



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

2013 Illini District Guideline Times

Girls		Event	Boys	
District	Area	8&U	District	Area
19.00	16.59	25 Free	19.00	16.69
44.30	37.59	50 Free	44.00	37.29
24.30	20.49	25 Back	24.60	20.59
26.20	22.89	25 Breast	26.90	23.59
23.70	18.99	25 Fly	24.80	19.39
	1:37.59	100 IM		1:38.69
	1:18.29	100 FR		1:20.59
	1:31.69	100 MR		1:38.89
District	Area	9-10	District	Area
34.50	31.59	50 Free	34.90	31.89
1:21.20	1:10.29	100 Free	1:22.80	1:11.19
41.10	37.39	50 Back	42.70	37.89
46.10	41.99	50 Breast	49.50	43.39
43.70	35.99	50 Fly	45.20	36.99
1:32.50	1:20.69	100 IM	1:35.40	1:22.39
	2:17.79	200 FR		2:26.59
	2:36.49	200 MR		2:48.79
District	Area	11-12	District	Area
30.50	28.29	50 Free	31.10	28.39
1:11.80	1:02.19	100 Free	1:12.80	1:02.69
2:33.00	2:17.09	200 Free	2:35.30	2:18.29
37.90	33.09	50 Back	39.30	33.79
41.80	36.99	50 Breast	43.20	37.79
35.70	31.39	50 Fly	36.90	31.89
3:30.10	2:36.39	200 IM	3:39.50	2:40.09
	2:01.19	200 FR		2:07.39
	2:16.09	200 MR		2:26.39
Area		13-14	Area	
26.99		50 Free	25.59	
59.69		100 Free	56.99	
2:11.79		200 Free	2:05.29	
5:55.59		500 Free	5:47.29	
1:07.69		100 Back	1:06.19	
1:17.59		100 Breast	1:13.19	
1:08.79		100 Fly	1:05.49	
2:29.79		200 IM	2:23.39	
1:56.59		200 FR	1:56.59	
2:13.39		200 MR	2:12.29	
Area		15-21	Area	
26.29		50 Free	23.69	
57.49		100 Free	51.99	
2:06.49		200 Free	1:56.59	
5:43.59		500 Free	5:22.49	
1:05.99		100 Back	1:00.29	
1:15.39		100 Breast	1:07.99	
1:04.59		100 Fly	58.49	
2:24.49		200 IM	2:12.29	
1:53.49		200 FR	1:43.89	
2:07.09		200 MR	1:55.89	