

Gender	LSC	Activity at Time of Injury	Where Accident Occurred	Accident Description	Description of Injury
Male	IA - Iowa Swimming	Practice - Dry Land	Gym	Playing ultimate, running down court and tripped over own feet.	Non-displaced fracture of fibula
Female	AM - Allegheny Mtn Swimming	Practice - Other	Water - Side	Victim (a coach) was in the water with their assigned group. A parent called another coach's attention from the stands while they were working with another group, asking if victim was ok. Through a ten second observation, victim was face down in the water and not moving. Coach rushed over to check on them - they did not respond to a verbal cue and a physical touch on the arm. At that time, the emergency plan was activated - coach summoned another coach to dial 911 and immediately began to remove victim from the water - their hands were extended above their head, rotated so they were face up, pulled to the wall to be removed via a rear rescue. Hearing the commands, two parents rushed over from the stands to assist coach in bringing victim out of the water. Additional parents rushed over once victim was on the wall to assist. The immediate survey was that victim had a pulse, was breathing, and was trying to communicate; they had an obstruction in their mouth, which was removed via finger-swipe technique after positioning their head to enable the mouth to open. Once they began coughing, they were turned onto their side, when they began to vomit. At this time, the EMS personnel arrived on the scene and took over the medical assistance. Victim continued to vomit and was able to communicate with the EMS personnel. The EMS personnel's plan was to take victim to area hospital via helicopter, which was accomplished. Staff on site was able to notify next of kin.	see above
Male	SD - South Dakota Swimming	Meet - Competition	Water - Turn End	Doing a flip turn, swimmer hit the top of the wall with his left heel.	
Male	GU - Gulf Swimming	Practice - Other	Water - Turn End	Misjudged flip turn and hit heels on the surface.	Heels hit the deck from a bad flip turn. Put ice pack on it after seeing the injury was still bugging him. Parents have held him out of workout last few days and are now seeing a specialist.

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Male	AZ - Arizona Swimming	Practice - Other	Water - Start End	Swimmer ingested water while attempting to breathe and looked distressed on the surface of the water. Coach instructed nearby lifeguard trained swimmer to bring distressed swimmer to the side of the pool. 911 was called, coach pulled distressed swimmer from pool, swimmer was coughing/vomiting water, was breathing and had a strong pulse. Swimmer was monitored until EMT arrived approx. 2 minutes later, swimmer was talking with EMTs and sitting up and was taken to local hospital as precaution.	Swimmer was coughing and vomiting water that was ingested.
Male	VA - Virginia Swimming	Meet - Watching / Observing	Other On site office	Struck head on corner of corner of desk.	1/2 inch laceration
Male	NT - North Texas Swimming	Other Pre-Practice	Hallway	Fell off pull up bar	Right arm
Female		Meet - Warm Down	Other middle section	In middle section of warm down area, someone pushed her down aggressively and she felt a pop & felt a crack in her neck.	In middle section of warm down area, someone pushed her down aggressively and she felt a pop & felt a crack in her neck.
Male		Other see details	Other office	Injured party was retrieving his iPad from where it had been charging under a desk in the office. When he stood up, he hit his head on the desk. This caused a laceration on the top left side of his head. He left the office and found his dad. A hospitality worker who is a nurse saw them and stopped to help.	Laceration - small in size, about half an inch long. On site care given by a volunteer who is a nurse.
Female	MN - Minnesota Swimming	Meet - Competition	Water - Start End		
Male	NI - Niagara Swimming	Meet - Competition	Water - Start End	At the completion of his 100 Backstroke race swimmer jammed his hand on the finish.	The parents were on deck and took swimmer immediately to get x-rays as the swelling was present right away. He did break a bone in his hand.
Male	FL - Florida Swimming	Practice - Dry Land	Other walking in to facility	parent noticed him walking uneven, let another coach know. that coach ask him to touch his nose, he could not do it with both hands.	

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Female	NE - New England Swimming	Meet - Watching / Observing	Stairs	As athlete was walking down steps to pool deck the athlete slipped approx. halfway down the 6 tread concrete stairwell, feet flying upwards and landing on her back then sliding down the last 2 steps. She then was helped up by a coach and walked with assistance to a office where she sat in a chair then allowed to lay prone on a dry-land mat with a ice pack on site of back pain. I did not witness the slip and fall, a off rotation official informed me of the incident. As a trained paramedic I then assessed the athlete. The athlete was complaining of mid back pain around the T1-2 area, no bruising noted, +pain on palpation, + range of motion in all extremities and with good sensation. Mother was present and stated she was going to take her to the hospital. After initial examination I suggested we call for an ambulance to take her to the hospital as a precaution, mother agrees. Pool lifeguards then activated their emergency plan and 911 was called. I stayed with the athlete until the ambulance arrived. athlete was transported to the proper point of entry. The following day the athlete with her mother returned to the meet to support her team and reported back to me that everything was fine. After the incident I addressed my concerns that the athlete was moved prior to EMS evaluation and that my notification was delayed.	minor scrape on lower back from concrete steps
Female	IL - Illinois Swimming	Practice - Dry Land	Gym	Tripped backwards and attempted to catch herself	
Female	PV - Potomac Valley Swimming	Practice - Other	Water - Side	Athlete does not remember striking head. Athlete did not report striking head during or after practice.	Athlete does not remember striking head during practice. Athlete did not report striking head or complications from striking head during or after practice. Athlete did not suffer symptoms until the following day.
Female	AM - Allegheny Mtn Swimming	Practice - Dry Land	Deck	When performing a wall sit exercise her feet slipped out from under her and her head hit the wall behind her and then the floor.	

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Male	NC - North Carolina Swimming	Practice - Other	Water - Turn End	Injured party performed a flip turn during practice, hitting his right heel on the gutter. Heel was cut deeply enough to require professional attention. Parent was immediately notified of injury & encouraged to seek further medical attention.	Injured party received a deep cut to his right heel from hitting the gutter doing a flip turn during practice. After he exited the pool, injury was disinfected, pressure was applied to the wound, a butterfly bandage was applied, heel was wrapped and taped. His parent was notified & encouraged to seek medical attention. A follow up call was made on 10/21/15 at 8am. It was learned that injured party was initially taken to Urgent Care, but informed that he needed to visit an ER. He was referred to Carolinas Healthcare System Waxhaw. He received 7 stitches & can not swim until the stitches are removed (10-14 days).
Male	SE - Southeastern Swimming	Practice - Entering / Exiting Pool	Water - Lane Lines	The older swimmers (7 total) were doing wind sprints at the end of practice (8:22 pm was when we started the set-we were about 2.5 minutes into the sprints). Swimmer dove over another swimmer coming into the wall but misjudged, leaving a bit early-the swimmer coming into the wall is newer to team and he stopped/came up to breathe about the same time swimmer left the wall rather than finishing to the wall so the two collided. Swimmer came up under the ropes in the center of the pool and the rope sliced open his scalp. The facility has what looks like Kiefer advantage 2 lane lines which have long exposed "blades". Swimmer was evaluated by me and the guard on duty as well as a parent (who happens to be my assistant for the high school team and is an AHSAA certified coach) for concussion. As of this morning swimmer has no symptoms of concussion and appears fine. Swimmer and his parents as well as school officials have been notified to watch for concussion. I contacted other swimmer's parents and I drove other swimmer to the local ER for evaluation where we met his father. His injury required 7 staples. I have spoken to swimmer's family about the symptoms of concussion and asked them to keep watch over swimmer for the signs of concussion. As of this morning swimmer is resting at home and anxious to return to practice.	ER placed 7 staples in swimmer's wound. No symptoms of concussion were seen upon evaluation.
Female	NI - Niagara Swimming	Practice - Other	Other deep end	swimmer swam into wall and hit head	possible concussion

