

Atlantis Swimming North	Group	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	Gold	6:00-7:30pm	7:00-8:30pm	6:00-7:30pm	OFF	6:00-7:30pm	9:00-11:00am	3:30-5:30pm
	Silver	6:00-7:15pm	5:30-7:00pm	6:00-7:15pm		OFF	11:45-1:15pm	3:30-5:00pm
	Bronze A	5:30-6:30pm	OFF	5:30-6:30pm		6:00-7:15pm	11:45-1:00pm	11& Under Clinic 5:00-5:45pm
	Bronze B	6:35-7:35pm		6:35-7:35pm				
	Speedster A	5:30-6:15pm	OFF	5:30-6:15pm		6:00-7:00pm	11:45-12:45pm	11& Under Clinic 5:00-5:45pm
	Speedster B	6:20-7:05pm		6:20-7:05pm				
	Speedster C	7:10-7:55pm		7:10-7:55pm				
	Lessons	OFF	OFF	3:30-5:00pm		3:30-6:30pm	OFF	1:00-4:00pm
Covington								
Groves								
Seaholm								
Fitzgerald								
Tweak								

Atlantis Swimming South	Group	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	Gold	6:30-8:00pm	6:30-8:00pm	6:30-8:00pm	OFF	6:00-7:30pm	9:00-11:00am	3:30-5:30pm
	Silver	6:30-8:00pm	6:30-8:00pm	6:30-8:00pm		OFF	11:45-1:15pm	3:30-5:00pm
	Bronze	5:30-6:30pm	OFF	5:30-6:30pm		6:00-7:15pm	11:45-1:00pm	11& Under Clinic 5:00-5:45pm
	Speedster	5:30-6:15pm	OFF	5:30-6:15pm				
	Lessons	OFF	OFF	3:30-5:00pm	3:30-6:30pm	OFF	1:00-4:00pm	OFF
Fitzgerald								
Groves								
Seaholm								
Tweak								

Atlantis Swimming Senior & Masters	Group	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	Masters	5:30-7:00am	5:30-7:00am	OFF	5:30-7:00am	5:30-7:00am	OFF	OFF
	Senior	OFF	5:30-7:00am	OFF	OFF	5:30-7:00am	7:00-9:00am	3:30-5:00pm
		7:00-8:30pm	4:00-5:30pm	7:00-8:30pm		OFF	OFF	
Lessons	OFF	OFF	3:30-5:30pm	3:30-6:30pm	OFF	1:00-4:00pm	OFF	
Fitzgerald								
Groves								
Tweak								