



**Westbrook Seals**  
**Halloween Howler Meet**  
 October 30, 2021  
 Davan Pool, 426 Bridge Street Westbrook, ME 04092  
 Held under the sanction of USA Swimming/Maine  
 Swimming, Inc. ME-2122-1030SEAL



*We have taken enhanced health and safety measures for all attending this event however we cannot guarantee you that you will not become infected with COVID-19. You must follow all posted instructions while visiting the Westbrook Community Center. An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable. By attending this meet, you acknowledge the contagious nature of COVID-19 and voluntarily assume all risks related to exposure to COVID-19.*

**SANCTION:**

- Held under the sanction of USA Swimming/Maine Swimming, Inc., SANCTION NO: **ME-2122-1030SEAL**
- USA Swimming, Inc., Maine Swimming, Inc., the Westbrook Seals and the Westbrook Community Center shall be held free and harmless from any and all liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this event.
- An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease of Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable.
- USA Swimming, Inc., Maine Swimming, Inc., Westbrook Seals and the Westbrook Community Center cannot prevent you (or your children) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming/Maine Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming/Maine Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.
- **BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND MAINE SWIMMING AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY AND ALL LIABILITY OR CLAIMS FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN, OR UNFORESEEN, IN CONNECTION THEREWITH.**

**USA-S SANCTION REQUIREMENTS**

The Westbrook Community Center has requested that we limit the number of spectators in the gallery. As such, we will be marshalling spectators into the gallery one heat at a time for parents to be able to watch their swimmers. In addition, the races will be broadcast in the gym adjacent to the pool. The gym may also be used to house swimmers depending on the number of entries.

Capacity on the pool deck is limited to 180 people. The spectator gallery is limited to 60 people. Overflow will be seated in the gym. Gym capacity is 400.

Parents needing to contact their children for emergency purposes can call Marcy Scharf at 207-310-3997.

**LOCATION:** Westbrook Community Center, Davan Pool, 426 Bridge Street Westbrook, ME 04092 207-854-91052

<b>FACILITY:</b>	<p>The Davan Pool is a 6-lane, 25-yard pool with non-turbulent lane lines and fully-automatic Colorado Time Systems electronic timing with touch pads at the finish end of the pool with single-line electronic display. There are no touch pads at the turn end of the pool. The finish end of the pool is 10 feet deep; the turn end of the pool is 3 feet deep. The competition course has not been certified in accordance with 104.2.2C(4).</p> <p>25-yard events will start in the water at the shallow end of the pool. They will use the electronic starting and timing system.</p>
<b>MEET PERSONNEL:</b>	<p>Jeff Ward(Meet Director) (207) 841-2349 <a href="mailto:jeff.ward.207@gmail.com">jeff.ward.207@gmail.com</a>  Jerrold A. Crouter (Meet Referee) <a href="mailto:JCrouter@dwmlaw.com">JCrouter@dwmlaw.com</a>  Sheree Inman (Administrative Official) <a href="mailto:inmansh@gmail.com">inmansh@gmail.com</a>  Joe Pritchard (Entry Chair) <a href="mailto:sealsswimmingnews@gmail.com">sealsswimmingnews@gmail.com</a>  Marcy Scharf (Safety Monitor) <a href="mailto:mbarrows@gmail.com">mbarrows@gmail.com</a></p>
<b>ELIGIBILITY:</b>	<ul style="list-style-type: none"> <li>• Entries for swimmers 13 and Over are limited to SEAL, MMD, WCCU.</li> <li>• Entries for swimmers 12 &amp; Under will be accepted from all USA Registered swimmers.</li> <li>• No on deck Maine Swimming athlete registration will be permitted.</li> <li>• Age on first day of the meet will determine age for the entire meet.</li> </ul>
<b>DISABILITY SWIMMERS:</b>	<ul style="list-style-type: none"> <li>• Athletes with a disability are welcome and shall provide advance notice of desired accommodations to the Meet Director.</li> <li>• The athlete (or the athlete's coach) is also responsible for notifying the session referee of any disability prior to the competition.</li> </ul>
<b>FORMAT:</b>	<ul style="list-style-type: none"> <li>• This meet will be in a time finals format. All events will be swum mixed gender.</li> <li>• Coaches will receive a positive check-in sheet before each session that must be returned no later than 30 minutes before the beginning of the session.</li> <li>• The meet will be seeded with Hy-tek version 8.0</li> </ul>
<b>ENTRIES:</b>	<ul style="list-style-type: none"> <li>• Final Date of Entry: Oct. 22, 2021 at 5:00 PM</li> <li>• Entries must be submitted in 25 yard (course) times.</li> <li>• Teams submit entries via email. Email entries to: Joe Pritchard at <a href="mailto:sealsswimmingnews@gmail.com">sealsswimmingnews@gmail.com</a></li> <li>• The team contact form must be included with the entries.</li> <li>• Coach Time (CT) and "No Time" (NT) entries will be accepted for events in which a swimmer does not have a time of record.</li> <li>• Swimmers 12 and Under may enter a maximum of 3 <b>individual event(s) including time trials.</b></li> <li>• Swimmers 13 and Over may enter a maximum of 2 <b>individual event(s) including time trials.</b></li> <li>• Entries for the three "invited" teams will be processed first. After that, 12 &amp; Under entries will be processed on a first come, first served and <b>accepted to</b> the greatest extent possible without exceeding the window we have access to the pool (4 ½ hours for warm up and competition) or the limits as mandated by current Maine State guidelines.</li> <li>• Deck entries will be accepted for athletes already entered in the meet to the extent that open lanes are available. No extra heats will be added.</li> <li>• Time Trials may be offered at the discretion of the Meet Referee at the conclusion of each session. If offered, swimmers may swim one time trial. The cost of time trials is \$15.00.</li> </ul>
<b>FEES:</b>	<p>Individual trial/final events: \$5.00  Swimmer participation fee: \$5.00  Athlete Travel Surcharge: \$1 per swimmer which goes directly to MESI.</p>

