

Snow Bowl 2014 ABC Meet
Hosted By: Liquid Lightning
December 5, 6 & 7, 2014

Sanction:	This meet is sanctioned by Michigan Swimming, Inc. (MS), as a timed final meet on behalf of USA Swimming (USA-S), Sanction Number MI1415023 . In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event. MS rules, safety, and warm up procedures will govern the meet as if fully set forth in these meet rules.
Location:	Lake Orion High School Natatorium 495 E. Scripps Lake Orion, MI 48360
Times:	Friday PM Warm Up 5:15 p.m. Events Begin 6:15 p.m. Saturday AM Warm Up 7:30a.m. Events Begin 8:30 a.m. Saturday PM Warm Up 12:30p.m. Events Begin 1:30p.m. Sunday AM Warm Up 7:30 a.m. Events Begin 8:30 a.m. Sunday PM Warm Up 12:30 p.m. Event Begin 1:30 p.m.
Motels:	Springhill Suites 4919 Interpark Dr. Lake Orion, MI (248)475-4700 Palace Inn 2775 Lapeer Road Lake Orion, MI (248)391-2755 Holiday Inn Express 3990 Baldwin Rd. Auburn Hills, MI (248)322-7000
Facilities:	Lake Orion High School Natatorium , is a(n) 11 lane 25 yard pool with 8 lanes used for competition. There is a separate 4 lane supervised warm-up and warm down area available . Depth at start is 7 feet ¹ and 9' 13" at turn. Permanent starting blocks and non-turbulent lane markers will be used. Colorado timing system with an 8 lane display will be used. There is ample balcony seating for spectators. Lockers are available (provide your own lock). Public phones will be available. The competition course has not been certified in accordance with 104.2.2C(4).

¹Depth at Start must meet State of Michigan requirements.

Eligibility:	Snow Bowl Meet is for those swimmers with A, B and C times. All swimmers must be currently registered with United States of America Swimming (USA-S). A swimmer's age on December 5, 2014 will determine his/her eligibility for a particular age group.
Deck Registration:	Unregistered swimmers must register on deck at this meet by turning in the athlete registration form and payment to the Meet Referee. The cost of registering on deck is double the normal fee (\$132.00 per swimmer for 2014-15 registration).
Meet Format:	The Snow Ball 2014 ABC Meet is open to all registered USA Swimming athletes. This is an age group, timed finals meet.
Entry Limits:	Entries will be accepted on a first come first serve basis by date of email for electronic entries and date of receipt by the entry chair for hard copy entries until the Michigan Swimming Four (4) hour per session maximum time limit is met. As set forth in entry procedures below, (A) a hard copy of your club's entry summary sheet, (B) a hard copy of your club's signed release/waiver agreement (C) your club's certification of entered athletes and (D) your club's entry and entry fees must be received by the Entry Chair in a timely fashion prior to the start of the meet, or your swimmers will not be allowed to swim in the meet. Entries received after the four (4) hour per session time limit has been met will be returned even if received before the entry deadline.
Swimmers Without A Coach:	Any swimmer entered in the meet, unaccompanied by a USA-S member coach, must be certified by a USA-S member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.
Individual Entry Limits:	Swimmers are limited to 2 individual events on Friday evening and 4 individual events on Saturday and Sunday. In addition, swimmers are also limited to 1 relay per day.
Electronic Entries:	\$5.00 per individual event and \$12.00 for relays. Please include a \$1.00 Michigan Swimming surcharge for each swimmer entered. Make checks payable to: Liquid Lightning. Only team checks accepted.

