



**2020**

**CMA Summer Practice Schedule**



6/21/2020 - 8/1/2020

SOUTH PORTLAND MUNICIPAL POOL								
	AM/PM	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Swim School	AM						*8:15-9:00	NO PRACTICE
	PM	4:00-4:45	5:15-6:00					
Novice I	AM						*8:15-9:00	
	PM	4:00-5:00	4:00-5:00	5:00-6:00				
Novice II	AM						*7:00-8:00	
	PM	5:00-6:00	5:00-6:00	4:00-5:30	4:30-6:00			
Age Group I	AM						*7:00-8:15	
	PM	4:30-6:00	4:00-5:15	4:00-6:00	4:30-6:00			

\*@Cape Pool

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RICHARDS POOL - CAPE ELIZABETH								
	AM/PM	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Age Group II	AM						7:00-9:00	NO PRACTICE
	PM	4:00-5:30	4:00-5:30	4:00-5:30	4:00-5:30	3:00-4:30		
<i>Dryland</i>	PM	5:45-6:15		5:45-6:15				
Senior I & II	AM	5:30-7:00	5:30-7:00	5:30-7:00	5:30-7:00	5:30-7:00	7:00-9:00	
	PM	4:00-5:30		4:00-5:30				
<i>Dryland</i>	AM		7:00-7:45		7:00-7:45			

**NO CMA TEAM PRACTICES**

Independence Day -> 7/4  
 Championship Meet ->  
 Annual CMA/Pool Shutdown -> 8/1 - 8/31