



Decatur Family YMCA
Valentine Classic
February 8th 2019
Sanction #ILS1027-19A



Meet Director

Beth Nolan

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Meet Referees

Edmond Chow

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Entry Chair

Ed Pacey

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Location: Decatur Family YMCA, 220 W. McKinley, Decatur, IL 62526.

Facility is located across the street from Decatur Memorial Hospital.

Facility: Competition pool is 8-lane, 25 yard pool with non-turbulent lane lines. Colorado Time System with touchpads at start end and Colorado Scoreboard display for results. Starting blocks with wedges on start end, depth of 9.5 feet. Depth at turn end is 3 ft. 6 inches. Spectator seating available for approximately 80 on deck, with main gym as crash area. 2-lanes available in lessons pool for continuous warm up and cool down. There is ample parking on site. Live video streaming will provide viewing of the meet from the gymnasium. Upgrades to audio feed and streaming to YMCA lobby televisions will be future additions.

Rules & Safety: This meet will be conducted in accordance with USA Swimming technical rules, National YMCA rules governing swimming competition, Illinois YMCA State Competitive Swimming Rules, and Illini YMCA District Rules.

Parents and swimmers shall behave with honesty, respect and good sportsmanship. Music playing devices should be accompanied by headphones. No flash photography in the pool area; no cell phone use in the locker rooms or behind the blocks.

Eligibility: Open to all swimmers who are YMCA members. **Swimmers age as of the first day of the meet will determine age group for the meet.** This is a closed YMCA Competition.

USA Swimming: This will be a USA Swimming approved meet (held under the sanction of USA Swimming, Illinois Swimming sanction number (ILS1027-19A)

All applicable adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.

Decatur Family YMCA
Valentine Classic
February 8th 2019
Sanction #ILS1027-19A

Those teams that want their participants' swims observed and times recorded in the USA Swimming data base (SWIMS) must provide a team roster from their club portal. Please do not build an ID in Team Manager if the swimmers are not registered with USA Swimming as this will delay the process of getting times submitted into SWIMS.

Entries: Swimmers may enter up to 5 total events. No more than 4 individual events, and no more than 2 relay events. Entries can be submitted starting Wednesday, January 8th at 9:00am. **The Entry Deadline will be Monday, January 27th at 9:00pm.**

Entry Procedures: All entries are to be submitted to the Entry Chair through TeamUnify or in a Hy-Tek compatible format via email.

Team entry lists and an invoice will be emailed to the entry contact person for review by within 24 hours of the entry deadline. Any corrections, changes and updated times will be taken at the discretion of the meet Entry Chair and Referee until Monday, February 4th. Changes after this will be handled at the meet at deck entries. (below)

Make checks payable to "Decatur Family YMCA"

Mail To: Decatur Family YMCA
Attn: Ed Pacey
220 W. McKinley, Decatur, IL 62526

Entry fees must be submitted prior to the scratch deadline. (below)

Entry Fees: \$4.00 per individual event, \$8.00 per relay event, \$5.00 per swimmer facility surcharge in lieu of admission fees.

Deck Entries: Any events entered the day of the meet will be charged a deck entry fee. Deck entries will only be permitted at the discretion of the Meet Referee and Entry Chair. Deck entry fees will be \$8.00 per individual event and \$16.00 per relay and \$5.00 per swimmer surcharge for each new athlete added to the meet.

Heat Sheet: Meet psych sheets, including heat sheets will be made available for \$4 each. Spectators will purchase their psych sheet with cover pages, and present that packet to pick up heat sheets after final seeding is complete prior to the meet start.

Seeding: The meet will be seeded 45 minutes prior to the meet start time. **Scratches will be accepted until this time. Payment of meet fees must be received prior to this time.** The 400 IM, 500 Free and 1650 Free will be positive check-in events.

Decatur Family YMCA
Valentine Classic
February 8th 2019
Sanction #ILS1027-19A

Format: All meet events will be swum and awarded as timed finals.

Saturday, February 8th :

Meet Warm Ups: 10:30-11:50am (below)

Scratch Deadline: 11:15 am

Meet Starts: 12:00pm

Awards: Ribbons will be awarded for 1st-8th place in Individual Events and 1st-3rd place in relay events. Team Trophies will be awarded for 1st-3rd place, combined girls/boys scoring.

