

# NAAC NEWSLETTER

**VISION:** NAAC produces athletes with the ability to compete at the collegiate and national level.

**MISSION:** NAAC is a competitive organization that inspires and empowers athletes to achieve excellence in swimming and in life.

Hello NAAC Families!

Don't forget we have one more weekend of Boat Shows - traffic tonight will be a challenge. But the view from the Yard of Ego Ally filled with sail boats is spectacular and makes the traffic a more bearable. Don't have much to report this week so it will be a short newsletter. On a personal note, my 88 year old Dad is on town.

He watched swim practice last night and oh the stories and memories it brought up over dinner last night. We took a nice stroll down memory lane and I updated him (thanks to Facebook) on about 40 of my old teammates. It was all great memories of crazy travel trips, amazing friends, and great times, even some stories I had never heard about what my parents and their friends were up to on some trips :). Just a reminder to enjoy the ride and each other.

#### **VOLUNTEER SERVICE HOURS:**

All service hours worked at the York Meet have been posted to accounts and the master list of total service hours per family for the year is attached. Please review to make sure they are correct. We give members 10 days to check and get back to our Volunteer Coordinator, Janelle Rider, with updates and/or questions. Remember: No appeals will be heard afterward. While this might seem harsh, trying to retrieve paperwork two or three months after a meet in an attempt to verify whether sessions were worked typically creates more questions than answers.

To check on your credits:

Log into your account at [www.NAAC.ws](http://www.NAAC.ws)

- In the left-hand column, click on My Account>>\$My Invoice/Payment
- Click on the "Service Hours" tab in the center of the page
- You should then see all the credits that you have worked

#### **MARLINS MEET:**

Please review the attached entry file for the Marlins Meet - we had to redo the entry file, again. There were some mistake in there on our part (too many bonus events, etc). So be sure to review one last time. Let me know of any questions. [hilyager@gmail.com](mailto:hilyager@gmail.com)

#### **USA SWIMMING REGISTRATION:**

It is time for all members to set up new accounts and register with USAS for 2023. (New members have done this already). Please follow the directions [HERE](#) Reach out to Kelli Jones, [navalaacMAL4@gmail.com](mailto:navalaacMAL4@gmail.com) with any questions regarding the process. We will also send out an email

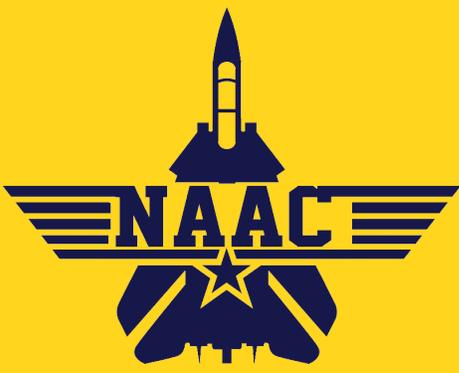
#### **UPDATED PARENT HANDBOOK:**

We have updated the NAAC Parent Handbook. The board has worked very hard to make sure this information is up-to-date and accurate. Kelli Jones took the time to reformat the entire document – it looks great! Be on the lookout for an email with the updated handbook attached. Please take the time to read the handbook, as it contains many important details about our club (Plus, you agreed to everything in it when you registered for the year, so you should know what it says!)

#### **PHOTO FUND RAISER:**

Please see details on page 3 but be sure to book your appointment soon as slots are filling up quickly! We are off to a great start this season. Looking forward to the next couple of weeks. Enjoy the sunshine.

Coach Hilary



# NAAC NEWSLETTER

**VISION:** NAAC produces athletes with the ability to compete at the collegiate and national level.

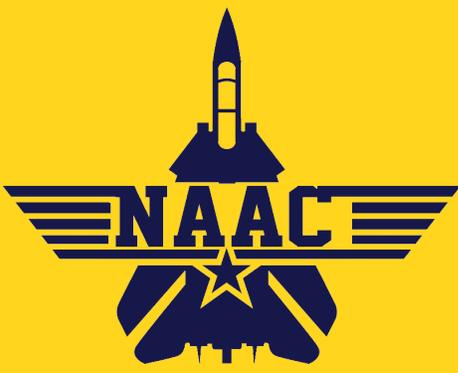
**MISSION:** NAAC is a competitive organization that inspires and empowers athletes to achieve excellence in swimming and in life.



Congratulations to the Novice B swimmers who took on the Snake Challenge last Sunday - 300 meters of non-stop swimming at the end of practice. Our first-place finisher was Grady L. Chance S. reports that he never swam such a long distance before. Riley S. wanted to keep on going. All of our challengers cheered on the last swimmer. Great job, NAAC Novice B!



Congrats to Coach Catherine Scott-Kem on her recent nuptials!



# NAAC NEWSLETTER

**VISION:** NAAC produces athletes with the ability to compete at the collegiate and national level.

**MISSION:** NAAC is a competitive organization that inspires and empowers athletes to achieve excellence in swimming and in life.

## NAAC PHOTO FUNDRAISER

Don't miss out! Scan the code to sign up today. Spots are filling fast. Gorgeous outdoor photos taken for your Holiday cards, mantles or as a gift by a professional photographer that used to be part of the NAAC family! Beautiful pictures for you, money coming back to the team! Win-Win!!



HAMILTON  
IMAGES

info@hamilton-images.com  
410 . 267 . 6090  
www.hamilton-images.com



### Fall Family Photos

Hamilton Images captures authentic, joyful images of your family in our **10 min short & sweet sessions!** It's the perfect amount of time to get that keepsake!

Choose family portraits, sibling photos or a combination.