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Female	CA - So. California Swimming	Meet - Competition	Water - Start End	Swimmer swimming 25 yard freestyle. Goggles filled with water upon entry and unable to see finish. She hit head on wall at finish. She exited pool crying because she hurt her head. When asked if she was dizzy, she said yes. Her parent said later that the swimmer indicated to him that she was unaware of what dizzy means.	Possible concussion. Informed parent and coach that swimmer would be unable to continue until she received a medical clearance from a doctor that specializes in head injuries. Swimmer returned on day 2 of swim meet with a medical clearance stating she was okay to swim.
Male	PC - Pacific Swimming	Other Meet setup during practice time	Deck	The swimmer was helping with meet setup during practice time. He and another swimmer were moving a lifeguard chair out of the way. The swimmer dropped the lifeguard chair on his foot. The swimmer sliced his 4th and pinkie toe. He required 4 stitches in his 4th toe.	The swimmer was helping with meet setup during practice time. He and another swimmer were moving a lifeguard chair out of the way. The swimmer dropped the lifeguard chair on his foot. The swimmer sliced his 4th and pinkie toe. He required 4 stitches in his 4th toe.
Female	PV - Potomac Valley Swimming	Meet - Competition	Deck	Athlete became disoriented with shortness of breath, possible asthma attack	Athlete became disoriented with shortness of breath, possible asthma attack
Female	OZ - Ozark Swimming	Meet - Walking	Deck	Athlete slipped on pool deck and fell hitting face on a diving board guard rail. Complained of dizziness and loss of memory. Ice was administered, swimmer was told to remain immobile until EMTs arrived.	
Female	OR - Oregon Swimming	Meet - Competition	Water - Turn End	Swimmer was 987.5 yards through with a 1000 yard race when she appeared to swallow water and stopped swimming (it was shallow enough for her to touch the bottom). She was in a wall lane so she grabbed the wall and attempted to climb out. Her father ended up pulling her out before she finished climbing out. She was able to talk and was sitting up, appearing relatively calm and collected but then began to hyperventilate (no obvious cause for this). She was laid down and her feet were elevated. She was becoming more upset and having a harder time regulating her breathing with what appeared to be anxiety. she was covered and her father wanted to call an ambulance. Emergency personnel arrived, ran tests which came back normal, but took her to the local hospital as she complained of a headache. Latest word from the parents was that she was feeling better.	no visible injury. shortness of breath.

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Female	NC - North Carolina Swimming	Practice - Dry Land	Outside Venue	Athlete fell over a curb while running during dryland	Her lower lip was cut and swollen. Several teeth were chipped or loose.
Female		Practice - Other	Locker Room	Athlete was changing in the shower, slipped, and injured her left leg/ankle/knee	Note: Doctor's diagnosis not available at this time. Symptom answer simply a guess at this point in time. Grandparents took her to clinic for evaluation.
Female	ST - South Texas Swimming	Practice - Dry Land	Deck	Hit foot on a bolt near our dryland equipment	cut open bottom of the her foot
Female	CA - So. California Swimming	Practice - Other	Water - Side	Swimmer exited water complaining of an allergic reaction, with trouble breathing. Coach escorted her to the lifeguard office when they administered oxygen and called EMS. Coach contacted swimmer's mother.	
Female	PC - Pacific Swimming	Practice - Other	Other middle of pool	Hand hit another swimmer swimming from the opposite direction. hand swelling / break????	
Female	NE - New England Swimming	Practice - Other	Water - Start End	Swimmer was accidentally kicked in the head.	The incident was not reported at the time of occurrence.
Female	SE - Southeastern Swimming	Practice - Dry Land	Outside Venue	Ran into older swimmer coming around corner. Was knocked onto ground. Care given by lifeguard and Red Cross Instructor. Child was sent home at first. Parents took to er for xray.	Waiting on results from ortho
Male	IN - Indiana Swimming	Meet - Competition	Water - Start End	Swimmer was swimming 200 backstroke completing the first 50; completed the flip turn and abruptly stopped at the flags and swam back to the wall. Once out of the pool, swimmer complained of shortness of breath and chest pain.	See above; once swimmer out of pool, trainer was called and two swim meet personnel (nurse practitioner and paramedic) were asked to assess. Swimmer stated no history of asthma or inhalers but did continue to complain of chest pain and shortness of breath. He was awake and alert. Lips/nail beds appeared pink but did note mild subcostal and suprasternal retractions. Also with heavy breathing in between talking. Due to severity of symptoms and after discussion with mother, decision made to call 911.
Male	CA - So. California Swimming	Meet - Competition	Water - Turn End	Swimmer was racing, on the turn his foot and leg got caught in the narrow gutter at the pool end and dislocated or popped as he pushed off the wall. He completed the race, was in tears and needed assistance in getting out of the pool and walking	Aquatics center staff provided first aid and ice.

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Female	IN - Indiana Swimming	Practice - Entering / Exiting Pool	Water - Start End	Swimmer feel entering the pool and landed on the end portion of the pool deck.	Parent took the swimmer for medical attention. Rest recommended. Swimmer has returned to practice.
Female	IL - Illinois Swimming	Practice - Other	Water - Turn End	Swimmer was inadvertently hit on the side of the head (ear) by a swimmer passing in the lane.	Did not immediately complain of any symptoms but later had pain in ear and went to doctor. Diagnosed with partially ruptured ear drum in left ear.
Male	LE - Lake Erie Swimming	Practice - Dry Land	Stairs	Swimmers were running stairs during dryland and athlete fell on the stairs and injured his ankle	Athlete fell and injured his ankle while running during dryland
Female	MV - Missouri Valley Swimming	Practice - Other	Deck	Putting in lane lines. One end flew over the top of the reel and hit me in the head.	
Female	CA - So. California Swimming	Practice - Entering / Exiting Pool	Water - Side	The masters athlete arm gave out from lifting herself out of the pool. She then fell on her left rib cage. She did not want to make a big deal out of the iscedent and therefor did not tell a coach that this had happened until the following week on Monday.	In a lot of pain and lack of movement. Hurts to breath deep because of the pressure from her ribs. Went to the doctor and got an X-ray with 2 fractured ribs.
Female	NI - Niagara Swimming	Practice - Other	Other while swimming	Was hit in head with a breaststroke kick from another swimmer during set.	mild concussion
Male		Practice - Dry Land	Outside Venue	The kids were playing a game of football. Athlete collided with another swimmer.	
Male	FG - Florida Gold Coast Swimming	Other mid-practice	Water - Side	athlete told me that his heart was beating so fast and it would not stop. I had him sit down for 5 minutes or so. I checked his pulse and I called the lifeguards over to him. The head lifeguard called 911. I called the athlete's mother to tell her what was going on. The EMS came and took him to the hospital. Again I called the athlete's mother to tell her her son was going to the hospital. My asst. coach followed the ambulance to the hospital and there she met the athlete's father.	
Female	IN - Indiana Swimming	Meet - Competition	Water - Start End	Swimmer jumped into the water feet first, with toes pointed down and struck her right foot on the bottom of the pool. She was taken to the Er and treated for a broken toe.	

