

2023 YMCA STATE TIME STANDARDS

GIRLS				EVENT	BOYS			
9-10	11-12	13-14	15-18		9-10	11-12	13-14	15-18
33.79	29.99	28.59	28.09	50 free	34.59	30.59	27.59	26.59
1:15.99	1:06.89	1:02.69	1:01.69	100 free	1:19.09	1:09.19	1:00.09	58.09
2:50.09	2:24.39	2:19.09	2:16.09	200 free	2:55.69	2:32.19	2:12.99	2:06.99
7:45.89	6:45.99	6:35.99	6:25.99	500 free	7:59.99	6:59.99	6:15.99	5:45.99
-----	-----	12:59.99	12:59.99	1,000 free	-----	-----	12:29.99	12:29.99
-----	-----	20:29.99	20:29.99	1,650 free	-----	-----	19:59.99	19:59.99
40.99	36.09	-----	-----	50 back	41.69	37.09	-----	-----
1:29.99	1:16.49	1:14.49	1:13.49	100 back	1:32.29	1:20.19	1:13.49	1:11.49
-----	2:48.09	2:40.99	2:37.89	200 back	-----	3:09.59	2:38.69	2:32.69
45.59	39.99	-----	-----	50 breast	48.09	41.99	-----	-----
1:42.79	1:27.69	1:22.99	1:21.99	100 breast	1:44.29	1:32.09	1:19.49	1:17.49
-----	3:11.09	2:57.99	2:54.99	200 breast	-----	3:25.79	2:52.79	2:46.79
39.99	34.19	-----	-----	50 fly	42.69	36.29	-----	-----
1:40.99	1:22.99	1:12.99	1:11.99	100 fly	1:40.59	1:26.69	1:09.99	1:07.99
-----	3:12.59	2:49.99	2:46.99	200 fly	-----	3:23.99	2:44.99	2:38.99
1:26.59	1:16.29	1:14.99	1:11.99	100 IM	1:30.99	1:20.29	1:12.99	1:09.99
3:16.09	2:47.59	2:38.99	2:35.99	200 IM	3:24.69	2:55.69	2:32.99	2:26.99
-----	6:19.89	5:32.89	5:26.89	400 IM	-----	6:30.89	5:31.09	5:18.09
2:21.99	2:02.99	1:57.99	-----	200 free relay	2:24.99	2:04.99	1:51.99	-----
-----	-----	-----	4:20.99	400 free relay	-----	-----	-----	3:54.99
2:38.99	2:17.99	2:11.99	2:10.99	200 medley relay	2:41.99	2:21.99	2:05.99	1:57.99