A variety of packages, prints and holiday cards will be available in your private gallery 2-3 weeks from your session.

Get great family photos, have some fun and **raise money for your organization**- a percentage of profits will go back to NAAC!

### Choose a package

All Inclusive - \$195  
Download all high res photos!

Most Popular - \$99  
Pick your favorite and download it!  
\$20 credit for post session shopping

Basic Plus - \$70  
\$20 credit for post session shopping

Basic - \$55  
Purchase high res and prints after the session

### Prints, Packages and High Res Files

Sheets (1-8X10, 2-5X7's 3-4X6's) - \$22 each  
Packages - \$22 and up  
High Res File- \$50

### Location & Dates

**Friday, November 11**  
WWII Scenic Overlook

**Saturday, November 26**  
(Thanksgiving weekend)

USNA (gazebo near chapel)

Session slots are limited!

**Book Online**

https://  
hamiltonimages.as.me/naac

Rain dates will be made available.

Payments are transferable but not refundable.

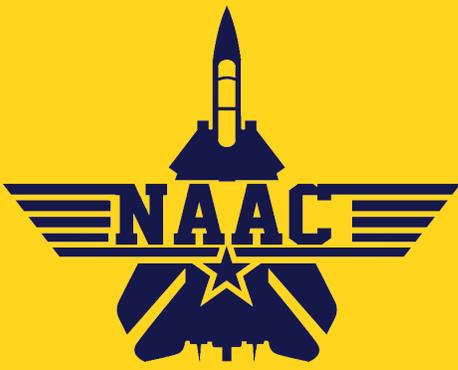
All prints and products ship to your home for \$5.50



**Naval Academy Aquatic Club**

*giving back*

Hamilton Images is donating a percentage of all profits back to NAAC!



# NAAC NEWSLETTER

**VISION:** NAAC produces athletes with the ability to compete at the collegiate and national level.

**MISSION:** NAAC is a competitive organization that inspires and empowers athletes to achieve excellence in swimming and in life.

## PRACTICE SCHEDULE/UPDATES

### **SENIOR GROUP Updates (otherwise, normal practice):**

Sunday Oct 23: 7:00-9:00am Swim, 9:15-10:15am Metal Resilience Training, Classroom

Sunday Oct 30: 7:00-9:00am Swim, 9:15-10:15am Metal Resilience Training, Classroom

Monday Oct 31: Of course, 6:30-8:30pm wear your costume!

### **JUNIOR GROUP:**

No update

### **AGE GROUP:**

Sunday , Oct 16: No practice

Monday Oct 31: No practice HALLOWEEN

### **NOVICE A:**

Monday, Oct 31: No practice, HALLOWEEN

### **NOVICE B:**

No update

**IT'S NOT A JOB... IT'S AN ADVENTURE**

# WANNA BE AN OFFICIAL?

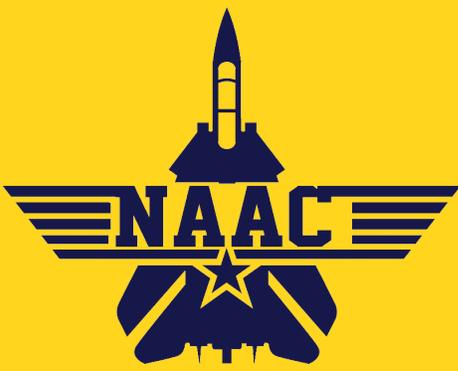
**STROKE & TURN TRAINING CLINIC!**

**WHO:** NEW AND RETURNING OFFICIALS WELCOME.

**WHEN:** 11/2/22, 6:30 PM  
LEJUENE CLASSROOM USNA

**INSTRUCTOR:** JERILYN DEITCH,  
NAAC  
JERILYNJOY75@GMAIL.COM  
410-746-5917

PLEASE SIGN UP USING THIS FORM:  
[HTTPS://FORMS.GLE/JVWKE941EBZE56FX7](https://forms.gle/JVWKE941EBZE56FX7)



# NAAC NEWSLETTER

**VISION:** NAAC produces athletes with the ability to compete at the collegiate and national level.

**MISSION:** NAAC is a competitive organization that inspires and empowers athletes to achieve excellence in swimming and in life.

## UPCOMING MEETS:

### 2022 MARLINS MEET

**WHO:** AG, JR, SR (need to have at least one BB time standard)

**WHEN:** Nov 4 - 6, 2022

**WHERE:** UMD, Eppley Center

*CHECK ENTRIES!*

*RSVP NOW - all NO, AG, JR & SR!*

### 2022 NAAC DECEMBER BB BUSTER

**WHO:** NA, AG, JR, SR WITH BB OR SLOWER TIMES 9 & OVER (BASICALLY EVERYONE ON THE TEAM IN THESE GROUPS WHO IS OVER 9 YEARS OLD)

**WHEN:** Dec 3 - 4, 2022

**WHERE:** Lejeune Hall, USNA

*RSVP NOW - all 8 & Under members*

### 2022 NAAC DECEMBER MINI MEET

**WHO:** All NAAC 8 & Under Members

**WHEN:** Dec 2, 2022

**WHERE:** Lejeune Hall, USNA

### 2022 CLUB MOUNTAINEER SPEEDO INVITE

**WHO:** All AG, JR, SR - no time standards so everyone in these groups can attend!

**WHEN:** Dec 8 -11, 2022

**WHERE:** Morgantown, WVA

**HOTEL:** Hampton Inn & Suites

## SENIOR COLLEGE COMMITMENTS

Congrats to Amber Martin!

**CLASS of 2023**

**AMBER MARTIN**