Hello Sectional qualifiers and parents,

We will be swimming at the **CHRISTIANSBURG AQUATIC CENTER:**

595 North Franklin St

Christiansburg, VA 2407

**PARKING:** Parking for everyone is available in the designated lots surrounding the swim center. All vehicles must be in appropriately marked parking spaces. Overflow parking will be available at Christiansburg High School approximately ½ mile from the Center. A Shuttle van will be available.

**SPECTATOR ADMISSION AND HEAT SHEETS:** The spectator seating area will open one hour before the start of each session. The spectator entrance is on the upper level of Christiansburg Aquatic Center. Admission Charge includes appropriate heat sheets. Prices are as follows:

* Individual Prelims Session: $5
* Individual Finals Session: $3
* All Sessions: $20

**Coaches at Sectionals:** Coach Hilary and Coach Andrew will be at sectionals, You can get ahold of either one via the GroupMe 2109 Sectional Group. Coach Andrew’s number is 301-785-7555

**Sectionals start** **Thursday** at 4:30 pm (warmups start at 3:20) with the 1650 for the women and the 1000 for the men. The women’s 1650 will be swum slowest-to-fastest, followed by the men’s 1000 yard Freestyle swum slowest-to-fastest.

We also have the **800 Free relay Thursday night**, so I need to know who will be down there to swim on the relay.

Other Distance events: Saturday is the women’s 1000 and Sunday is the men’s 1650.

Here's the routine Friday through Sunday:

* **Warmups** – swimmers need to be at the pool by 7:20 and in the water at 7:30. The meet starts at 9:00.

* We have a number of relays each morning. Friday the meet starts with the 200 Medley. Saturday the morning session ends with the 400 Free relay. And on Sunday, the meet starts with the 200 Free relay and ends with the 400 Medley relay. Top 16 relays swim at night.
* An estimated timeline should be available from the [Eastern Zone Swimming Web site.](http://www.easternzoneswimming.org/meets.html) Be sure to check under the Christiansburg VA meet as there are two other sectional meets going on.

**MEET SCHEDULE:**

* Thursday, March 28
  + General Warm-up: 9:30am -- 3:00pm
  + Distance Warm-up: 3:20pm -- 4:20pm
  + Distance Events Start: 4:30pm
* Friday, March 29 – Sunday, March 31
  + Prelim Warm-up: 6:30am-8:50am (We will begin warmup at 7:30)
  + Prelims Start: 9:00am
  + Finals Warm-up: 5:00pm-5:50pm
  + Finals Start 6:00 pm

**Scratch deadlines are as follows:**

* Thursday, 3:00pm: Thursday distance events (W 1650/M 1000 and 800 free relay).
* Thursday, 5:00pm: All Friday events (including positive check in for the 200 Medley relay).
* Friday, 6:30pm: All Saturday events (including W 1000/ and positive check in for and 400 Free relay).
* Saturday, 6:30pm: All Sunday events (including M 1650 and positive check in for 200 Free relay and 400 Medley relay).

**Time Trials**

* Time trial fees: $15.00 for individual events
* All time trials will be swum
  + 15 minutes after the conclusion of time finals on Thursday and
  + 15 minutes after the conclusion of the prelims session on Friday, Saturday, and Sunday
* Each swimmer is limited to two time trials during the meet
* Time trials count towards maximum of three events per day

**Distance Events:**

**Saturday Distance Event (W 1000):** The fastest heat of 8 in the women’s 1000 yard Freestyle will be swum at the beginning of the evening Finals session. The remaining heats will swim on Saturday afternoon, such that the last heat finishes at 4:30 pm. The heat order and schedule will be published after the scratch deadline on Friday night. The events are timed finals.

**Sunday Distance Events (M 1650):** The fastest heat of 8 in the men’s 1650 yard Freestyle will be swum at the beginning of the evening final session. The remaining heats will swim on Sunday afternoon, such that the last heat finishes at 4:30pm. The heat order and schedule will be published after the scratch deadline on Saturday night. These events are timed finals

Drive safely and best of luck to the swimmers competing.