

11&O Trials/Finals and

10&U Timed Finals Meet

Roger Williams University, Bristol RI

November 1-3, 2019

*Session 1 Friday Evening Distance*

*Warm-up starts at 4:00pm. First Event at 4:40pm*

\*7 lanes per heat

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| Girls Event No | Event Description | Boys Event No |
| 1 | 12&U 500 FR | 2 |
| 3 | 12&U 400 IM | 4 |
|  | 15 Minute Warm-up |  |
| 5 | MIXED OPEN 1000 FR\* (Fast to Slow) |  |

*Session 2 Saturday Morning OPEN Prelims*

*Warm-up at 7.00am. First Event at 8:30am*

7 lanes per heat

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| Girls Event No | Event Description | Boys Event No |
| 7 | OPEN 500 FR Prelim A Flight (3 Heats) | 8 |
| 9 | OPEN 200 IM Prelim | 10 |
| 11 | OPEN 50 FR Prelim | 12 |
| 13 | OPEN 100 FLY Prelim | 14 |
| 15 | OPEN 200 BR Prelim | 16 |
| 17 | OPEN 100 BK Prelim | 18 |
|  | OPEN 500 FR Prelim B Flight (Fast to Slow) |  |

*Session 3 Saturday Afternoon 11-12 Prelims and 10 & U Timed Finals*

*Warm-up at 12:45pm. First Event at 1:30pm*

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| Girls Event No | Event Description | Boys Event No |
| 19 | 10&U 200 IM | 20 |
| 21 | 11-12 200 IM Prelim | 22 |
| 23 | 8&U 25 FLY | 24 |
| 25 | 10 & U 50 FR | 26 |
| 27 | 11-12 50 FR Prelim | 28 |
| 29 | 10&U 100 FLY | 30 |
| 31 | 11-12 100 FLY Prelim | 32 |
| 33 | 8&U 25 BK | 34 |
| 35 | 10&U 50 BR | 36 |
| 37 | 11-12 200 BR Prelim | 38 |
| 39 | 10 & U 100 BK | 40 |
| 41 | 11-12 100 BK Prelim | 42 |

*Session 4 Saturday Evening* 11-12 A FINAL and OPEN FINALS A,B & C

*Warm-up starts at 5:30pm. First Event at 6:15pm*

7 lanes per Final

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| Girls Event No | Event Description | Boys Event No |
|  | OPEN 500 FR A & B Final |  |
|  | 11-12 200 IM A Final |  |
|  | OPEN 200 IM Finals A,B & C |  |
|  | 11-12 50 FR A Final |  |
|  | OPEN 50 FR Finals A,B & C |  |
|  | 11-12 100 FLY A Final |  |
|  | OPEN 100 FLY Finals A,B & C |  |
|  | 11-12 200 BR A Final |  |
|  | OPEN 200 BR Finals A,B & C |  |
|  | 11-12 100 BK A Final |  |
|  | OPEN 100 BK Finals A,B & C |  |

*Session 4 Sunday Morning OPEN PRELIMS*

*Warm-up at 7:00am. First Event at 8:30am*

*7 Lanes per heat*

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| Girls Event No | Event Description | Boys Event No |
| 43 | OPEN 400 IM Prelim A Flight (3 Heats) | 44 |
| 45 | OPEN 200 FR Prelim | 46 |
| 47 | OPEN 100 BR Prelim | 48 |
| 49 | OPEN 200 FLY Prelim | 50 |
| 51 | OPEN 100 FR Prelim | 52 |
| 53 | OPEN 200 BK Prelim | 54 |
|  | OPEN 400 IM Prelim B Flight (Fast to Slow) |  |

*Session 6 Sunday Afternoon 11-12* Prelims *and 10&U Timed Finals*

*Warm-up at 12:45pm. First Event at 1:30pm*

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| Girls Event No | Event Description | Boys Event No |
| 55 | 10 & U 200 FR | 56 |
| 57 | 11-12 200 FR Prelim | 58 |
| 59 | 8&U 25 FR | 60 |
| 61 | 10 & U 100 BR | 62 |
| 63 | 11-12 100 BR Prelim | 64 |
| 65 | 10&U 50 FLY | 66 |
| 67 | 11-12 200 FLY Prelim | 68 |
| 69 | 8&U 25 BR | 70 |
| 71 | 10&U 100 FR | 72 |
| 73 | 11-12 100 FR Prelim | 74 |
| 75 | 10&U 50 BK | 76 |
| 77 | 11-12 200 FLY BK | 78 |

*Session 4 Sunday Evening* 11-12 A FINAL and OPEN FINALS A,B & C

*Warm-up starts at 5:30pm. First Event at 6:15pm*

7 Lanes per final

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| Girls Event No | Event Description | Boys Event No |
|  | OPEN 400 IM A & B Final |  |
|  | 11-12 200 FR A Final |  |
|  | OPEN 200 FR Finals A,B & C |  |
|  | 11-12 100 BR A Final |  |
|  | OPEN 100 BR Finals A,B & C |  |
|  | 11-12 200 BK A Final |  |
|  | OPEN 200 BK Finals A,B & C |  |
|  | 11-12 100 FR A Final |  |
|  | OPEN 100 FR Finals A,B & C |  |
|  | 11-12 200 FLY A Final |  |
|  | OPEN 200 FLY Finals A,B & C |  |

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