	<p>Checks should be made payable to: Westbrook Seals</p> <p>Mail payment to: Jennie Pillsbury Westbrook Seals P.O. Box 909 Westbrook, Maine 04092</p> <p>Payment for all entries are due the morning of <b>October 30, 2021. Payment must be supplied before swimmers enter the water for warmup.</b> Any team that fails to send payment by this due date can be scratched from the meet at the discretion of the Entry Chairperson. <b>Any team that does not pay prior to warmup on Saturday, Oct. 30th may be assessed a late payment fee of \$20.</b></p>
<b>WARM-UP:</b>	<ul style="list-style-type: none"> <li>Lanes and times for warm up will be assigned and sent in advance to coaches after entries have been processed.</li> </ul>
<b>AWARDS:</b>	<ul style="list-style-type: none"> <li>Heat winner awards (likely Halloween Candy or a healthy alternative) will be awarded to heat winners and those who make best times.</li> </ul>
<b>COVID RULES</b>	<ul style="list-style-type: none"> <li>Westbrook Community Center currently requires those who are not vaccinated and have had a close contact to self-quarantine for 10 days.</li> <li>The Community Center has asked us to limit the number of spectators in the gallery to 60 people. As such, we will be rotating spectators in and out to watch specific events. Video of the meet and seating will be available in the gym next to the pool.</li> <li>Capacity on the pool deck is limited to 180 people. Overflow will be seated in the gym. Gym capacity is 400.</li> </ul>
<b>RULES:</b>	<ul style="list-style-type: none"> <li>The current USA Swimming Rules and Regulations including the Minor Athlete Abuse Protection Policy (MAAPP 2.0) will govern this meet.</li> <li>All applicable adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy (MAAPP 2.0) and that they understand that compliance with the MAAPP 2.0 policy is a condition of participation in the conduct of this competition.</li> <li>Any swimmer entered in the meet must be certified by a USA-S member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.</li> <li>Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present without written USA Swimming approval.</li> <li>Use of audio or visual recording devices, including cell phones, is not permitted in changing areas, rest rooms or locker rooms. In addition, photography behind the blocks is <u>not permitted</u>.</li> <li>Changing, in whole or in part, into or out of swimsuit when wearing just one suit in an area other than in a locker room, bathroom, or other space designated for changing is PROHIBITED.</li> <li>An athlete suspected of sustaining a concussion or exhibiting signs of a concussion, will immediately be removed from competition and shall not return to competition that day. The athlete may return to competition on a subsequent day, but only with a release authorization signed by a licensed healthcare provider.</li> <li>In according with Maine State Best Practices, all athletes should shower before entering the pool.</li> <li>In accordance with Maine Swimming Policy, only those coaches who have current, valid USA Swimming credentials will be permitted to act in a coaching capacity at this meet. Coaches with expired or non-current credentials will be required to leave the deck area and are subject to a fine.</li> <li>Current USA Swimming rules will govern all competition. Decisions by the Meet Referee will be final unless a written protest is lodged within 30 minutes of the heat swum. A swimmer may compete under protest during appeal of a decision of the MSI Board of Directors or MSI House of Delegates only upon presentation of a written protest and its required fee of \$100 to the</li> </ul>