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Female	IN - Indiana Swimming	Meet - Watching / Observing	Bleachers - Spectator's	Parent was complaining of chest pains and ear pain with visible labors breathing. An onsite volunteer (who is an EMT) checked her vitals talked with her and suggested she seek medical attention right away. She refused an ambulance and her husband drove her to the ER.	
Male	PV - Potomac Valley Swimming	Meet - Warm Down	Water - Start End	Swimmer was swimming in the warm-up / warm-down pool. There were three separate statements written by the pool staff because the swimmer went to the aid station three times. One statement says he was kicked in the back, a second statement says that another swimmer landed on his back, and the third statement mentioned only his symptoms but not ho the injury occurred. One his first visit to the aid station, he was provided ice. On his second visit he complained of neck pain and nausea and his mother refused care. On his third visit, he complained of pain in his back, neck and head and nausea. His mother accepted treatment on the third visit and based on the symptoms the EMTs were called, the pool staff provided c-spine and the EMTs transported him to a hospital.	Swimmer was swimming in the warm-up / warm-down pool. There were three separate statements written by the pool staff because the swimmer went to the aid station three times. One statement says he was kicked in the back, a second statement says that another swimmer landed on his back, and the third statement mentioned only his symptoms but not ho the injury occurred. One his first visit to the aid station, he was provided ice. On his second visit he complained of neck pain and nausea and his mother refused care. On his third visit, he complained of pain in his back, neck and head and nausea. His mother accepted treatment on the third visit and based on the symptoms the EMTs were called, the pool staff provided c-spine and the EMTs transported him to a hospital.
Female	SE - Southeastern Swimming	Practice - Other	Water - Lane Lines	Athlete dove under the water and as she approached the surface was kicked in the head	Athlete was submerged and coaches did not see the incident
Female	OH - Ohio Swimming	Practice - Other	Deck	Swimmer was walking on the pool deck, stepping between two people, and she caught her left foot on the wall where the bleachers meet the stairs. She fell forward, twisting her ankle/foot behind her.	The outside of swimmer's left ankle is swollen and extremely tender. She cannot put weight on her left leg.
Female	NT - North Texas Swimming	Practice - Other	Water - Lane Lines	Other swimmer swam towards injured doing butterfly. Other swimmers hand collided into injured head. Injured complained of neck pain and dizziness.	Dizziness



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Female	PV - Potomac Valley Swimming	Meet - Walking	Bleachers - Spectator's	Swimmer was walking from the pool deck toward the lobby to see her mom. She was walking carefully because she knows it can be slippery. She stepped with her left foot, slipped, landed on her left knee while her right leg extended behind her in a split.	Knee started hurting later in the day. At the suggestion of her pediatrician, she went to Holy Cross emergency room to get an x-ray to determine whether there was a fracture. The doctors determined there was not a fracture and theorized that it is a sprain. They recommended swimmer use crutches until she could see an orthopedist within the week.
Female	NT - North Texas Swimming	Practice - Other	Water - Lane Lines	Other swimmer swam towards injured doing butterfly. Other swimmers hand collided into injured head. Injured complained of neck pain and dizziness.	Dizziness
Male	CA - So. California Swimming	Practice - Other	Other Water- middle of pool/surface	Swimmer tried to catch a plastic stick(PVC)that another swimmer tossed him. Swimmer didn't catch the stick and it hit his tooth.	Stick bumped swimmer's mouth and chipped front tooth. Swimmer's mother took swimmer home and brought him to the dentist the next morning.
Male	IN - Indiana Swimming	Other Parent slipped on wet deck while walking to bleacher area	Bleachers - Spectator's	Parent was walking to bleachers during a practice session and slipped on the deck in a wet spot. He slipped, did the splits, and pulled his groin. Parent was admitted to Emergency Room on his own for observation and testing.	Parent was on ground in obvious pain and discomfort. Coach and parents helped him up. Drove himself to ER for further testing. Severe muscle pull in groin area. He missed at least one day of work.
Male	MN - Minnesota Swimming	Practice - Other	Hallway	Swimmer was leaving swimming with a group of boys in his swimming class. As they were waiting for older siblings to finish swimming, they began playing in the hallway immediately outside of the pool. Swimmer wound up slipping on a puddle of water in the hallway and fell face first onto the tile floor. His lip split wide open in multiple directions and a tooth was lost.	Swimmer was taken to the Emergency Room right away where Dr sutured his lip with 5 stitches and examined the area where his tooth was knocked out. He recommended follow up with a dentist as soon as possible to make sure the entire tooth, including the roots, was removed. We have not yet followed up with the dentist because we are allowing some time for his mouth to heal. With multiple stitches in his bottom lip, it is difficult for swimmer to open his mouth very wide. Discharge instructions from the ER included rest for 3-4 days, no swimming until lip heals, tylenol for pain, and follow up with a dentist.
Male	IL - Illinois Swimming	Practice - Dry Land	Other WEIGHT ROOM	I, WAS STANDING TEN FEET AWAY FROM ATHLETE WHEN HIS HAND SLIPPED OFF THE RUBBER PLATE ON THE GROUND. WE HAD TWO OTHER COACHES IN THE ROOM SUPERVISING. BOTH ARE CERTIFIED US SWIMMING COACHES, AS I AM.	ATHLETE HAD CONCUSSION LIKE SYMPTOMS SUCH AS DAZED, NON STABLE WHEN WALKING,LOSS OF SOME STRENGHT. TREATED IMMEDIATELY.

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Male	WT - West Texas Swimming	Practice - Entering / Exiting Pool	Deck	Swimmer suffers from epilepsy and had a seizure on deck. He collapsed down to the deck, tried to retrieve his medication and started to seize.	
Male	GA - Georgia Swimming	Other parent workday	Deck	parent were trying to adjust a beam of the tent that covers the pool when it shifted onto volunteer's finger.	middle finger crushed under beam.
Male		Meet - Entering / Pool	Water - Bottom	Injured 4th toe on right foot when entering the pool feet first for warm up.	
Female	AM - Allegheny Mtn Swimming	Practice - Entering / Exiting Pool	Locker Room	Swimmer came out of the girls bathroom so her mother could help her put her swim cap on. After getting help she went to go back through the girls bathroom to the deck. She pulled the girls bathroom door open and her toes went under the door and the door sliced the top of her foot. She was taken to Ohio Valley Hospital and required four stitches across the top of her foot above her toes.	
Female	OR - Oregon Swimming	Other Locker room, post-work out	Locker Room	See Report of Occurrence submitted by Coach for details of accident.	See Report of Occurrence submitted by Coach
Female	OR - Oregon Swimming	Other Locker room, showering	Locker Room	Swimmer, slipped on the wet tile of the shower area. She had a sweater halfway on, making her arms inaccessible to catch her fall. I (Coach) heard and saw her hit her head on the concrete wall. She was unconscious for 5 or 10 seconds as I approached her and began moaning after waking up. She was dazed and had trouble remembering what had happened. I asked her several questions that she was able to answer, but she was very subdued and seemed confused. I called her parents and they took her to the ER to be checked for a concussion.	