<p>Paper Entries:</p>	<p>MS rules regarding non-electronic entries apply. \$6.00 per individual event and \$13.00 for relays. There is a \$1.00 additional charge per individual event and \$1.00 per relay event paid if the entry is not submitted in Hy-Tek format. The Michigan Swimming \$1.00 general surcharge for each swimmer also applies to paper entries. Paper entries may be submitted to the entry chair on a spreadsheet of your choice however the paper entry must be logically formatted and must contain all pertinent information to allow the entry chair to easily enter the swimmer(s) in the correct events with correct seed times.</p>
<p>Entry Procedures:</p>	<p>Entries may be submitted to the entry chairperson as of November 8, 2014 at 8:00 a.m. The entry chairperson must receive all entries no later than November 22, 2014. Entries must include correct swimmer name (as registered with USA/MS Swimming), age and USA number. You can import the order of events and event numbers from the Michigan Swimming website (http://www.miswim.org/). All individual entries should be submitted via electronic mail to the entry chairperson at meetentries@liquidlightning.org. All entries will be processed in order by email date code or mail date code. Any entries submitted will be considered provisional until such time as the entry chairperson has received a hard copy of: (a) your club's entries (Team Manager Meet Entries Report), (b) a hard copy of your club's signed release/waiver agreement (c) your clubs signed certification of entered athletes and (d) your club's entry fees. This must be received in a timely fashion prior to the start of the meet or your swimmers will not be allowed to swim in the meet. The complete Snow Bowl Meet entry packet with entry forms is available on the Michigan Swimming Website at http://www.miswim.org/</p>
<p>Refunds:</p>	<p>Once a team or individual entry has been received and processed by the entry chair there are no refunds in full or in part unless the "over qualification exception" applies (see MS Rules).</p>
<p>Entries:</p>	<p>Your club's Entry, Entry Summary Sheet, Release/Waiver, Certification of Entered Athletes and Check should be sent via U.S. mail or nationally recognized overnight courier to:</p> <p style="text-align: center;"> Dawn Gurley P.O. Box 309 Lake Orion, MI 48362 meetentries@liquidlightning.org 248-375-0471 Coaches only before 9:00 p.m. </p>

Check In:	Check In will be available as of 15 minutes prior to the beginning of warm-ups for each session. Check in is mandatory for all events and is required by the time set forth in this meet announcement. Failure to check in will cause the swimmer to be scratched from all events in that session. Check in will close 15 minutes after the start of warm up for each session. There will be a separate check in for the 1,000 freestyle on Sunday morning from 10:00-10:30. This event will be swum immediately following the 200 Free Relay. Check in sheets will be posted in the lower pool lobby outside of the locker rooms.
Scratch Rules:	<u>Prior</u> to check in close a swimmer may scratch events at the Clerk of Course or on the check in sheets. <u>After</u> check in closes, you must see the Meet Referee to scratch an event.
Marshaling:	Snow Bowl is a self marshaled meet. Swimmers will be responsible for reporting to the marshaling area when their event is called.
Seeding:	Seeding will be done after check in closes. Swimmers who fail to check in for an event will be scratched from that event. All events are timed finals and will be seeded slowest to fastest other than the 1,000 freestyle, which will be seeded fastest to slowest (alternating genders-men/women).
Deck Entries/ Time Trials:	Deck entries may be allowed depending on the timeline of the meet and the decision of the Meet Referee and the Meet Director. The Deck entry fee will be \$7.50 for individual events and \$15.00 per relay. Deck entry swimmers are subject to the Michigan Swimming \$1.00 general surcharge. For deck entries, registration status must be proven by providing a current USA Swimming membership card or a current print out of an athlete roster from the Club Portal, the Club Portal is located on the USA Swimming website. The athlete may also enter by showing their membership from USA Swimming's DECK PASS on a smart phone. Name, athlete ID and club affiliation should then be added to your database just as it appears on the card or list or the swimmer may compete unattached (UN) if they request to do so.
Meet Programs/ Admissions:	Admission is \$5.00 per person per day on Saturday and Sunday and \$2.00 per person on Friday evening. 10 & Under Free. A 3-day meet program will be available for \$5.00.
Scoring:	No individual or team scoring that will be kept.

Awards:	Medals will be awarded for 1st-3rd place and ribbons for 4th-12th place A, B and C finishers. Relays will be awarded medals for 1st-3rd and ribbons for 4th-6th place finishers. Awards will be made available to be picked up by the coaches/designated team representative at the end of each day. Teams MUST pick up remaining awards at the end of the meet. NO awards will be mailed.
Results:	Complete meet results will be posted on the Michigan Swimming Website at http://www.miswim.org/ . Results will also be available on flash drive (HY-TEK Team Manager result file) upon request. Teams must provide their own flash drive.
Concessions:	Food and beverages will be available in upper pool lobby concession area. No food or beverage will be allowed on the deck of the pool, in the locker rooms or in the spectator areas. A hospitality area will be available for coaches and officials.
Lost and Found:	Articles may be turned in/picked up at the check in area of the lower lobby . Articles not picked up by the end of the meet will be retained by the Meet Director or a representative for at least 14 days (any longer period shall be in the sole discretion of the Meet Director).
Swimming Safety:	Michigan Swimming warm up rules will be followed. To protect all swimmers during warm-ups, swimmers are required to enter the pool feet first at all times except when sprint lanes have been designated. No jumping or diving. The same rules will apply with respect to the warm-down pool and diving well. Penalties for violating these rules will be in the sole discretion of the Meet Referee which may include ejection from the meet.

