FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
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ILLINOIS
YMCA SWIMMING
2020

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Chairperson
Darby Brtva

ILLINOIS YMCA SWIMMING RULES, RECORDS & BY-LAWS

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ILLINOIS YMCA SWIMMING RULES, RECORDS & BY-LAWS

Rules Governing Illinois YMCA Swimming Competition

1. **Jurisdiction/Governance**

1.1. Illinois YMCA State Swimming and District YMCA Swimming Championships are conducted under the jurisdiction of Illinois YMCA Swimming and the Illinois YMCA Swim Committee ("State Committee"). These Championships are governed by the current National YMCA "Fair Play – The Rules that Govern YMCA Competitive Sports" (published by YMCA of the USA), "SWIMMING ADDENDUM TO THE RULES THAT GOVERN YMCA COMPETITIVE SPORTS" (published by the National YMCA Swimming Advisory Committee), these Rules Governing Illinois YMCA Swimming Competition and, to the extent not inconsistent with the foregoing, the current USA Swimming Technical Rules.

1.2. To the extent that these Illinois YMCA Swimming Rules conflict with the " Fair Play – The Rules that Govern YMCA Competitive Sports " (published by YMCA of the USA), "SWIMMING ADDENDUM TO THE RULES THAT GOVERN YMCA COMPETITIVE SPORTS" (published by the National YMCA Swimming Advisory Committee), the latter shall prevail.

2. **Dates, Sites, and Host Fees for Championships**

2.1. The Illinois YMCA State Swimming Championship ("State Championship") shall be held in March of each year. The exact dates shall be determined by the State Committee prior to Spring state committee meeting of the second preceding year, but in no event shall the State Championships be held on a legal or major religious holiday.

2.2. The Illinois YMCA Swimming District Swimming Championships

2.2.1. For boys and girls ("District Championships") shall be held during the short course season.

2.2.2. No District is permitted to host any meet on the same weekend as an Illinois YMCA Swimming State Championship.

2.3. The spring (SCY) and summer (LCM) IL YMCA State Championships shall be a hosted by the IL YMCA Swimming State Committee.

2.3.1. The State Championship meets shall be run by the Championship Meet Committee under the direction of the State Committee.

2.3.2. The State Championship Meet Committee shall consist of

2.3.2.1. State Chair, Meet Director, Facility Coordinator, Volunteer Coordinator, Entry Chair and Meet Referee.

2.3.2.2. Other members may be added to the State Championship Meet Committee by appointment by the State Chair with the approval of the State Committee.

2.4. The Illinois YMCA Swimming Long Course Championships ("State Long Course Championship") shall be held prior to the entry deadline for the YMCA National Long Course Meet. It is recommended that this date shall be published by the State Short Course Championship of the second preceding year. In no event shall the State Long Course Championship be held on a legal holiday.

3. Age Groups

3.1. A swimmer's age classification for competition shall be determined by the swimmer's age on the first day of the meet.

3.2. The following are the competitive age groups and their respective name designations for competition.

Competitive Age Group	Group Name Designation
8 Years of Age and Under	8 & Under
10 Years of Age and Under	10 & Under
12 Years of Age and Under	12 & Under
14 Years of Age and Under	14 & Under
21 Years of Age and Under	21 & Under

3.3. A swimmer may not swim in both the prelim/final sessions (Session 1 and 3 of each day) and the timed final sessions (session 2 of each day) on a specific day for individual events. In other words, someone swimming in the 10&U session may not swim in the prelim/final sessions or vice versa for any given day.

3.3.1. With those restrictions, a swimmer may age up as old as desired.

4. Swimmer Eligibility

4.1. Except as provided herein, during the competitive short course season, September 1 – April 30 of the following year, or long course season, May 1 – August 31, any swimmer who, after representing their YMCA in swimming competition represents another organization in open competition, shall be immediately ineligible for participation in the Championship for that competitive season. (Note: A swimmer may compete in open competition unattached, or may represent their school/scholastic entity but may not represent any team other than his or her local YMCA at any time during the current season after representing his/her YMCA). This rule shall in no event, however, prohibit a ~~State~~ swimmer from representing their state or country where such swimmer is clearly representing their state or country in such competition and not any specific club or association. Note: Reference "Fair Play – The Rules that Govern YMCA Competitive Sports": Rule III: Section 3: Dual Representation

4.2. A swimmer must represent his/her association in closed YMCA competition as defined by the "SWIMMING ADDENDUM TO THE RULES THAT GOVERN YMCA COMPETITIVE SPORTS" (published by the National YMCA Swimming Advisory Committee):

4.2.1. For the State Championship at least three times in the competitive season to be eligible for State Championships.

4.3. If a YMCA does not sponsor a swim team, an eligible athlete from that YMCA may participate in the District Championships, and in the State Championships if he/she qualifies, provided the entry is approved by the Chairperson of the State Committee or his/her designee.

4.4. A swimmer may be disqualified from competing in the District or State Championships if he/she:

4.4.1. exhibits unsportsmanlike conduct,

4.4.2. competes under an assumed name,

4.4.3. misrepresents facts regarding eligibility or performance,

4.4.4. is involved in substance abuse or

4.4.5. does not meet the conditions as stated for eligibility of swimmers.

5. ILSWYMS

5.1. Other then High School times all IL YMCA and USA meets must be submitted to the ILSWYMS Database for inclusion within seven (7) days of the meet and any

corrections be submitted by two days after the qualifying period. All High School times from Observed Meets (per USAS rules) must be submitted in accordance with the Guidelines for Submitting Times to the Illinois YMCA Swims (ILSWYMS) Database within 21 days of the meet. Meets not submitted by the 7th of the following month shall be subject to a $50.00 fine to be added to a team's state entry fees and the meet will not count until submitted.

5.2. It is a required that all times and swims need to be submitted to the YMCA ILSWYMS database.

5.3. The District Chairs shall submit to web master/time keeper/database owner by:

5.3.1. September 15th a complete meet schedule and update as needed for the short course season.

5.3.2. May 1st a complete meet schedule and update as needed for the long course season.

5.4. Meet Certification Forms for each hosted meet not submitted by the 7th of the following month shall be subject to a $50 fine to be added to a team's state entry fees and the meet will not count until submitted.

5.5. The ILSWYMS will be used to set and maintain Illinois YMCA Swimming records

5.5.1. For a swim to be considered for a State Record it must have been swum on or after May 4th, 2013

5.5.1.1. The swim must have taken place at a meet that uses USA Swimming Technical Rules.

5.5.1.2. The swimmer must be representing their YMCA team at the meet.

5.5.1.3. The swimmers age the first day of the meet will determine their age classification for the purpose of records.

5.5.2. Records will be kept for the following age group and events for Short Course Yards and Long Course Meters:

8 & Under		10 & Under		12 & Under		14 & Under		21 & Under	
SCY	LCM	SCY	LCM	SCY	LCM	SCY	LCM	SCY	LCM
25 Free	50 Fee	50 Free	50 Free	50 Free	50 Free	50 Free	50 Free	50 Free	50 Free
50 Free	100 Free	100 Free	100 Free	100 Free	100 Free	100 Free	100 Free	100 Free	100 Free
100 Free	200 Free	200 Free	200 Free	200 Free	200 Free	200 Free	200 Free	200 Free	200 Free
200 Free	50 Back	500 Free	400 Free	500 Free	400 Free	500 Free	400 Free	500 Free	400 Free
25 Back	50 Breast	50 Back	50 Back	50 Back	50 Back	1000 Free	800 Free	1000 Free	800 Free
50 Back	50 Fly	100 Back	100 Back	100 Back	100 Back	1650 Free	1500 Free	1650 Free	1500 Free
25 Breast	200 IM	50 Breast	50 Breast	200 Back	200 Back	50 Back	50 Back	50 Back	50 Back
50 Breast		100 Breast	100 Breast	50 Breast	50 Breast	100 Back	100 Back	100 Back	100 Back

25 Fly		50 Fly	50 Fly	100 Breast	100 Breast	200 Back	200 Back	200 Back	200 Back
50 Fly		100 Fly	100 Fly	200 Breast	200 Breast	50 Breast	50 Breast	50 Breast	50 Breast
100 IM		100 IM	200 IM	50 Fly	50 Fly	100 Breast	100 Breast	100 Breast	100 Breast
200 IM		200 IM	200 Free Relay	100 Fly	100 Fly	200 Breast	200 Breast	200 Breast	200 Breast
100 Free Relay		200 Free Relay	200 Medley Relay	200 Fly	200 Fly	50 Fly	50 Fly	50 Fly	50 Fly
100 Medley Relay		200 Medley Relay		100 IM	200 IM	100 Fly	100 Fly	100 Fly	100 Fly
				200 IM	400 IM	200 Fly	200 Fly	200 Fly	200 Fly
				400 IM	200 Free Relay	100 IM	200 IM	100 IM	200 IM
				200 Free Relay	200 Medley Relay	200 IM	400 IM	200 IM	400 IM
				200 Medley Relay		400 IM	200 Free Relay	400 IM	200 Free Relay
						200 Free Relay	200 Medley Relay	200 Free Relay	400 Free Relay
						200 Medley Relay		400 Free Relay	200 Medley Relay
								200 Medley Relay	400 Medley Relay
								400 Medley Relay	

5.5.3. In order for splits to be recognized for individual event records they must be from a recognized swim.

5.5.4. A Times Committee will be established to review any questionable times including splits.

5.5.5. These records will be updated at the completion of the Short Course & Long Course Seasons

6. Limits on Entries and Entry Changes

6.1. Entry Limits by age

6.1.1. 10 & Under 5 individual

6.1.2. 11 & Over 6 individual

6.2. No YMCA shall be allowed to enter more than one relay team per relay event in the State Championships. Districts may have more than one relay team from a YMCA per relay event on their District Championships, but only one relay team from a YMCA per relay event may advance to the State Championship.

6.3. In the State Championships, relay team substitutions are permitted. Any swimmer listed on a team roster that meets State eligibility and participation rules will be accepted as an alternate.

6.4. Failure to pay all meet entry fees and any outstanding fines (see Rule 5.4) by the start of the state championship meet will be fined $50 at the discretion of the State Treasurer.

6.4.1. Each Month that passes without all fees and fines being paid will result in an additional $50 fine per month.

6.4.2. A team that has outstanding meet fees and fines will not be permitted to enter any future State Championship Meets until all fees and fines are paid in full.

6.5. Psyche sheet will be posted:

6.5.1. By12:00 AM the Tuesday before the meet. Scratches will be due By 12:00 pm the Wednesday prior to the State meet.

6.5.2. Swimmers who fail to meet entry limits by the scratch deadline will be scratched from their last Individual event(s) that day / meet.

6.6. Exhibition swimming is prohibited at all Championships.

6.7. To ensure a full final heat in State Championships, two alternate qualifiers will be specified for the finals. In the event an alternate swims in the finals, previous points earned by the alternate in such event are lost from the meet. An alternate shall not be penalized for a "NO SHOW" if called upon to participate in finals.

7. Qualification for Participation in State Championship

7.1. The qualifying period is from March 1st of the previous year to the entry deadline for the State Championship and July 1st of the previous year to the entry deadline for the State Long Couse Championship.

7.1.1. Any observed HS time is acceptable for a qualifying time for the state championship

7.1.2. Swimmers qualifying swims must be in the ILSWYMS Database and official times must obtained in accordance of the requirements in USA-Swimming Technical rules.

7.1.2.1. The ILSWYMS Database may be used to verify swimmer eligibility

7.1.3. Athletes with disabilities who have been classified per International Paralympic Committee Swimming will be allowed to compete in their classification at the State Championships without qualifying time standards and flexibly seeded. The available events will be the events determined by Can Am standards as offered by the state meet.