Gender	LSC	Activity at Time of Injury	Where Accident Occurred	Accident Description	Description of Injury
Male	PC - Pacific Swimming	Other After practice	Deck	The injured party was pulling on a pool cover when he started twitching from a seizure and fell into the pool. Two swimmers jumped in and held his mouth out of the water. The coach called 911 while 2 other swimmers placed him on a backboard and took him out of the water. The coach found he was breathing, his eyes were open, but he was not talking. A paramedic came out of a nearby class and took over. He sent for an OR doctor and an athletic trainer from another class and started asking the injured party questions. He was talking but was still groggy. When the doctor and trainer arrived the victim was more alert and doing better at answering questions. The ambulance arrived about 3 minutes later. By the time the injured party was taken off the deck he was fully alert and talking and answering all questions. He was taken to the hospital and later released to his mom who took him home. His mom said that he was fine.	
Female	SE - Southeastern Swimming	Practice - Other	Other Water during practice		Swimmer dislocated her right shoulder during practice on Wednesday, September 9, 2015. She saw her surgeon on September 10, 2015, and had an MRI at Elite Sports Medicine on Monday, September 14, 2015. Possible torn labrum on back of her right shoulder.
Male	ST - South Texas Swimming	Practice - Entering / Exiting Pool	Starting Blocks	Swimmer made it to the wall after appearing to suffer from cramps, he got to the wall struggling to get out. Coaches assisted him he looked like he was going to vomit coaches rolled him on his side. When they rolled him back over his eyes rolled in the back of his head and lost consciousness, the coaches immediately administered CPR. A doctor and emergency medical nurse in the stands immediately rushed over to provide assistance. EMS was called and arrived in a matter of minutes to work on swimmer. Swimmer was rushed to the hospital after he started breathing again.	

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Female	PV - Potomac Valley Swimming	Meet - Watching / Observing	Locker Room	Small amount of horseplay in the vestibule leading to the pool from the locker rooms between swimmers resulted in the swimmer being pushed. Her head hit the back of the corner of a wall. Parent took swimmer to the doctor's later and it was determined that she had sustained a mild concussion.	Parent and Swimmer asked for ice from the facility, however, they did not speak to coaching staff or Lifeguard staff at the time of the incident. Coaching staff was approached the following day.
Female	IL - Illinois Swimming	Practice - Dry Land	Other field behind the school	While doing dryland training. Athlete was skipping and she twisted her ankle.	
Female	NM - New Mexico Swimming	Practice - Dry Land	Outside Venue	During dry land, injured swimmer fell down when teammate tripped her while holding her ankle. Swimmer fell backwards and caught herself with her wrist, which fractured	
Female	AK - Alaska Swimming	Practice - Dry Land	Outside Venue	The team was playing soccer. Swimmer went to kick the ball and struck foot against another swimmers' foot and broke toe.	Swimmer did not realize toe was broken initially. Taken to clinic the following day.
Male	AK - Alaska Swimming	Practice - Other	Deck	Team was playing a game in the pool at the end of practice. After an exchange during the game, a metal water bottle was thrown at swimmer by another swimmer. Water bottle hit swimmer in the face, striking his tooth.	
Male	NT - North Texas Swimming	Other After Practice	Other Door Way	Opened door on toe	
Male	GU - Gulf Swimming	Swimjitsu - Dry Land	Other grass fields	plying ultimate frisbee and ran into another teammate	
Male	ST - South Texas Swimming	Practice - Dry Land	Deck	Running during dryland in a relay race and fell Broke his left arm.	
Female	SN - Sierra Nevada Swimming	Practice - Entering / Exiting Pool	Water - Start End	Athlete was climbing out of the pool using the backstroke bar -- she did not see the block and pulled hard into the block hitting her left eye on the block.	Swimmer has had a CT scan and has been diagnosed with a concussion.
Female	SE - Southeastern Swimming	Practice - Dry Land	Outside Venue		shoulder slipped out of place
Female	GA - Georgia Swimming	Meet - Competition	Water - Start End	Athlete was completing her 500 Free at the Divisional Championship meet when her toe became caught between the touchpad and the velcro strip that attached it to the wall. This resulted in the toenail on her big toe being torn off.	Athlete's toenail was torn off due to contact with the touchpad during competition. It at first seemed a minor, albeit painful, injury. However, after going to the emergency room, it was found that it required an x-ray, stitches, and other treatment.

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Male	FL - Florida Swimming	Practice - Other	Water - Start End	Swimmer swimming backstroke, slammed hand on wall	swimmer could not move finger right hand, index finger
Female	PV - Potomac Valley Swimming	Meet - Competition	Locker Room	Athlete found passed out in locker room. Given care from facility lifeguards. Athlete was taken to the hospital.	Athlete laid down on own and passed out.
Female	AZ - Arizona Swimming	Practice - Other	Water - Lane Lines	Swimmer was kicking butterfly on her back, when she yelled out in pain. She said her knee "locked up" and she couldn't straighten it. She skulled to the side and we got her out.	Doctor believes it to be a torn meniscus. Requires physical therapy. She has had this issue before, but never had it happen when swimming.
Female	GA - Georgia Swimming	Practice - Dry Land	Outside Venue		
Female	MD - Maryland Swimming	Practice - Entering / Exiting Pool	Water - Start End	Athlete's foot slipped off edge of pool while waiting to start swimming. Athlete fell in pool, striking left hip on the edge of pool while falling.	
Male	FG - Florida Gold Coast Swimming	Practice - Other	Water - Start End	The swimmer was in the water approaching the wall while another swimmer was performing a running dive from the pool deck, resulting in a head to head collision.	Headache, golf-ball sized bump on the forehead
Female	MN - Minnesota Swimming	Practice - Entering / Exiting Pool	Water - Lane Lines	During Swim Team practice another student jumped into the pool where athlete was, hitting her in the goggles with his foot. Causing her goggles to scrape under her left eye.	
Male	CA - So. California Swimming	Meet - Competition	Water - Turn End	GOGGLES WERE FOGGY. SWIMMER LOST DEPTH PERCEPTION AND HIT HIS HEAD ON THE WALL, WHILE COMPLETING A FLIP TURN	POSSIBLE CONCUSSION
Male	MI - Michigan Swimming	Meet - Watching / Observing	Bleachers - Spectator's	complained of several stomach pain - appeared dehydrated, doubled over, unable to walk without assistance	
Male	CO - Colorado Swimming	Meet - Competition	Locker Room	Athlete was sitting in the locker room. Used hand to stand up, hand slipped off the bench and cut his left hand between index and middle finger. Bandage and tape were applied. Went to Urgent Care and received stitches.	Athlete was sitting in the locker room. Used hand to stand up, hand slipped off the bench and cut his left hand between index and middle finger. Bandage and tape were applied. Went to Urgent Care and received stitches.
Male		Meet - Competition	Water - Start End	swimmer hit his foot on the gutter as he was getting out of the pool after completing his race.	swimmer hit his foot and didn't seek first aid at the time as it didn't hurt much at the time. He went back to the hotel and the foot continued to swell so parent took him to an urgent care facility where it was determined to be fractured.