<p>Deck Personnel/ Locker Rooms/ Credentialing:</p>	<p>Only registered and current coaches, athletes, officials and meet personnel are allowed on the deck or in locker rooms. Access to the pool deck may only be granted to any other individual in the event of emergency through approval by the Meet Director or the Meet Referee. The General Chair of MS and the Program Operations Vice-Chair of MS are authorized deck personnel at all MS meets. Personal assistants/helpers of athletes with a disability shall be permitted when requested by an athlete with a disability or a coach of an athlete with a disability.</p> <p>Lists of registered coaches, certified officials and meet personnel will be placed outside the lower lobby doors to the pool deck. Meet personnel will check the list of approved individuals and issue a credential to be displayed at all times during the meet. This credential will include the host team Liquid Lightning as well as the function of the individual being granted access to the pool deck (Coach, Official, Timer, or Meet Personnel). In order to obtain a credential, Coaches and Officials must be current in all certifications through the final date of the meet. Meet personnel must return the credential at the conclusion of working each day and be reissued a credential daily.</p> <p>All access points to the pool deck and locker rooms will either be secured or staffed by a meet worker checking credentials throughout the duration of the meet.</p>
<p>Swimmers with Disabilities:</p>	<p>All swimmers are encouraged to participate. If any of your swimmers have special needs or requests please indicate them on the entry form and with the Clerk of Course and/or the Meet Referee during warm ups.</p>
<p>General Info:</p>	<p>Any errors or omissions in the program will be documented and signed by the meet Referee and available for review at the Clerk of Course for Coaches review. Information will also be covered at the Coaches' Meeting.</p>
<p>First Aid:</p>	<p>Supplies will be kept in the pool office.</p>

Facility Items:	<p>(A) No smoking is allowed in the building or on the grounds of Lake Orion Community Schools.</p> <p>(B) Pursuant to applicable Michigan law, no glass will be allowed on the deck of the pool or in the locker rooms.</p> <p>(C) No bare feet allowed outside of the pool area. Swimmers need to have shoes to go into the hallway to awards or concessions.</p> <p>(D) An Emergency Action Plan has been submitted by the Host Club to the Safety Chair and the Program Operations Chair of Michigan Swimming prior to sanction of this meet and is available for review and inspection at the Pool Office.</p> <p>(E) To comply with USA Swimming privacy and security policy, the use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.</p> <p>(F) Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and it is prohibited.</p>
Meet Director:	Nancy Robertson, nrobertson@liquidlightning.org 248-917-9614
Meet Referee:	Dawn Gurley, dawngurley@att.net 248-375-0471
Safety Marshal:	Wayne Waller
Administrative Official:	Kevin Brown, markowi2@yahoo.com 248-703-2476

Friday, December 5th – Evening

Warm up starts @5:15pm Check in closes @5:30pm Meet starts @ 6:15pm

Girls Event #	AGE	EVENT	AGE	Boys Event #
1	11-12	200 Fly	11-12	2
3	OPEN	400 IM	OPEN	4
5	11-12	400 IM	11-12	6
7	OPEN	500 Free	OPEN	8
9	11-12	200 Breast	11-12	10

Saturday, December 6th - Morning

Warm up starts @7:30am

Check in closes @7:45am

Meet starts @8:30am

Girls Event #	AGE	EVENT	AGE	Boys Event #
X		200 Back	11-12	11
12	OPEN	200 IM	OPEN	13
14	13-14	200 IM		X
X		50 Breast	11-12	15
16	OPEN	100 Breast	OPEN	17
18	13-14	100 Breast		X
X		200 Free	11-12	19
20	OPEN	200 Free	OPEN	21
22	13-14	200 Free		X
X		50 Back	11-12	23
24	OPEN	100 Back	OPEN	25
26	13-14	100 Back		X
X		50 Fly	11-12	27
28	OPEN	200 Fly	OPEN	29
30	13-14	200 Fly		X
X		200 Medley Relay	11-12	31
32	OPEN	400 Medley Relay	OPEN	33

