
RECORDS MD Resident LCM
LC Meters-Women

8 & U	50 Free	34.34	31-Jul-14	CBAC- MD	Abby Albano at 2014 LSC LCM Championships	
	100 Free	1:16.07	31-Jul-14	CBAC- MD	Abby Albano at 2014 MD LSC LCM Championships	
	200 Free	2:39.70	1-Jan-99	BAAC- MD	C. Kalisz	
	50 Back	40.39	1-Jan-99	BAAC- MD	C. Kalisz	
	100 Back	1:25.83	1-Jan-99	BAAC- MD	C. Kalisz	
	50 Breast	43.90	1-Jul-05	NBAC- MD	J. Runk	
	100 Breast	1:40.47	20-May-16	NBAC- MD	Kristina Fleck at 2016 NBAC Spring LC Invitational	
	50 Fly	37.51	1-Jan-94	MAC- MD	N. Fulton	
	100 Fly	1:25.03	1-Jan-99	BAAC- MD	C. Kalisz	
	200 IM	2:59.56	1-Jan-99	BAAC- MD	C. Kalisz	
	200 Free Relay	2:46.74	10-Jul-15	NBAC- MD	North Baltimore Aquatic Club Eraso, Hirsh, Sharper, Marquez	
	200 Medley Relay	3:12.72	1-Jan-94	NBAC- MD	Mershon, Schertle, Sackett, Peloquin	
	9-10	50 Free	29.30	8-Jan-16	NBAC- MD	Maggie Belbot at BAC CeraVe Invitational
		100 Free	1:04.22	8-Jan-16	NBAC- MD	Maggie Belbot at BAC CeraVe Invitational
		200 Free	2:18.85	8-Jan-16	NBAC- MD	Maggie Belbot at BAC CeraVe Invitational
400 Free		4:51.80	1-Jan-01	NBAC- MD	C. Kalisz	
50 Back		33.14	1-Jan-92	NBAC- MD	B. Botsford	
100 Back		1:10.41	1-Jan-92	NBAC- MD	B. Botsford	
50 Breast		37.70	6-Jun-08	NBAC- MD	Mary K. Pelton at NBAC 2008 Long Course Champion	
100 Breast		1:23.33	15-Jun-01	NBAC- MD	M. Hammond	
50 Fly		31.33	8-Jan-16	NBAC- MD	Maggie Belbot at BAC CeraVe Invitational	
100 Fly		1:09.56	8-Jan-16	NBAC- MD	Maggie Belbot at BAC CeraVe Invitational	
200 IM		2:33.08	1-Jan-97	NBAC- MD	A. Iler	
200 Free Relay		2:08.47	10-Jul-15	NBAC- MD	North Baltimore Aquatic Club McNerney, A. Harner, S. Smith, M. Belbot	
400 Free Relay		4:46.06	4-Aug-11	NBAC- MD	North Baltimore Aquatic Club M. Gately, L. Lowenthal, B. Ruffin, E. Fry	
200 Medley Relay		2:24.62	1-Jan-92	NBAC- MD	Botsford, Riddle, Vaughan, Suller	
400 Medley Relay		5:27.33	4-Aug-11	NBAC- MD	North Baltimore Aquatic Club L. Lowenthal, M. Gately, B. Ruffin, E. Fry	
11-12	50 Free	27.38	11-Jun-10	NBAC- MD	Mary Pelton at NBAC 2010 Long Course Championships	
	100 Free	59.85	11-Jun-10	NBAC- MD	Mary Pelton at NBAC 2010 Long Course Championships	
	200 Free	2:09.44	10-Jul-15	UN- MD	Chase Travis at 2015 NBAC Mid Summer Classic	
	400 Free	4:28.00	10-Jul-15	UN- MD	Chase Travis at 2015 NBAC Mid Summer Classic	
	800 Free	9:01.06	10-Jul-15	UN- MD	Chase Travis at 2015 NBAC Mid Summer Classic	
	1500 Free	17:16.09	10-Jul-15	UN- MD	Chase Travis at 2015 NBAC Mid Summer Classic	
	50 Back	30.43	1-Jan-94	NBAC- MD	B. Botsford	
	100 Back	1:03.08	1-Jan-94	NBAC- MD	B. Botsford	
	200 Back	2:16.51	1-Jan-94	NBAC- MD	B. Botsford	