7.1.4. Entry/qualifying deadline will be 12:00pm on the Monday prior to the State Championship meets

7.1.5. For the long course Championship Meet swimmers will be allowed to enter bonus events.

7.1.6. Swimmers/relays will be added to the meet after the entry deadline provided the following are met

7.1.6.1. A Swimmer can only be added to events if they have not reached the event limit.

7.1.6.2. The Swimmers/relay entry time must be a time from prior to the entry deadline.

7.1.6.3. A fifty dollar ($50) late fee shall be paid per swimmer/relay.

7.1.6.4. Entries received after the scratch deadline and by 12:00 PM on Friday prior to the state championships will be accepted or rejected by the state championships meet committee.

7.2. Any relay qualifying time swum during the qualifying period is a time owned by the team and is eligible as a qualifying time for Y state. Aggregated times are acceptable but must be provable

7.3. State qualifying times for each event shall be obtained by averaging the 45th fastest 'best time' for individual events and 22nd fastest time for relay events in the past five (5) years from the ILSWYMS Database. For the purpose of this section the year shall be from May 1st of the previous calendar year through April 30th of the current year. Further, a time standard may not change by any more than plus/minus .50 seconds per 25 yards from the previous year.

7.3.1. Qualifying times shall be established for short course yards (SCY), short course meter (SCM) and long course meters (LCM). The SCM and LCM times shall be established by using the following conversion tables.

7.3.2. To convert a 25 yard time to a 25 meter or 50 meter time:

7.3.2.1. transform the time into seconds

7.3.2.2. carrying the calculation out to five decimal places divide the transformed time in seconds by the appropriate following conversion factor

7.3.2.3. drop all units smaller than a hundredth of a second

7.3.2.4. finally, transform the resultant value in seconds back into minutes and seconds to obtain the converted time.

Short Course Meter Conversion factors (Men and Women)

Event	Factor
500 Yard to 400 Meter	1.143
1000 Yard to 800 Meter	1.143
1650 Yard to 1500 Meter	1.003
All other events	0.896

Long Course Conversion Factors (Men)

Event	Factor	Event	Factor
50 Meter Freestyle	0.87	50 Meter Butterfly	0.87
100 Meter Freestyle	0.87	100 Meter Butterfly	0.885
200 Meter Freestyle	0.875	200 Meter Butterfly	0.88
400 Meter Freestyle	1.105	50 Meter Backstroke	0.87
1500 Meter Freestyle	0.975	100 Meter Backstroke	0.87
50 Meter Breaststroke	0.87	200 Meter Backstroke	0.87
100 Meter Breaststroke	0.865	200 Meter Individual Medley	0.865
200 Meter Breaststroke	0.865	400 Meter Individual Medley	0.879
200 Meter Freestyle Relay	0.87	200 Meter Medley Relay	0.873
400 Meter Freestyle Relay	0.87	400 Meter Medley Relay	0.873
800 Meter Freestyle Relay	0.875		

Long Course Conversion Factors (Women)

Event	Factor	Event	Factor
50 Meter Freestyle	0.88	50 Meter Butterfly	0.88
100 Meter Freestyle	0.88	100 Meter Butterfly	0.89
200 Meter Freestyle	0.885	200 Meter Butterfly	0.89
400 Meter Freestyle	1.12	50 Meter Backstroke	0.88
1500 Meter Freestyle	0.98	100 Meter Backstroke	0.885
50 Meter Breaststroke	0.88	200 Meter Backstroke	0.885
100 Meter Breaststroke	0.87	200 Meter Individual Medley	0.88
200 Meter Breaststroke	0.88	400 Meter Individual Medley	0.885

200 Meter Freestyle Relay	0.88	200 Meter Medley Relay	0.881
400 Meter Freestyle Relay	0.88	400 Meter Medley Relay	0.881
800 Meter Freestyle Relay	0.885		

7.3.3. Each year, these Rules (including the Illinois State Qualifying Times for the next season) shall be distributed to State Committee members no later than June 1.

7.3.4. Qualifying times for the State Long Course Championship shall be the same as the State Championship unless the State Committee deems it necessary to set separate qualifying times for the next season.

7.3.4.1. If separate Qualifying times are set for the State Long Course Season they shall be distributed no later then October 15th of the previous year.

7.4. Entry forms and fees shall be submitted to the Entry Chair of the State Championships. District Championship results and an unlocked meet manager back-up must be submitted by the District Championships host YMCAs to the ILSWYMS by the entry deadline. The meet packet will identify the method of meet entry confirmation with the expectation that an electronic vehicle be made available. Further, the meet entry fee shall be paid in full to the host team at any time prior to the start of the meet.

7.4.1. Failure to pay all meet entry fees and any outstanding fines (see Rule 5.4) by the start of the state championship meet will be fined $50 at the discretion of the State Treasurer.

7.4.1.1. Each Month that passes without all fees and fines being paid will result in an additional $50 fine per month.

7.4.1.2. A team that has outstanding meet fees and fines will not be permitted to enter any future State Championship Meets until all fees and fines are paid in full.

8. Fees

8.1. A surcharge per athlete will be assessed to participants of the State Championships in lieu of admissions. Heat sheets will be made available electronically.

9. Awards

9.1. Medals shall be awarded for places equal to twice the number of available lanes for both Championship Meets in the 10 & Under events. For all others it is equal to the number of lanes.

9.2. Team awards will be awarded to small and large teams. Team size will be based on practice roster including high school swimmers as of 2/1. 50% of teams in top (large Teams)/bottom (small teams). Ties will be rounded down

9.2.1. For the long course Championship Meet team awards will only be awarded to a single division.

9.3. Trophies shall be given to the top teams scoring the most points in each competitive age group in each of the boys and girls at the State Championships. The trophy shall be 18 inches high.

9.4. High point banners shall be awarded to the three teams scoring the highest, second highest and third highest total number of points in each of the boys, girls and combined at the State Championships. The banners shall be 3' wide by 5' long.

9.5. Any awards/banners not picked up at the conclusion of the State Championship Meets shall be shipped to the respective YMCA at their cost plus a $20.00 fine.

9.6. Awards shall be identical for boys and girls at District Championships. Paragraphs 9.1., 9.2. and 9.3. are suggested guidelines for awards at District Championships and shall not be exceeded. A District Championship must, however, award medals for at least 12 places in individual events, provided at least 12 individuals complete the event without disqualification.

9.7. Each District Chairperson shall submit his/her District's order for District Championship medals to the State Secretary (or the Secretary's appointee) no later than the fall meeting of the State Committee each year for the District Championships the following year.

9.8. Ryan Held Senior Athlete Scholarship

9.8.1. Revenue from the SC IL YMCA Swimming State Championship will be used to provide scholarships to one male athlete and one female athlete in the amount of $500 each.

9.8.1.1. The application for scholarships will be due on January 1.

9.8.1.2. The essay will be in regards to a mission moment.

9.8.1.3. The selected review committee will notify winners one week prior to the State Championship.

9.8.1.4. One athlete will be selected to read their story prior to each session.

9.8.1.5. To be eligible for the scholarship, an athlete must have plans to attend a post secondary education institution.

10. Scoring

10.1. The number of places scored shall be twice the number of available lanes for the District and State Championships. The scoring shall follow the Rule for Scoring as indicated by the USA Swimming Technical Rules, except that consolation finals shall not be held. The last half places in the State Championship shall be determined by preliminary times. At the District Championships, there will be a minimum of 12 places scored, but Districts can decide to score more than 12 places.

11. Conduct of Championships

11.1. The State Championships shall be held under the supervision of the State Committee, headed by its Chairperson.

11.2. The District Championships shall be held under the direct control of the District Committees.

11.2.1. District Committees' shall have the discretion to sanction their district meet.

11.3. A Coaches and Officials' meeting shall be held prior to the beginning of the District and State Championships to make final and detailed plans for the conduct of the Meets.

11.4. Any irregularities, protests or unforeseen situations calling for deviation from these Rules shall be decided by the District Championship Protest Committee at the District Championships and by the State Championship Protest Committee at the State Championships. The State Championship Protest Committee can be called to meet at the discretion of the State Chair, his/her designate, or the Meet Referee. The State Championship Protest Committee shall consist of the State Committee Officers, the District Chairs, the Official's Chair, the Meet Referee and the Meet Director.

11.5. Primary (automatic), secondary (semi-automatic) and tertiary (manual) timing devices shall be used for the State Championships; subject to the approval of the State Committee. All timing and placement shall comply with the USA Swimming Technical Rules.

11.6. Final results (including all competitors) of State Championships must be available at the conclusion of each meet.

11.7. The officials uniform in the Illinois YMCA Swimming will be white shirt over navy bottoms with white shoes and white socks, pants are preferred for finals. Bottoms need to be professional; denim or track pants are not allowed.

11.8. A no show at a preliminary or timed final event will result in no penalty. This rule applies to the State Championship meet.

11.8.1. A no show at preliminaries does not constitute participation in the district meet for that event.

11.9. The use of starting pistols is prohibited at YMCA meets. This includes but is not limited to use as a recall device or warning signal.

11.10. No outside seating, except as granted by the State Chair, will be permitted on the competition pool deck, for long course, 15 meters from the start and turn ends. The only seating permitted on the pool deck in these areas will be that provided by the facility or the State Championship Meet Committee.

11.11. An athlete shall have 30 minutes to scratch from finals. The 30 minutes will start once the announcement of the results are made

11.11.1. An athlete that is a no show for a final event in the finals session shall lose the remainder of their individual events for the day.

11.12. The District Chairman, the State Chairman, the Meet Referee, and the Meet Director will review the state timeline after the entries are received. Their review will determine if the timeline and use of the facility will change

12. Records

12.1. State Championship records are to be kept by the State Committee. Records shall be kept to the hundredth of a second.

13. Championship Meet Reports

13.1. A detailed operating and financial report of the State Championships shall be forwarded by the Meet Director to the State Chairperson and the District Chairs within three (3) months following the Meet.

13.2. Final results of the State Championships shall be sent to members of the State Committee, all competing teams and the Group Representative for Competitive

Swimming. The final results shall give preliminary and final times and list any records established.

13.3. All final results of District and State Championships MUST be sent to the Group Representative for Competitive Swimming, immediately following the meets in order for their sanctions from the National Committee to be valid. The State Chairperson will have the name and address of the Group Representative for Competitive Swimming.

