

August 31, 2021

Welcome to the Dearborn Dolphins!

It is the mission of the Dearborn Dolphins (DRD) competitive swimming program to help develop goal-oriented, ambitious, and dedicated student-athletes. Our objective is to provide a foundation for success that will stay with the individual for his or her entire life. We encourage our swimmers to set high standards and expectations for themselves - to face challenges head on and learn to overcome adversity. This requires not only the physical ability, but also the mindset that, **"Anything you can conceive of and believe in, you can ACHIEVE!"** Through sport, an athlete may gain an understanding of the value of hard work, self-confidence, respect, team camaraderie, and sportsmanship. One may even find lasting friendships in the fiercest of rivals.

To **JOIN**, you need to go to the DRD website – www.swimdrd.org – and click on the New Member Registration button on the left side of the home screen. Prior to registering, please use the **"Contact Us"** button to schedule a skills evaluation or attend one of our **New Member Nights** to ensure placement in the proper group. **Payment** and **completed registration** are required before your swimmer will be allowed to practice. If you need help completing registration, please contact us to help you through the process.

We provide several means of communication to keep you informed, first and foremost is our website. On our website, www.swimdrd.org you will find a wealth of information regarding our team.

Our hope is that you will use the team's website www.swimdrd.org regularly to keep better informed of what's going on with the club. Information regarding practice changes, meet entry availability and due dates, meet updates, and other notices will be posted on the website and updated daily.

Dearborn Dolphins Swim Team Fees

We charge a monthly training fee. It is preferable to set up your account with a credit/debit card to ensure proper billing on the 1st of every month. **ALL** of our swimmers must be athlete members of USA Swimming. This is a yearly \$84.00 fee. We do offer a multi-swimmer discount for families with more than one swimmer. The table below shows the monthly training fees by group. We also charge a one-time \$40 registration fee which includes 2 swim caps.

Once a swimmer is enrolled and swimming, it is assumed that the child will remain in the program until we are notified by a parent. It is the **RESPONSIBILITY** of the parent to notify the team at least **2 WEEKS PRIOR** to their child suspending their practice.

We offer **FOUR** ability levels:


NOVICE: Swimmers are beginning the development of competitive swimming skills. Emphasis for the Novice group is on introducing the *fundamental skills, movements* and *terminology* of the four competitive strokes. Novices must be able to swim one length of the pool without stopping.

INTERMEDIATE: Swimmers show the ability to exceed past the fundamental stage of competitive swimming. The Intermediate swimmer must have the *ability to perform all competitive strokes* according to the USA Swimming Standards. This group continues to work on *improving skills* and *movements* and *different types of competitive training* are introduced and enhanced.

JUNIOR: Swimmers have shown continuous physical and mental development as a competitive swimmer. The Junior swimmer has the *willingness to train at a progressive level* based on their own ability, in addition to the ability to swim all four strokes legally.

SENIOR: Swimmers are able to *compete, train and comprehend competitive swimming* at an advanced level. The Senior swimmer must have the willingness to train on land with stretches and exercises as well as in the pool to take swimming to the highest level.

Training Fees

|  | NOVICE | | INTERMEDIATE | JUNIOR | SENIOR |
|-----------------------------------------------------------------------------------|-------------------|--------|--------------------|--------------------|--------------------|
| | Blue | Gold | | | |
| Maximum Number of Practices Attended A Week: | 3 | 3 | 4 | 5 | 5 |
| Length of Each Practice: | 1 Hour | 1 Hour | 1 ½ Hour | 2 Hours | 2 ½ Hours |
| Monthly Fee | \$90.00 per month | | \$120.00 per month | \$150.00 per month | \$175.00 per month |
| USA Swimming Fee | \$84.00 annually | | \$84.00 annually | \$84.00 annually | \$84.00 annually |
| Yearly Registration Fee | \$40.00 annually | | \$40.00 annually | \$40.00 annually | \$40.00 annually |

Swim Meets

Swim meets are an important part of our program. They allow swimmers to gauge their progress. Typically, there is a \$5.00 per event charge. This will be charged to your account. Swim meets typically occur within the Metro-Detroit area and are usually held on Fridays, Saturdays and Sundays from October to July. Our coaches select meets and encourage participation based on ability level to ensure that everyone sees success. Information on meets and how to sign up for meets will be available on our website.

DRD usually hosts at least **two** USS Meets each year. These meets provide approximately 30% of our yearly income and we **REQUIRE ALL FAMILIES** to work these meets. Each family is expected to work at least three shifts per meet. Shifts are typically in five hour blocks. Incentives are available for those families that work more shifts.

DRD will be bidding to host one of the championship meets at the end of the 2021-2022 Short Course Season. The **volunteer requirement** for this meet will be **TWO** sessions per family if we are awarded the meet.

COVID Update

We are happy to be able to offer in-water instruction at this time. Our coaches have developed and implemented plans to ensure the safety of our swimmers both in the water and during dry land exercise. We do ask for everyone's cooperation in following all current health mandates and facility rules.

We will have limited access to locker rooms, but ask that everyone arrives at the pool ready to swim. There will be no showering after practice to reduce congregating in the locker room and to maximize our time in the water.

If anyone is experiencing any symptoms, we ask that you do not attend practice and follow current health guidelines.

Current Guidelines:

- Mask rules of all facilities must be followed
- Arrive at the pool ready to swim
- No showering or using the locker room after practice
- No sharing of equipment or water bottles
- Practice social distancing during in-water and dry land training

We will be continually modifying these regulations in accordance with local, state and federal guidelines.

****We are hopeful we will be able to continue in water practices for the foreseeable future. However, due to ever-evolving state regulations, our fee structure and schedule are subject to change. Please make sure your information is up to date in your account to ensure timely communication from the team.****