WARM-UP LANE ASSIGNMENTS

LONG Course LUAU MEET, JUNE 15-17, 2019

Saturday, Sunday, and Monday AM, 13 and Older Events

Session 1, 4, and 7

6:30 – 7:30 AM, General Warm-ups, 7:30 – 7:50 AM, specific, lanes 1 and 8 – pace, lanes 2 and 7 – sprint

Competition start: 8:00 AM

**Saturday Afternoon, Meet start time: not before 1:30 PM**

Session 2 Warm-ups

Saturday, 12 and younger events

12:30 – 12:55 PM

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| Lane 1 | Lane 2 | Lane 3 | Lane 4 | Lane 5 | Lane 6 | Lane 7 | Lane 8 |
| PSDN | PSDN | PSDN | PSDN | ASC | PWSC/GMAC | STAT/WAC | STAT/WAC |

12:55-1:20 PM

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| Lane 1 | Lane 2 | Lane 3 | Lane 4 | Lane 5 | Lane 6 | Lane 7 | Lane 8 |
| MOR | MOR | MOR | TSU/TAC | SPRC | SPRC/Unat | NAAC | NAAC |

**Sunday Afternoon, Meet Start time: not before 2:00 PM**

Session 5 Warm-ups

Sunday, 12 and younger events

1:10-1:35PM

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| Lane 1 | Lane 2 | Lane 3 | Lane 4 | Lane 5 | Lane 6 | Lane 7 | Lane 8 |
| PSDN | PSDN | PSDN | SPRC | SPRC | STAT | PWSC | PWSC/VLAC |

1:35 – 2:00 PM

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| Lane 1 | Lane 2 | Lane 3 | Lane 4 | Lane 5 | Lane 6 | Lane 7 | Lane 8 |
| MOR | MOR | MOR | NAAC | NAAC | ASC | TAC/WAC | TSU/GMAC |

**Monday Afternoon, Meet start time: not before 3:00**

Session 8 Warm-ups

Monday, 12 and younger events

2:10 – 2:35 PM

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| Lane 1 | Lane 2 | Lane 3 | Lane 4 | Lane 5 | Lane 6 | Lane7 | Lane8 |
| PSDN | PSDN | PSDN | PWSC | PWSC | SPRC | STAT | STAT/VLAC |

2:35 – 3:00 PM

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| Lane 1 | Lane 2 | Lane 3 | Lane 4 | Lane 5 | Lane 6 | Lane 7 | Lane 8 |
| MOR | MOR | MOR | NAAC | NAAC | ASC | TSU/GMAC | TSU/GMAC |

**Finals Saturday, Sunday and Monday: General warm-ups not before 5:00 PM, with competition start not before 6:00 PM**