Gender	LSC	Activity at Time of Injury	Where Accident Occurred	Accident Description	Description of Injury
Female	NE - New England Swimming	Meet - Competition	Deck	Swimmer has a history of Asthma. After her competition, had difficulty breathing. Took her prescribed inhaler but seen no improvement. Coach alerted management and decided to call EMS.	
Female	IN - Indiana Swimming	Swimjitsu - Entering / Exiting Pool	Deck	Swimmer finished race and exited the pool, collapsed twice on deck, shortness of breath. coaches moved athlete outside pool area. Coaches called 911 and iced athlete and removed athlete from pool deck to cooler area. Athlete was able to breathe with ease and was transported to local hospital for evaluation by ambulance. Cool towel was given to athlete. Team Travel event/Central Zones 14-under. Mom of athlete called in Indiana. Parental permission to treat athlete was given. Pt. talked with parent.	Swimmer finished race and exited the pool, collapsed twice on deck, shortness of breath. coaches moved athlete outside pool area. Coaches called 911 and iced athlete and removed athlete from pool deck to cooler area. Athlete was able to breathe with ease and was transported to local hospital for evaluation by ambulance. Cool towel was given to athlete
Male	MD - Maryland Swimming	Meet - Competition	Deck	Sent to the hospital for breathing issues after the meet was over on 7/31/2015 and was admitted at 9:30 pm. The athlete was then discharged at 2:30 am on 8/1/2015 after his breathing returned to normal.	
Male	PC - Pacific Swimming	Meet - Warm-up	Water - Turn End	Swimmer was holding on to the wall in the warm up pool and another swimmer was doing a flip turn and hit him on the back and the other swimmer went forward towards the wall and broke two upper front teeth on the corner. There was no blood, cut to the lip or gum or swelling at all.	
Female	NJ - New Jersey Swimming	Meet - Warm Down	Water - Side	Athlete was hit in hand by another swimmer who was doing butterfly.	Athlete could not move her wrist and hand looked purple at the tips.
Female	MD - Maryland Swimming	Meet - Competition	Deck		
Female	OH - Ohio Swimming	Meet - Walking	Deck	Fell on deck and hit her chin, chipped tooth	Fell and chipped tooth and cut open chin
Female	SD - South Dakota Swimming	Practice - Other	Team Area	Swimmer was helping set up the pool so we could start practice. Found swimmer laying on the deck having a seizure.	

Gender	LSC	Activity at Time of Injury	Where Accident Occurred	Accident Description	Description of Injury
Male	ND - North Dakota Swimming	Meet - Watching / Observing	Other Restroom	was exiting the mens restroom and got his right ring finger caught in the hinge end of the door as it closed. He is an athlete, but was not competing at this state meet. Pinched the tip of his finger and crushed nail bed.	
Female	IN - Indiana Swimming	Meet - Warm Down	Other Warm Down Pool	Foot injury. Athlete stepped onto the gutter of the diving well to enter the pool and the gutter fell in. Caused a cut to the swimmers foot	Injury was cleaned and wrapped in guase by facility staff. Swimmer went to the hospital and received treatment.
Female		Meet - Watching / Observing	Other carpeted steps to the admin table	Felt light headed so we had her sit down on the 2nd step. she slowly started to faint and lean over and tumbled to the floor. She immediately was alert and able to talk. No bleeding or anything.	was moved to a cool room. Administered gatorade within minutes. ate a few minutes later. was responsive and talking.
Male	IA - Iowa Swimming	Meet - Watching / Observing	Bleachers - Spectator's	tripped on the concrete steps in the bleacher area and hit his forehead.	
Male	PC - Pacific Swimming	Other Host team helper	Other Kitchen	Cutting tomatoes for hamburgers and sliced right thumb with the blade of a mandolin.	One inch long cut on right thumb. Lifeguard gave a bandage to injured. He then went to Barton Urgent Care.
Female	PC - Pacific Swimming	Practice - Entering / Exiting Pool	Locker Room	Swimmer was found on floor of NW corner stall of restroom unconscious, then semi-responsive. 911 called immediately. Masters coach came to help. Doctor from Masters program pulled from pool to assess and administer care. PD arrived 4-5 min after call, Ambulance arrived 5-6 minutes after call. Swimmer became responsive and was taken to Emergency Room, where parents met her.	Swimmer has pre-existing condition: petite epilepsy.
Male	GA - Georgia Swimming	Practice - Dry Land	Gym	When athlete left dryland to come to the pool he had a bump on top of his foot. It seemed fine. He swam. Later, at home, his foot started to hurt more and his mother took him to the doctor.	

Gender	LSC	Activity at Time of Injury	Where Accident Occurred	Accident Description	Description of Injury
Female	WI - Wisconsin Swimming	Practice - Other	Deck	Coach was working on Tuesday, 7/7/15 as an assistant coach to another coach at the Aquatic Center. At approximately 5:50 PM, while the 50 meter lane line was being rolled up onto the lane line reel by two high school aged male swimmers, she helped "guide" the lane line onto the reel by standing between the pool and the reel and used her hands to assure the line would spool onto the reel correctly. She was barefoot due to the excessive amount of water pouring off the reel. The lane line was being reeled very rapidly. When the metal spring shaped hook at the end of the lane line exited the water, it ricocheted off the concrete deck and struck her right foot with great force. The incident left a 1 cm by 2 mm indentation in the top of her right foot at the midfoot point on the top of the first metatarsal bone. Coach applied direct pressure to the site to minimize swelling and eventually applied an ice pack. At approximately 6:30 PM, Coach drove herself (with her left foot) to Urgent Care and was evaluated by Dr. His report is attached.	Coach was working on Tuesday, 7/7/15 as an assistant coach to another coach at the Aquatic Center. At approximately 5:50 PM, while the 50 meter lane line was being rolled up onto the lane line reel by two high school aged male swimmers, she helped "guide" the lane line onto the reel by standing between the pool and the reel and used her hands to assure the line would spool onto the reel correctly. She was barefoot due to the excessive amount of water pouring off the reel. The lane line was being reeled very rapidly. When the metal spring shaped hook at the end of the lane line exited the water, it ricocheted off the concrete deck and struck her right foot with great force. The incident left a 1 cm by 2 mm indentation in the top of her right foot at the midfoot point on the top of the first metatarsal bone. Coach applied direct pressure to the site to minimize swelling and eventually applied an ice pack. At approximately 6:30 PM, Coach drove herself (with her left foot) to Urgent Care and was evaluated by Dr. His report is attached.
Female	LA - Louisiana Swimming	Meet - Warm-up	Deck	Fell in between bulkheads	
Female	LA - Louisiana Swimming	Meet - Warm-up	Starting Blocks	Stepped out of pool and leg slid between two movable bulkheads and got stuck.	
Female	CO - Colorado Swimming	Swimjitsu - Dry Land	Water - Start End	Swimmer misjudged her entry on a start and hit the bottom of the pool with her head. She was taken to the ER for evaluation.	Possible concussion
Male	SD - South Dakota Swimming	Other leaving park after practice	Outside Venue	Swimmer and 2 other swimmers ride their bikes to morning practice each day. While leaving the pool (still in the park), swimmer rode his bike off of the sidewalk into the wet grass. When he went to get back on the sidewalk, the wheel slipped and he wrecked his bike resulting in a fractured right wrist.	On scene was the local police, EMT ambulance staff and a third year medical student (who happened to be driving by on his way to work).



Gender	LSC	Activity at Time of Injury	Where Accident Occurred	Accident Description	Description of Injury
Female	NI - Niagara Swimming	Meet - Warm-up	Water - Turn End	Swimmer struck her head against the bulkhead during her first warm-up lap. She thought she had just bumped her head but another swimmer let her know that she had blood on her face when she reached the other end. She went to her parents in the bleachers who inspected her head and found that she had a wound under her cap. Swimmer's parents alerted Coach and a staff member with a first aid kit. The staff member gave swimmer some gauze and band-aids to cover the wound. It was determined that swimmer would most likely need stitches so her parents took her to the hospital. The staff member recorded information about the incident before the family left. The bulkhead was inspected for alignment after the family left.	Swimmer's wound required 3 stitches. No symptoms of concussion were observed.
Male	GA - Georgia Swimming	Swimjitsu - Entering / Exiting Pool	Water - Start End	Swimmer pushed off wall while warming down on his back and struck his head on the metal railing for the handicap ramp.	
Male	PC - Pacific Swimming	Practice - Entering / Exiting Pool	Water - Start End	Lane line snapped off extender striking swimmer in the left eye.	Left eye swollen with two cuts below lower eyelid
Male	SC - South Carolina Swimming	Meet - Walking	Deck	Swimmer was walking across deck after getting out of the warm up lane. He dropped his goggles and his knees buckled, he hit a trash can with the left side of his head and fell on the deck on his left side. Care was given immediately (2 RN; 2 Physician)). 911 called	
Male	OH - Ohio Swimming	Practice - Other	Water - Side	Swimmers collided while swimming backstroke.	Displayed signs of concussion and possible spinal issues.
Female	NT - North Texas Swimming	Meet - Walking	Deck	Athlete slipped walking on the deck, and caught herself with her hand.	Went to the doctor and was told it was fractured
Male	NE - New England Swimming	Meet - Competition	Water - Start End		
Male		Other Practice - walking	Deck	Cut left foot on deck grate.	Cut left foot which required stitches.

