

Hello Age Group Families,

USA Swimming and Safe Sport have recently instituted new Safe Sport policies that go into effect on June 23, 2019. These policies are known as MAAPP (Minor Athlete Abuse Prevention Policy) and will be affecting every member of NAAC. Many of the policies, NAAC already has in place in our Parent Handbook. One of the policies that USA Swimming is placing an even larger emphasis on educating our swimmers and parents about Safe Sport. The *Safe Sport for Athletes* video course is no longer

optional - USA Swimming is now requiring all 12& over swimmers to take the course, otherwise they will not be allowed to register for the 2019-2020 season, which means they will not be allowed to practice or compete in swim meets. Completion of the course must be done by June 23, 2019. Listed below are step by step directions to access the course. I also highly recommend that parents complete the *Safe Sport for Parents* course. Understanding what Safe Sport is about will help you and your swimmers know why these new team policies are being put into place.



The first policy change that NAAC is placing an emphasis on is locker room safety. About two weeks ago, Coach Hilary and the board introduced the 15/15 locker room policy. Swimmers are not allowed to be dropped off more than 15 minutes before practice starts and must exit the locker room within 15 minutes of their practice ending. We know that some of the age groupers carpool with Junior and Senior swimmers, and therefore at the pool longer than 15 minutes after their practice ends. We need you to speak to your swimmers about not running around LeJeune after their practice and where they should wait for their carpools. These younger swimmers are not being supervised by the coaches. Please provide your swimmers with a reminder that we are guests in the building and how we are expected to behave at the USNA.

If you have any questions about the new policies or Safe Sport, please email janellerider@gmail.com and I will be happy to answer your questions.

Janelle Rider