SMOKY HILL SHARKS **2019**

**JUNIOR TEAM CAPTAIN APPLICATION**

**REQUIREMENTS: JUNIOR TEAM CAPTAINS**

* Must be over the age of 13 years old on June 1st.
* Will be required to be a Big Shark.
* Must be willing to commit to 3 practices per week (Same days each week).
* Available Friday mornings after practice to discuss improvements for the following week (Breakfast provided).
* This is an in-water volunteer coaching position.
* Email your application to Ryan at [headcoach@shsharks.org](mailto:headcoach@shsharks.org) by May 1st, 2019
* We will be accepting a maximum of 18 Junior Team Captains this year.

**EXPECTATIONS: JUNIOR TEAM CAPTAINS**

* Be at the pool 15 minutes before the start of assigned practice time.
* Help Team Captains set up and tear down the pool. This includes putting in lane ropes, putting up flags, getting out the clock, white board, kick boards, and any other equipment you are asked to get. For tear down, putting away all items used and cleaning bathrooms.
* This is an in-water position. You will be required to be in the water every day you are signed up for.
* While in the water, **your focus is on the swimmers**, not your friends. Connect with the swimmers and teach them the correct way to swim. Focus should be on technique
* Learn as much as you can from the lead coaches and team captains. Ask questions.
* Be present at every Friday Morning and afternoon for fun night. Be ready to have fun and interact with the children.
* Be a role model. At all times you are being watched and admired. You will be a leader and person the swimmers look to for guidance. Set a good example for your swimmers during practice.
* Have fun. Be excited to be where you are and working with who you are.
* Be fun, energetic, and positive at meets. Be present and engaged with the swimmers you work with. Check in and come hang out in the coaches’ tent, help finding swimmers and in the heating area when needed.

**SMOKY HILL SHARKS 2019**

**JUNIOR TEAM CAPTAIN APPLICATION**

**PLEASE FILL OUT AND RETURN TO RYAN**

**EMAIL-** [**HEADCOACH@SHSHARKS.ORG**](mailto:headcoach@shsharks.org) **BY 5/1/19**

Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Age on June 1st: \_\_\_\_\_\_\_ Years on the Team: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Cell Number: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Is it okay to text? (Yes/No) \_\_\_\_\_\_\_\_

What 3 Practices every week can you commit to: Please highlight/**bold** from the following

Monday AM Monday PM Tuesday AM Wednesday AM Wednesday PM Thursday AM Thursday PM

Dates you are not available between May 29th- July 21st (Summer vacation plans, camps

etc.): \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Are you interested in helping during Preseason? (Yes/No) \_\_\_\_\_\_\_\_\_\_\_

Can you commit to Friday AM and PM every week? (Yes/No) \_\_\_\_\_\_\_\_\_\_\_

If no, which will you miss? \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Why do you want to be a Junior Team Captain?

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What leadership experience do you have?

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