



# ILLINOIS YMCA SWIMMING LONG COURSE RECORDS

Illinois YMCA State Swimming Long Course Records									
GIRLS					BOYS				
Swimmer	Team	Time	Year	Event	Swimmer	Team	Time	Year	
Sophia Szymanski	LEAN	36.08	6/5/2015	50 Free	Maks Kovalkov	BRRY	34.58	7/20/2019	
Olivia Musick	SPY	1:20.53	7/22/2017	100 Free	Maks Kovalkov	BRRY	1:20.37	5/18/2019	
Alicia Czosnyka	PALA	2:54.17	7/22/2017	200 Free	Chase Juris	LATT	2:54.21	7/20/2019	
Sophia Szymanski	LEAN	41.50	6/20/2015	50 Back	Maks Kovalkov	BRRY	41.15	7/21/2019	
Nina Gatchell	MYST	48.89	7/20/2018	50 Breast	Maks Kovalkov	BRRY	49.07	7/20/2019	
Alexa Barajas	JETS	39.90	7/27/2017	50 Fly	Tyler Frazier	QFY	40.12	7/23/2015	
Alicia Czosnyka	PALA	3:16.92	7/22/2017	200 IM	Chase Juris	LATT	3:16.99	7/21/2019	
GIRLS					BOYS				
Swimmer	Team	Time	Date	Event	Swimmer	Team	Time	Date	
Katherine Morris	BRRY	30.28	5/30/2014	50 Free	Andrew Lin	HEAT	30.82	6/20/2014	
Sophia Szymanski	LEAN	1:08.13	6/16/2017	100 Free	Ignas Venslauskas	SAGE	1:06.69	7/25/2019	
Sophia Szymanski	LEAN	2:30.26	6/9/2017	200 Free	Joshua Fujimoto	BNY	2:23.44	7/23/2015	
Canence Fort	BNY	5:02.22	7/23/2015	400 Free	Joshua Fujimoto	BNY	4:55.11	7/23/2015	
Sophia Szymanski	LEAN	34.94	5/26/2017	50 Back	Andrew Lin	HEAT	33.42	7/24/2014	
Sophia Szymanski	LEAN	1:16.55	5/26/2017	100 Back	Andrew Lin	HEAT	1:12.27	7/24/2014	
Kylie Sullens	SPY	41.68	7/19/2019	50 Breast	Gage Helfrich	DCST	38.22	7/20/2019	
Kylie Sullens	SPY	1:30.92	7/25/2019	100 Breast	Gage Helfrich	DCST	1:24.54	7/25/2019	
Sophia Szymanski	LEAN	33.22	6/9/2017	50 Fly	Andrew Lin	HEAT	32.59	7/24/2014	
Sophia Szymanski	LEAN	1:16.06	6/16/2017	100 Fly	Gage Helfrich	DCST	1:12.25	7/25/2019	
Sophia Szymanski	LEAN	2:45.73	6/9/2017	200 IM	Andrew Lin	HEAT	2:41.31	7/24/2014	
Piriyakulvej, Palmerio, Tran, Szymanski	LEAN	2:19.13	7/28/2016	200 Free Relay	Venslauskas, O. Rupniewski, Nietzel, S. Rupniewski	SAGE	2:19.50	7/27/2017	
B Gonzalez, P Piriyakulvej, S Szymanski, I Palmerio	LEAN	2:35.22	7/23/2016	200 Medley Relay	Rupniewski, Venslauskas, Rupniewski, Nietzel	SAGE	2:37.08	7/22/2017	
GIRLS					BOYS				
Swimmer	Team	Time	Date	Event	Swimmer	Team	Time	Date	
Katherine Morris	BRRY	27.49	7/23/2015	50 Free	Caleb Babb	JAXY	27.78	6/20/2014	
Katherine Morris	BRRY	59.79	7/23/2015	100 Free	Ben Castro	SAGE	1:00.32	7/8/2016	
Katherine Morris	BRRY	2:12.38	7/23/2015	200 Free	Quinton T Cynor	DCST	2:09.00	7/23/2015	
Eliot Kennedy	BNY	4:34.63	7/23/2015	400 Free	Quinton T Cynor	DCST	4:30.08	7/23/2015	
