# Portland Porpoise Swim Club 2020 ME PPSC Tri-Meet

# Riverton Community Center

(1600 Forest Avenue, Portland, ME)

# Sunday March 29, 2020

Held under sanction by USA Swimming/Maine Swimming, Inc. #1920-0329-TT

**Meet Director: Marcy Barrows Scharf (**[marcy.barrows@gmail.com](about:blank)**)** 207-310-3997

**Meet Referee: John Bliss (**[jmbliss8@msn.com](about:blank)**)** 207-252-8346

**Entry Chairperson: Jeffrey Martin** ([jeff@foresidemanagement.com](about:blank)) 207-415-4745

**Admin Official: Jeffrey Martin** ([jeff@foresidemanagement.com](about:blank)) 207-415-4745

**Safety Monitor: Karin Tonello** ([karintonello@yahoo.com](about:blank)) 617-413-5579

**MEET FORMAT:** The meet will be swum as timed finals and pre-seeded with Hy-Tek Meet Manager 7.0. Coaches will receive a positive check-in sheet before each session that must be returned no later than 30 minutes before the beginning of the session.

**SITE:** Harold Paulson Pool - a six lane 25-meter pool with 7-foot-wide lanes and has non-turbulent lane lines. The timing system includes a fully-automatic Colorado Time Systems electronic timing system with touchpads at the finish end of the pool with single-line electronic display. There are no touchpads at the turn end of the pool. The finish end of the pool is 7 feet deep; and the turn end of the pool is 4 feet deep. The pool is located in the far end of the Riverton center. Doors are located off the parking lot. There is bleacher seating is for 300. The competition course has not been certified in accordance with 104.2.2c(4).

**COURSE:** Short course 25 meters

1. **METER EVENTS:** 25 meter events will be swum from the finish end of pool to turn end with manual timing.

**CUT PROTOCOL:** If a session is over-subscribed, the Meet Director reserves the right to limit events, heats, swimmers, or adjust the format to conform to the 4-hour rule using the following cut protocols in any order deemed necessary:

1. Events will be cut by time
2. Swimmers will be asked to cut down by one event

**MEET COMMITTEE/JURY**: The Meet Jury will be made up of one official, one coach, and one athlete to be selected by the Meet Referee who will present issues and moderate the jury but not vote. The three members shall be from separate teams. The Meet Jury will decide all issues of eligibility and anything not addressed in the Meet Announcement. The Meet Referee shall have authority as described in the current USA Swimming Rulebook

**WEATHER PROTOCOL**: If weather or facility conditions make it impossible to follow the original timeline of events, the Meet Director and Meet Referee have a right to make changes to the meet sessions. The Meet Director will notify the teams of the changes with as much notice as possible. **Cancellation of the meet, or a session**, is the decision of the Meet Director, Meet Referee and the Meet Jury.

**ELIGIBILITY** All swimmers must be 2020 registered swimmers with United States Swimming. Swimmers may register with Mary Ellen Tynan, 17203 Millikan Ave, Irvine, CA 92606, [meswimoffice@gmail.com](about:blank). Age is determined by the age of the swimmer on the first day of the meet. All coaches on deck must be registered with USA Swimming and display their coach membership cards or display their deck pass when asked.

Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member- coach, it is the responsibility of the swimmer or the swimmer’s legal guardian to ensure compliance with this requirement.

## SWIMWEAR: Swimmers 12 years old and younger are not permitted to wear “Tech” suits at this meet

**REGISTRATIONS**: All swimmers must be registered with USA Swimming before the first day of the start of the meet. Any swimmer who has entered a meet and does not register by 11:59 PM on the day before the first day of the meet is subject to a $100 fine and will be scratched from the meet. Meet reconciliation will be done for this meet.

**DECK REGISTRATIONS**: Deck Registrations will be allowed with Meet Director approval

**TIME TRIALS:**Time trials may be offered during session 1 only at the discretion of the Meet Director and the Meet Referee if time allows. Time trials are $10.00 for individual events, and $40.00 for relays.  Payment is expected at time of swim.

**DISABILITY SWIMMERS:** Any current athlete members of USA Swimming with a disability, as defined by USA Swimming Rules and Regulations, may enter this meet. If modifications to USA Swimming rules are necessary, then the coach or athlete must notify the meet referee and meet director of any disability prior to competition.