14. Order of Events - Record Holders - Qualifying Times

14.1. The Illinois YMCA State Championship Meet will be contested as a 2.5 day mixed gender meet.

14.2. Events offered at the State Championship

14.2.1. Short Corse Championship

8&Under	10&Under	12&Under	14&Under	21&Under
25 Free 50 Free 25 Back 25 Breast 25 Fly 100 IM 100 Free Relay 100 Medley Relay	50 Free 100 Free 200 Free 50 Back 50 Breast 50 Fly 100 IM 200 IM 200 Free Relay 200 Medley Relay	50 Free 100 Free 200 Free 500 Free 50 Back 100 Back 50 Breast 100 Breast 50 Fly 100 Fly 200 IM 200 Free Relay 200 Medley Relay	50 Free 100 Free 200 Free 500 Free 100 Back 100 Breast 100 Fly 200 IM 200 Free Relay 200 Medley Relay	50 Free 100 Free 200 Free 500 Free 1650 Free 100 Back 200 Back 100 Breast 200 Breast 100 Fly 200 Fly 200 IM 400 IM 200 Free Relay 400 Free Relay 200 Medley Relay 400 Medley Relay

14.2.2. Long Course Championship

8&Under	10&Under	12&Under	14&Under	21&Under

50 Free 100 Free 200 Free 50 Back 50 Breast 50 Fly 200 IM	50 Free 100 Free 200 Free 50 Back 50 Breast 50 Fly 200 IM 200 Free Relay 200 Medley Relay	50 Free 100 Free 200 Free 400 Free 50 Back 100 Back 50 Breast 100 Breast 50 Fly 100 Fly 200 IM 200 Free Relay 200 Medley Relay	50 Free 100 Free 200 Free 400 Free 100 Back 100 Breast 100 Fly 200 IM 200 Free Relay 200 Medley Relay	50 Free 100 Free 200 Free 400 Free 1500 Free 100 Back 200 Back 100 Breast 200 Breast 100 Fly 200 Fly 200 IM 400 IM 200 Free Relay 400 Free Relay 200 Medley Relay 400 Medley Relay

14.3. Event order at the State Championships

14.3.1. Short Course Championship

Friday	Saturday Morning	Sunday Morning
21 & Under 1650 Free (TF) 14 & Under 500 Free (TF) 12 & Under 500 Free (TF) 21 & Under 200 Breast (TF) 12 & Under 100 Breast (TF)	21 & Under 400 Free Relay (TF) 21 & Under 400 IM (TF) 12 & Under 200 Free (PF) 14 & Under 200 Free (PF) 21 & Under 200 Free (PF) 12 & Under 50 Breast (PF) 14 & Under 100 Breast (PF) 21 & Under 100 Breast (PF) 12 & Under 50 Free (PF) 14 & Under 50 Free (PF) 21 & Under 50 Free (PF) 12 & Under 100 Back (TF) 21 & Under 200 Back (TF) 12 & Under 50 Fly (PF) 14 & Under 100 Fly (PF) 21 & Under 100 Fly (PF) 12 & Under Medley Relay (PF) 14 & Under Medley Relay (PF) 21 & Under Medley Relay (PF)	21 & Under 400 Medley Relay (TF) 21 & Under 500 Free (TF) 12 & Under 200 IM (PF) 14 & Under 200 IM (PF) 21 & Under 200 IM (PF) 12 & Under 100 Free (PF) 14 & Under 100 Free (PF) 21 & Under 100 Free (PF) 12 & Under 100 Fly (TF) 21 & Under 200 Fly (TF) 12 & Under 50 Back (PF) 14 & Under 100 Back (PF) 21 & Under 100 Back (PF) 12 & Under 200 Free Relay (PF) 14 & Under 200 Free Relay (PF) 21 & Under 200 Free Relay (PF)
Saturday Midday Session		**Sunday Midday Session**

10 & Under 200 Free (TF) 8 & Under 25 Breast (TF) 10 & Under 50 Breast (TF) 8 & Under 100 IM (TF) 10 & Under 100 IM (TF) 8 & Under 25 Free (TF) 10 & Under 50 Free (TF) 8 & Under 100 Medley Relay (TF) 10 & Under 200 Medley Relay (TF)	10 & Under 200 IM (TF) 8 & Under 25 Back (TF) 10 & Under 50 Back (TF) 8 & Under 50 Free (TF) 10 & Under 100 Free (TF) 8 & Under 25 Fly (TF) 10 & Under 50 Fly (TF) 8 & Under 100 Free Relay (TF) 10 & Under 200 Free Relay (TF)
Saturday Finals Session	**Sunday Finals Session**
12 & Under 200 Free 14 & Under 200 Free 21 & Under 200 Free 12 & Under 50 Breast 14 & Under 100 Breast 21 & Under 100 Breast 12 & Under 50 Free 14 & Under 50 Free 21 & Under 50 Free 12 & Under 50 Fly 14 & Under 100 Fly 21 & Under 100 Fly 12 & Under 200 Medley Relay 14 & Under 200 Medley Relay 21 & Under 200 Medley Relay	12 & Under 200 IM 14 & Under 200 IM 21 & Under 200 IM 12 & Under 100 Free 14 & Under 100 Free 21 & Under 100 Free 12 & Under 50 Back 14 & Under 100 Back 21 & Under 100 Back 12 & Under 200 Free Relay 14 & Under 200 Free Relay 21 & Under 200 Free Relay

14.3.1.1. The Meet Director and Meet Referee will have the discretion to run 2 pools for the Friday night 1650 Free events if there is more then four heats.

14.3.1.2. The 1650 event shall be run fastest to slowest.

14.3.2. Event Order for the State Long Course Championship

Friday	Saturday Morning	Sunday Morning
21 & Under 1500 Free (TF) 14 & Under 400 Free (TF) 12 & Under 400 Free (TF) 21 & Under 200 Breast (TF) 12 & Under 100 Breast (TF)	21 & Under 400 Free Relay (TF) 21 & Under 400 IM (TF) 12 & Under 200 Free (PF) 14 & Under 200 Free (PF) 21 & Under 200 Free (PF) 12 & Under 50 Breast (PF) 14 & Under 100 Breast (PF) 21 & Under 100 Breast (PF) 12 & Under 50 Free (PF) 14 & Under 50 Free (PF) 21 & Under 50 Free (PF) 12 & Under 100 Back (TF)	21 & Under 400 Medley Relay (TF) 21 & Under 400 Free (TF) 12 & Under 200 IM (PF) 14 & Under 200 IM (PF) 21 & Under 200 IM (PF) 12 & Under 100 Free (PF) 14 & Under 100 Free (PF) 21 & Under 100 Free (PF) 12 & Under 100 Fly (TF) 21 & Under 200 Fly (TF) 12 & Under 50 Back (PF) 14 & Under 100 Back (PF)

	21 & Under 200 Back (TF) 12 & Under 50 Fly (PF) 14 & Under 100 Fly (PF) 21 & Under 100 Fly (PF) 12 & Under Medley Relay (PF) 14 & Under Medley Relay (PF) 21 & Under Medley Relay (PF)	21 & Under 100 Back (PF) 12 & Under 200 Free Relay (PF) 14 & Under 200 Free Relay (PF) 21 & Under 200 Free Relay (PF)

Saturday Midday Session	Sunday Midday Session
8 & Under 200 Free (TF) 10 & Under 200 Free (TF) 8 & Under 50 Breast (TF) 10 & Under 50 Breast (TF) 8 & Under 50 Free (TF) 10 & Under 50 Free (TF) 10 & Under 200 Medley Relay (TF)	8 & Under 200 IM (TF) 10 & Under 200 IM (TF) 8 & Under 50 Back (TF) 10 & Under 50 Back (TF) 8 & Under 100 Free (TF) 10 & Under 100 Free (TF) 8 & Under 50 Fly (TF) 10 & Under 50 Fly (TF) 10 & Under 200 Free Relay (TF)
Saturday Finals Session	**Sunday Finals Session**
12 & Under 200 Free 14 & Under 200 Free 21 & Under 200 Free 12 & Under 50 Breast 14 & Under 100 Breast 21 & Under 100 Breast 12 & Under 50 Free 14 & Under 50 Free 21 & Under 50 Free 12 & Under 50 Fly 14 & Under 100 Fly 21 & Under 100 Fly 12 & Under 200 Medley Relay 14 & Under 200 Medley Relay 21 & Under 200 Medley Relay	12 & Under 200 IM 14 & Under 200 IM 21 & Under 200 IM 12 & Under 100 Free 14 & Under 100 Free 21 & Under 100 Free 12 & Under 50 Back 14 & Under 100 Back 21 & Under 100 Back 12 & Under 200 Free Relay 14 & Under 200 Free Relay 21 & Under 200 Free Relay

14.4. Record holders (see attached)

14.5. Qualifying times (see attached)

15. Information for the State Committee

15.1. Each District Chairperson shall send the following information to the designated recipient on or before the due date:

Information	Recipient(s)	Due Date
District Chair Information (name, address, email, phone)	State Chair, State Secretary, Webmaster	September 1
District Representatives to the State Committee (name, address, email, phone)	State Chair, State Secretary, Webmaster	September 1
District Teams and Team Contact Persons (name, address, email, phone)	State Secretary, Webmaster	September 1
District Championship Medal Order	State Secretary	Fall State Meeting
State and District Championship Meet Sanction Requests	Group Representative for Competitive Swimming	December 1
District By-Laws, and Contact Persons (name, address, email, and phone)	State Secretary	December 15
The officials chair will solicit recommendations from district chairs for specific positions for the State Championships 45 days prior to the state Championships.	State Officials Chair	45 Days Prior to the State Championships
District Rosters for historical purposes	State Secretary	February 3

16. Coaches Eligibility

16.1. The State Committee encourages each YMCA participating in Illinois State competitive swimming to:

16.1.1. Require that each and every swim coach which it employs have the following four certifications:

16.1.1.1. CPR

16.1.1.2. First Aid

16.1.1.3. Red Cross Safety Training for Swim Coaches or YMCA / Red Cross Lifeguarding

16.1.1.4. YMCA Principles of Swimming & Diving

16.1.2. Take the steps necessary to ensure that such coaches" certifications are current at all times during the competitive season. The primary responsibility for obtaining such certifications lies with each individual coach and the YMCA which employs the coach.

16.2. To assist participating State YMCAs and their coaches in obtaining such certifications, the State will use its best efforts to see that there is at least one trainer in each State district, and to publish on the State website the dates for certification classes.

16.3. No coach will be allowed on deck during a District or State Championship meet without a current coach credential card. A valid coach credential card can either be a USA Swimming coach registration card that has a "Y" printed on it or a YMCA coach card that has been issued by the YMCA Group Representative. At the State Championship, each coach will also be required to have a deck pass to be on deck. Deck passes will be issued to YMCAs participating in the State championships by the State Championship Meet Committee, based on the total number of swimmers entered in both days of such championship meet.

16.4. In the event the position of YMCA Group Representative shall be vacant or eliminated, the Secretary of the Illinois YMCA Swimming Committee shall fulfill the duties assigned to the Representative above.

17. Proposal for Rule Changes

17.1. These Rules may be amended pursuant to the procedures for amendments to the State Committee's bylaws.

CHAMPIONSHIP HOSTS

Area Championship Host

1970 Indian Boundary & B.R. Ryall at George Williams College - Downers Grove - Girls only
1971 Peoria at Central Park Pool - Peoria
1972 Indian Boundary & B.R. Ryall at George Williams College - Downers Grove
1973 Springfield at Eisenhower Pool - Springfield
1974 Peoria at Central Park Pool - Peoria
1975 B.R. Ryall at George Williams College - Downers Grove
1976 Springfield at Eisenhower Pool - Springfield
1977 Indian Boundary at Downers Grove South High School - Downers Grove
1978 Peoria at Central Park Pool - Peoria
1979 B.R. Ryall at Chicago State University - Chicago
1980 Jackson County at Southern Illinois University - Carbondale
1981 Camp Duncan at Glenbrook South High School - Glenview
1982 Peoria at Central Park Pool - Peoria
1983 Indian Boundary at Downers South High School - Downers Grove
1984 Springfield at Eisenhower Pool - Springfield
1985 Joliet & B.R. Ryall at College of DuPage - Glen Ellyn
1986 Rock Island at United Township High School - East Moline
1987 Naperville at College of DuPage - Glen Ellyn
1988 Peoria at Woodruff High School - Peoria
1989 Aurora at College of DuPage - Glen Ellyn
1990 Naperville at University of Illinois Circle Campus - Chicago
1991 Aurora at Waubonsie Valley High School - Aurora
1992 Bloomington at Bloomington High School - Bloomington
1993 Aurora at Waubonsie Valley High School - Aurora
1994 Kishwaukee at Midwestern University - Downers Grove
1995 Joliet at University of Illinois Circle Campus - Chicago
1996 B.R. Ryall at Midwestern University - Downers Grove
1997 Aurora at Waubonsie Valley High School - Aurora
1998 Naperville at Neuqua Valley High School - Naperville
1999 Kishwaukee at Neuqua Valley High School - Naperville
2000 Joliet at Neuqua Valley High School - Naperville
2001 Aurora and Kishwaukee at Kishwaukee Family YMCA - DeKalb
2002 Kishwaukee at Kishwaukee Family YMCA - DeKalb
2003 Joliet at University of Illinois Circle Campus - Chicago
2004 Kishwaukee at Kishwaukee Family YMCA - DeKalb
2005 Aurora at Kishwaukee Family YMCA - DeKalb
2006 Joliet – Carthage College – Kenosha, WI.
2007 Jefferson City – University of Missouri – Columbia, MO
2008 Kishwaukee at Kishwaukee Family YMCA - DeKalb
2009 Joliet at Kishwaukee Family YMCA – DeKalb