	50 Breast	34.97	6-Aug-03	RAC- MD	S. Gelb	
	100 Breast	1:14.90	6-Aug-03	RAC- MD	S. Gelb	
	200 Breast	2:39.92	27-Jun-03	RAC- MD	S. Gelb	
	50 Fly	28.75	1-Jan-93	NBAC- MD	B. Botsford	
	100 Fly	1:03.86	1-Jan-93	NBAC- MD	B. Botsford	
	200 Fly	2:19.32	16-May-03	NBAC- MD	C. Kalisz	
	200 IM	2:24.38	3-Aug-17	NBAC- MD	Maggie Belbot at 2017 MD LSC LC Championships	
	400 IM	4:58.49	16-May-03	NBAC- MD	C. Kalisz	
	200 Free Relay	1:58.76	31-Jul-14	NBAC- MD	NBAC Tomsuden, Peacock, Jantac, Aj	
	400 Free Relay	4:11.60	1-Jan-04	NBAC- MD	L. Harris, C. Carter, M. Brown, A. Staub	
	800 Free Relay	9:19.34	1-Jan-04	NBAC- MD	NBAC L. Harris, M. Brown, C. Carter, A. Staub	
	200 Medley Relay	2:11.50	1-Jan-92	NBAC- MD	Botsford, Pfeffer, Rehm, Phelps	

RECORDS MD Resident LCM

11-12	400	Medley Relay	4:37.52	1-Jan-93	NBAC- MD	Botsford, Pfeffer, Rehm, Phelps
13-14	50	Free	26.23	9-Mar-12	NBAC- MD	Mary Pelton at 2012 Columbus Grand Prix
	100	Free	56.63	29-Jul-08	NBAC- MD	Elizabeth A. Pelton at 2008 U. S. Open
	200	Free	2:01.21	9-Jan-15	NBAC- MD	Easop Lee at 2015 CeraVe Invitational
	400	Free	4:12.65	9-Jan-14	NBAC- MD	Easop Lee at 2015 CeraVe Invitational
	800	Free	8:37.72	1-Jan-10	NBAC- MD	Gillian Ryan
	1500	Free	16:32.49	10-Aug-09	NBAC- MD	Camryne A. Morris at 2009 Speedo Junior National Ch
	100	Back	1:01.34	29-Jun-08	NBAC- MD	Elizabeth A. Pelton at 2008 Olympic Trials
	200	Back	2:10.66	1-Jan-96	NBAC- MD	B. Botsford
	100	Breast	1:09.83	1-Jan-91	NBAC- MD	A. Nall
	200	Breast	2:27.08	1-Jan-91	NBAC- MD	A. Nall
	100	Fly	59.72	28-Mar-06	NBAC- MD	Felicia LEE at 2006 Spring Championships
	200	Fly	2:10.40	31-Jul-14	NBAC- MD	Easop Lee
	200	IM	2:15.26	10-Feb-04	NBAC- MD	K. Hoff
	400	IM	4:39.82	20-May-04	NBAC- MD	K. Hoff
	200	Free Relay	1:53.18	1-Aug-05	NBAC- MD	L. Harris, D. Schaefer, M. Oberlander, A. Staub
	400	Free Relay	3:59.23	1-Jan-19	NBAC- MD	Belbot, Smith, Harner, Schere
	800	Free Relay	8:36.06	1-Jan-01	NBAC- MD	Brooks, Hurchinson, Dotson, Sackett
	200	Medley Relay	2:00.52	13-Mar-08	NBAC- MD	E. Pelton, J. Surhoff, C. Morris, N. Beale
	400	Medley Relay	4:20.82	18-Mar-04	NBAC- MD	E. Pelton, J. Surhoff, C. Morris, N. Beale
	15-16	50	Free	25.72	25-Jun-12	NBAC- MD
100		Free	55.41	28-Mar-06	NBAC- MD	Katie HOFF at 2006 Spring Championships
200		Free	1:59.05	13-Jan-06	NBAC- MD	Katie HOFF at Burgdorff Invitational 2006
400		Free	4:07.26	13-Aug-12	NBAC- MD	Gillian Ryan at 2012 Speedo Junior National Ch
800		Free	8:26.43	15-May-14	NBAC- MD	Becca Mann at 2014 Arena Grand Prix at Charlotte
1500		Free	16:08.86	15-May-14	NBAC- MD	Becca Mann at 2014 Arena Grand Prix at Charlotte