Gender	LSC	Activity at Time of Injury	Where Accident Occurred	Accident Description	Description of Injury
Female	LE - Lake Erie Swimming	Practice - Other	Water - Turn End	Swimmer was in the water attached to a power tower. When she pushed off the wall to start swimming, the link was tangled and the tower fell in the pool. When swimmer surfaced, the corner of the tower hit her head and caused a laceration. The lifeguards and staff took over and provided care for her.	
Male	IN - Indiana Swimming	Practice - Dry Land	Other Weight Room	Slipped off the Pull up rack in the weight room while doing pull ups	Fell off the pull up rack while doing pull ups
Male		Practice - Other	Water - Side	He hit his head on the side of the wall while doing dolphin dives.	
Male	IE - Inland Empire Swimming	Practice - Other	Water - Turn End	Swimmer was swimming backstroke when he forgot to turn at the turn end of the pool and ended up smashing his head into the wall. Swimmer swam back and sat on the side of the pool rubbing his head. Group coach walked Swimmer to the lifeguarding staff where they took care of him and tested him for concussion like symptoms. Swimmer returned to water and then complained about being dizzy and lightheaded. Group coach sent swimmer to get out of pool and get ready to go home.	
Female	SN - Sierra Nevada Swimming	Practice - Entering / Exiting Pool	Deck	Swimmer was walking on deck @ 7am and a concrete umbrella stand with pipe sticking out (for the umbrella) the exact same color of the deck was left in the walkway (the previous night). No umbrella was in the stand and the athlete tripped and fell over the stand. The stand was extremely dangerous as it could not be seen.	swimmer was transported by parent to emergency facility
Male	IN - Indiana Swimming	Practice - Other	Water - Start End	Swimmer was swimming backstroke in outdoor pool. It was windy outside and the backstroke flags were waving around. Swimmer did a backstroke turn, was too close, and when he turned over to his stomach, he hit the wall with his head.	Swimmer struck forehead on end of pool while executing a flip turn, received a concussion and contusion on forehead.
Female	MR - Metropolitan Swimming	Practice - Other	Deck	Swimmer was walking down the stairs and fell cutting the bottom of her foot	

Gender	LSC	Activity at Time of Injury	Where Accident Occurred	Accident Description	Description of Injury
Male	VA - Virginia Swimming	Practice - Other	Water - Start End	swimmers was struck by another swimmer while playing water polo	Eye swelled up with blurring of vision
Female	IL - Illinois Swimming	Practice - Other	Locker Room	Fell in Locker Room and caught a locker door with her hand. Bleeding.1st aid was given. paramedics were called. she was taken to the hospital and 7 stitches were administered	
Male	FL - Florida Swimming	Other press up on side of pool	Water - Side	Swimmer was doing press-ups on the side of the pool, his hand slipped and he hit his chin and chipped his tooth.	Chipped lower, 1/4 in cut/scrape on lower chin. Bleeding was stopped, by applying direct pressure with cloth. Parent was on deck and took the swimmer directly to their family dentist.
Female	AM - Allegheny Mtn Swimming	Practice - Dry Land	Other Weight Room	While stepping off of a weight bench, swimmer landed awkwardly on foot, twisting her ankle.	
Female	MT - Montana Swimming	Practice - Other	Water - Turn End	A kickboard came out from under another swimmer and hit the injured athlete just above her left eye.	The athlete lost vision in her left eye partially. She got a headache and felt dizzy, it started to swell. She sat and rested with ice. Her vision started to improve and I released her to her parent with the instructions to rest and go to a doctor if her vision had not returned fully by morning. Athlete was not planning on going to the doctor. The next morning she woke up with a blind spot in her left eye and went to her eye doctor.

Gender	LSC	Activity at Time of Injury	Where Accident Occurred	Accident Description	Description of Injury
Female	MV - Missouri Valley Swimming	Practice - Other	Water - Turn End	When training with Power Towers(tethered resistance training), swimmer put belt on outside of water and jumped in(deep water) 5-6 feet from edge, knocking power tower off balance and into water. Tower frame struck swimmer in the head causing a cut and bump in her forehead and nose. Coach immediately got swimmer out of water to a seat on bleachers(she was fully conscious and bleeding from cut), called emergency personnel and direct pressure with a clean towel was applied. Swimmer's mother was also called,and she arrived and declined ambulance service. Mother drove swimmer to the Shawnee Mission Medical Center ER, where she was treated with stitches. A CAT scan was done to check for concussion and/or internal bleeding, and the results came back clear. Swimmer was then released to go home.	
Male	IN - Indiana Swimming	Meet - Competition	Water - Turn End	Head impacted side of pool during backstroke event.	
Female	WI - Wisconsin Swimming	Practice - Dry Land	Other dryland field	injured party was hit in the hand by another athlete. Dislocated middle finger on the right hand (last knuckle).	injured party's hand was hit accidentally by another swimmer causing dislocation of middle finger on right hand (last knuckle closest to the fingertip).
Female	PC - Pacific Swimming	Meet - Competition	Starting Blocks	Timer had prior confusion and went to the bathroom. Began foaming from mouth. Had a seizure while timing	
Female	MR - Metropolitan Swimming	Meet - Competition	Other during open water swim		A little disorientated - said she was hit on the head during the swim by another swimmer. EMTs did not find any head injuries but she was very cold so they treated her for hypothermia and felt she should be taken to the hospital. The hospital treated her for mild hypothermia, found no concussion, cleared and released her. She is home and doing fine.
Male	CO - Colorado Swimming	Meet - Walking	Deck	Athlete slipped and hit forehead on metal object. Small abrasion. No concussion.	Small cut on forehead. No stitches required.
Female	CO - Colorado Swimming	Meet - Competition	Water - Turn End	Swimmer was finishing backstroke hit wrist/arm on top of bulkhead	Swimmer's wrist swollen and bruised