Scoring: 9-7-6-5-4-3-2-1 for individual events and 18-14-12-10-8-6-4-2 for relays. Teams will be able to enter as many relay teams as they want in each event. Relays will be awarded in finish order, however, only the top 2 finishing relays for each team will be permitted to score.

Concessions: Full concessions will be available throughout the meet in the youth gym.

Vendors: Information on vendors will be made available closer to the meet.

Timers/Officials: Each team is expected to provide timers. Timer assignments will be posted to the host website and distributed to visiting teams following the entry deadline. Teams are encouraged to provide certified officials for the meet. Individuals able to help officiate should contact the meet entry chair. Swimmers in the 500 should provide their own counters. Swimmers in the 1650 should provide their own timers and counters.

Results: Results will be posted outside the gym, and made available on the Meet Mobile app. Complete results will be available at the conclusion of the meet, emailed to teams as well as posted on the event page of the YDSC web site. Host will report results to Illinois YMCA SWYMS database.

Warm-Up Procedure: Lane assignments will be distributed prior to the meet and posted on deck.

Warm up will be split into two 25 minute sessions with teams assigned to one of the following sessions:

Decatur Family YMCA
Valentine Classic
February 8th 2019
Sanction #ILS1027-19A

Session 1: 10:30-10:55am

Session 2: 11:00-11:25am

Swimmers must enter the pool feet first, while maintaining contact with the deck with the body and a hand from the start end of the pool. (Sit and slide entry)

Coaches are to use their own discretion when allowing starts from the blocks. When performing starts in warmups, coaches **MUST** adhere to one-way sprints ie: swimmers exit the pool after a 25 and walk back to the start end.

Session 3: 11:30-11:50am (Specific Warm-Up: all teams)

Specific Warm-up Procedures:

A. **Push/Pace Lanes**—Push off one or two lengths from starting end. Circle swim only, NO DIVING.

B. **Diving Lanes**—Sprint lanes for diving from blocks or for backstroke starts in specified lanes at designated times (one length only).

C. **General Warm-up Lanes**—NO DIVING Circle Swim Only

D. At approximately halfway through 3rd session of warm-ups, additional lanes may be opened at the request of a coach.

LANE USE: Push Pace: 1 & 8
 Diving: 2,3 & 6,7
 General Warm-up: 4, 5

Safety Guidelines:

A. Coach Responsibilities

a. Coaches shall instruct their swimmers regarding safety guidelines and warm-up procedures as they apply to conduct at meets and all practices.

b. Coaches shall actively supervise their swimmers throughout the warmup session at meets and all practices

B. Host Team Responsibilities

a. Marshaling

i. A minimum of two marshals, who report to and receive instructions from the Meet Referee, shall be on the deck during the warm-up session.

ii. Marshals shall have the authority to remove from the deck for the remainder of the warm-up session, any swimmer or coach who is in violation of safety or warm-up procedures.

Decatur Family YMCA
Valentine Classic
February 8th 2019
Sanction #ILS1027-19A

iii. The host team shall provide signs for each lane at both ends of the pool, which indicate the designated use during warm-up.

iv. Warm-up times and lane assignments shall be published on the host website and posted at several locations around the pool area.

v. An announcer shall be on duty for the entire warm-up session to announce lane and/or time changes and to assist with the conduct of the warm-up.

vi. Hazards in locker rooms, on the deck area or in areas used by coaches, swimmers, spectators or officials shall be removed or clearly marked.

C. Miscellaneous:

a. Backstrokers shall ensure that they are not starting at the same time as a swimmer on the blocks.

b. Swimmers shall not jump or dive into the pool to stop another swimmer on a recalled start.

c. Swimmers are required to exit the pool upon completion of their warm-up to allow other swimmers adequate warm-up time. The pool is not for visiting or playing during the warm-up session.

d. Warm-up procedures shall be enforced for any breaks scheduled during the competition.

e. The Meet Referee may restrict use of bands, hand paddles or fins during warm-up.

f. The Referee shall have control over mitigation actions necessary to relieve situations deemed dangerous or impairing the safety of other swimmers.

***Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, restrooms or locker rooms.

***No flash photography or behind the blocks photography allowed.

***Except where venue facilities require otherwise, changing into or out of swimsuits other than in the locker rooms or other designated areas is prohibited.

Drones: Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

Decatur Family YMCA
Valentine Classic
February 8th 2019
Sanction #ILS1027-19A

Order of Events:

<u>Girls</u> <u>Event #</u>	<u>Event</u>	<u>Boys</u> <u>Event #</u>	<u>Girls</u> <u>Event #</u>	<u>Event</u>	<u>Boys</u> <u>Event #</u>
1	12 & Under 200 Freestyle	2	10 Minute Break		
3	13-14 200 Freestyle	4	53	21 & Under 500 Freestyle	54
5	15-21 200 Freestyle	6	55	6 & Under 50 Freestyle	56
7	21 & Under 400 IM	8	57	8 & Under 50 Freestyle	58
9	8 & Under 100 Medley Relay	10	59	9-10 100 Freestyle	60
11	9-10 200 Medley Relay	12	61	11-12 100 Freestyle	62
13	11-12 200 Medley Relay	14	63	13-14 100 Freestyle	64
15	13-14 200 Medley Relay	16	65	15-21 100 Freestyle	66
17	15-21 200 Medley Relay	18	67	6 & Under 25 Backstroke	68
19	8 & Under 100 IM	20	69	8 & Under 25 Backstroke	70
21	9-10 100 IM	22	71	9-10 50 Backstroke	72
23	12 & Under 200 IM	24	73	11-12 50 Backstroke	74
25	13-14 200 IM	26	75	13-14 100 Backstroke	76
27	15-21 200 IM	28	77	15-21 100 Backstroke	78
29	6 & Under 25 Freestyle	30	79	6 & Under 25 Breaststroke	80
31	8 & Under 25 Freestyle	32	81	8 & Under 25 Breaststroke	82
33	9-10 50 Freestyle	34	83	9-10 50 Breaststroke	84
35	11-12 50 Freestyle	36	85	11-12 50 Breaststroke	86
37	13-14 50 Freestyle	38	87	13-14 100 Breaststroke	88
39	15-21 50 Freestyle	40	89	15-21 100 Breaststroke	90
41	6 & Under 25 Butterfly	42	91	8 & Under 100 Freestyle Relay	92
43	8 & Under 25 Butterfly	44	93	9-10 200 Freestyle Relay	94
45	9-10 50 Butterfly	46	95	11-12 200 Freestyle Relay	96
47	11-12 50 Butterfly	48	97	13-14 200 Freestyle Relay	98
49	13-14 100 Butterfly	50	99	15-21 200 Freestyle Relay	100
51	15-21 100 Butterfly	52	101	21 & Under 1650 Freestyle	102

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Entry Summary & Release Form

Please submit this form with your entry file and fees, check made payable to YDSC:

Decatur Family YMCA
Attn: Ed Pacey
220 W. McKinley
Decatur, IL 62526.

Number of Athletes: _____ x \$5.00 = \$ _____

Number of Individual Entries: _____ x \$4.00 = \$ _____

Number of Relay Entries: _____ x \$8.00 = \$ _____

Total Due = \$ _____

TEAM NAME: _____ CLUB CODE: _____

HEAD COACH: _____ CELL PHONE: (_____) _____ - _____

ALTERNATE CONTACT: _____ CELL PHONE: (_____) _____ - _____

EMAIL ADDRESS: _____

COACHES ATTENDING (please print legibly):

RELEASE OF LIABILITY:

In consideration of the acceptance of this entry, I, intending to be legally bound, hereby consign, waive and release any and all rights and claims for damages which may accrue against Decatur Family YMCA, YDSC Swim Team, YDSC Parent Advisory Board, and the meet officials for any and/or all injuries suffered by me or any contestant or representative in said meet as a representative of my club.

Signature (Coach, Club Rep, or Parent): _____ Date: ____/____/____

*This signed release must accompany the entry or the entry will not be accepted.

**Entry period is 9:00am Wednesday, January 8th, to 9:00pm Monday, January 27th.
Final Deadline for all changes, corrections and updated times is 9:00am Monday, February 3rd.
Payment and Release Form must be received before swimmers splash**