2010 Kishwaukee at Kishwaukee Family YMCA – DeKalb
2011 Kishwaukee at Kishwaukee Family YMCA – DeKalb
2012 Joliet at Kishwaukee Family YMCA – DeKalb
2013 Kishwaukee at Kishwaukee Family YMCA - DeKalb

Illinois YMCA State Swimming Championship Host

2014 Buehler & Leaning Tower at RecPlex – Pleasant Prairie, WI
Meet Referee Rome Yount
2015 Fox Valley YMCA at Lake Central Aquatic Center – St John, IN
Meet Referee Tom Merlin
2016 Joliet at Lake Central Aquatic Center – St John, IN
Meet Referee Scott Penland
2017 Illini District at Lake Central Aquatic Center – St John, IN
Meet Referee Rome Yount
2018 Illinois YMCA Swimming at Lake Central Aquatic Center St John, IN
(Helping Clubs: Springfield, Fox Valley, Champaign, Decatur & Clinton)
Meet Referee Jon Ellis
2019 Illinois YMCA Swimming at Lake Central Aquatic Center St John, IN
(Helping Clubs: McGaw, Ottaewa, Fox Valley, Decatur & Warren County)
Meet Referee Marty Sterner

Illinois YMCA Swimming Long Course Championship Host

2015 B.R.Ryall at Lake Central Aquatic Center – St John, IN
Meet Referee Cara Roesler
2016 B.R.Ryall at Lake Central Aquatic Center – St John, IN
Meet Referee Todd Gray
2017 B.R.Ryall at Lake Central Aquatic Center – St John, IN
Meet Referee Becky Menso
2018 Illinois YMCA Swimming at Lake Central Aquatic Center – St John, IN
(Helping Clubs: Springfield, Ottawa, Joliet, Champaign & B.R. Ryall)
Meet Referee Todd Gray
2019 Illinois YMCA Swimming at Lake Central Aquatic Center St John, IN
(Helping Clubs: Springfield, Champaign, Ottawa, Joliet, Lattof & Sage)
Meet Referee Sonny Tran

ILLINOIS YMCA SWIMMING COMPETING YMCAs

CHICAGO (11)

1557 PAV	Pav (Berwyn)
1594 FAST	Foglia (Lake Zurich)
1599 WAHOO	Lakeview (Chicago)
1603 HIGH	High Ridge (Chicago)
1611 IRVP	Irving Park (Chicago)
1623 LATT	Lattof (Des Plaines)
1635 PALA	Buehler (Palatine)
1763 MYST	McGaw (Evanston)
1811 HLYS	Hastings Lake
1839 NSFT	North Suburban (Northbrook)
7104 KENO	Kenosha

ILLINI (16)

1563 BNY	Bloomington/Normal
1567 CANY	Canton
1575 HEAT	Champaign
1731 CLY	Clinton
1735 DANV	Danville
1739 YDSC	Decatur YMCA
1779 JAXY	Bob Freesen (Jacksonville)
1805 KNCY	Knox County
1819 MCDN	McDonough County
1827 SAMY	Mattoon
HASTY	Toledo
1855 DOCS	Peoria
1863 QFY	Quincy
1879 SPY	Springfield
1889 CCY	Christian County (Taylorville)
1891 WCY	Warren County (Monmouth)

NORTHWEST (10)

1559 BVDY	Belvidere
1580 SAGE	Sage (Crystal Lake)
1743 DCST	Kishwaukee (Sycamore)
1747 DIXN	Dixon
1771 BLFN	Freeport Northwest Illinois
1801 KEWE	Kewanee
1851 OTTY	Ottawa
1857 ILVY	Illinois Valley (LaSalle/Peru)
1871 RAYS	Rockford
1887 STRY	Streator

TOWN & COUNTRY (6)

1075 KKEE	Kankakee
1561 TOPS	West Cook (Oak Park)
1785 JETS	Joliet
1838 KFC	Kroehler (Naperville)
1843 BRRY	Northwestern DuPage County (Glen Ellyn)
1853 FVAF	Fox Valley (Plano)

ILLINOIS YMCA SWIMMING RULES, RECORDS & BY-LAWS

2020 Illinois YMCA Swimming Qualifying Times

GIRLS			8 & Under	BOYS		
SCY	SCM	LCM		SCY	SCM	LCM
00:18.19	00:20.30		25 Free	00:18.39	00:20.52	
00:41.69	00:46.53	00:47.38	50 Free	00:42.19	00:47.09	00:48.49
00:21.99	00:24.54		25 Back	00:22.29	00:24.88	
00:25.89	00:28.90		25 Breast	00:26.29	00:29.34	
00:22.09	00:24.65		25 Fly	00:22.89	00:25.55	
01:50.49	02:03.31		100 IM	01:50.09	02:02.87	
01:22.29	01:31.84		100 Free Relay	01:36.69	01:47.91	
01:36.09	01:47.24		100 Medley Relay	01:50.69	02:03.54	
SCY	SCM	LCM	10 & Under	SCY	SCM	LCM
00:33.49	00:37.38	00:38.06	50 Free	00:33.79	00:37.71	00:38.84
01:16.09	01:24.92	01:26.47	100 Free	01:16.99	01:25.93	01:28.49
02:54.39	03:14.63	03:17.05	200 Free	02:55.59	03:15.97	03:19.53
00:39.39	00:43.96	00:44.76	50 Back	00:40.09	00:44.74	00:46.08
00:45.59	00:50.88	00:51.81	50 Breast	00:46.69	00:52.11	00:53.67
00:39.39	00:43.96	00:44.76	50 Fly	00:40.59	00:45.30	00:46.66
01:26.69	01:36.75		100 IM	01:28.59	01:38.87	
03:20.39	03:43.65	03:47.72	200 IM	03:25.59	03:49.45	03:57.68
02:24.39	02:41.15	02:44.08	200 Free Relay	02:38.69	02:57.11	03:02.40
02:47.49	03:06.93	03:10.11	200 Medley Relay	02:57.99	03:18.65	03:23.88
SCY	SCM	LCM	12 & Under	SCY	SCM	LCM
00:29.09	00:32.47	00:33.06	50 Free	00:29.09	00:32.47	00:33.44
01:04.89	01:12.42	01:13.74	100 Free	01:05.39	01:12.98	01:15.16
02:24.49	02:41.26	02:43.27	200 Free	02:24.49	02:41.26	02:45.13
06:29.09	05:40.41	05:47.40	500/400 Free	06:35.19	05:45.75	05:57.64
00:34.39	00:38.38	00:39.08	50 Back	00:34.89	00:38.94	00:40.10
01:15.99	01:24.81	01:25.86	100 Back	01:16.39	01:25.26	01:27.80
00:39.49	00:44.07	00:44.88	50 Breast	00:39.99	00:44.63	00:45.97
01:27.19	01:37.31	01:40.22	100 Breast	01:28.69	01:38.98	01:42.53
00:32.79	00:36.60	00:37.26	50 Fly	00:33.29	00:37.15	00:38.26
01:19.29	01:28.49	01:29.09	100 Fly	01:20.99	01:30.39	01:31.51
02:44.19	03:03.25	03:06.58	200 IM	02:46.09	03:05.37	03:12.01
02:11.19	02:26.42	02:29.08	200 Free Relay	02:16.19	02:32.00	02:36.54
02:29.09	02:46.40	02:49.23	200 Medley Relay	02:34.09	02:51.98	02:56.51
SCY	SCM	LCM	14 & Under	SCY	SCM	LCM
00:27.29	00:30.46	00:31.01	50 Free	00:25.89	00:28.90	00:29.76
00:59.49	01:06.40	01:07.60	100 Free	00:57.09	01:03.72	01:05.62
02:10.39	02:25.52	02:27.33	200 Free	02:06.59	02:21.28	02:24.67
05:56.49	05:11.89	05:18.29	500/400 Free	05:58.49	05:13.64	05:24.43
01:08.59	01:16.55	01:17.50	100 Back	01:06.79	01:14.54	01:16.77
01:19.09	01:28.27	01:30.91	100 Breast	01:16.19	01:25.03	01:28.08
01:08.79	01:16.77	01:17.29	100 Fly	01:06.99	01:14.77	01:15.69
02:28.29	02:45.50	02:48.51	200 IM	02:24.89	02:41.71	02:47.50
02:01.29	02:15.37	02:17.83	200 Free Relay	01:59.49	02:13.36	02:17.34
02:18.29	02:34.34	02:36.97	200 Medley Relay	02:18.79	02:34.90	02:38.98
SCY	SCM	LCM	21 & Under	SCY	SCM	LCM
00:26.19	00:29.23	00:29.76	50 Free	00:23.29	00:25.99	00:26.77
00:56.99	01:03.60	01:04.76	100 Free	00:51.09	00:57.02	00:58.72
02:04.49	02:18.94	02:20.67	200 Free	01:54.69	02:08.00	02:11.07
05:40.09	04:57.54	05:03.65	500/400 Free	05:19.49	04:39.52	04:49.13
20:23.99	20:20.33	20:42.63	1650/1500 Free	19:51.79	19:48.23	20:22.35
01:04.99	01:12.53	01:13.44	100 Back	00:59.79	01:06.73	01:08.72
02:19.29	02:35.46	02:37.39	200 Back	02:12.09	02:27.42	02:31.83
01:15.69	01:24.48	01:27.00	100 Breast	01:07.89	01:15.77	01:18.49
02:41.89	03:00.68	03:03.97	200 Breast	02:32.79	02:50.52	02:56.64
01:04.49	01:11.98	01:12.46	100 Fly	00:58.39	01:05.17	01:05.98
02:28.39	02:45.61	02:46.73	200 Fly	02:21.49	02:37.91	02:40.78
02:22.29	02:38.81	02:41.69	200 IM	02:10.09	02:25.19	02:30.39
05:04.79	05:40.17	05:44.40	400 IM	04:50.99	05:24.77	05:34.47
01:56.59	02:10.12	02:12.49	200 Free Relay	01:45.99	01:58.29	02:01.83
04:37.89	05:10.15	05:15.78	400 Free Relay	04:18.59	04:48.60	04:57.23
02:14.59	02:30.21	02:32.77	200 Medley Relay	02:01.89	02:16.04	02:19.62
05:18.29	05:55.23	06:01.28	400 Medley Relay	04:58.39	05:33.02	05:41.80

