

SPY SENIORS PAGE:

Name: Dylan DeAngelo

High School: Broadneck

Years on SPY: 3 years...give or take. Got lost for a few years in between

College attending in Fall 2022: Yes

Hobbies when not swimming: Looking back into Sam's eyes

Most memorable swim: 200 Breaststroke

Most memorable/funny moment: Sam writing MY name in the new cement...and getting caught. It's all good, it was fixed.

Best Event: 100 Breaststroke

Favorite Set: Race Pace

Least Favorite Set: Broken 200 IMs

Pre-swim rituals: Stretching

Favorite meal before a meet: Chicken Tenders & Chocolate Covered Pretzels

Advice for next years graduating class:

Don't dog the practice sets. Motivate yourself by seeing how hard the person next to you is working...and do it better and faster. Loosen up and have fun with it though. Smile and laugh on the blocks. The end results will surprise you. Most importantly, support your teammates.