100		Back	1:00.15	18-Aug-10	NBAC- MD	Elizabeth Pelton at 2010 Pan Pacific Swimming Cham
200		Back	2:07.48	18-Aug-10	NBAC- MD	Elizabeth Pelton at 2010 Pan Pacific Swimming Cham
100		Breast	1:08.17	1-Jan-92	NBAC- MD	A. Nall
200		Breast	2:25.35	1-Jan-92	NBAC- MD	A. Nall
100		Fly	59.41	14-May-09	NBAC- MD	Felicia F. Lee at 2009 NC Charlotte UltraSwim
200		Fly	2:09.77	28-Mar-06	NBAC- MD	Courtney KALISZ at 2006 Spring Championships
200		IM	2:10.41	1-Jul-05	NBAC- MD	K. Hoff
400		IM	4:36.07	1-Jul-05	NBAC- MD	K. Hoff
200		Free Relay	1:48.01	1-Jan-21	NBAC- MD	Pacher, Smith, Betkey, Belbot
400		Free Relay	3:58.68	1-Jan-18	NBAC- MD	Waire, Peacock, Tomsuden, Benda
800		Free Relay	8:28.41	1-Jul-05	NBAC- MD	K. Hoff, A. Knapik, C. Kalisz, A. Barnes
200		Medley Relay	2:05.08	31-Mar-16	MAC- MD	MAC Greeves, Lillis, Kucsan, Kavanaugh
400		Medley Relay	4:19.21	1-Jun-05	NBAC- MD	C. Kalisz, M. King, K. Hoff, K. Delp
17-18		50	Free	25.78	14-May-15	NBAC- MD
	100	Free	54.28	15-Feb-08	NBAC- MD	Katie HOFF at 2008 Missouri Grand Prix
	200	Free	1:56.08	15-Feb-08	NBAC- MD	Katie HOFF at 2008 Missouri Grand Prix
	400	Free	4:02.20	15-Feb-08	NBAC- MD	Katie HOFF at 2008 Missouri Grand Prix
	800	Free	8:19.70	3-Apr-08	NBAC- MD	Katie HOFF at 2008 Ohio State Grand Prix
	1500	Free	16:05.42	14-May-15	NBAC- MD	Becca Mann at 2015 Arena Pro Swim Series at Charlotte
	100	Back	1:00.19	24-Jul-11	NBAC- MD	Elizabeth Pelton at 2011 FINA World Champs
	200	Back	2:09.07	16-Jun-11	NBAC- MD	Elizabeth Pelton at XLIV Santa Clara International
	100	Breast	1:08.85	25-Jun-12	NBAC- MD	Annie Zhu at 2012 U.S. Olympic Team Trials - Swimming
200	Breast	2:26.52	25-Jun-13	NBAC- MD	Annie Zhu at 2013 USA National Champs	

RECORDS MD Resident LCM

17-18	100 Fly	58.41	3-Aug-10	NBAC- MD	Felicia Lee at 2010 National Champs
	200 Fly	2:09.45	10-Aug-09	NBAC- MD	Felicia F. Lee at 2009 Speedo Junior National Ch
	200 IM	2:10.05	1-Aug-06	NBAC- MD	Katie HOFF at 2006 ConocoPhillips National C
	400 IM	4:32.89	25-Mar-07	NBAC- MD	Katie Hoff at 12th FINA World Championships
	200 Free Relay	1:52.70	1-Jan-92	RAC- MD	RAC
	400 Free Relay	4:00.53	1-Jan-88	NBAC- MD	Ray, Wisner, Poff, Proctor
	800 Free Relay	8:40.34	1-Jan-88	NBAC- MD	Ray, Proctor, Poff, Wisner
	200 Medley Relay	2:07.09	1-Jan-76	NBAC- MD	NBAC
	400 Medley Relay	4:24.50	1-Jan-80	NBAC- MD	Andrews, Winde, Kurtzman, Shinnick
Open	50 Free	25.40	1-Jun-12	NBAC- MD	Allison R. Schmitt at 2012 ST TXLA Elite Invite
	100 Free	53.94	1-Jun-12	NBAC- MD	Allison R. Schmitt at 2012 ST TXLA Elite Invite