**EVENTS and SESSIONS:** See attached list.

## ENTRY INFORMATION:

Final date of entry acceptance: 3/20/2020

Make checks payable to “Portland Porpoise Swim Club”. Mail payment to:

Tom Gagnon

45 Tide Mill Road Portland, ME 04102

Payment due date for all entries: 3/29/2020. Any team that fails to send payment by this due date can be scratched from the meet or may be subject to a late payment fine of $50 at the discretion of the Meet Director.

**ELECTRONIC ENTRIES:** Electronic entries (such as from Hy-tek Team Manager or other team management software) that are in CL2 or SD3/SDIF format may be emailed as an attachment to the entry chairperson at [**jeff@foresidemanagement.com**](about:blank) along with the entry cover sheet. Please check that your team name, address, and contact information are listed correctly in this file. For email entries, payment and hardcopy of the entry must be received by: March 20, 2020

**ENTRY LIMITS:** Athletes may enter and swim in a maximum of 3 events for session 1, and maximum of 4 events for session 2, but no more than 6 events total for the day

**ENTRY FEES:** Electronic entries:

$4.00 for all individual events

Non-electronic entries: $4.50 for individual events Swimmer Participation Fee is $5.00 per swimmer

$6.00 for Relays

Time Trials: $10.00 (per individual event)/$40.00 (per relay)

**ENTRY TIMES:** All entries may be specified in short course meter or short course yard times. (Coach’s times should be used instead of NT’s). All yard times will be converted to SCM after entries are received using the Hy-tek conversion.

**DECK ENTRIES**: Deck entries will be allowed at this meet at the discretion of the Meet Referee and Meet Director.

**ADMISSION:** $2.00 per session

**PROGRAMS:** $3.00 per session

**MEET MOBILE:** Meet Mobile will be functional for this meet. All users should be aware that Meet Mobile publishes unverified raw data which cannot be relied upon until the official results have been published and posted in the facility.

**WARM-UPS:** Session 1 warm ups will begin at 8:30am. The meet will start at 9:30am. Session 2 warm ups will begin no earlier than 11:30 a.m. The meet will start one half hour after the start of warm ups.

**OFFICIALS:** If you know that you will be attending this meet, please email the Meet Referee and let him know your level of certification, team, and sessions you will be available. This is for pre-meet planning purposes only. All officials are welcome to work any number of sessions and walk-ons are always welcome. Official’s meeting will take place in the office located in the pool deck one hour prior to the start of each session.

## SAFETY:

1. No shaving is permitted at the competition site.
2. No glass containers are permitted within the facility.
3. No food is allowed on the pool deck.
4. Swimmers must be under the supervision of a coach. If a swimmer arrives at the meet without a coach, the swimmer should notify the referee before he/she warms up. The referee will assign the swimmer to a registered coach for warm-ups.
5. Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms, locker rooms, behind the blocks, or in any marked NO CAMERA ZONE.
6. Deck changes are prohibited.
7. Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, Spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

**RULES:** Current USA Swimming rules will govern all competition. Decisions by the Meet Referee will be final. All swimmers, coaches and officials will follow the USA Swimming code of conduct under article 304 of the USA Swimming rules and regulations. Any violation of such policy will be reported to the Meet Referee and the Maine Swimming office for further review and/or action.

**CHANGES TO THE MET INFORAMTION:** - Once a meet is sanctioned, changes can be made to the meet invitation before the meet, only with the approval of the Sanction Chair. Any change to the meet format after the meet begins will be at the discretion of the Meet Referee and will be presented to the coaches as a coaches’ meeting.

**SAFE SPORT**: The conduct of all participants and spectators at a meet is governed by USA Swimming Rules 304/305. Any and all infractions must be reported to an official, the Meet Referee or the Meet Director to be resolved.

**PHOTOGRAPHY**: **PHOTOGRAPHERS ON DECK:** As per Maine Swimming policy, only coaches are permitted to use video equipment on deck, but this is not permitted from behind the blocks. The use of audio or visual recording devices, including a cell phone, is not permitted behind the starting blocks, including in any

spectator area behind the starting blocks, nor in any other marked NO CAMERA ZONE, including on deck. All NO CAMERA ZONES will be clearly designated. Email the Meet Director with questions and requests.

