

Below is swim and drylands practice schedule for all groups from **February 22 – March 23 (Senior I & II)** and **March 30 (Pre-senior and Age Group)**. **ALL PRACTICES ARE AT REICHE.**

Weather Cancellations: Please call the Portland Recreation Department hotline at 756-8130 to determine if the pool is closed due to inclement weather.

SENIOR TRAINING GROUPS

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
5:00 – 6:00 am Swim Senior II	5:30 – 7:00 am Swim Senior I	5:00 – 7:00 am Swim Senior II	5:30 – 7:00 am Swim Senior I	5:00 – 7:00 am Swim Senior II	6:00 – 7:00 am Swim Senior I 7:00 – 8:00 am Drylands Senior I
6:00 – 7:00 am Swim Senior I	4:15 – 5:45 pm Swim 5:45 – 6:15 pm Drylands Senior II	3:00 – 4:30 pm Swim 4:30 – 5:00 pm Drylands Senior I	4:15 – 5:45 pm Swim 5:45 – 6:15 pm Drylands Senior II	3:00 – 4:30 pm Swim 4:30 – 5:00 pm Drylands Senior I	6:00 – 7:00 am Drylands 7:00 – 8:30 am Swim Senior II

Senior groupings:

Senior II: Ali, Alex, Kiron, Maria, Beo, Cole, Trevor, Yandy, Ian, Morgan, Zoe, Dennis

Senior I: Wyatt, Rami, Jack B, Jack C, Nabella, Chase, Evan, Henry, Campbell, Sebastian, Conor, Jet

PRE-SENIOR TRAINING GROUPS

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
off	5:45 – 7:00 pm Swim Group A	4:00 – 4:30 pm Drylands 4:30 – 6:00 pm Swim Group B	off	4:00 – 4:30 pm Drylands 4:30 – 6:00 pm Swim Group A	8:00 – 8:30 am Drylands 8:30 – 9:30 am Swim Group B
off	7:00 – 8:00 pm Swim Group B	6:00 – 7:30 pm Swim Group A	off	6:00 – 7:30 pm Swim Group B	9:00 – 9:30 am Drylands 9:30 – 10:30 am Swim Group A

Pre-senior groupings:

A: Jane, Izzy, Sophia E, Kate, Penelope, Vanessa, Graham, Stephen, MacKenzie Sh, Malcolm, Grace, Sophie T

B: Ella, Josie, Maia, Brielle, Anya, Laura, Harriet, Ema, McKenzie Sm, Eleanor, Kaia, Andrew

AGE GROUP TRAINING GROUPS

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
6:15 – 7:00 pm Swim AG1	off	off	5:45 – 6:30 pm Swim AG1	off	10:30 – 11:00 am Swim AG1
7:00 – 8:00 pm Swim AG2	off	off	6:30 – 7:45 pm Swim AG2	off	11:00 – 12:00 pm Swim AG2

Age Group groupings:

AG 1: Gavin, Sophia C, Lotte, Luca, Mimi, Victoria, Eli, Brady, Oliver, Amelia, Owen, Charlotte

AG 2: Jameson, Finn, Lucy, Isla, Michael, GraceAnne, Livy, Stephanie, Pierce, Sam, Breen, Carter