2020 ILLINOIS YMCA SWIMMING LONG COURSE CHAMPIONSHIP QUALIFYING TIMES

GIRLS			8 & Under	BOYS		
SCY	SCM	LCM		SCY	SCM	LCM
00:43.49	00:48.54	00:49.42	50 Free	00:43.09	00:48.09	00:49.53
01:35.89	01:47.02	01:48.97	100 Free	01:36.09	01:47.24	01:50.45
03:38.79	04:04.19	04:07.22	200 Free	03:39.19	04:04.63	04:09.08
00:49.59	00:55.35	00:56.35	50 Back	00:50.49	00:56.35	00:58.03
00:57.29	01:03.94	01:05.10	50 Breast	00:58.79	01:05.61	01:07.57
00:49.59	00:55.35	00:56.35	50 Fly	00:50.79	00:56.69	00:58.38
04:10.39	04:39.45	04:44.53	200 IM	04:16.99	04:46.82	04:57.10
GIRLS			10 & Under	BOYS		
SCY	SCM	LCM		SCY	SCM	LCM
00:35.19	00:39.27	00:39.99	50 Free	00:35.49	00:39.61	00:40.79
01:19.89	01:29.16	01:30.78	100 Free	01:20.69	01:30.06	01:32.75
03:03.09	03:24.34	03:26.88	200 Free	03:03.39	03:24.68	03:28.40
00:41.39	00:46.19	00:47.03	50 Back	00:42.09	00:46.98	00:48.38
00:47.89	00:53.45	00:54.42	50 Breast	00:48.99	00:54.68	00:56.31
00:41.39	00:46.19	00:47.03	50 Fly	00:42.59	00:47.53	00:48.95
03:29.99	03:54.36	03:58.62	200 IM	03:35.49	04:00.50	04:09.12
02:38.79	02:57.22	03:00.44	200 Free Relay	02:53.79	03:13.96	03:19.76
03:04.19	03:25.57	03:29.07	200 Medley Relay	03:15.79	03:38.52	03:44.27
GIRLS			12 & Under	BOYS		
SCY	SCM	LCM		SCY	SCM	LCM
00:30.49	00:34.03	00:34.65	50 Free	00:30.49	00:34.03	00:35.05
01:08.09	01:15.99	01:17.38	100 Free	01:08.69	01:16.66	01:18.95
02:31.69	02:49.30	02:51.40	200 Free	02:31.68	02:49.29	02:53.35
06:47.59	05:56.60	06:03.92	500/400 Free	06:54.49	06:02.63	06:15.10
00:36.09	00:40.28	00:41.01	50 Back	00:36.59	00:40.84	00:42.06
01:19.79	01:29.05	01:30.16	100 Back	01:20.19	01:29.50	01:32.17
00:41.49	00:46.31	00:47.15	50 Breast	00:41.99	00:46.86	00:48.26
01:31.59	01:42.22	01:45.28	100 Breast	01:33.09	01:43.90	01:47.62
00:34.39	00:38.38	00:39.08	50 Fly	00:34.89	00:38.94	00:40.10
01:23.29	01:32.96	01:33.58	100 Fly	01:24.79	01:34.63	01:35.81
02:52.39	03:12.40	03:15.90	200 IM	02:54.39	03:14.63	03:21.61
02:24.29	02:41.04	02:43.97	200 Free Relay	02:29.39	02:46.73	02:51.71
02:43.59	03:02.58	03:05.69	200 Medley Relay	02:48.69	03:08.27	03:13.23
GIRLS			14 & Under	BOYS		
SCY	SCM	LCM		SCY	SCM	LCM
00:28.69	00:32.02	00:32.60	50 Free	00:27.19	00:30.35	00:31.25
01:02.49	01:09.74	01:11.01	100 Free	00:59.89	01:06.84	01:08.84
02:16.89	02:32.78	02:34.68	200 Free	02:12.89	02:28.31	02:31.87
06:14.29	05:27.46	05:34.19	500/400 Free	06:16.29	05:29.21	05:35.97
01:11.99	01:20.35	01:21.34	100 Back	01:10.09	01:18.23	01:20.56
01:22.99	01:32.62	01:35.39	100 Breast	01:19.99	01:29.27	01:32.47
01:12.19	01:20.57	01:21.11	100 Fly	01:10.29	01:18.45	01:19.42
02:35.69	02:53.76	02:56.92	200 IM	02:32.09	02:49.74	02:55.83
02:13.39	02:28.87	02:31.58	200 Free Relay	02:11.39	02:26.64	02:31.02
02:32.09	02:49.74	02:52.63	200 Medley Relay	02:32.69	02:50.41	02:54.90
GIRLS			21 & Under	BOYS		
SCY	SCM	LCM		SCY	SCM	LCM
00:27.49	00:30.68	00:31.24	50 Free	00:24.49	00:27.33	00:28.15
00:59.79	01:06.73	01:07.94	100 Free	00:53.59	00:59.81	01:01.60
02:10.69	02:25.86	02:27.67	200 Free	02:00.39	02:14.36	02:17.59
05:57.09	05:12.41	05:18.83	500/400 Free	05:35.49	04:53.52	05:03.61
21:21.49	21:17.66	21:41.01	1650/1500 Free	20:49.69	20:45.95	21:21.73
01:08.09	01:15.99	01:16.94	100 Back	01:02.79	01:10.08	01:12.17
02:26.19	02:43.16	02:45.19	200 Back	02:18.69	02:34.79	02:39.41
01:19.49	01:28.72	01:31.37	100 Breast	01:11.29	01:19.56	01:22.42
02:49.99	03:09.72	03:13.17	200 Breast	02:40.39	02:59.01	03:05.42
01:07.69	01:15.55	01:16.06	100 Fly	01:01.29	01:08.40	01:09.25
02:35.79	02:53.87	02:55.04	200 Fly	02:28.59	02:45.84	02:48.85
02:29.39	02:46.73	02:49.76	200 IM	02:16.59	02:32.44	02:37.91
05:19.99	05:57.13	06:01.57	400 IM	05:05.49	05:40.95	05:51.14
02:08.29	02:23.18	02:25.78	200 Free Relay	00:56.59	01:03.16	01:05.05
05:05.69	05:41.17	05:47.38	400 Free Relay	04:44.39	05:17.40	05:26.89
02:28.09	02:45.28	02:48.09	200 Medley Relay	02:14.09	02:29.65	02:33.60
05:49.09	06:29.61	06:36.24	400 Medley Relay	05:22.59	06:00.03	06:09.52

2020 ILLINOIS YMCA SWIMMING LONG COURSE CHAMPIONSHIP BONUS EVENT QUALIFYING TIMES

GIRLS			8 & Under	BOYS		
SCY	SCM	LCM		SCY	SCM	LCM
00:47.69	00:53.23	00:54.19	50 Free	00:47.39	00:52.89	00:54.47
01:45.49	01:57.73	01:59.88	100 Free	01:45.49	01:57.73	02:01.25
04:00.29	04:28.18	04:31.51	200 Free	04:00.69	04:28.63	04:33.51
00:54.59	01:00.93	01:02.03	50 Back	00:55.39	01:01.82	01:03.67
01:02.89	01:10.19	01:11.47	50 Breast	01:04.69	01:12.20	01:14.36
00:54.59	01:00.93	01:02.03	50 Fly	00:55.79	01:02.27	01:04.13
04:34.99	05:06.91	05:12.49	200 IM	04:42.29	05:15.06	05:26.35
GIRLS			10 & Under	BOYS		
SCY	SCM	LCM		SCY	SCM	LCM
00:38.69	00:43.18	00:43.97	50 Free	00:38.99	00:43.52	00:44.82
01:27.89	01:38.09	01:39.87	100 Free	01:28.59	01:38.87	01:41.83
03:21.89	03:45.32	03:48.12	200 Free	03:21.69	03:45.10	03:49.19
00:45.49	00:50.77	00:51.69	50 Back	00:46.29	00:51.66	00:53.21
00:52.69	00:58.81	00:59.88	50 Breast	00:53.89	01:00.15	01:01.94
00:45.59	00:50.88	00:51.81	50 Fly	00:46.89	00:52.33	00:53.90
03:50.59	04:17.35	04:22.03	200 IM	03:56.59	04:24.05	04:33.51
N/A	N/A	N/A	200 Free Relay	N/A	N/A	N/A
N/A	N/A	N/A	200 Medley Relay	N/A	N/A	N/A
GIRLS			12 & Under	BOYS		
SCY	SCM	LCM		SCY	SCM	LCM
00:33.49	00:37.38	00:38.06	50 Free	00:33.49	00:37.38	00:38.49
01:14.89	01:23.58	01:25.10	100 Free	01:15.59	01:24.36	01:26.89
02:46.89	03:06.26	03:08.58	200 Free	02:46.89	03:06.26	03:10.73
07:27.29	06:31.33	06:39.37	500/400 Free	07:34.89	06:37.98	06:51.67
00:39.69	00:44.30	00:45.10	50 Back	00:40.29	00:44.97	00:46.31
01:27.79	01:37.98	01:39.20	100 Back	01:28.19	01:38.43	01:41.37
00:45.59	00:50.88	00:51.81	50 Breast	00:46.19	00:51.55	00:53.09
01:40.79	01:52.49	01:55.85	100 Breast	01:42.29	01:54.16	01:58.25
00:37.79	00:42.18	00:42.94	50 Fly	0:38..39	#VALUE!	#VALUE!
01:31.59	01:42.22	01:42.91	100 Fly	01:33.09	01:43.90	01:45.19
03:09.59	03:31.60	03:35.44	200 IM	03:11.79	03:34.05	03:41.72
N/A	N/A	N/A	200 Free Relay	N/A	N/A	N/A
N/A	N/A	N/A	200 Medley Relay	N/A	N/A	N/A
GIRLS			14 & Under	BOYS		
SCY	SCM	LCM		SCY	SCM	LCM
09:36.00	09:38.57	32:43.64	50 Free	00:29.89	00:33.36	00:34.36
01:08.69	01:16.66	01:18.06	100 Free	01:05.89	01:13.54	01:15.74
02:30.59	02:48.07	02:50.16	200 Free	02:26.19	02:43.16	02:47.07
06:51.69	06:00.18	06:07.58	500/400 Free	06:52.89	06:01.23	06:08.65
01:19.19	01:28.38	01:29.48	100 Back	01:17.09	01:26.04	01:28.61
01:31.29	01:41.89	01:44.93	100 Breast	01:27.99	01:38.20	01:41.72
01:19.39	01:28.60	01:29.20	100 Fly	01:17.29	01:26.26	01:27.33
02:51.29	03:11.17	03:14.65	200 IM	02:47.29	03:06.71	03:13.40
N/A	N/A	N/A	200 Free Relay	N/A	N/A	N/A
N/A	N/A	N/A	200 Medley Relay	N/A	N/A	N/A
GIRLS			21 & Under	BOYS		
SCY	SCM	LCM		SCY	SCM	LCM
00:30.19	00:33.69	00:34.31	50 Free	00:26.99	00:30.12	00:31.02
01:05.79	01:13.43	01:14.76	100 Free	00:58.99	01:05.84	01:07.80
02:23.79	02:40.48	02:42.47	200 Free	02:12.39	02:27.76	02:31.30
06:32.79	05:43.65	05:50.71	500/400 Free	06:08.99	05:22.83	05:33.93
23:27.99	23:23.78	23:49.43	1650/1500 Free	22:50.89	22:46.79	23:26.04
01:15.19	01:23.92	01:24.96	100 Back	01:09.09	01:17.11	01:19.41
02:40.79	02:59.45	03:01.68	200 Back	02:32.59	02:50.30	02:55.39
01:27.39	01:37.53	01:40.45	100 Breast	01:18.39	01:27.49	01:30.62
03:06.99	03:28.69	03:32.49	200 Breast	02:56.39	03:16.86	03:23.92
01:14.49	01:23.14	01:23.70	100 Fly	01:07.39	01:15.21	01:16.15
02:51.39	03:11.28	03:12.57	200 Fly	02:43.49	03:02.47	03:05.78
02:44.29	03:03.36	03:06.69	200 IM	02:30.29	02:47.73	02:53.75
05:51.99	06:32.85	06:37.73	400 IM	05:36.00	06:15.00	06:26.21
N/A	N/A	N/A	200 Free Relay	N/A	N/A	N/A
N/A	N/A	N/A	400 Free Relay	N/A	N/A	N/A
N/A	N/A	N/A	200 Medley Relay	N/A	N/A	N/A
N/A	N/A	N/A	400 Medley Relay	N/A	N/A	N/A

