Meet Director Meet Referee Entry Chair
Rob Busby Dan Wheeler Rob Busby
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Location: Gus and Flora Kerasotes Branch—Springfield YMCA
4550 West Iles Avenue
Springfield, IL 62711
The facility is located on the corner of Archer Elevator Road and West Iles Avenue, west of Veterans Parkway/Illinois State Route 4.

Facility & Equipment: The competition course has been certified in accordance with 104.2.2C (4). The copy of such certification is on file with USA Swimming. Eight-lane, 25-yard pool with non-turbulent lane lines, Colorado Time Systems equipment with touchpads at both ends. Starting blocks at both ends, depth is 6 feet at the walls and 9 ½ feet in the middle of the pool. There is spectator seating for 300 in the bleachers on deck and a crash area in the gym accessible through a wet hallway. The 3-lane, 25-yard recreation pool will be available for continuous warm-up/warm-down. There is ample parking on site.

Format: Two-day timed final meet. All IMX and IMR events will be offered for each age group. Competition will be held for 8&U, 9-10, 11-12 and Open divisions. Single Age Hy-Tek Power Points will be used for scoring.

Schedule: Friday, October 6: 9-10, 11-12, Open
Warm-up: 4:45p Session Start: 6:00p

 Saturday, October 7: 8&U, 9-10
Warm-up: 7:30a Session Start: 8:30a

 Saturday, October 7: 11-12, Open
Warm-up: Not before 12:00p Session Start: Not before 1:00p

Sunday, October 8: 8&U, 9-10
Warm-up: 7:30a Session Start: 8:30a

Sunday, October 8: 11-12, Open
Warm-up: Not before 12:00p Session Start:Not before 1:00p

Eligibility:Open to all swimmers who are YMCA members. Swimmers age as of the first day of the meet will determine their competition age for the meet. This is different than the IL Y State or Heartland Area rule for championship season.

USA Swimming: This will be a USA Swimming approved meet (held under the sanction of USA swimming, Illinois Swimming sanction number ILS\*\*\*.)

Those teams that want their participants’ swims observed and times recorded in the USA Swimming data base (SWIMS) must provide a team roster from their club portal Please do not build an ID in Team Manager if the swimmers are not registered with USA Swimming as this will delay the process of getting times submitted into SWIMS.

Entry Procedure: Entries Open: 9:00a Monday, September 11
Entries Close: 9:00p Thursday, September 18 (or sooner if the meet is full)
Updated Entry Times: 9:00a Monday, October 3
Scratch Deadline: 45 minutes prior to each session for that specific session
\*Note: If the timeline permits entries may be accepted after the deadline.

All entries must be submitted via email, preferably in a Hy-Tek compatible format, to entrychair@spyswimmers.com.
Please mail entry paperwork and checks made payable to:
Springfield YMCA
Attn: Rob Busby
4550 W Iles Avenue
Springfield, IL 62711
Teams entering via email have 72 hours to submit hard copies, signed waivers, and payment or their entry is subject to non-acceptance. This is Hy-Tek software managed meet. The entry must be accompanied by the software generated printed form including full name, ISI number, event numbers and seed time. Short course yard times should be submitted for entry purposes. Long course meter and short course meter times will be considered non-conforming times and will be seeded in the slowest heats

Entry Fees: Individual Events: $4.00
Facility Surcharge: $10.00 (includes general admission and access to heat sheets)
Deck Entries: $8.00

Entry Limits: No contestant shall be permitted to enter more than five individual events per day. The host team reserves the right to limit the number of swimmers due to time restrictions and add extra heats time permitting. Refunds for any swimmers limited by the host team will be granted to each individual team. The host team will post a psych sheet on the event webpage after the meet closes.

Entry Verification:A confirmation email of receipt will be sent to teams within 72 hours.

Events:The Meet Referee reserves the right to use “fly-over” starting procedures and to add additional warm-up prior to distance events of 500 yards. In accordance with USA Swimming Rules; Article 105 and 202.2.13, the Meet Referee has the authority to accommodate swimmers with disabilities. It is the responsibility of the coaches or swimmers to contact the Meet Referee prior to competition with specific requests.

