



2020 CMA Fall Practice Schedule Session 1



| POOL 9/8/2020 -> 9/13/2020 and 9/21/20 -> 9/27/20 | | | | | | | | |
|---|-------|-----------|-----------|-----------|-----------|-----------|-----------|------------------------|
| Weeks 1 & 3 | AM/PM | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY | SUNDAY |
| | AM | 5:30-6:45 | 5:30-6:45 | 5:30-6:45 | 5:30-6:45 | 5:30-6:45 | 6:00-6:45 | |
| | Group | 1 | 2 | 3 | 1 | 3 | 4 | |
| | PM | | | | | | | *1:00-2:00 / 2:00-3:00 |
| | Group | | | | | | | 4 / 5 |
| | PM | | | | | | | 4:15-5:30 |
| | Group | | | | | | | 2 |
| | PM | 7:00-7:55 | 7:00-7:45 | 7:00-7:55 | 7:00-8:00 | 7:00-8:00 | | 5:35-6:30 |
| | Group | 2 | 6 | 1 | 5 | 6 | | 3 |
| | PM | 8:00-9:00 | 7:50-9:00 | 8:05-9:00 | 8:05-9:00 | 8:05-9:00 | | 6:35-7:30 |
| Group | 3 | 5 | 2 | 4 | 5 | | 1 | |

| POOL 9/14/2020 -> 9/20/20 and 9/28/2020 -> 10/3/20 | | | | | | | | |
|--|-------|-----------|-----------|-----------|-----------|-----------|-----------|------------------------|
| Weeks 2 & 4 | AM/PM | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY | SUNDAY |
| | AM | 5:30-6:45 | 5:30-6:45 | 5:30-6:45 | 5:30-6:45 | 5:30-6:45 | 6:00-6:45 | |
| | Group | 1 | 2 | 3 | 1 | 3 | 5 | |
| | PM | | | | | | | *1:00-2:00 / 2:00-3:00 |
| | Group | | | | | | | 4 / 5 |
| | PM | | | | | | | 4:15-5:30 |
| | Group | | | | | | | 2 |
| | PM | 7:00-7:55 | 7:00-7:45 | 7:00-7:55 | 7:00-8:00 | 7:00-8:00 | | 5:35-6:30 |
| | Group | 2 | 6 | 1 | 4 | 6 | | 3 |
| | PM | 8:00-9:00 | 7:50-9:00 | 8:05-9:00 | 8:05-9:00 | 8:05-9:00 | | 6:35-7:30 |
| Group | 3 | 4 | 2 | 5 | 4 | | 1 | |

*All Sunday practices for AG will be at the Riverton Community Center Pool in Portland

= Morning (a.m.)
 = Evening (p.m.)

= Swim School/Novice
 = Novice/Age Group
 = Senior