



## Code of Conduct

It is a privilege to swim for Seacoast Swim Club, therefore SSC athletes are expected to obey all Maine Swimming and USA Swimming Codes of Conduct as members of these governing organizations. Additionally, SSC athletes are expected to conduct themselves in a responsible fashion as outlined below.

1. I will arrive at practices and meets on time, and will be prepared to do my best.
2. I will demonstrate good sportsmanship and conduct myself with honor and integrity when participating in practices, meets, and other Club activities.
3. I will treat teammates, coaches, other swimmers, officials and spectators with respect.
4. I will respect Coaches' and Officials' decisions even if I disagree. I will not argue disqualifications.
5. I will support other swimmers from my team and other teams. I will be modest, kind and helpful.
6. I will not bully others, including my Seacoast teammates. Among other behaviors, bullying includes teasing, name-calling, insults, threats, attacks, hiding and or taking others belongings, or excluding anyone from the group.
7. I understand that I am a guest of the Greely High School Pool and other pools (when attending meets). I promise to treat the locker rooms and other property with respect and display appropriate behavior to set an example for my teammates.
8. I take responsibility for my actions and I remember I am part of a team. My actions reflect on the team as a whole.

**I understand that violation of this code may result in Seacoast taking disciplinary actions such as:**

1. **Removal from practice followed by a mandatory meeting with coaches and parents to address the behavior in question.**
2. **Suspension from the team for a definite period of time which could include upcoming swim meets, or suspension indefinitely.**

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**Swimmer Signature**

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**Date**

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**Parent Signature**

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**Date**