

Summer 2020 Group Schedules

National							
Head Coach David Rodriguez							
	Mon	Tues	Weds	Thurs	Fri	Sat	Sun
AM Swim	7:00-8:30	5:30-7:00		7:00-8:30	7:00-8:30	7:00-9:30	
Dryland	9:00-10:00	2:30-3:30		2:30-3:30		10:00-11:00	
PM Swim	3:30-5:30	4:00-5:30	3:30-5:30	4:00-5:30			

Senior II							
Coach Brad Green							
	Mon	Tues	Weds	Thurs	Fri	Sat	Sun
AM Swim	7:00-8:30		5:30-7:00 @ SH			7:00-9:00 @ SH	
Dryland	4:30-5:15			4:30-5:15		10:00-11:00	
PM Swim	5:30-7:30	4:00-6:00	4:00-6:00	5:30-7:30	4:00-5:30		

Senior I							
Coach Heather Librizzi							
	Mon	Tues	Weds	Thurs	Fri	Sat	Sun
AM Swim	5:30-7:00 @ SH		7:00-8:30				10:30-12:30
Dryland				4:30-5:15	5:30-6:15		9:30-10:15
PM Swim	4:00-5:30		5:30-7:30	5:30-7:30	6:30-8:00		

AG4 Gold							
Head Age Group Coach John Fedena							
	Mon	Tues	Weds	Thurs	Fri	Sat	Sun
AM Swim		7:00-8:30			5:30-7:00 @ SH		8:00-10:00
Dryland	4:30-5:15	5:15-5:45		5:45-6:15			7:00-7:45
PM Swim	5:30-7:30 @ SH	6:00-7:30		4:00-5:30			

AG4 Green							
Head Age Group Coach John Fedena							
	Mon	Tues	Weds	Thurs	Fri	Sat	Sun
AM Swim		7:00-8:30			5:30-7:00 @ SH		8:00-10:00
Dryland	4:30-5:15		4:45-5:15				7:00-7:45
PM Swim	5:30-7:30		5:30-7:30				

AG3 Gold							
Coach Matt Hall							
	Mon	Tues	Weds	Thurs	Fri	Sat	Sun
AM Swim				5:30-7:00		10:00-11:30	
Dryland		5:00-5:45			4:00-4:45		
PM Swim	5:30-7:30 @ SH	6:00-7:30			5:00-6:30		

BPC AG3 Green							
Coach Hailey Hewitt							
	Mon	Tues	Weds	Thurs	Fri	Sat	Sun
AM Swim						9:00-10:30	
Dryland	4:30-5:00	4:30-5:00		4:30-5:00			
PM Swim	5:00-6:30	5:00-6:30		5:00-6:30			

UES AG3 Green Coach Matt Hall							
	Mon	Tues	Weds	Thurs	Fri	Sat	Sun
AM Swim						11:30-1:00	
Dryland			5:15-6:00		4:00-4:45		
PM Swim	6:00-7:30		6:00-7:30		5:00-6:30		

BPC AG2 Gold Coach Hailey Hewitt							
	Mon	Tues	Weds	Thurs	Fri	Sat	Sun
AM Swim						9:00-10:15	
Dryland	5:15-5:30	5:15-5:30		5:15-5:30			
PM Swim	3:45-5:00	3:45-5:00		3:45-5:00			

UES AG2 Gold Coach Diana Pimer							
	Mon	Tues	Weds	Thurs	Fri	Sat	Sun
AM Swim						9:00-10:15 @ SH	
Dryland	3:45-4:00		3:45-4:00		3:45-4:00		
PM Swim	4:00-5:15		4:00-5:30		4:00-5:00		

BPC AG2 Green Coach Hailey Hewitt							
	Mon	Tues	Weds	Thurs	Fri	Sat	Sun
AM Swim						8:00-9:00	
Dryland	5:00-5:15	5:00-5:15		5:00-5:15			
PM Swim	3:45-4:45	3:45-4:45		3:45-4:45			

UES AG2 Green

Coach Diana Pimer

	Mon	Tues	Weds	Thurs	Fri	Sat	Sun
AM Swim						9:00-10:00 @ SH	
Dryland	3:45-4:00		3:45-4:00		3:45-4:00		
PM Swim	4:00-5:00		4:00-5:00		4:00-5:00		

BPC AG1

Coach Hailey Hewitt

	Mon	Tues	Weds	Thurs	Fri	Sat	Sun
AM Swim						8:15-9:00	
Dryland	5:15-5:30			5:15-5:30			
PM Swim	4:15-5:00	4:15-5:00		4:15-5:00			

UES AG1

Coach Diana Pimer

	Mon	Tues	Weds	Thurs	Fri	Sat	Sun
AM Swim						10:15-11:00 @ SH	
Dryland	6:00-6:15				4:45-5:00		
PM Swim	5:15-6:00		5:00-5:45		4:00-4:45		