	200 Free	1:53.61	28-Jul-12	NBAC- MD	Allison R. Schmitt at 2012 Olympic Games
	400 Free	4:01.77	28-Jul-12	NBAC- MD	Allison R. Schmitt at 2012 Olympic Games
	800 Free	8:19.70	3-Apr-08	NBAC- MD	Katie HOFF at 2008 Ohio State Grand Prix
	1500 Free	16:00.35	19-Jun-14	NBAC- MD	Lotte Friis at 2014 Grand Prix - Santa Clara Time Trials
	100 Back	1:00.40	12-May-11	NBAC- MD	Elizabeth Pelton at 2011 NC Charlotte UltraSwim
	200 Back	2:08.04	26-Jul-09	UN- MD	Elizabeth A. Pelton at Fina World Championships Roma
	100 Breast	1:08.17	1-Jan-92	NBAC- MD	A. Nall
	200 Breast	2:25.35	1-Jan-92	NBAC- MD	A. Nall
	100 Fly	58.44	3-Aug-10	NBAC- MD	Felicia Lee at 2010 National Champs
	200 Fly	2:09.45	10-Aug-09	NBAC- MD	Felicia F. Lee at 2009 Speedo Junior National Ch
	200 IM	2:09.71	29-Aug-08	NBAC- MD	Katie HOFF
	400 IM	4:31.12	29-Jun-08	NBAC- MD	Katie HOFF at 2008 Olympic Trials
	200 Free Relay	1:47.45	1-Aug-17	EST- MD	Eagle Swim Team E. Fry, V. Kaufman, R. Florio, A. Akbay
	400 Free Relay	3:47.24	13-Aug-12	NBAC- MD	North Baltimore Aquatic Club M. Pelton, C. Runge, K. Surhoff, G. Ryan
	800 Free Relay	8:00.51	2-Aug-11	NBAC- MD	North Baltimore Aquatic Club E. Pelton, C. Morris, K. Offutt, A. Schmitt
	200 Medley Relay	1:59.45	27-Jul-09	SPY- MD	Spy Swimming C. Burns, K. Rouse, S. Lloyd, E. Lloyd
	400 Medley Relay	4:12.05	3-Apr-08	NBAC- MD	North Baltimore Aquatic Club E. Pelton, A. Staub, F. Lee, K. HOFF

RECORDS MD Resident LCM
LC Meters-Men

8 & U	50 Free	33.35	17-May-13	JCC- MD	Alan Cherches at 2013 Abby Seeger Invitational	
	100 Free	1:13.82	2-Aug-18	RAC- MD	Avery A. Heron at 2018 MD LSC LC Championships	
	200 Free	2:38.95	2-Aug-18	RAC- MD	Avery A. Heron at 2018 MD LSC LC Championships	
	50 Back	38.28	24-Jul-10	RAID- MD	Anthony T. Nguyen at 6th Annual BCSC Championship Swim Meet	
	100 Back	1:22.58	2-Aug-12	NBAC- MD	Alex Lakatta at 2012 Maryland LSC Long Course Championships	
	50 Breast	44.33	14-Jun-13	JCC- MD	Alan Cherches at 2013 NBAC Long Course Championships	
	100 Breast	1:38.37	20-Apr-18	NBAC- MD	Spencer Belbot at 2018 Carol Chidester Memorial LC Elite Meet	
	50 Fly	33.28	24-Jul-10	RAID- MD	Anthony T. Nguyen at 6th Annual BCSC Championship Swim Meet	
	100 Fly	1:17.41	1-Jan-94	NBAC- MD	M. Phelps	
	200 IM	2:59.61	9-Jul-10	RAID- MD	Anthony T. Nguyen at 2010 NBAC Mid Summer Classic	
	200 Free Relay	2:40.89	10-Jul-15	NBAC- MD	North Baltimore Aquatic Club Belbot, Cummings, McQuaid, Rudin	
	200 Medley Relay	3:03.74	9-Jan-89	NBAC- MD	Rohr, Foster, Brannon, Thomas	
	9-10	50 Free	29.36	1-Jan-96	NBAC- MD	M. Phelps
		100 Free	1:03.06	1-Jan-96	NBAC- MD	M. Phelps
200 Free		2:19.12	1-Jan-96	NBAC- MD	M. Phelps	
