**Name**: Cole Hite

**High School**: Mount Saint Joseph High School

**Years on SPY**: 6

**College Attending in Fall 2021**: Acceptance Pending to the United States Merchant Marine Academy

**Hobbies when NOT Swimming:** Mountain Biking, Cars, Hanging with the boys

**Most memorable swim**: My most memorable swim is definitely my 50 free time trial from Cap Classic in 2019. I went into this meet with the one goal of making short course nationals. While I missed the cut by a few hundredths of a second in my normal 50 free, I didn't give up and signed up for the time trial to give it a second go. It was extremely special because the whole team stayed after the meet was over to cheer me on which is probably the reason I ended up making the cut. What made this even more special was that the guy swimming next to me, who I had been talking to for a while before the race, ended up finishing dead even with me. The whole experience was absolutely surreal even if I didn't end up getting the chance to go to nationals.

**Most memorable/funny** moment: This is a simple one but my most memorable moment from each year is definitely playing Spyopoly with the team.

**Best Event**: 50 Freestyle

**Favorite Set**: Timed dives/breakouts

**Pre-swim rituals**: Depending on the race, my procedure changes but in general i like to listen to music for about a half an hour before my race starts while I stretch and then walk up behind the blocks 10 minutes before my race while still listening to music.

**Favorite Meal before a meet**: Pasta and Meatballs

**Advice for next year's graduating seniors**: While many of you have probably already started your college search, the one piece of advice I can give in that vein is to not be afraid to apply to a bunch of schools. The more schools you apply to the more options you have when you finally make your decision, and trust me, you don't want to have limited choices for a decision as big as this. Besides from the college topic, take senior year to spend time with your friends in Maryland. After you graduate high school it's not going to be as easy to just hang with your buddies on the weekends. Take the time you have now to create those memories.