Illinois YMCA State Swimming Short Course Championship Records

Illinois YMCA State Swimming Championship Records								
GIRLS				8 & Under	BOYS			
Swimmer	Team	Time	Year	Event	Swimmer	Team	Time	Year
Betsy Holder	HEAT	13.81	1991	25 Free	Edward Roberts	TCAY	13.22	3/17/2013
K. Streder	IRVP	29.55	1983	50 Free	Edward Roberts	TCAY	29.31	3/17/2013
Leanne Skuse	CANY	16.02	1992	25 Back	Evan Stegall	MCDN	15.64	3/17/2012
Rebekah Eckman	MCDN	17.84	3/19/2011	25 Breast	Scott Strubhar	DOCS	17.66	1991
Betsy Holder	HEAT	14.68	1991	25 Fly	Luke Mertes	ILVY	14.57	3/17/2013
Hannah Shimada	LEAN	1:16.77	3/16/2013	100 IM	Luke Mertes	ILVY	1:15.18	3/17/2013
Holder, Power, Zimmerman, Pickard	HEAT	1:00.07	1991	100 Free Relay	Kuna, Mitchell, Kotsoulis, Schwartz	NAPY	58.13	1986
Souppa, Woytowych, Vucovich, Liiveris	NAPY	1:06.82	1991	100 Medley Relay	Demm, McAndrew, Dick, Ollinger	NAPY	1:06.12	1979
GIRLS				10 & Under	BOYS			
Swimmer	Team	Time	Date	Event	Swimmer	Team	Time	Date
Kate Morris	BRRY	26.26	3/22/2014	50 Free	Daniel Hein	DCST	26.48	2009
K. Streder	IRVP	57.57	1985	100 Free	Matthew Daniel	TCAY	58.75	3/20/2011
Kate Morris	BRRY	2:09.42	3/22/2014	200 Free	Jake Regenwetter	HEAT	2:07.96	3/21/2015
Athena Ye	DCST	29.85	3/18/2012	50 Back	Evan Stegall	MCDN	29.86	2014
Annika Wagner	LEAN	33.77	3/16/2013	50 Breast	Mitchell Huston	JCAY	33.76	3/20/2011
Athena Ye	DCST	28.13	3/18/2012	50 Fly	Daniel Hein	DCST	28.47	2009
Athena Ye	DCST	1:06.23	3/18/2012	100 IM	Gage Helfrech	DCST	1:06.73	3/16/2019
Hannah R Shimada	LEAN	2:24.55	3/22/2015	200 IM	Jake Regenwetter	HEAT	2:22.61	3/22/2015
Johnson, Wright, Faith, Keller	HEAT	1:54.18	1992	200 Free Relay	Sisto, Busse, Sheehan, Capen	NAPY	1:52.20	1990
Kalfer, Johnson, Holder, Wright	HEAT	2:07.69	1992	200 Medley Relay	Kowell, Grauer, Sollner, Rubocki	JETS	2:08.60	1981
GIRLS				12 & Under	BOYS			
Swimmer	Team	Time	Date	Event	Swimmer	Team	Time	Date
Kate L Morris	BRRY	23.87	3/20/2016	50 Free	Patrick Fleming	NAPY	22.90	1998
Kate L Morris	BRRY	51.57	3/19/2016	100 Free	Brandon Johnson	SOUTH	50.61	1993
Annika G Wagner	LEAN	1:55.61	3/22/2015	200 Free	Matthew Knox	SPY	1:51.04	3/22/2014
Ella Maxfield	HEAT	5:19.39	3/15/2019	500 Free	Camden Taylor	BVDY	5:12.62	3/9/2018
Athena Ye	DCST	26.48	3/23/2014	50 Back	Evan Stegall	MCDN	26.47	3/19/2016
Athena Ye	DCST	1:00.01	3/22/2014	100 Back	Ben Huynh	LEAN	57.74	3/22/2014
Noelle Peplowski	DOCS	30.10	3/16/2013	50 Breast	Adam D Milling	SPY	29.25	3/22/2015
Annika G Wagner	LEAN	1:06.04	3/21/2015	100 Breast	Adam D Milling	SPY	1:03.26	3/21/2015
Kate L Morris	BRRY	25.62	3/19/2016	50 Fly	Nolan Fergus	DCST	24.86	3/23/2014
Kate L Morris	BRRY	58.06	3/20/2016	100 Fly	Nolan Fergus	DCST	54.65	3/22/2014
Annika G Wagner	LEAN	2:09.91	3/21/2015	200 IM	Adam D Milling	SPY	2:06.50	3/21/2015
Blair, Viele, Gawedzinski, Antonacci	SPY	1:43.80	3/20/2016	200 Free Relay	Minin, Johnson, Zhang, Wierschem	HEAT	1:39.80	3/22/2015
Niermann, Holm, Kuhl, Hood	CRCY	1:54.08	2009	200 Medley Relay	Ruetten, Ruetten, Fergus, Dean	DCST	1:49.64	3/22/2014
GIRLS				14 & Under	BOYS			
Swimmer	Team	Time	Date	Event	Swimmer	Team	Time	Date
Kate Morris	BRRY	23.56	3/19/2017	50 Free	Matthew J Know	SPY	21.75	3/20/2016
Kate Morris	BRRY	51.26	3/11/2018	100 Free	Matthew J Knox	SPY	46.97	3/19/2016
Kate Morris	BRRY	1:50.58	3/10/2018	200 Free	Paul Payette	NAPY	1:43.96	1979
Jamie Engan	BNY	5:02.39	2003	500 Free	Matthew J Knox	SPY	4:39.91	3/20/2016
Athena Ye	DCST	55.48	3/20/2016	100 Back	Michael Patton	SPY	51.84	3/20/2016
Angela Coe	HEAT	1:03.91	3/16/2019	100 Breast	Daniel Le	HLYS	58.12	2010
Kate May	EDWY	56.07	3/16/2013	100 Fly	Daniel Hein	DCST	50.15	3/17/2013
Angela Coe	HEAT	2:04.96	3/17/2019	200 IM	Daniel Hein	DCST	1:55.50	3/17/2013
Gasperko, Andres, White, Morris	BRRY	1:38.43	3/11/2018	200 Free Relay	M Knox, J Kneller, S Holm, M Patton	SPY	1:29.69	3/22/2015
Maurer, Coe, Oelze, MA	HEAT	1:48.91	3/16/2019	200 Medley Relay	Patton, Milling, Knox, True	SPY	1:39.76	3/19/2016
GIRLS				21 & Under	BOYS			
Swimmer	Team	Time	Date	Event	Swimmer	Team	Time	Date
Nhia M Caras	SAGE	23.33	3/16/2019	50 Free	Ryan Held	SPY	20.44	3/22/2014
Kaitlynn Wheeler	SPY	50,88	3/11/2018	100 Free	Matthew Knox	SPY	45.77	3/17/2019
Kaitlynn Wheeler	SPY	1:49.67	3/10/2018	200 Free	Matthew Knox	SPY	1:40.38	3/16/2019
Kaitlynn Wheeler	SPY	4:53.10	3/11/2018	500 Free	Mike Alexandrov	HEAT	4:33.55	2003
Kaitlynn Wheeler	SPY	16:45.53	3/9/2018	1650 Free	Nick Andres	BRRY	15:45.39	3/15/2019
Reed Broaders	HEAT	55.49	3/17/2019	100 Back	Daniel W Hein	DCST	49.01	3/20/2016
Meghan Lavelle	LEAN	2:01.09	3/23/2014	200 Back	Daniel W Hein	DCST	1:49.97	3/19/2016
Megan Van Berkom	SPY	1:03.64	3/16/2019	100 Breast	Ryan Held	SPY	55.91	3/22/2014
Megan Van Berkom	SPY	2:18.49	3/15/2019	200 Breast	Adam D Milling	SPY	2:08.32	3/15/2019
Lori Lynn	EDWY	55.28	3/18/2012	100 Fly	Daniel W Hein	DCST	49.77	3/19/2016
Kaitlynn Wheeler	SPY	2:03.60	3/20/2016	200 Fly	Gage W Hamill	SPY	1:51.59	3/19/2017
Sydney N Radloff	SPY	2:03.30	3/11/2018	200 IM	Daniel W Hein	DCST	1:52.75	3/20/2016
Kaitlynn Wheeler	SPY	4:23.28	3/18/2017	400 IM	Gage W Hamill	SPY	4:03.62	3/18/2017
Monroe, Kuhl, Deist, Lynn	EDWY	1:34.69	3/18/2012	200 Free Relay	Milling, Knox, Kindel, Turk	SPY	1:25.90	3/17/2019
Preski, Wheeler, Haschemeyer, Blair	SPY	3:29.11	3/10/2018	400 Free Relay	Turk, Knox, Kindel, Moulton	SPY	3:09.58	3/16/2019
Denenberg, Murphy, Morris, Schwieters	BRRY	1:45.54	3/16/2019	200 Medley Relay	J Patton, B Wilke, A Stephens, R Held	SPY	1:34.81	3/22/2014
Wheeler, Van Berkom, Viele, Preski	SPY	3:50.86	3/17/2019	400 Medley Relay	Fischer, Doromal, Andres, Vergara	BRRY	3:30.22	3/17/2019