400 Free		4:48.97	31-Jul-14	NBAC- MD	Alex Lakatta	
50 Back		34.02	1-Jan-96	NBAC- MD	M. Phelps	
100 Back		1:12.04	1-Jan-96	NBAC- MD	M. Phelps	
50 Breast		37.48	1-Jan-91	NBAC- MD	A. O'Reilly	
100 Breast		1:23.62	15-May-15	JCC- MD	Alan Cherches at 2015 Abby Seeger Memorial Invitational	
50 Fly		31.00	1-Jan-96	NBAC- MD	M. Phelps	
100 Fly		1:08.47	7-Jun-19	NBAC- MD	Daniel J. Branon at 2019 NBAC Long Course Championships	
200 IM		2:33.72	1-Jan-96	NBAC- MD	M. Phelps	
200 Free Relay		2:07.83	2-Aug-18	NBAC- MD	North Baltimore Aquatic Club B. Mytsak, C. Lakatta, L. McQuaid, T. Furlow	
400 Free Relay		4:49.51	2-Aug-12	NBAC- MD	North Baltimore Aquatic Club T. Hurley, A. Nguyen, R. Atwood, J. Nguyen	
200 Medley Relay		2:20.32	1-Jan-91	NBAC- MD	Lurz, O'Reilly, Brannon, Curreri	
400 Medley Relay	4:46.95	1-Jan-18	NBAC- MD	Lakatta, Mytsak, McQuaid, Furlow		
11-12	50 Free	25.92	30-Apr-10	NBAC- MD	Collin Turner at Carol Chidester Memorial Swim Meet	
	100 Free	57.20	30-Apr-10	NBAC- MD	Collin Turner at Carol Chidester Memorial Swim Meet	
	200 Free	2:04.01	1-Jan-93	NBAC- MD	J. Curreri	
	400 Free	4:22.34	1-Jan-93	NBAC- MD	J. Curreri	
	800 Free	8:48.62	30-Apr-17	JCC- MD	Alan Cherches	
	1500 Free	17:08.14	1-Jan-04	GTAC- MD	B. Offutt	
	50 Back	28.73	11-Aug-18	UN- MD	Daniel T. Diehl at 2018 MD EZ LC Championships	
	100 Back	1:02.41	10-Aug-18	UN- MD	Daniel Diehl 2018 EZ LC Championship Meet	
	200 Back	2:14.01	2-Aug-18	UN- MD	Daniel T. Diehl at 2018 EZ SR LC Championships	
	50 Breast	33.19	3-Aug-17	RAC- MD	Stuart Zhu at 2017 MD LSC LC Championships	
	100 Breast	1:11.84	3-Aug-17	RAC- MD	Stuart Zhu at 2017 MD LSC LC Championships	
	200 Breast	2:34.46	6-Jul-17	RAC- MD	Stuart Zhu at 2017 Sandbox Invitational	
	50 Fly	28.38	21-May-04	EST- MD	G. Smith	
	100 Fly	1:01.95	28-Jul-21	NBAC- MD	Daniel J. Branon at 2021 MD LSC Summer Championships	
	200 Fly	2:15.73	28-Jul-21	NBAC- MD	Daniel J. Branon at 2021 MD LSC Summer Championships	
	200 IM	2:17.16	8-Aug-18	UN- MD	Daniel T. Diehl at 2018 EZ LSC LC Championships	
	400 IM	4:56.49	26-Jun-04	GTAC- MD	B. Offutt	
	200 Free Relay	1:56.47	1-Jan-92	NBAC- MD	O'Reilly, Curreri, Shimkaveg, Andrews	
	400 Free Relay	4:10.29	3-Aug-17	MAC- MD	Monocacy Aquatic Club L. Rowland, J. Parente, K. Lillis, T. DeLauder	
	200 Medley Relay	2:09.12	6-Jul-17	MAC- MD	Monocacy Aquatic Club J. Parente, T. DeLauder, K. Lillis, K. Bumgardner	
	400 Medley Relay	4:35.45	4-Aug-16	NBAC- MD	North Baltimore Aquatic Club R. Tan, E. Zhang, C. Shinnick, E. Lakatta	

RECORDS MD Resident LCM

