

**Name: Michaela Cunningham**  
**High School: Severna Park High**  
**Years on SPY: 6**  
**College attending in Fall, 2012: Undecided**



**Hobbies when not swimming:** Watching Grey's Anatomy, Coaching Shipley's Choice Swim Team, Teaching Swim Lessons....  
I pretty much don't do anything unrelated to swimming.

**Most Memorable Swim:** Everytime I've swum at Nationals has been memorable for me for different reasons, but my favorite was when I got to swim finals in Atlanta last summer. Standing on the podium after I swam was one of the best feelings.

**Most Memorable/Funny Moments:** I can think of lots of memorable moments and they all seem funny to me but don't sound as funny on paper... I guess you just had to be there. Most of my funny moments have been with Tori Wood, Katie Parker, Nicole Provenza, Allie Muha and Kimmy Weyand. These range from singing in the car with my Mommy Kim to all the obnoxious things Katie and I do at practice. One of my favorite memories is running around in the parking lot with Tori on a Thursday morning practice. We wanted a bottle of water, which was in the trunk of Kim's car. It was pouring rain, and we were wearing our suits and caps, and we couldn't get the trunk of the car open. Naturally this only led to disaster, but somehow we managed to get the water in the end. Another one of my favorite memories is when Tori shoved a certain someone in the pool when we were Investigators... their reaction was to twitch like a squirrel while they were falling, and Tori and I couldn't stop laughing for the rest of warmup.

**Best Event:** 50 fly and 50 breast are my favorites – but since they are not "real" events, I guess we'll go with 100 breast.

**Favorite Set:** Widths and sprint sets.

**Least Favorite Set:** Anything involving 400IM or backstroke... I think everyone is aware of my passionate hatred for backstroke.

**Pre-swim Rituals:** I go behind the blocks way before I need to, so I'll usually stand there and listen to my iPod. If one of my friends is nearby we sometimes sing and dance together. I try to compensate for my complete lack of flexibility by stretching. Usually by the time I dive in the water I fix my goggles about fifty seven times.

**Favorite Meal Before a Meet:** Chicken Parmesan. Especially from Angelo's in Fort Lauderdale. Their food is like heaven on earth.

**Advice to Next Year's Graduating Class:** Stay in school.