Suzana Sharakhija	LEAN	32.70	7/23/2015	50 Back	Andrew Lin	HEAT	29.37	7/28/2016	
Suzana Sharakhija	LEAN	1:11.18	7/23/2015	100 Back	Andrew Lin	HEAT	1:03.78	7/28/2016	
Julia Heimstead	BNY	2:30.68	7/23/2015	200 Back	Andrew Lin	HEAT	2:20.47	7/28/2016	
Yeira Vazquez	BRRY	36.26	1/12/2019	50 Breast	Caleb Babb	JAXY	34.29	6/20/2014	
Yeira Vazquez	BRRY	1:18.55	1/12/2019	100 Breast	Thomas Reedy	BNY	1:16.55	7/24/2014	
Kathryn Clausen	BNY	2:51.38	7/24/2014	200 Breast	Thomas Reedy	BNY	2:40.05	7/24/2014	
Katherine Morris	BRRY	29.46	5/27/2016	50 Fly	Andrew Lin	HEAT	28.20	7/28/2016	
Julia Heimstead	BNY	1:06.36	7/23/2015	100 Fly	Andrew Lin	HEAT	1:01.93	7/28/2016	
Julia Heimstead	BNY	2:24.34	7/23/2015	200 Fly	Andrew Lin	HEAT	2:23.98	7/28/2016	
Julia Heimstead	BNY	2:31.14	7/23/2015	200 IM	Andrew Lin	HEAT	2:22.19	7/28/2016	
Annika G Wagner	LEAN	5:26.38	7/28/2014	400 IM	Andrew Lin	HEAT	5:18.36	7/28/2016	
A Sewell, A Fernandez, E Noftz, A Uhl	SAGE	2:01.38	7/21/2019	200 Free Relay	T Oatman, L Fahnestock, R Gao, A Bergren	HEAT	1:57.16	7/21/2019	
A Stauder, M Cheng, S Juris, A Rimas	LATT	2:15.73	7/20/2019	200 Medley Relay	L Fahnestock, H Rauther, R Gao, A Bergren	HEAT	2:21.57	7/20/2019	
GIRLS					BOYS				
Swimmer	Team	Time	Date	Event	Swimmer	Team	Time	Date	
Sally Ma	HEAT	26.52	7/25/2019	50 Free	Andrew Lin	HEAT	24.95	7/26/2018	
Melissa Pish	BNY	57.01	7/24/2014	100 Free	Quinton T Cynor	SAGE	55.85	7/22/2017	
Grace Ariola	BNY	2:06.18	7/24/2014	200 Free	Yezan Alsader	BNY	1:58.73	7/23/2015	
Angela Coe	HEAT	4:20.71	7/1/2019	400 Free	Yezan Alsader	BNY	4:10.23	7/23/2015	
Kaitlynn Wheeler	SPY	9:01.09	8/3/2015	800 Free	Quinton T Cynor	DCST	8:51.44	7/27/2017	
Mckenzee Gordon	BNY	17:17.77	7/24/2014	1500 Free	Spencer Hohm	SPY	17:15.83	7/24/2014	
Athena Ye	DCST	30.23	8/3/2015	50 Back	Ben H Huynh	LEAN	29.81	8/3/2015	
Athena Ye	DCST	1:04.27	8/3/2015	100 Back	Andrew Lin	HEAT	59.73	7/26/2018	
Angela Coe	HEAT	2:17.15	7/25/2019	200 Back	Yezan Alsader	BNY	2:09.49	7/23/2015	
Olivia Borawski	LEAN	35.35	8/3/2015	50 Breast	Dalton Glynn	HEAT	33.23	1/12/2018	
Annika G Wagner	LEAN	1:16.17	8/3/2015	100 Breast	Jake Regenwetter	HEAT	1:08.77	7/20/2019	
Annika G Wagner	LEAN	2:42.87	8/3/2015	200 Breast	Thomas Reedy	BNY	2:31.19	7/23/2015	
Athena Ye	DCST	28.70	8/3/2015	50 Fly	Danny Sanahurskyj	SAGE	27.61	7/30/2019	
Julia Heimstead	BNY	1:01.66	7/27/2017	100 Fly	Andrew Lin	HEAT	57.93	7/26/2018	
