PPSC Attendance Expectations

The mission of PPSC is to help swimmers of all abilities to pursue their competitive goals. As such we want swimmers to highly value their practice time and meet opportunities. The team attendance expectations are intended to help swimmers understand the level of participation commitment they make when joining a practice group.

Practice expectations:

- OSPREY-Challenge swimmers (formerly called Pre-seniors) are expected to attend 75% of practices.
- NOR'EASTER-Challenge (formerly Senior I) swimmers are expected to attend 80% of practices.
- NOR'EASTER-Elite (formerly Senior II) swimmers are expected to attend 90% of practices.

If a swimmer is sick and needs to miss practice, please notify their coach within 24hours before or after the absence to have it marked as excused.

Meet expectations:

- ALL swimmers are expected to participate in local meets as these are part of their training. They are welcome to travel to other regional meets, as interested.
- OSPREY-Challenge, NOR'EASTER-Challenge and NOR'EASTER-Elite swimmers are expected to participate in swim meets which they have cut times for, unless the travel creates a hardship.

Swimmer Check-ins:

If swimmers consistently do not meet the above expectations, they should expect to:

On the 1st instance: Receive an email or phone notice from their coach.
2nd: Be asked to have a meeting with the coach to discuss their commitment level.
3rd: Be notified that their current spot in the group will be forfeited. The swimmer has the option of joining the Senior group.