

SPY SENIORS PAGE:

Name: Julia Tvedt

High School: Homeschool

Years on SPY: 9

College attending in Fall 2022: currently deciding between University of Maryland, University of Florida, Clemson, University of Tennessee and Ohio State

Hobbies when not swimming: baking, drawing, painting, sewing, crochet, dance and hiking

Most memorable swim: Swimming the 200 fly last spring – I was super excited to find out I that qualified for districts! I was slightly less excited when I found out I had to swim it in finals later that day, but I still dropped some time from earlier that day.

Most memorable/funny moment: Skipping practice to go get bagels at Einstein

Best Event: 200 Fly

Favorite Set: Spyopoly or freestyle race pace

Least Favorite Set: the old 400 IM test set (pure torture) or stroke race pace

Pre-swim rituals: talking, eating, almost missing my event, playing uno

Favorite meal before a meet: pasta the night before and scrambled eggs the day of

Advice for next years graduating class: Life moves quickly. Throw yourself into new situations. Spend your time on what you are passionate about and don't be afraid to try new things.