



## 2014 ILLINI DISTRICT YMCA SWIMMING GUIDELINE TIMES

GIRLS	8 & UNDER	BOYS
19.00	25 Freestyle	19.00
44.30	50 Freestyle	44.00
24.30	25 Backstroke	24.60
26.20	25 Breaststroke	26.90
23.70	25 Butterfly	24.80
	100 Individual Medley	

GIRLS	10 & UNDER	BOYS
34.50	50 Freestyle	34.90
1:21.20	100 Freestyle	1:22.80
41.10	50 Backstroke	42.70
46.10	50 Breaststroke	49.50
43.70	50 Butterfly	45.20
1:32.50	100 Individual Medley	1:35.40

GIRLS	12 & UNDER	BOYS
30.50	50 Freestyle	31.10
1:11.80	100 Freestyle	1:12.80
2:33.00	200 Freestyle	2:35.30
37.90	50 Backstroke	39.30
41.80	50 Breaststroke	43.20
35.70	50 Butterfly	36.90
3:30.10	200 Individual Medley	3:39.50

The competition age for the YMCA season is the swimmer's age as of December 1, 2013.

A swimmer achieving a District guideline time is ineligible to compete at the Junior District meet in the event in which they swam a District guideline time. The Junior District meet is an alternative to the District Championship meet for swimmers 12 years of age and younger. Relays are omitted at the Junior District meet. Swimmers competing at Junior Districts are eligible for relays at the District meet but may not compete in individual events.

To be eligible for the Junior District meet, a swimmer is required to compete in two, closed inter-association YMCA competitions and be a member of the YMCA they are representing as of November 24, 2013. To be eligible for the District Championship, a swimmer is required to compete in two, closed inter-association YMCA competitions and be a member of the YMCA they are representing as of December 8, 2013.

Swimmers may achieve State Championship time standards at any meet beginning September 1, 2013. High school boys may enter 200s of stroke or the 400 IM at the State Championship as long as they have achieved the qualifying time in the 100 of the same stroke or the 200 IM. Reference the Illinois State YMCA Swimming Time Standards for the State Championship qualifying times.