

# 2023 Zone Qualifying Times

Approved Oct. 6 2022

\* Unchanged from 2022 Qualifying Times

Girls				Boys		
50 Meter Course	25 Meter Course	25 Yard Course	10 & Under	25 Yard Course	25 Meter Course	50 Meter Course
:36.21	:35.50	:31.99	50 Free	:32.29	:35.84	:36.55
1:22.06	1:20.46	1:12.49	100 Free	1:11.69	1:19.57	1:21.16
3:01.92	2:58.36	2:40.69	200 Free	2:38.69	2:56.14	2:59.66
:43.46	:42.61	:38.39	50 Back	:38.79	:43.05	:43.91
1:34.97	1:33.11	1:23.89	100 Back	1:25.09	1:34.44	1:36.32
:50.36	:49.38	:44.49	50 Breast	:44.49	:49.38	:50.36
1:50.37	1:48.21	1:37.49	100 Breast	1:36.99	1:47.65	1:49.80
:41.53	:40.72	:36.69	50 Fly	:37.39	:41.50	:42.33
1:39.96	1:38.00	1:28.29	100 Fly	1:29.49	1:39.33	1:41.31
1:34.52	1:32.67	1:23.49	100 IM	1:25.39	1:34.78	1:36.67
3:27.63	3:23.56	3:03.39	200 IM	3:05.29	3:25.67	3:29.78
2:53.55	2:50.15	2:33.29	200 M. R.	2:34.49	2:51.48	2:54.90
2:34.40	2:31.38	2:16.38	200 F. R	2:17.09	2:32.16	2:35.20

Girls				Boys		
50 Meter Course	25 Meter Course	25 Yard Course	11 - 12	25 Yard Course	25 Meter Course	50 Meter Course
:32.81	:32.17	:28.99	50 Free	:27.59	:30.62	:31.23
1:10.97	1:09.58	1:02.69	100 Free	* :59.69	1:06.25	1:07.57
2:39.28	2:36.16	2:20.69	200 Free	2:13.99	2:28.72	2:31.69
5:27.98	5:21.55	6:07.49	500 Free	5:56.29	5:11.75	5:17.98
:37.45	:36.72	:33.09	50 Back	:33.49	:37.17	:37.91
1:22.51	1:20.90	1:12.89	100 Back	1:13.59	1:21.68	1:23.31
:42.55	:41.72	:37.59	50 Breast	:37.49	:41.61	:42.44
1:35.43	1:33.56	1:24.29	100 Breast	1:20.49	1:29.34	1:31.12
:35.76	:35.06	:31.59	50 Fly	* :30.29	:33.62	:34.29
1:22.63	1:21.01	1:12.99	100 Fly	1:10.69	1:18.46	1:20.02
1:21.73	1:20.13	1:12.19	100 IM	1:12.09	1:20.01	1:21.61
3:02.15	2:58.58	2:40.89	200 IM	* 2:32.09	2:48.81	2:52.18
2:27.73	2:24.84	2:10.49	200 M. R.	2:12.39	2:26.95	2:29.88
2:11.88	2:09.30	1:56.49	200 F. R	1:56.29	2:09.08	2:11.66

Girls				Boys		
50 Meter Course	25 Meter Course	25 Yard Course	13 - 14	25 Yard Course	25 Meter Course	50 Meter Course
:30.10	:29.51	:26.59	50 Free	* :24.19	:26.85	:27.38
1:06.66	1:05.36	:58.89	100 Free	* :52.89	:58.70	:59.87
2:24.45	2:21.62	2:07.59	200 Free	* 1:56.09	2:08.85	2:11.42
5:02.54	4:56.61	5:38.99	500 Free	* 5:15.89	4:36.40	4:41.92
1:15.72	1:14.24	1:06.89	100 Back	* 1:00.69	1:07.36	1:08.70
1:28.06	1:26.34	1:17.79	100 Breast	1:10.29	1:18.02	1:19.58
1:13.80	1:12.36	1:05.19	100 Fly	1:00.29	1:06.92	1:08.25
2:42.34	2:39.16	2:23.39	200 IM	2:13.79	2:28.50	2:31.47
2:17.99	2:15.29	2:01.89	200 M. R.	1:57.09	2:09.96	2:12.55
2:03.16	2:00.75	1:48.79	200 F. R	1:43.79	1:55.20	1:57.50

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Girls				Boys		
50 Meter Course	25 Meter Course	25 Yard Course	15 & Over	25 Yard Course	25 Meter Course	50 Meter Course
:28.85	:28.29	:25.49	* 50 Free	:22.89	:25.40	:25.90
1:03.15	1:01.92	:55.79	100 Free	:49.69	:55.15	:56.25
2:20.37	2:17.62	2:03.99	200 Free	* 1:48.99	2:00.97	2:03.38
4:58.44	4:52.59	5:34.39	500 Free	5:06.59	4:28.26	4:33.62
1:10.74	1:09.36	1:02.49	* 100 Back	* :56.99	1:03.25	1:04.51
1:22.18	1:20.57	1:12.59	100 Breast	1:04.09	1:11.13	1:12.55
1:10.74	1:09.36	1:02.49	100 Fly	* :55.09	1:01.14	1:02.36
2:39.50	2:36.38	2:20.89	200 IM	2:05.99	2:19.84	2:22.63

Girls				Boys		
50 Meter Course	25 Meter Course	25 Yard Course	Senior	25 Yard Course	25 Meter Course	50 Meter Course
10:24.73	10:12.49	11:39.99	1000 Free	* 10:54.29	9:32.50	9:43.95
19:37.09	19:14.01	19:17.49	1650 Free	18:10.79	18:07.51	18:29.26
:33.16	:32.51	:29.29	* 50 Back	:27.29	:30.29	:30.89
2:33.62	2:30.61	2:15.69	200 Back	2:07.99	2:22.06	2:24.90
:38.25	:37.50	:33.79	50 Breast	:30.19	:33.51	:34.18
2:57.17	2:53.70	2:36.49	200 Breast	* 2:20.99	2:36.49	2:39.61
:31.91	:31.29	:28.19	* 50 Fly	* :25.59	:28.40	:28.96
2:42.11	2:38.94	2:23.19	200 Fly	2:11.59	2:26.06	2:28.98
5:44.16	5:37.42	5:03.99	400 IM	4:38.79	5:09.45	5:15.63
1:58.52	1:56.20	1:44.69	* 200 F. R.	1:34.49	1:44.88	1:46.97
4:19.71	4:14.62	3:49.39	* 400 F. R.	3:30.39	3:53.53	3:58.20
9:35.93	9:24.64	8:28.69	800 F. R.	7:58.99	8:51.67	9:02.30
2:11.77	2:09.19	1:56.39	* 200 M. R.	1:47.09	1:58.86	2:01.23
4:45.97	4:40.37	4:12.59	* 400 M. R.	3:53.39	4:19.06	4:24.24

Qualifying Period for the 2023 Zone Meet is  
January 1, 2022 through the entry deadline.

### Conversions from Hy-tek

- 1.11 SC Meters to/from Yards
- 2% SC Meters to/from LC Meters
- 0.875 400/500 and 800/1000 Meters to Yards
- 0.997 1500 Meters to/from 1650 Yards

Swimmers entered in only one individual event or in only one relay event per day, may enter one bonus event for the same day. This is for Saturday and Sunday's events only. These swimmers may enter a maximum of two Bonus events, one Saturday and one Sunday.