Illinois YMCA State Swimming Long Course Championship Records

Illinois YMCA State Swimming Long Course Championship Records								
GIRLS				8 & Under	BOYS			
Swimmer	Team	Time	Year	Event	Swimmer	Team	Time	Year
Lia Roggi	LATT	36.22	7/21/2018	50 Free	Maks Kovalkov	BRRY	34.58	7/20/2019
Olivia K Musick	SPY	1:20.53	7/23/2017	100 Free	Maks Kovalkov	BRRY	1:20.61	7/21/2019
Alicia Czosnyka	PALA	2:54.17	7/22/2017	200 Free	Chase Juiris	LATT	2:54.21	7/20/2019
Alicia Czosnyka	PALA	43.89	7/22/2017	50 Back	Maks Kovalkov	BRRY	41.15	7/21/2019
Nina Gatchell	MYST	48.89	7/21/2018	50 Breast	Maks Kovalkov	BRRY	49.07	7/20/2019
Alexa M Barajas	JETS	40.65	7/23/2017	50 FLy	Aidan M Ward	JETS	40.23	7/23/2017
Alicia Czosnyka	PALA	3:16.92	7/23/2017	200 IM	Chase Juiris	LATT	3:16.99	7/21/2019
GIRLS				10 & Under	BOYS			
Swimmer	Team	Time	Date	Event	Swimmer	Team	Time	Date
Kelly Tran	TOPS	31.93	7/21/2018	50 Free	Ignas Venslauskas	SAGE	31.39	7/20/2019
Kelly Tran	TOPS	1:10.72	7/22/2018	100 Free	Ignas Venslauskas	SAGE	1:07.74	7/21/2019
Jessica Li	TOPS	2:34.32	7/22/2017	200 Free	Ignas Venslauskas	SAGE	2:27.66	7/20/2019
Kelly Tran	TOPS	36.67	7/22/2018	50 Back	Gage Helfrich	DCST	35.71	7/21/2019
Kylie Sullens	SPY	41.68	7/20/2019	50 Breast	Gage Helfrich	DCST	38.22	7/20/2019
Sarah Juiris	LATT	35.10	7/22/2018	50 Fly	Gage Helfrich	DCST	33.41	7/21/2019
Kylie Sullens	SPY	2:51.72	7/21/2019	200 IM	Gage Helfrich	DCST	2:43..94	7/21/2019
Nietzel, Nofiz, Gomez, Uhl	SAGE	7/23/17	7/24/2016	200 Free Relay	Rupniewski, Venslauskas, Nietzel, Rupniewski	SAGE	2:19.70	7/23/2017
B Gonzalez, P Piriyakulvej, S Szymanski, I Palmerio	LEAN	2:35.22	7/23/2016	200 Medley Relay	Rupniewski, Venslauskas, Rupniewski, Nietzel	SAGE	2:37.08	7/22/2017
GIRLS				12 & Under	BOYS			
Swimmer	Team	Time	Date	Event	Swimmer	Team	Time	Date
Suzana Sharaxhija	LEAN	29.17	7/19/2015	50 Free	Anders Bergren	HEAT	28.24	7/20/2019
Atzi Gomez	SAGE	1:02.30	7/23/2016	100 Free	Luke M Mertes	JETS	1:02.42	7/23/2016
Atzi Gomez	SAGE	2:14.84	7/24/2016	200 Free	Camdden J Taylor	RAYS	2:20.41	7/24/2016
Hannah Johnson	ELY	4:48.46	7/19/2019	400 Free	Connor Colloton	SPY	4:59.78	7/19/2019
Suzana Sharaxhija	LEAN	33.34	7/18/2015	50 Back	Andrew Lin	HEAT	32.14	7/18/2015
Maeve E Kelley	SPY	1:12.90	7/23/2017	100 Back	Tyler Oatman	HEAT	1:12.07	7/20/2019
Suzana Sharaxhija	LEAN	37.74	7/19/2015	50 Breast	Mason Gaylord	SAGE	36.51	7/20/2019
Suzana Sharaxhija	LEAN	1:25.10	7/18/2015	100 Breast	Mason Gaylord	SAGE	1:20.86	7/19/2019
Atzi Gomez	SAGE	31.11	7/23/2016	50 Fly	Danny Sanahurskyj	SAGE	31.47	7/22/2017
Atzi Gomez	SAGE	1:09.00	7/24/2016	100 Fly	Anders Bergren	HEAT	1:11.99	7/21/2019
Atzi Gomez	SAGE	2:31.53	7/23/2016	200 IM	Andrew Lin	HEAT	2:35.13	7/18/2015
A Sewell. A Fernandez, E Noftz, A Uhl	SAGE	2:01.38	7/21/2019	200 Free Relay	T Oatman, L Fahnestock, R Gao, A Bergren	HEAT	1:57.16	7/21/2019
A Stauder, M Cheng, S Juiris, A Rimas	LATT	2:15.73	7/20/2019	200 Medley Relay	L Fahnestock, H Rauther, R Gao, A Bergren	HEAT	2:21.57	7/20/2019
GIRLS				14 & Under	BOYS			
Swimmer	Team	Time	Date	Event	Swimmer	Team	Time	Date
Nhia M Caras	DCST	27.57	7/24/2016	50 Free	Alex K Shilts	HEAT	26.04	7/19/2015
					Quinton T Cynor	SAGE	26.04	7/23/2019
Nhia M Caras	DCST	1:00.13	7/22/2017	100 Free	Quinton T Cynor	SAGE	55.85	7/22/2017
Annika G Wagner	LEAN	2:12.59	7/18/2015	200 Free	Quinton T Cynor	SAGE	2:02.39	7/22/2017
Annika G Wagner	LEAN	4:42.39	7/19/2015	400 Free	Danny Sanahurskyj	SAGE	4:24.45	7/19/2019
Nhia M Caras	DCST	1:09.13	7/23/2017	100 Back	Ben H Huynh	LEAN	1:04.28	7/19/2015
Olivia Dannhaus	SAGE	1:16.66	7/20/2019	100 Breast	Jake Regenwetter	HEAT	1:08.77	7/20/2019
Atzi Gomez	SAGE	1:06.96	7/22/2017	100 Fly	Jake Regenwetter	HEAT	1:00.47	7/20/2019
Annika G Wagner	LEAN	2:26.73	7/19/2015	200 IM	Jake Regenwetter	HEAT	2:11.98	7/21/2019
M Resch, M Strong, M Uhl, A Watson	SAGE	1:57.21	7/21/2019	200 Free Relay	Castro, Herrera, Cebula, Cynor	SAGE	1:47.27	7/23/2017
M Uhl, O Dannhaus, A Watson, M Resch	SAGE	2:09.25	7/20/2019	200 Medley Relay	Cynor, Cebula, Castro, Herrera	SAGE	1:59.70	7/22/2017
GIRLS				21 & Under	BOYS			
Swimmer	Team	Time	Date	Event	Swimmer	Team	Time	Date
Nhia M Caras	SAGE	26.39	7/20/2019	50 Free	Matthew Knox	SPY	24.49	7/20/2019
Nhia M Caras	SAGE	59.09	7/21/2019	100 Free	Matthew Knox	SPY	52.94	7/21/2019
Kaitlynn Wheeler	SPY	2:06.23	7/23/2016	200 Free	Matthew Knox	SPY	1:55.74	7/20/2019
Kaitlynn Wheeler	SPY	4:29.72	7/24/2016	400 Free	Matthew Knox	SPY	4:09.09	7/21/2019
Josie L Preski	SPY	9:27.32	7/23/2016	800 Free	Danny P McGowan	LEAN	8:59.75	7/18/2015
Kaitlynn Wheeler	SPY	17:35.06	7/20/2018	1500 Free	Nick Andres	BRRY	15:58.71	7/20/2018
Reed Broaders	HEAT	1:04.24	7/21/2019	100 Back	Max S St George	BRRY	57.16	7/19/2015
Kaitlynn Wheeler	SPY	2:20.70	7/23/2016	200 Back	Matthew Knox	SPY	2:09.27	7/20/2019
Megan Van Berkom	SPY	1:14.67	2/20/2019	100 Breast	Adam Milling	SPY	1:07.27	7/20/2019
Megan Van Berkom	SPY	2:42.54	7/19/2019	200 Breast	Jake Regenwetter	HEAT	2:29.58	7/19/2019
Athena Ye	DCST	1:03.66	7/23/2016	100 Fly	Nathan Braum	DCST	57.58	7/20/2019
Kendra Preski	SPY	2:22.33	7/21/2019	200 Fly	Quinton T Cynor	SAGE	2:11.79	7/21/2019
Megan Van Berkom	SPY	2:22.95	7/21/2019	200 IM	Matthew Knox	SPY	2:09.94	7/21/2019
Kaitlynn Wheeler	SPY	5:00.49	7/23/2016	400 IM	Adam Milling	SPY	4:45.01	7/20/2019
Wheeler, Tierney, Blair, Wheeler	SPY	1:51.66	7/24/2016	200 Free Relay	M Knox, A Milling, M Kindel, G Turk	SPY	1:37.95	7/21/2019
Rosenthal, Denenberg, Morris, Schwieters	BRRY	4:02.92	7/22/2017	400 Free Relay	M Kindel, M Knox, G Turk, W Turk	SPY	3:40.56	7/20/2019
C Wolf, J Gindorf, A Gomez, N Caras	SAGE	2:05.91	7/20/2019	200 Medley Relay	St George, Mielke, Sivak, Clark	BRRY	1:50.66	7/18/2015
J Preski, M Van Berkom, K Preski, M Haschemeyer	SPY	4:35.96	7/22/2018	400 Medley Relay	J Morton, A Milling, M Knox, G Turk	SPY	4:05.43	7/21/2019

BYLAWS OF THE ILLINOIS YMCA SWIMMING

Article I. NAME

Section 1.01 The name of this body shall be the Illinois YMCA Swimming.

Article II. JURISDICTION

Section 2.01 The Illinois YMCA Swimming is governed by the Illinois YMCA Swim Committee ("State Committee). To the extent that these Illinois YMCA Swimming Bylaws conflict with the "Fair Play – The Rules that Govern YMCA Competitive Sports" (published by YMCA of the USA), "SWIMMING ADDENDUM TO THE RULES THAT GOVERN YMCA COMPETITIVE SPORTS" (published by the National YMCA Swimming Advisory Committee), the latter shall prevail.

Article III. ILLINOIS YMCA SWIMMING MEMBERSHIP

Section 3.01 Each YMCA which

(a) Is recognized by the YMCA of the U.S.A. Competitive Swimming and Diving Advisory Committee as a member in good standing is eligible to participate in Illinois YMCA Swimming competitive swimming and to be represented on the Committee of the District to which such YMCA is assigned from time to time by the State Committee. Each eligible YMCA shall have one vote on its District Committee. (Cumulative voting shall not be permitted.) The Executive Director of each eligible YMCA has the authority to designate in writing the person authorized to vote for such YMCA on District Committee matters.

(i) A newly extant swim team in the state of IL will automatically be accepted into IL YMCA swimming upon meeting the above.

(ii) A team affiliated with another league or entity may request inclusion upon approval in writing by the Executive Director and approval in writing from their current league. The IL State committee will then vote to accept or not accept their request.

1) Requests for the current swim season must be received to the State Chair by August 15th.

Article IV. Illinois YMCA Swimming GOVERNANCE

Section 4.01 The State Committee shall be responsible for the governance of all Illinois YMCA Swimming competitive swimming matters, including:

(a) Developing YMCA competitive swimming in the State of Illinois,

(b) Training YMCA swim officials in the Illinois YMCA Swimming,

(c) Supervising YMCA swimmer eligibility and discipline in the Illinois YMCA Swimming,

(d) Updating, printing and distributing the Rules Governing Illinois YMCA Swimming Competition ("Rules"),

(e) Enforcing the National YMCA "Fair Play – The Rules that Govern YMCA Competitive Sports" and the Rules in all swimming competition within Illinois YMCA Swimming involving Illinois YMCA Swimming teams in dual YMCA, invitational YMCA, as well as District and Illinois YMCA State Swimming Championship meets,

(f) Setting criteria for conduct of the annual Illinois YMCA State Swimming Championship, approving the appointment of the Championship Meet Committee, supplying deck officials for such Meet, maintaining records of Illinois YMCA State Swimming Championship competition, and

(g) In fulfilling such responsibilities, the State Committee shall organize the Illinois YMCA Swimming into an appropriate number of Districts, assign each eligible YMCA in the Illinois YMCA Swimming to a District and, where appropriate, delegate to the District Committees of such Districts any of the foregoing responsibilities. The District Committees shall, in turn, consist of one voting representative from each eligible YMCA in such District. Such Committees shall in each case elect a Chairperson, organize itself, and establish District Bylaws, the provisions of which shall not be in conflict with these Illinois YMCA Swimming Bylaws.

Article V. COMPOSITION OF ILLINOIS YMCA SWIM COMMITTEE

Section 5.01 The Illinois YMCA Swim Committee shall consist of:

(a) Four voting representatives from each District in Illinois YMCA Swimming, in each case elected to be a member of the State Committee by the District Committee for the District being represented. Such representatives need not be members of the District Committee for the District, which they represent. Each district representative to the State Committee must be either a layperson qualified as a YMCA official or a YMCA employed coach. No more than three of such four representatives may be YMCA employed coaches or YMCA Officials. In each case a lay representative must be either a current member of a YMCA located in such District or endorsed for such representative role by the Executive Director of a YMCA located in such District;

(b) The Illinois YMCA Swimming Chairperson, who shall vote only when the voting members of the State Committee present at a duly constituted meeting of the State Committee with a quorum present are deadlocked on a matter; and

(c) The immediate past Illinois YMCA Swimming Chairperson to be referred to as Chair Emeritus and prior past Illinois YMCA Swimming Chairpersons to be referred to as Chair Emeriti.