	<p>General Chair.</p> <ul style="list-style-type: none"> <li>All swimmers, coaches and officials will follow the USA Swimming code of conduct under article 304 of the USA Swimming rules and regulations. Any violation of such policy will be reported to the Meet Referee and the Maine Swimming office for further review and/or action.</li> <li>Scratches for finals should be submitted before the end of the trials session on Saturday.</li> </ul>
<b>PENALTIES:</b>	<ul style="list-style-type: none"> <li>A fine of up to \$100 per event may be assessed for any illegal participation in the meet. Illegal participation is defined as <ul style="list-style-type: none"> <li>Entries using fraudulent or non-verifiable times.</li> <li>Athlete competed in the incorrect age group.</li> <li>Athlete is not registered with USA Swimming prior to the first day of the meet.</li> </ul> </li> <li>If the swimmer is representing a club in competition, the fine will be levied on the Club. If the swimmer is unattached, the fine will be levied on the swimmer.</li> </ul>
<b>OFFICIALS:</b>	<ul style="list-style-type: none"> <li>Officials will be needed for all positions and all sessions for this meet.</li> <li>If you know that you will be attending this meet, please email the Meet Referee and let him know your level of certification, team, and sessions you will be available.</li> <li>All officials are welcome to work any number of sessions and walk-ons are always welcome.</li> <li>Officials will meet in the pool office one hour prior to the start of each session.</li> <li>Those officials wishing to apprentice should complete a <a href="#">Request to Shadow Form</a> no later than 48 hours before the meet.</li> </ul>
<b>SAFETY:</b>	<p>Maine Swimming Meet Safety Procedures will be in effect.</p> <ul style="list-style-type: none"> <li>No shaving is permitted at the competition site.</li> <li>No glass containers are permitted within the facility.</li> <li>No food is allowed on the pool deck.</li> <li>Swimmers must be under the supervision of a coach. If a swimmer arrives at the meet without a coach, the swimmer should notify the referee before he/she warms up. The referee will assign the swimmer to a registered coach for warm-ups.</li> </ul>
<b>GENERAL:</b>	<ul style="list-style-type: none"> <li>A concession stand will be in operation for the duration of the meet.</li> <li>Heat Sheets will be posted around the pool deck and will be available for \$3.</li> <li>The cost of admission is \$2.</li> </ul>
<b>FACILITY RULES:</b>	Please remember to follow USA Swimming safety rules and follow the direction of the Safety Marshalls.
<b>DIRECTIONS:</b>	<a href="#">Westbrook Seals : Pool directions/map</a>

**Schedule of Events -**

Warm-up 8:30 AM      Start Time 9:15 AM

<b>Event Number</b>	<b>Event</b>
1	13 and Over 200 yard Freestyle
2	11 and 12 100 yard Freestyle
3	9 and 10 100 yard Freestyle
4	8 and Under 50 yard Freestyle
5	13 and Over 100 yard Breaststroke
6	11 and 12 50 yard Breaststroke
7	9 and 10 50 yard Breaststroke
8	8 and Under 25 yard Breaststroke
9	13 and Over 100 yard Backstroke
10	11 and 12 50 yard Backstroke
11	9 and 10 50 yard Backstroke
12	8 and Under 25 yard Backstroke
13	13 and Over 100 yard Butterfly
14	11 and 12 50 yard Butterfly
15	9 and 10 50 yard Butterfly
16	8 and Under 25 yard Butterfly
17	13 and Over 100 yard Freestyle
18	11 and 12 50 yard Freestyle
19	9 and 10 50 yard Freestyle
20	8 and Under 25 yard Freestyle
21	13 and over 200 yard Ind. Medley
22	11 and 12 100 yard Ind. Medley
23	9 and 10 100 yard Ind. Medley

*Seals Swimming*  
**Halloween Howler Meet**  
Davan Pool, 426 Bridge Street Westbrook, ME 04092

October 30, 2021

**CONTACT INFORMATION**

Team Name: \_\_\_\_\_ Abbreviation: \_\_\_\_\_

Deck Coach: \_\_\_\_\_ Phone: \_\_\_\_\_ Email: \_\_\_\_\_

Entries Contact: \_\_\_\_\_ Phone: \_\_\_\_\_ Email: \_\_\_\_\_

Address: \_\_\_\_\_

Unattached Swimmers: \_\_\_\_\_

**ENTRY FEES**

_____ Individual Event Entries	@ \$5.00	= \$ _____
_____ Swimmer Participation Fee: # athletes _____	@ \$ 5.00	= \$ _____
_____ Athlete Travel Surcharge: # athletes _____	@ \$1.00	= \$ _____

Total: \$ \_\_\_\_\_

Make check payable to: **Westbrook Seals**

Send check to:

Jennie Pillsbury  
Westbrook Seals  
P.O. Box 909  
Westbrook, Maine 04092

**LIABILITY RELEASE**

Any swimmer whose entry is accepted will, for him/herself, his/her heirs, executors and administrations, waive and release any and all rights and claims for damages he/she may have against United States Swimming, Maine Swimming, Westbrook Seals and Westbrook Community Center for any and all injuries suffered by him/her at said meet. In submitting this entry the undersigned team certifies that all athletes in the entry are registered with USA Swimming and understands that the team may be fined \$100 for each swimmer in the entry that is not registered with USA Swimming.

\_\_\_\_\_  
Signature of Authorized Team Official

\_\_\_\_\_  
Date