13-14	50 Free	24.72	8-Jun-12	NBAC- MD	Collin Turner at 2012 NBAC Long Course Championships
	100 Free	53.83	2-Aug-18	UN- MD	Ryan M. Branon at 2018 MD LSC LC Championships
	200 Free	1:55.37	16-Jun-00	NBAC- MD	M. Phelps
	400 Free	3:58.80	26-May-00	NBAC- MD	M. Phelps
	800 Free	8:16.10	28-Mar-00	NBAC- MD	M. Phelps
	1500 Free	15:39.08	28-Mar-00	NBAC- MD	M. Phelps
	100 Back	58.61	2-Aug-19	UN- MD	Daniel Diehl at Y Nats PV
	200 Back	2:08.78	2-Aug-19	UN- MD	Daniel Diehl at Y Nats PV
	100 Breast	1:08.38	31-Jul-14	SPY- MD	David Sears
	200 Breast	2:23.25	1-Jan-86	NBAC- MD	G. Burgess
	100 Fly	55.78	28-Mar-00	NBAC- MD	M. Phelps
	200 Fly	1:59.02	1-Jan-00	NBAC- MD	M. Phelps
	200 IM	2:06.50	26-May-00	NBAC- MD	M. Phelps
	400 IM	4:24.77	28-Mar-00	NBAC- MD	M. Phelps
	200 Free Relay	1:44.39	1-Jan-94	RAC- MD	RAC
	400 Free Relay	3:45.05	28-Jul-21	ASC- MD	Annapolis Swim Club T. Murphy, W. Connor, E. Smith, J. Deppe
	800 Free Relay	8:32.49	1-Jan-94	NBAC- MD	Andrews, Shimkaveg, King, Curreri
	200 Medley Relay	1:57.90	1-Jan-94	RAC- MD	RAC
	400 Medley Relay	4:12.72	28-Jul-21	ASC- MD	Annapolis Swim Club W. Connor, E. Smith, T. Murphy, J. Deppe
15-16	50 Free	22.99	29-Apr-21	UN-01- MD	Daniel T. Diehl at TYR 18U Spring Cup
	100 Free	50.65	29-Apr-21	UN-01- MD	Daniel T. Diehl at TYR 18U Spring Cup
	200 Free	1:51.73	14-Aug-01	NBAC- MD	M. Phelps
	400 Free	3:55.32	17-May-02	NBAC- MD	M. Phelps
	800 Free	8:04.86	10-Aug-09	NBAC- MD	Drew Cosgarea at 2009 Speedo Junior National Ch
	1500 Free	15:27.21	10-Aug-09	NBAC- MD	Drew Cosgarea at 2009 Speedo Junior National Ch
	100 Back	54.90	29-Apr-21	UN-01- MD	Daniel T. Diehl at TYR 18U Spring Cup
	200 Back	2:00.57	14-Aug-01	NBAC- MD	M. Phelps
	100 Breast	1:04.97	4-Apr-18	NAAC- MD	Tyler Christianson Dublin Open
	200 Breast	2:18.73	5-Apr-18	NAAC- MD	Tyler Christianson, Irish Open, Dublin
	100 Fly	52.98	14-Aug-01	NBAC- MD	M. Phelps
	200 Fly	1:54.58	22-Jul-01	NBAC- MD	M. Phelps
	200 IM	2:00.86	14-Aug-01	NBAC- MD	M. Phelps
	400 IM	4:15.20	27-Mar-01	NBAC- MD	M. Phelps
	200 Free Relay	1:42.87	1-Jan-90	RAC- MD	RAC
	400 Free Relay	3:37.01	1-Jan-13	NBAC- MD	Buese, Margonis, Colley, Turner
	800 Free Relay	8:04.04	1-Jan-19	NBAC- MD	Branon, Lloyd, Lakatta, Calderon
	200 Medley Relay	1:51.46	1-Jan-19	NBAC- MD	Ilkatta, Sullivan, Branon, Calderon
	400 Medley Relay	4:05.81	31-Jul-15	MAC- MD	Monocacy Aquatic Club Althoff, O'Connell, Fryer, Currie
17-18	50 Free	23.21	5-Jun-09	EST- MD	Giles Smith EST Summer Sizzler Prelims
	100 Free	49.05	10-Feb-04	NBAC- MD	M. Phelps
	200 Free	1:45.99	5-Aug-03	NBAC- MD	M. Phelps
	400 Free	3:46.73	5-Aug-03	NBAC- MD	M. Phelps