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| --- | --- | --- | --- | --- | --- | --- |
|  |  |  |  | Saturday, October 7 AM |  | Sunday, October 8 AM |
|  |  |  |  | 201 | 8&U 100 Free | 202 |  | 401 | 8&U 50 Fly | 402 |
|  |  |  |  | 203 | 9-10 200 Free | 204 |  | 403 | 9-10 100 Fly | 404 |
|  |  |  |  | 205 | 8&U 25 Fly | 206 |  | 405 | 8&U 50 Back | 406 |
|  |  |  |  | 207 | 9-10 50 Fly | 208 |  | 407 | 9-10 100 Back | 408 |
|  |  |  |  | 209 | 8&U 25 Back | 210 |  | 409 | 8&U 25 Breast | 410 |
|  |  |  |  | 211 | 9-10 50 Back | 212 |  | 411 | 9-10 50 Breast | 412 |
|  |  |  |  | 213 | 8&U 50 Breast | 214 |  | 413 | 8&U 100 IM | 414 |
|  |  |  |  | 215 | 9-10 100 Breast | 216 |  | 415 | 9-10 100 IM | 416 |
|  |  |  |  | 217 | 8&U 25 Free | 218 |  | 417 | 8&U 50 Free | 418 |
|  |  |  |  | 219 | 9-10 50 Free | 220 |  | 419 | 9-10 100 Free | 420 |
|  |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  | Saturday, October 7 PM |  | Sunday, October 8 PM |
|  |  |  |  | 301 | 11-12 200 Free | 302 |  | 501 | 11-12 50 Breast | 502 |
|  |  |  |  | 303 | Open 200 Free | 304 |  | 503 | Open 100 Breast | 504 |
|  |  |  |  | 305 | 11-12 50 Fly | 306 |  | 505 | 11-12 50 Back | 506 |
|  |  |  |  | 307 | Open 100 Fly | 308 |  | 507 | Open 100 Back | 508 |
| Friday, October 6 |  | 309 | 11-12 100 Back | 310 |  | 509 | 11-12 100 Fly | 510 |
| 101 | 11-12 500 Free | 102 |  | 311 | Open 200 Back | 312 |  | 511 | Open 200 Fly | 512 |
| 103 | Open 500 Free | 104 |  | 313 | 11-12 100 Breast | 314 |  | 513 | 11-12 100 Free | 514 |
| 105 | 9-10 200 IM | 106 |  | 315 | Open 200 Breast | 316 |  | 515 | Open 100 Free | 516 |
| 107 | 11-12 200 IM | 108 |  | 317 | 11-12 50 Free | 318 |  | 517 | 11-12 100 IM | 518 |
| 109 | Open 400 IM | 110 |  | 319 | Open 50 Free | 320 |  | 519 | Open 200 IM | 520 |

Scoring Limit: Age groups are combined in events but will be separated into single age for scoring and awards. Scoring will be use Hy-Tek’s Single-Age Power Points for IMX and IMR events. Each time will be given a point value: swimmers scores from all events will be combined for an overall IMX or IMR point total to determine high point awards.

Awards: IMX and IMR combined total high point female and male in each single age 8&U, 9, 10, 11, 12, 13, 14, 15, 16 and 17-18 years will be awarded a high point plaque. Swimmers must compete in all IMX and IMR events to be eligible for the plaque. Additionally, 1st-8th place ribbons will be awarded for 8&U, 9-10 and 11-12 events.

Timers: Teams will be responsible for providing timers (two timers per lane). Number of lanes and sessions will be based on team size. Assignments will be sent to coaches via email prior to the meet and posted on the meet website.

Concessions: Food and beverages will be available for purchase in the YMCA lobby during all swim sessions.

Meet Results: One copy of printed meet results in required format will be emailed to each team and posted on the event page.

Rules and Safety: All current USA Swimming and ISI Rules and Regulations apply. ISI and USA Swimming safety rules will be strictly enforced. Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer’s legal guardian to ensure compliance with this requirement. The Meet Referee has the right to remove swimmers, coaches, and/or parents for unacceptable behavior.

\*\*\*Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, restrooms or locker rooms.
\*\*\*No flash photography or behind the blocks photography allowed.
\*\*\*Except where venue facilities require otherwise, changing into or out of swimsuits other than in the locker rooms or other designated areas is prohibited.

Warm-up Procedure: Lane assignments will be posted on Deck

General Warm-up
A. NO DIVING allowed from the blocks or edge of pool. Swimmers must enter the pool feet first, while maintain contact with the deck with the body and a hand from the start end of the pool.
B. No sprinting or pace work allowed during this general warm-up session.
C. Entry into pool from starting end of pool only, unless noted otherwise by the meet director and meet referee.

Specific Warm-up
A. Push/Pace Lanes—Push off one or two (2) lengths from starting end. Circle swim only, NO DIVING.
B. Diving Lanes—Sprint lanes for diving from blocks or for backstroke starts in specified lanes at designated times (one length only).
C. General Warm-up Lanes—NO DIVING Circle Swim Only
D. At approximately halfway through diving and push/pace, additional lanes may be opened at the request of a coach.

LANE USE: Push Pace: 1 & 8
 Diving: 2 & 7
 General Warm-up: 3, 4, 5, 6

Safety Guidelines: A. Coaches Responsibilities
 a. Coaches shall instruct their swimmers regarding safety guidelines and warm-up procedures as they apply to conduct at meets and all practices.
 b. Coaches shall actively supervise their swimmers throughout the warm-up session at meets and all practices.
B. Host Team Responsibilities
 a. Marshaling
 i. A minimum of two (2) marshals, who report to and receive instructions from the Meet Referee, shall be on the deck during the warm-up session.
 ii. Marshals shall be current members of USA Swimming.
 iii. Marshals shall have the authority to remove from the deck, for the remainder of the warm-up session, any swimmer or coach who is in violation of safety or warm-up procedures.
 iv. The host team shall provide signs for each lane at both ends of the pool, which indicate the designated use during warm-up.
 v. Warm-up times and lane assignments shall be published on the host website and posted at several locations around the pool area. The following statement shall appear in the information: “Illinois Swimming, Inc. Safety Guidelines and Warm-up Procedures will be in affect at this meet.”
 vi. An announcer shall be on duty for the entire Warm-up session to announce lane and/or time changes and to assist with the conduct of the Warm-up.
 vii. Hazards in locker rooms, on the deck area or in areas used by coaches, swimmers, spectators or officials shall be removed or clearly marked.
C. Miscellaneous:
 a. Backstrokes shall ensure that they are not starting at the same time as a swimmer on the blocks
 b. Swimmers shall not jump or dive into the pool to stop another swimmer on a recalled start.
 c. Swimmers are required to exit the pool upon completion of their warm-up to allow other swimmers adequate warm-up time. The pool is not for visiting or playing during the warm-up session.
 d. Warm-up procedures shall be enforced for any breaks scheduled during the competition.
 e. The Meet Referee may restrict use of bands, hand paddles or fins during warm-up.
 f. The Referee shall have control over mitigation actions necessary to relieve situations deemed as dangerous or impairing the safety of other swimmers.

Entry Summary & Release From

Entry Summary

Number of individual entries: \_\_\_\_\_\_\_\_ x $4.00 = $ \_\_\_\_\_\_\_\_

Number of athletes facility surcharge: \_\_\_\_\_\_\_\_ x $10.00 = $ \_\_\_\_\_\_\_\_

 Total Due = $ \_\_\_\_\_\_\_\_ Make checks payable to: Springfield YMCA

Mail to: Springfield YMCA
Attn: Rob Busby
4550 W Iles Avenue
Springfield, IL 62711

Name of Club: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Club Initials: \_\_\_\_\_\_\_\_\_\_\_\_

Names of Coaches in attendance: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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Team Entry Contact: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Position with Team: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Mailing Address: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Entry Contact Phone (preferred number): \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Best time to reach: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Entry Contact Email: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Release below must be signed or entry will not be accepted.
In consideration of acceptance of this entry, I, intending to be legally bound; hereby co-sign, waive and release all rights and claims for damages which may accrue against USA Swimming, Inc.; Illinois Swimming Inc.; Springfield YMCA, Springfield YMCA Swim Team and its parent organization, or their representatives, employees or successors for any and all injuries suffered by me or any contestant or representative in said meet as a representative of my club. I attest that all athletes included in this entry and participating in this sanctioned/approved event are duly registered as current athlete members of USA Swimming.

Signature (Coach, Club Representative, or Parent): \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Entry period 9:00a Monday, September 11 to 9:00p Thursday, September 14

Final Deadline for all changes, corrections and updated times is 9:00a Monday, October 2

Payment and Release Form must be received before swimmers splash