(i) The Chair Emeritus shall have a vote on the State Committee.

(ii) The Chair Emeriti shall have a voice but no vote.

(iii) Provided the Chair Emeritus leaves the State Committee, the vote will be vacated.

(iv) The Chair Emeritus cannot represent more than one vote.

(d) The officials chair is a voting member of the State Committee.

(e) Each District Committee shall determine the length of office and any maximum tenure for its representatives to the State Committee.

(f) In the case of a vacancy for a voting representative from a District to the State Committee, such vacancy shall be filled by the vote of the respective District Committee If possible, all vacancies should be filled at least two weeks prior to the next State Committee meeting, and the Illinois YMCA Swimming Chairperson notified immediately of such replacement.

(g) Two athlete reps on the committee- one male and one female at least the age of 14 and have a vote on the committee.

(i) They will be voted on by their peers at the state championship meet and shall serve a term of one year. Each district will nominate one male and one female athlete.

1) The male and female athlete who has a plurality of the votes shall be elected.

2) In case of a tie vote a coin flip will determine the winner. The athlete; whose last name is first alphabetically shall have the choice of heads or tails.

(ii) In case if a vacancy during term, the state chairman may select a replacement athlete representative to complete the reminder of the term.

Article VI. ILLINOIS YMCA SWIM COMMITTEE MEETINGS

Section 6.01 The State Committee shall meet at least two times a year. Unless otherwise determined by the State Committee, such meetings shall be held on the first Sundays of May and October. The State Committee may hold such other meetings as it determines from time to time. Notice of the date and time of any meeting of the State Committee meeting shall be mailed to all State Committee representatives at least 30 days in advance of such meeting. (Such notice may be provided in the form of minutes of the preceding meeting which include the next meeting date.) The State Committee may meet and conduct business by teleconference provided all voting members consent to such procedure. Any such consent shall also constitute a waiver of the 30-day notice requirement.

Section 6.02 The State Committee may also act without a meeting if consent in writing, setting forth the action taken, is signed by all the State Committee members entitled to vote.

Article VII. ILLINOIS YMCA SWIM COMMITTEE PROCEDURES

Section 7.01 State Committee meetings shall be chaired by the Illinois YMCA Swimming Chairperson. If such person is not present, the Illinois YMCA Swimming Secretary shall preside. A majority of the State Committee's voting representatives shall constitute a quorum for the purpose of conducting any and all Illinois YMCA Swimming business, provided that if less than a majority of the State Committee voting representatives are present at said meeting, a majority of the voting representatives present may adjourn the meeting to any other time without further notice.

Section 7.02 Once a quorum is present, a majority vote of the State Committee's voting representatives present shall be necessary to take action on behalf of Illinois YMCA Swimming with respect to all matters, except Bylaw and Rules changes and removal of an Illinois YMCA Swimming officer. In the case of changes to these Bylaws or the Rules changes or removal of an Illinois YMCA Swimming officer, an affirmative vote of two-thirds of those voting members present shall be required.

Section 7.03 Each voting representative present shall have one vote. Voting shall be by secret ballot if requested by any voting representative. Cumulative voting shall not be permitted No voting by proxy or absentee ballot shall be permitted.

Article VIII. COMMITTEE MEETING AGENDAS

Section 8.01 The Spring meeting agenda shall, at a minimum, include:

(a) Approval of prior meeting's minutes,

(b) An Illinois YMCA Swimming financial report,

(c) An operating and financial review of the Illinois YMCA State Swimming Championship meet held that year,

(d) Setting of the event format for the next Illinois YMCA State Swimming Championship meet,

(e) Setting of qualifying times for the next Illinois YMCA State Swimming Championship meet,

(f) Election (in appropriate years) of the officers of the Illinois YMCA Swimming,

(g) Updating of records of Illinois YMCA State Swimming Championship competition, and

(h) Discussion of (and when appropriate action on) any proposed changes to these Bylaws or the Rules Governing Illinois YMCA Swimming Competition.

(i) Determination of entry fees for the Illinois YMCA State Swimming Championship meets to be held in the following year.

(j) Review the planning of the Illinois YMCA State Swimming Long Course Championship,

Section 8.02 The Fall meeting agenda shall, at a minimum, include:

(a) Approval of prior meeting's minutes,

(b) An Illinois YMCA Swimming financial report,

(c) Review the planning of the Illinois YMCA State Swimming Championship,

(d) Selection of dates for the next three Illinois YMCA State Swimming Championship meets.

(e) Review of qualifications for and conduct of officials at the Illinois YMCA State Swimming Championship,

(f) Review of standards and procedures for credentialing YMCA coaches in Illinois YMCA Swimming,

(g) Review of safety procedures for Illinois YMCA Swimming competition,

(h) Discussion of (and when appropriate action on) any proposed changes to these Bylaws or the Rules, and

(i) Discussion of changes in USA SWIMMING Men's' and Women's' Swimming Rules.

(j) An operating and financial review of the Illinois YMCA Swimming Long Course Championship meet held that year,

Article IX. OFFICERS

Section 9.01 The officers of the Illinois YMCA Swimming shall be a Chairperson, a Treasurer and a Secretary. The officers of Illinois YMCA Swimming shall be elected by the voting members of the State Committee from among the members of the State Committee. Upon the Chairperson's election, the Chairperson shall resign as a representative of his or her District Committee to the State Committee.

(a) The Treasurer position does not need to be a member of the State Committee

(i) The Treasure will be a YMCA employee.

(b) In election years the state committee nominates all officer positions excluding the officials chair prior to voting on any position and votes in the order of Chairman, Secretary and Treasurer, removing any elected individual from nominees.

Section 9.02 Vacancies may be filled at any meeting of the State Committee. Each officer shall hold office until his or her successor shall have been duly elected and shall have qualified, or until his or her death, or until he or she shall resign, or shall have been removed. Any officer elected by the State Committee may be removed by a two-thirds vote of the State Committee whenever in its judgment the best interest of Illinois YMCA competitive swimming would be served thereby.

Section 9.03 The Chairperson shall be the principal executive officer of Illinois YMCA Swimming. Subject to the direction and control of the State Committee, the Chairperson shall in general supervise and control all of the business and affairs of the Illinois YMCA Swimming. Except as otherwise provided herein, he or she shall preside at all meetings of the State Committee. The Chairperson shall also represent the Illinois YMCA Swimming in all matters with the YMCA of the U.S.A. Competitive Swimming and Diving Advisory Committee and the IAN (or its Designate).

Section 9.04 The Treasurer shall be the principal accounting and financial officer of the Illinois YMCA Swimming. He or she shall

(a) have charge of and be responsible for the maintenance of adequate books of account for the Illinois YMCA Swimming;

(b) have charge and custody of all funds for the Illinois YMCA Swimming, and be responsible therefore, and for the receipt and disbursement thereof;

(c) perform all the duties incident to the office of treasurer and such other duties as from time to time may be assigned to him or her by the Chairperson of Illinois YMCA Swimming.

(d) The treasurer shall prepare and present a detailed budget for the following year at the Fall Committee Meeting for approval.

(i) The budget will have all expected revenue and expenses for the year including detailed budgets for both championship meets.

(e) The treasurer shall prepare and present a detailed year to date budget analysis at the Spring Committee meeting and a final budget analysis at the Fall Committee meeting.

(i) . The budget analysis will compare all revenue and expenses for the year to date including detailed budgets for both championship meets

(f) The treasurer shall have a voice but no vote.

Section 9.05 The Secretary shall

(a) record and timely distribute to State Committee members the minutes of the meetings of the Illinois YMCA Swim Committee;

(b) see that all notices are duly given in accordance with the provisions of these Bylaws;

(c) timely distribute to State Committee members copies of any changes to these Bylaws or the Rules;

(d) be a custodian of the Illinois YMCA Swimming records;

(e) keep a register of the e-mail address as the primary contact and post office address as secondary contact of each member of the State Committee which shall be furnished to the secretary by such member;

(f) perform all duties incident to the office of Secretary and such other duties as from time to time may be assigned to him or her by the Chairperson of Illinois YMCA Swimming.

Section 9.06 The Officials Chair is elected by the officials in the state. The Chair shall be a YMCA Level 2 official. He or She shall

(a) Compile a list of all officials in the state and communicate to the webmaster

(b) Communicate rules changes to all officials, and the State Committee as needed.

(c) Submit names to the Treasurer for nametags that will be provided to state officials

(d) Select the Meet Ref for the State Championships

(e) Assign key official positions for State Championship

(f) Compile list of officials available to work the State Championship to be provide to the Meet Ref

(g) Communicate and coordinate trainings

Section 9.07 The officers of the Illinois YMCA Swimming shall, in each case, be elected for a term of two years, for a period not to exceed two consecutive two-year terms

(a) The treasurer shall have no term limit.

Section 9.08 The Officials Chair election shall be conducted after the Illinois YMCA Swimming State Championship but before the Illinois YMCA Swimming Long Course Championship in even numbered years. The State Chair shall appoint the person who will conduct the election.

(a) Any currently certified Illinois YMCA Swimming official may nominate a candidate for the State Officials Chair.

(b) **To be elected the candidate must receive a majority of the votes cast.**

(i) **If no candidate after the votes are counted has a majority then those candidates with the highest two vote totals will have a run-off election.**

(ii) **If after the run-off election of no more than two candidates receives a majority of the votes cast a coin flip will determine the winner. The official whose last name is first alphabetically shall have the choice of heads or tails.**

Article X. COMMITTEES

Section 10.01 The Chairperson shall establish from time to time such subcommittees of the Illinois YMCA Swim Committee as may be necessary to carry out the responsibilities of the Illinois YMCA Swim Committee. The members of any such subcommittee may include both Illinois YMCA Swim Committee members and other persons The Chairperson of any subcommittee must be approved by a simple majority of the State Committee present at a duly constituted meeting of the State Committee with a quorum present. Such subcommittees may make recommendations to the Illinois YMCA Swim Committee, but they may not act for the Illinois YMCA Swim Committee.

Section 10.02 An Official's Committee will be formed with a representative form each district.

(a) **The representative form each district will be appointed by the District Chair.**

(b) **The Official's Chair will schedule quarterly meetings with the committee with the expectation that the following are coordinated:**

(i) **Meet Referee**

(ii) **Administrative Referee**

(iii) **Lead Deck Referee**

(iv) **Lead Chief Judge**

(c) **Conference calls one month prior to the state meet with the key officials participating with the official's committee.**

(i) **Protocol will be reviewed**

(ii) **Past problem points and resolution will be reviewed**

(iii) **Minutes will be taken and shared with the state committee.**

(d) **Conference call within a week after the state meet. Agneda will be:**

(i) **Review of what went well.**

(ii) Review of what did not go well and identification of solutions, as appropriate.

(iii) Minutes will be taken and shared with the state committee.

Article XI. BYLAW AMENDMENTS

Section 11.01 Proposed amendments to these Bylaws may be presented in writing at any meeting of the State Committee at which a quorum is present. The proposed amendment shall be read, discussed and then tabled for any further action until the next meeting of the State Committee at which a quorum is present. At such following meeting the proposed amendment shall be subject to further discussion and a vote. To be effective, a proposed amendment such receive approval of two-thirds of the voting members present at such second meeting of the State Committee.

Article XII. AMENDMENTS