  | Sunday, January 14: 10&U |
| 33 | 14&U 100 Back | 34 |  | 75 | 8&U 50 Free | 76 |
| 35 | 21&U 100 Back | 36 |  | 77 | 10&U 100 Free | 78 |
| 37 | 12&U 50 Breast | 38 |  | 79 | 8&U 25 Fly | 80 |
| 39 | 14&U 100 Breast | 40 |  | 81 | 10&U 100 Fly | 82 |
| 41 | 21&U 100 Breast | 42 |  | 83 | 8&U 50 Breast | 84 |
| 43 | 12&U 200 Free Relay | 44 |  | 85 | 10&U 50 Breast | 86 |
| 45 | 14&U 200 Free Relay | 46 |  | 87 | 8&U 25 Back | 88 |
| 47 | 21&U 200 Free Relay | 48 |  | 89 | 10&U 100 Back | 90 |
|  |  |  |  | 91 | 8&U 100 IM | 92 |
| Saturday, January 13: 10&U |  | 93 | 10&U 100 IM | 94 |
| 49 | 8&U 100 Free | 50 |  | 95 | 8&U 100 Free Relay | 96 |
| 51 | 10&U 200 Free | 52 |  | 97 | 10&U 200 Free Relay | 98 |
| 53 | 8&U 50 Fly | 54 |  |  |  |  |
| 55 | 10&U 50 Fly | 56 |  | Sunday, January 14: 21&U |
| 57 | 8&U 25 Breast | 58 |  | 99 | 21&U 400 Medley Relay | 100 |
| 59 | 10&U 100 Breast | 60 |  | 101 | 12&U 200 Medley Relay | 102 |
| 61 | 8&U 50 Back | 62 |  | 103 | 21&U 200 Free | 104 |
| 63 | 10&U 50 Back | 64 |  | 105 | 12&U 200 Free | 106 |
| 65 | 8&U 25 Free | 66 |  | 107 | 21&U 200 Fly | 108 |
| 67 | 10&U 50 Free | 68 |  | 109 | 12&U 100 Fly | 110 |
| 69 | 8&U 100 Medley Relay | 70 |  | 111 | 21&U 200 Back | 112 |
| 71 | 10&U 200 Medley Relay | 72 |  | 113 | 12&U 100 Back | 114 |
|  |  |  |  | 115 | 21&U 200 Breast | 116 |
|  |  |  |  | 117 | 12&U 100 Breast | 118 |
|  |  |  |  | 119 | 21&U 50 Free | 120 |
|  |  |  |  | 121 | 12&U 50 Free | 122 |
|  |  |  |  | 5 minute break |
|  |  |  |  | 123 | 21&U 1650 Free | 124 |

Entry Summary & Release Form

Please submit this form with your entry file and fees, check made payable to:

SPRINGFIELD YMCA
Attn: Rob Busby
4550 W Iles Avenue
Springfield, IL 62711

Number of Athletes: \_\_\_\_\_\_\_\_\_\_\_\_ x $10.00 = $ \_\_\_\_\_\_\_\_\_\_\_\_

Number of Individual Entries: \_\_\_\_\_\_\_\_\_\_\_\_ x $4.00 = $ \_\_\_\_\_\_\_\_\_\_\_\_

Number of Relay Entries: \_\_\_\_\_\_\_\_\_\_\_\_ x $8.00 = $ \_\_\_\_\_\_\_\_\_\_\_\_

 Total Due = $ \_\_\_\_\_\_\_\_\_\_\_\_\_

TEAM NAME: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ CLUB CODE:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

HEAD COACH: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ CELL PHONE: (\_\_\_\_\_\_\_)\_\_\_\_\_\_\_-\_\_\_\_\_\_\_\_\_\_\_

ALTERNATE CONTACT: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ CELL PHONE: (\_\_\_\_\_\_\_)\_\_\_\_\_\_\_-\_\_\_\_\_\_\_\_\_\_\_

EMAIL ADDRESS: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

COACHES ATTENDING (please print legibly): \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

RELEASE OF LIABILITY:

In consideration of the acceptance of this entry, I, intending to be legally bound, herby consign, waive and release any and all rights and claims for damages which may accrue against Springfield YMCA, Springfield YMCA Swim Team, SPY Parents Group, and the meet officials for any and/or all injuries suffered by me or any contestant or representative in said meet as a representative of my club.

Signature (Coach, Club Rep, or Parent): \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date: \_\_\_\_/\_\_\_\_/\_\_\_\_

\*This signed release must accompany the entry or the entry will not be accepted.

Entry period 9:00a Monday, December 18 to 9:00p Thursday, December 21
Final Deadline for all changes, corrections and updated times is 9:00a Monday, January 8
Payment and Release From must be received before swimmers splash