



Code of Conduct

The purpose of this [code of conduct](#) is to establish common expectations for all members of the coaching staff, parents, and swimmers of the club. It is to be used as a guide to promote a positive team environment and good sportsmanship.

Swimmers

Prohibited Behavior

1. Use or possession of any illegal substance (i.e. alcohol, drugs, tobacco).
2. Destructive behavior.
3. Inappropriate or unruly behavior, including fighting or striking another athlete.
4. Inappropriate language or lying.
5. Inappropriate touching
6. Stealing and vandalism.
7. Bullying or isolation another swimmer.

Consequences for Violation of the Code of Conduct

This code shall be in force for all ACA swimmers during practice, during swim meets and at events sponsored by, or in which, ACA Team is represented. Disciplinary actions can range from, but not limited to; reprimands repetition of a drill, pushups, being sent home from practice or meets at the parent's expense, expulsion from the team.

Suspension

Coaches may suspend a swimmer from practice for disciplinary reason for a maximum of 2 weeks. Coaches may also recommend to the board/ club that a swimmer be expelled from the club if in his or her judgement the swimmer is unable to conform to the disciplinary guidelines established for swim practice and club participation.

Safety and Behavior

The Club reserves the right to terminate the membership of any individual whose behavior places ACA in an unfavorable light or jeopardizes our participation in any pool use or sporting event. All swimmers are expected to demonstrate good sportsmanship and act appropriate ambassadors for the club. They should act as role models for other swimmers at all times.



Code of Conduct for Swimmers

The purpose of a [code of conduct](#) for athletes is to establish a consistent expectation for athletes' behavior. By signing this code of conduct, I agree to the following statements:

- I will respect and show courtesy to my teammates and coaches at all times.
- I will demonstrate good sportsmanship at all practices and meets.
- I will set a good example of behavior and work ethic for my younger teammates.
- I will be respectful of my teammates' feelings and personal space. Swimmers who exhibit sexist, racist, homophobic, or otherwise inappropriate behavior will be faced with consequences.
- I will attend all team meetings and training sessions, unless I am excused by my coach.
- I will show respect for all facilities and other property (including locker rooms) used during practices, competitions, and team activities.
- I will refrain from foul language, violence, behavior deemed dishonest, offensive, or illegal.
- If I disagree with an official's call, I will talk with my coach and not approach the official directly.
- I will obey all of USA Swimming's rules and codes of conduct.
- I will not post any negative or derogatory comments, posts or photos on Social Media (Facebook, Twitter, Snapchat, etc.) toward The Arena Club, the team, teammates, parents, or coaches. This also applies to other teams.

I understand that if I violate this code of conduct, I will be subject to disciplinary action determined by my coaches and the swim club's board of directors.



Signature Page – Athletes Code of Conduct

Arena Club Aquatics (ACA) CODE OF CONDUCT: ATHLETES

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I understand that if I violate this code of conduct, I will be subject to disciplinary action determined by my coaches and the swim club’s board of directors.

Swimmer’s signature

Date

Parent’s signature

Date