Gender	LSC	Activity at Time of Injury	Where Accident Occurred	Accident Description	Description of Injury
Female	NE - New England Swimming	Meet - Competition	Water - Start End	Swimmer was diving into the pool at the start her race and hit the bottom of the pool with her extended hand.	Swimmer scraped her palm and knuckles on her right hand and hyper-extended her right elbow. Swimmer was taken to local hospital by parents for x-rays. Will be further evaluated in the next couple days.
Male	UT - Utah Swimming	Meet - Competition	Water - Start End	athlete was finishing a 100 freestyle and had a hard finish. Upon touching the wall he injured his hand	Athlete went to physician and after X-ray found that the injury was a fracture
Female	IN - Indiana Swimming	Practice - Entering / Exiting Pool	Water - Side	Stepped into the gutter of the pool and gutter cover shifted. Swimmer fell.	Cut on leg.
Female	AM - Allegheny Mtn Swimming	Practice - Entering / Exiting Pool	Water - Turn End	fell on side of pool and hit head on the pool deck.	
Female	CO - Colorado Swimming	Other before practice	Outside Venue	Athlete was riding bike outside pool area. Ran into the bike rack. Seat of bike came off as athlete fall towards right. a bloody gash was on the athlete's left thigh.	Athlete had a gash on left thigh. several inches long and wide. Deep cut, could see fatty tissue. Blood running down thigh and leg.
Male	PN - Pacific Northwest Swimming	Meet - Warm-up	Water - Start End	Swimmer bumped head on the edge of the pool while warming up for a race in the Dive Tank (swimming backstroke). Injury was not reported to coaches/parents until swimmer had returned home and began vomiting.	Swimmer bumped head on the edge of the pool while warming up for a race in the Dive Tank (swimming backstroke). Injury was not reported to coaches/parents until swimmer had returned home and began vomiting.
Male	FG - Florida Gold Coast Swimming	Meet - Warm Down	Team Area	Athlete experienced abdominal pain and nausea during warm-down after Sunday meet session. He reported this to coach who instructed him to sit down and hydrate. After about 40 minutes the stomach pains escalated in severity...the athlete then reported increased nausea, difficulty drawing a breath, and tingling in his hands/feet. The coach immediately notified the Supervisor at the aquatic complex. After assessing the athlete and seeing his pain level/symptoms, EMS was called.	see above for full account of incident and response.
Male	IN - Indiana Swimming	Practice - Other	Deck	As Coach was pulling a lane line down the pool, his right foot slipped on the edge of the deck, and went into the water. His left butt cheek struck the deck, and then he laid back onto the deck.	No visible swelling or bruising, but significant pain, possible internal injuries (break, sprain or otherwise)

Gender	LSC	Activity at Time of Injury	Where Accident Occurred	Accident Description	Description of Injury
Male	CA - So. California Swimming	Meet - Competition	Deck	Swimmer walked into edge of pool rules sign attached to light post. The edge of the sign struck him on the top of his head causing him to begin to bleed. Facility lifeguards responded and recommended that the injured swimmer be taken to an urgent care facility by his parent/guardian.	
Female		Meet - Competition	Deck	Swimmer was waiting for her heat to compete and fell to her left and started seizing. These lasted for approximately 3 minutes. EMS was called during that time. Ice and wet towels were used to cool the swimmer down. Per parent swimmer does not have any history or seizure.	Swimmer was waiting for her heat to compete and fell to her left and started seizing. These lasted for approximately 3 minutes. EMS was called during that time. Ice and wet towels were used to cool the swimmer down. Per parent swimmer does not have any history or seizure.
Male	MI - Michigan Swimming	Meet - Competition	Bleachers - Spectator's	Fell down in the stands on the stairs. Tried to brace fall, Braced on railing, but hit his head lightly. Gave ice, numbness began in wrist. Went to urgent care.	Potential sprain in shoulder. Couldn't raise arm above head.
Female	FL - Florida Swimming	Meet - Competition	Starting Blocks	Finger got stuck in space on block.	Caught Left Middle finger in small space in block. Ripped finger nail and skin beneath.
Female	IL - Illinois Swimming	Meet - Competition	Team Area	After 400 freestyle event swimmers legs felt numb and tingly below the knees	
Male	CO - Colorado Swimming	Practice - Other	Water - Turn End	Swimmer was swimming backstroke and miss counted his strokes causing him to hit his head on the wall. Swimmer was complaining of being dizzy and seeing double so I had him get out of the pool, monitored him while I called his parents. His parents did not pick up so I waited until they came to pick him up and let them know that swimmer had hit his head on the wall and was complaining about being dizzy.	
Female	SD - South Dakota Swimming	Practice - Entering / Exiting Pool	Starting Blocks	Swimmer was stepping up on the platform of the starting block from the step and lost her balance and slipped and fell on her right ankle. Swimmer was able to get up and walk away, her mother was there at the time of the occurrence.	Swimmer's mother was there at practice and at the time of occurrence, both parent and swimmer walked away.

Gender	LSC	Activity at Time of Injury	Where Accident Occurred	Accident Description	Description of Injury
Male	NT - North Texas Swimming	Meet - Competition	Other Climbed out of water	swimmer climbed out of water and cut the end of his right foot	swimmer climbed out of water and cut his foot.
Male	OH - Ohio Swimming	Meet - Competition	Water - Turn End	Swimmer hit his nose on the wall in backstroke at the finish. He had a small cut under his right eye and he said his neck hurt a bit. Swimmer's mother is a doctor and she looked at him closely.	
Female	WI - Wisconsin Swimming	Practice - Dry Land	Gym	Slipped and rolled ankle	
Male		Meet - Watching / Observing	Deck	Sibling was sitting in chair next to his mom on deck during the break where she was timing. He fell backwards and she caught him. He bumped his elbow on the ground. We gave him an ice pack and he was fine.	
Male	IA - Iowa Swimming	Practice - Other	Water - Lane Lines	Athlete's hand was kicked by swimmer in front of him	Initial diagnosis of 5th (pinky) finger fracture
Male	GU - Gulf Swimming	Practice - Other	Water - Turn End	Swimmer was coming of wall doing butterfly and collided with another swimmer coming toward him doing Freestyle.	
Male	GU - Gulf Swimming	Practice - Other	Water - Bottom	Swimmer was coming off the turn wall in mid-stroke of butterfly when collided with another swimmer,swimming freestyle.	Swimmer had a bump on his head.
Male	GU - Gulf Swimming	Practice - Other	Water - Turn End	Swimmer said he was at the flags and swimming freestyle, accelerating for his flip turn and he and another swimmer, ran into each other. Swimmer was hit on his right temple and bit his tongue causing it to bleed. Swimmer had a headache and ringing in his right ear immediately after the collision and until his mother picked him up 25 minutes later. He was also dizzy for about 10minutes after the collision. I got ice for him which he applied to his head until he was picked up.	Headache and ringing in right ear persisted at least until swimmer was picked up by his mother 25 minutes after the collision. The right side of his face was red in places along his cheek bone. The redness lessened over the 25 minutes.
Female	CA - So. California Swimming	Practice - Other	Water - Side	Another swimmer had stopped in the lane and she had pushed off the was colliding with that stopped swimmer. Sat up phased for a second.	complained of a small bump on the head
Male	MA - Middle Atlantic Swimming	Meet - Competition	Starting Blocks	Getting out of the water. Scrapped her arm on side of block	lifeguard cleaned and bandaged the scrape