Angela Coe	HEAT	2:17.62	7/25/2019	200 Fly	Yezan Alsader	BNY	2:09.26	7/23/2015	
Angela Coe	HEAT	2:18.54	7/25/2019	200 IM	Jake Regenwetter	HEAT	2:11.98	7/21/2019	
Annika G Wagner	LEAN	4:58.84	7/23/2015	400 IM	Yezan Alsader	BNY	4:47.51	7/24/2015	
M Resch, M Strong, M Uhl, A Watson	SAGE	1:57.21	7/21/2019	200 Free Relay	Castro, Herrera, Cebula, Cynor	SAGE	1:47.27	7/23/2017	
M Uhl, O Dannhaus, A Watson, M Resch	SAGE	2:09.25	7/20/2019	200 Medley Relay	Cynor, Cebula, Castro, Herrera	SAGE	1:59.70	7/22/2017	
GIRLS					BOYS				
Swimmer	Team	Time	Date	Event	Swimmer	Team	Time	Date	
Katherine Morris	BRRY	26.10	7/30/2019	50 Free	Alexander Schlueter	SAGE	24.16	7/30/2019	
Katherine Morris	BRRY	56.96	7/30/2019	100 Free	Stuart Hohm	SPY	52.24	8/3/2017	
Katherine Morris	BRRY	2:02.18	7/30/2019	200 Free	Stuart Hohm	SPY	1:53.87	8/3/2017	
Caitlynn Moon	DCST	4:16.78	7/28/2014	400 Free	Nick Andres	BRRY	4:06.01	7/30/2019	
Caitlynn Moon	DCST	8:48.06	7/28/2014	800 Free	Nick Andres	BRRY	8:26.89	7/30/2019	
Caitlynn Moon	DCST	16:40.05	7/28/2014	1500 Free	Nick Andres	BRRY	15:58.71	7/20/2018	
Athena Ye	DCST	29.70	7/27/2016	50 Back	Daniel Hein	DCST	26.40	8/3/2015	
Angela Coe	HEAT	1:04.22	3/18/2021	100 Back	Daniel Hein	DCST	56.76	8/3/2015	
Anna Peplowski	BNY	2:17.74	7/11/2019	200 Back	Daniel Hein	DCST	2:05.17	8/3/2015	
Sarah Helm	SPY	33.39	8/3/2015	50 Breast	Thomas LeSeure	JETS	30.20	7/27/2016	
Angela Coe	HEAT	1:13.56	3/18/2021	100 Breast	James Doromal	BRRY	1:06.53	7/30/2019	
Megan Van Berkom	SPY	2:38.76	6/22/2018	200 Breast	James Doromal	BRRY	2:22.33	11/6/2019	
Athena Ye	DCST	27.88	7/27/2016	50 Fly	Alexander Shilts	HEAT	25.19	7/31/2017	
Julia Heimstead	BNY	1:01.27	7/11/2019	100 Fly	Daniel Hein	DCST	55.76	8/3/2015	
Julia Heimstead	BNY	2:16.94	7/11/2019	200 Fly	Nick Andres	BRRY	2:05.29	11/6/2019	
Angela Coe	HEAT	2:19.47	3/18/2021	200 IM	James Doromal	BRRY	2:08.80	6/21/2019	
Megan Van Berkom	SPY	4:50.27	6/21/2019	400 IM	James Doromal	BRRY	4:31.56	7/30/2019	
Preski, Blair, McCormick, Fierstos	SPY	1:50.46	7/23/2016	200 Free Relay	J Gramer, Q Cynor, J VanderSchee, T Braun	DCST	1:37.65	7/25/2021	
Pish, Ariola, Gordon, Arens	BNY	3:59.75	7/24/2014	400 Free Relay	J Gramer, T Braun, D Sanahurskyj, Q Cynor	DCST	3:38.26	7/24/2021	
Olson, Keck, Hein, Ye	DCST	2:03.99	8/3/2015	200 Medley Relay	Hein, Bjork, Powers, Carlson	DCST	1:48.33	8/3/2015	
Blair, Radloff, K.Wheeler, M. Wheeler	SPY	4:29.60	8/3/2017	400 Medley Relay	Hein, Bjork, Powers, Carlson	DCST	3:57.32	8/3/2015	