**DECK ACCESS:** Only 2020 USA Swimming registered athletes, coaches, officials, and official meet staff are permitted on the pool deck. All non-athletes on the pool deck must display their current USA Swimming registration card or display their Deck Pass when asked. Individuals without proof of USA Swimming registration will be removed from the pool deck and will be subject to a fine by Maine Swimming.

**SCORING:** The meet will not be scored.

**AWARDS:** No awards will be given out for this meet.

**FOOD:** A concession stand will be in operation for the duration of the meet.

**EQUIPMENT:** Plan to have emergency only swimming equipment that will be selling goggles and caps for the duration of the meet that will be located in the concession area.

**MISCELLANEOUS:** Portland Porpoise Swim Club assumes no responsibility for lost or stolen property. Pets of any kind and smoking are not permitted within the facility.

**LIABILITY RELEASE:** Any swimmer whose entry is accepted will, for him/herself, his/her heirs, executors and administrations, waive and release any and all rights and claims for damages he/she may have against United States Swimming, Maine Swimming, Portland Porpoise Swim Club for any and all injuries suffered by him/her at said meet. In submitting this entry the undersigned team certifies that all athletes in the entry are registered with USA Swimming and understands that the team may be fined $100 for each swimmer in the entry that is not registered with USA Swimming.

**PARKING:** There is ample parking in the parking lot of the Riverton Community Center.

**DIRECTIONS:** Harold Paulson Pool at the Riverton Community Center is located at 1600 Forest Avenue, Portland, Maine. Conveniently located off exit 48 of the Maine turnpike.

**Portland Porpoise Swim Club**

**2020 ME PPSC Tri-Meet**

**Sunday, March 29, 2020**

Harold Paulson Pool at the Riverton Community Center 1600 Forest Avenue Portland, Maine

## Session 1:

Warm-up: **8:30-9:30AM**,

Start: **9:30AM**

|  |  |  |
| --- | --- | --- |
| **Mixed** | **Age** | **Event** |
| 1 | Open | 400 Free |
| 2 | Open | 100 Free |
| 3 | Open | 100 Fly |
| 4 | Open | 50 Fly |
| 5 | Open | 100 Back |
| 6 | Open | 50 Back |
| 7 | Open | 400 IM |
| 8 | Open | 200 Free |
| 9 | Open | 100 Breast |
| 10 | Open | 50 Breast |
| 11 | Open | 50 Free |
| 12 | Open | 200 IM |
| 13 | Open | 100 IM |

## 

## Session Two

## Warmup: no earlier than 11:30 a.m.

## Start: 30 minutes after the start of warmups

|  |  |  |
| --- | --- | --- |
| **Mixed** | **Age** | **Event** |
| 14 | 8 & under | 25 Free |
| 15 | 12 & under | 50 Free |
| 16 | 8 & under | 25 Breast |
| 17 | 12 & under | 50 Breast |
| 18 | 8 & under | 25 Fly |
| 19 | 12 & under | 50 Fly |
| 20 | 8 & under | 25 Back |
| 21 | 12 & under | 50 Back |
| 22 | 12 & under | 100 IM |

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1600 Forest Avenue Portland, Maine

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**CONTACT INFORMATION *(all fields required)***

Team Name: Abbreviation:

Deck Coach: Phone: Email:

Entries Contact: Phone: Email:

Address:

Unattached Swimmers: \_

ENTRY FEES (non-electronic add .50 per entry)

Individual Entries @ $4.00/ $4.50 = $

Swimmer Participation Fee: # athletes @ $ 5.00 = $

Relays @ $ 6.00 = $

Total: $

Make check payable to:

Mail entries and check to:

**LIABILITY RELEASE**

Any swimmer whose entry is accepted will, for him/herself, his/her heirs, executors and administrations, waive and release any and all rights and claims for damages he/she may have against United States Swimming, Maine Swimming, PPSC for any and all injuries suffered by him/her at said meet. In submitting this entry the undersigned team certifies that all athletes in the entry are registered with USA Swimming and understands that the team may be fined $100 for each swimmer in the entry that is not registered with USA Swimming.

Signature of Authorized Team Official Date