Gender	LSC	Activity at Time of Injury	Where Accident Occurred	Accident Description	Description of Injury
Female	CA - So. California Swimming	Practice - Other	Water - Side	Swimmer had stopped in the middle of a backstroke set and then was collided into by another swimmer coming off the wall.	Swimmer was dazed for second after the other swimmer collided with her and then began to cry in pain saying her head hurt from strike.
Male	SE - Southeastern Swimming	Practice - Dry Land	Gym	sprained wrist trying to brace himself as he fell	was running backwards in dryland and tripped over his feet causing him to fall
Male	CA - So. California Swimming	Practice - Other	Water - Lane Lines	Swimmer was struck in the head when a swimmer in the lane drifted onto the wrong side of the lane in a backstroke set.	Swimmer complained of pain at the top of the head once they collided.
Female	CA - So. California Swimming	Practice - Other	Water - Lane Lines	Swimmer had drifted to the wrong side of the lane during a backstroke set and hit heads with another swimmer coming the opposite direction	Swimmer complained of pain at the top of the head and was crying from the pain.
Female	GU - Gulf Swimming	Other leaving stands	Stairs	Was exiting the stands and she fell down the stairs hitting her elbow, wrist and back	
Female	CA - So. California Swimming	Practice - Other	Water - Turn End	Swimmer hit head against wall during a backstroke drill set.	Swimmer notified coach after a few sets that her head hurt after a few more rounds of the set.
Female	IN - Indiana Swimming	Meet - Watching / Observing	Starting Blocks		Official slipped from the ledge where the starting blocks are located to the lower area of the deck. Landed on her tailbone and twisted left ankle. Avoided hitting head but did experience neck/head pain from the harsh fall.
Male	IL - Illinois Swimming	Practice - Other	Other Middle of Pool	Kicked in the nose by a breaststroke kick from another swimmer	
Male	CA - So. California Swimming	Practice - Other	Water - Lane Lines	Swimmers group was practicing breaststroke kick with hands at side and keeping head down. Swimmer wasnt aware of how close he came to the swimmer in front of him and that swimmer accidentally kick him in the head.	Swimmer at first was observed by the lifeguard as being dazed when he got kicked and had stopped. As getting out of pool he expressed to the coach that his head was hurting really bad. Coach and lifeguard got him a ice pack and sat him down. They checked on him over a 30 min period and each time he expressed that his head still hurt.
Male	PC - Pacific Swimming	Practice - Other	Other water middle	another swimmers hand hit his mouth/ear while swimming butterfly	
Male	MD - Maryland Swimming	Practice - Other	Water - Lane Lines	During the main set of 40 50's swimmer struck hands with a teammate as they were passing each other. The other swimmer sustained no injury but first swimmer's wrist was bruised and tender. After hitting hands he got out and put ice on it. He could move it but it did swell slightly.	Swimmer had a slight raised bump on right wrist that was slightly bruised.



Gender	LSC	Activity at Time of Injury	Where Accident Occurred	Accident Description	Description of Injury
Male		Practice - Other	Deck	Swimmer slipped and fell. Hit side of head on pool deck	Swimmer fell. and got half way up. We checked him out before we let him sit completely up. Swimmer was fully conscious and aware of what occurred. No complaint of dizziness/ringing in ears/vision problems. We sat him down and had him ice it and monitored him for 10-15 mins
Female	CA - So. California Swimming	Practice - Entering / Exiting Pool	Water - Side	Swimmer slipped getting out of the pool and chipped one of her front teeth.	Went to the dentist the next day and the tooth will require a root canal and a cap.
Male	GA - Georgia Swimming	Meet - Competition	Other School	Swimmer stated they had been involved in a helmet to helmet incident at football practice Friday October 16th. Swimmer stated the incident was shared with parents and no treatment was sought or administered at the time. Swimmer competed in the meet both Saturday and Sunday.	Swimmer advised the lifeguard that once they dove in their head began to hurt. Swimmer completed the race and remained in the pool while holding their head.
Female	OZ - Ozark Swimming	Meet - Competition	Stairs	Slipped on three stairs and hit tailbone, lower back	
Male	CT - Connecticut Swimming	Meet - Warm-up	Locker Room	In the locker room, slipped, fell and twisted his knee. He was near the shower and the floor was wet. He didn't have shoes on.	
Female	SE - Southeastern Swimming	Meet - Walking	Deck	The Athlete slipped on the deck at the end of the meet, landing on her tailbone.	Athlete slipped and fell on pool deck. Landed on tailbone. Athlete is stiff/sore.
Female	WY - Wyoming Swimming	Meet - Watching / Observing	Other Doorway leading to deck	Someone was holding the door open for swimmers and didn't see swimmer slip through and her finger was caught in the door jam as it closed.	The left pointer finger, cut on the tip - less than 0.25 inch , with skin flapping. By the second day the skin came off, and according to swimmer, "It didn't hurt at all."
Female	NI - Niagara Swimming	Meet - Competition	Water - Start End	Swimmer slipped on the start of the 100 Butterfly race and fell into the pool scraping her left thigh, knee, and shin on the starting block. She did not break the skin or bleed.	Parents were on deck and swimmer walked away with them. Follow up phone call to mother and swimmer is doing fine.
Female	IN - Indiana Swimming	Meet - Warm-up	Water - Start End	Swimmer was participating in warm-up. Group was performing breaststroke kick. Swimmer was kicked in the nose by a teammate due to close/crowded proximity.	Goggle bridge caused bruising on nose.
Female	IA - Iowa Swimming	Meet - Competition	Water - Start End	jammed fingers into wall on the finish	significant swelling of left thumb

Gender	LSC	Activity at Time of Injury	Where Accident Occurred	Accident Description	Description of Injury
Female	IA - Iowa Swimming	Meet - Walking	Locker Room	Going to the locker room, someone opened the door onto her foot and cut it.	
Female	IN - Indiana Swimming	Practice - Other	Other Diving well Area	A swimmer fell while entering the diving well (previous incident report filed) and the swimmer who fell struck this swimmer in the right eye.	Swimmer was struck in the eye by a swimmer who fell into the water.
Female	IN - Indiana Swimming	Practice - Entering / Exiting Pool	Deck	Swimmer slipped getting into the diving well and fell on the back of her leg/buttocks area.	Swimmer bruised the back of her leg.
Female	UT - Utah Swimming	Meet - Warm-up	Water - Turn End	Coaches version: meet had split warm ups. Each team were assigned their own lanes for warm up. Girl from other team did a start in the lane beside the, cut over into our lane(7) and was hit head on by swimmer who was swimming in her own lane doing circles.	Head to head moving in opposite directions.
Female	UT - Utah Swimming	Meet - Warm-up	Water - Turn End	Swimmer bumped her head with another swimmer during warm ups. This was given by the swimmer/coach/and accompanying parent. Swimmers parent was not at meet.	Bumped her head with another swimmer during warm ups.
Female	CA - So. California Swimming	Meet - Warm-up	Starting Blocks	She dove in the water for starts, went down the lane was heading back in the other lane. The kids in the other lane were going opposite of circle swim and the other swimmer's head hit her nose.	Nose Hurts, with marks and head hurts. Mother does not believe she has a concussion. Just nose is sore & swollen. Parent will observe at this point.
Female	MV - Missouri Valley Swimming	Meet - Walking	Bleachers - Spectator's	Climbing bleacher, lost footing and slipped and landed on both shins. Bruising on middle of both shins.	
Female	CA - So. California Swimming	Meet - Competition	Water - Turn End	While swimming the 100 backstroke she hit her head three times.	Bumped head.
Female	IE - Inland Empire Swimming	Practice - Other	Deck	Injured party was standing in line waiting to do a dive. A teammate was swinging his arms and hit injured party in the corner of her left eye.	Injured party was standing in line waiting to do a dive. A teammate was swinging his arms and hit injured party in the corner of her left eye.
Female		Meet - Competition	Deck		
Female	CA - So. California Swimming	Practice - Other	Water - Lane Lines	Swimmer jammed finger in the lane line while swimming freestyle	jammed right pinky finger

Gender	LSC	Activity at Time of Injury	Where Accident Occurred	Accident Description	Description of Injury
Male	IL - Illinois Swimming	Practice - Entering / Exiting Pool	Water - Bottom	while jumping into the pool, the athlete jumped in feet first then bent his legs back as he hit the water. He hit his knee on the bottom of the pool.	
Female	CA - So. California Swimming	Practice - