



2018-2019 Swimmer Equipment Lists and Ordering Instructions

All swimmers are expected to bring to all training sessions and meets two pairs of goggles, a towel and a water bottle. Swimmers should also bring a list of their events on a goal card bag tag or similar to every meet.

Dry Land Gear - Dry land training for Silver and above groups may be added during the season at the discretion of each lead coach. Equipment requirements include a t-shirt or sweatshirt, running shorts or warm-up pants, running shoes and a water bottle.

Equipment Requirements for Bronze, Silver, Gold and Senior Swimmers - The coaches for each group require specific training equipment such as kickboards, fins, snorkels, hand paddles, pull buoys etc. Equipment lists are posted below. These items can be purchased from any vendor, including our team vendor The Varsity Shop. Properly outfitted equipment bags should be brought to ALL training sessions unless otherwise directed by a coach. It is a disruption to the group practice if a swimmer fails to consistently bring their equipment to practice. Please note that additional items may be added throughout the season at the discretion of the lead coach.

Speedster: There is no required equipment for Speedster swimmers.

Bronze:

- Speedo Team Kickboard or other kickboard if already owned
- Speedo Trialon Rubber Fins
- Finis Junior or Regular Swimmers' Snorkel (make your best determination based on size of your swimmer and their mouth)
- Mesh Bag

Silver:

- Speedo Team Kickboard or other kickboard if already owned
- Speedo Trialon Rubber Fins Finis Junior or Regular Swimmers' Snorkel (make your best determination based on size of your swimmer and their mouth)
- Stroke Maker Paddles (optional)
- Pull Buoy
- Mesh Bag

Gold:

- Speedo Team Kickboard or other kickboard if already owned
- Speedo Trialon Rubber Fins
- Finis Junior or Regular Swimmers' Snorkel (make your best determination based on size of your swimmer and their mouth)
- Stroke Maker Paddles
- Pull Buoy
- Mesh Bag
- Finis Swim Parachute, 12"
- Clear plastic clipboard (9" x 12") –Gold South only

Senior/Masters:

- Speedo Team Kickboard or other kickboard if already owned
- Speedo Trialon Rubber Fins
- Finis Junior or Regular Swimmers' Snorkel (make your best determination based on size of your swimmer and their mouth)
- Stroke Maker Paddles
- Pull Buoy
- Mesh Bag
- Finis Swim Parachute, 12"