Saturday, December 6th - Afternoon

Warm up starts @12:30pm

Check in closes @12:45pm

Meet starts @1:30pm

Girls Event #	AGE	EVENT	AGE	Boys Event #
34	11-12	200 IM		X
36	9-10	100 IM	9-10	35
37	11-12	50 Fly		X
38	9-10	50 Fly	9-10	39
40	8 & U	25 Fly	8 & U	41
42	11-12	200 Back		X
44	8 & U	100 IM	8 & U	43
45	11-12	100 Free		X
46	9-10	100 Free	9-10	47
48	8 & U	50 Free	8 & U	49
50	11-12	50 Back		X
52	9-10	50 Back	9-10	51
54	8 & U	25 Back	8 & U	53
55	11-12	100 Breast		X
56	9-10	100 Breast	9-10	57
58	11-12	200 Medley Relay		X
60	10 & U	200 Medley Relay	10 & U	59

Sunday December 7th - Morning

Warm up starts @7:30am

Check in closes @7:45am

Meet starts @8:30am

Girls Event #	AGE	EVENT	AGE	Boys Event #
X		100 Fly	11-12	61
62	OPEN	100 Fly	OPEN	63
64	13-14	100 Fly		X
X		100 Back	11-12	65
66	OPEN	200 Back	OPEN	67
68	13-14	200 Back		X
X		50 Free	11-12	69
70	OPEN	50 Free	OPEN	71
72	13-14	50 Free		X
X		100 Breast	11-12	73
74	OPEN	200 Breast	OPEN	75
76	13-14	200 Breast		X
X		100 Free	11-12	77
78	OPEN	100 Free	OPEN	79
80	13-14	100 Free		X
X		200 IM	11-12	81
82	OPEN	200 Free Relay	OPEN	83
X		200 Free Relay	11-12	84
86	OPEN	1000 Free	OPEN	85

Sunday December 7th - Afternoon

Warm up starts @12:30pm

Check in closes @12:45pm

Meet starts @1:30pm

Girls Event #	AGE	EVENT	AGE	Boys Event #
87	11-12	100 Fly		X
88	9-10	100 Fly	9-10	89
90	11-12	50 Breast		X
92	9-10	50 Breast	9-10	91
94	8 & U	25 Breast	8 & U	93
95	11-12	200 Free		X
96	8 & U	100 Free	8 & U	97
98	11-12	100 Back		X
100	9-10	100 Back	9-10	99
102	8 & U	50 Back	8 & U	101
103	11-12	50 Free		X
104	9-10	50 Free	9-10	105
106	8 & U	25 Free	8 & U	107
108	11-12	200 Free Relay		X
110	10 & U	200 Free Relay	10 & U	109

**Meet Evaluation Form
MI1415023:**

Name of Meet _____

Date of Meet _____

Host of Meet _____

Place of Meet _____

Who do you represent (circle)? Host Club Visiting Club Unattached

Describe yourself (circle) Athlete Coach Official Meet Worker Spectator

Please rate the overall quality of this meet:

(Please write any compliments or suggestions below or on the reverse side)

	Low			High	
1. Swimming pool (e.g., water quality, ventilation)	1	2	3	4	5
2. Equipment (e.g., timing system, PA system):	1	2	3	4	5
3. Swimmer facilities (e.g., locker rooms, rest areas):	1	2	3	4	5
4. Spectator facilities (e.g., seating, rest rooms):	1	2	3	4	5
5. Meet services (e.g., concessions, admissions, programs):	1	2	3	4	5
6. Officiating	1	2	3	4	5
7. Awards and award presentations:	1	2	3	4	5
8. Safety provisions:	1	2	3	4	5
9. Overall success of the meet:	1	2	3	4	5
10. Other (please specify):	1	2	3	4	5

Return this completed evaluation to a representative of the Meet Host. Thank you.

Meet Host: Copy all of these submitted Meet Evaluations to the current Program Operations Vice-Chair and the Michigan Swimming Office within 30 days.