	800 Free	8:09.63	11-Jun-09	NBAC- MD	BRENNAN W. MORRIS at Santa Clara Grand Prix
	1500 Free	15:13.47	7-Jul-09	NBAC- MD	BRENNAN W. MORRIS at 2009 Conoco Phillips USA Swimming National Ch
	100 Back	55.49	20-May-04	NBAC- MD	M. Phelps
	200 Back	1:55.30	10-Feb-04	NBAC- MD	M. Phelps
	100 Breast	1:04.06	31-Jul-14	NAAC- MD	Michael Seaberg
	200 Breast	2:15.47	14-Jan-12	NBAC- MD	Chase Kalisz at 2012 LarsonAllen Invite
	100 Fly	51.10	20-Jul-03	NBAC- MD	M. Phelps

RECORDS MD Resident LCM

17-18	200 Fly	1:53.93	20-Jul-03	NBAC- MD	M. Phelps
	200 IM	1:55.94	5-Aug-03	NBAC- MD	M. Phelps
	400 IM	4:09.09	20-Jul-03	NBAC- MD	M. Phelps
	200 Free Relay	1:40.35	25-Jul-11	SPY- MD	SPY Swimming M. McKenney, J. Bremer, D. Davis, G. Kogut
	400 Free Relay	3:27.38	1-Jan-15	NBAC- MD	Buese, Ewart, Stewart, Goleczewski
	800 Free Relay	7:31.58	1-Jan-15	NBAC- MD	Buese, Stewart, Cadigan, Goleczewski
	200 Medley Relay	1:49.17	1-Jan-15	NBAC- MD	Stewart, Giuliano, Stewart, Onol
	400 Medley Relay	3:51.23	1-Jan-15	NBAC- MD	Ewart, Stewart, Buese, Goleczewski
Open	50 Free	22.78	1-Jun-12	NBAC- MD	Chris Brady at 2012 ST TXLA Elite Invite
	100 Free	47.78	26-Jul-09	UN- MD	Michael F. Phelps at Fina World Championships Roma
	200 Free	1:43.22	26-Jul-09	UN- MD	Michael F. Phelps at Fina World Championships Roma
	400 Free	3:44.66	12-Jun-16	NBAC- MD	2016 Conor Dwyer Olympic Trials
	800 Free	7:55.78	2-Aug-14	NBAC- MD	Matt McLean
	1500 Free	15:16.37	26-Jul-09	UN- MD	BRENNAN W. MORRIS at Fina World Championships Roma
	100 Back	52.51	4-Aug-09	UN- MD	Nick Thoman at 2009 U. S. Open
	200 Back	1:54.59	4-Aug-09	UN- MD	Nick Thoman at 2009 U. S. Open
	100 Breast	1:01.12	18-Aug-10	NBAC- MD	Scott W. Spann at 2010 Pan Pacific Swimming Cham
	200 Breast	2:11.30	6-Aug-15	NBAC- MD	Michael F. Phelps at 2015 Phillips 66 National Championships
	100 Fly	49.82	26-Jul-09	UN- MD	Michael F. Phelps at Fina World Championships Roma
	200 Fly	1:51.51	26-Jul-09	UN- MD	Michael F. Phelps at Fina World Championships Roma
	200 IM	1:54.27	28-Jul-12	NBAC- MD	Michael Phelps at 2012 Olympic Games
	400 IM	4:07.89	25-Jun-12	NBAC- MD	Michael Phelps at 2012 U.S. Olympic Team Trials - Swimming
	200 Free Relay	1:35.06	23-Mar-21	NBAC- MD	NBAC R Branon, L Calderon, S Kamdin, R Merani
	400 Free Relay	3:27.38	30-Jul-15	NBAC- MD	North Baltimore Aquatic Club W. Buese, J. Ewart, C. Stewart, D. Goleczewski
	800 Free Relay	7:24.49	31-Jul-14	NBAC- MD	North Baltimore Aquatic Club Dyer, Luchsinger, Duvall, Surhoff
	200 Medley Relay	1:46.01	23-Mar-21	NBAC- MD	NBAC E Lakatta, R Merani, R Branon, L Calderon
	400 Medley Relay	3:43.97	1-Jan-03	NBAC- MD	NBAC