



# ARENA CLUB AQUATICS (ACA) LOCKER ROOM POLICY

## MODEL LOCKER ROOM MONITORING POLICY

*The following is the Arena Club Aquatics Locker Room Policy. This is provided to assist USA Swimming member.*

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### **PURPOSE**

The following guidelines are designed to maintain personal privacy as well as to reduce the risk of misconduct in locker rooms and changing areas.

### **FACILITIES**

The following is a description of our practice and competition facilities to allow athletes and their families to plan their use:

We practice at: The Arena Club, 2304 Churchville Road, Bel Air, MD 21015.

This location has: 2 lockers rooms (1 female and 1 male)

*The locker rooms have changing areas and are shared with the Arena Club Members ONLY.*

### **MONITORING**

#### **General Policy**

Coaches and staff make every effort to recognize when an athlete goes to the locker room or changing area during practice and competition and, if they do not return in a timely fashion, we will check on the athlete's whereabouts.

We discourage parents from entering locker rooms and changing areas unless it is truly necessary. In those instances, it should only be a same-sex parent. If this is necessary, parents should let the coach or administrator know about this in advance.

If an athlete needs assistance with his or her uniform or gear (for example, a child under the age of eight), or an athlete's disability warrants assistance, then we ask that parents let the coach or an administrator know beforehand that he or she will be helping the athlete.

The Arena Club Aquatics has staggered practices, with different groups arriving and departing throughout the day. It is therefore not practical to constantly monitor locker rooms and changing areas over this extended course of time. While we do not post [staff, coach, parent, other adult] inside or at the doors of the locker rooms and changing areas, we do make occasional sweeps of



these areas. [Staff, coach, parent, other adult] conduct these sweeps, with women checking on female locker rooms, and men checking on male locker rooms.

### **USE OF CELL PHONES AND OTHER MOBILE RECORDING DEVICES**

Cell phones and other mobile devices with recording capabilities, including voice recording, still cameras and video cameras increase the risk for different forms of misconduct in locker rooms and changing areas. The USA Swimming Athlete Protection Policies prohibit the use of such devices in the locker room or other changing area:

*305.3 Use of audio or visual recording devices, including a cell phone camera, is not allowed in changing areas, rest rooms or locker rooms.*

### **CONSEQUENCES**

#### **Consequences for Violation of the Locker Room Policy**

This policy shall be in force for all ACA swimmers during practice, during swim meets and at events sponsored by, or in which, ACA Team is represented. Disciplinary actions can range from, but not limited to; being sent home from practice or meets at the parent's expense, expulsion from the team.

#### **Suspension**

Coaches may suspend a swimmer from practice for disciplinary reason for a maximum of 2 weeks. Coaches may also recommend to the board/ club that a swimmer be expelled from the club and club participation.

#### **Safety and Behavior**

The Club reserves the right to terminate the membership of any individual whose behavior places ACA in an unfavorable light or jeopardizes our participation in any pool use or sporting event. All swimmers are expected to demonstrate good sportsmanship and act appropriate ambassadors for the club. They should act as role models for other swimmers at all times.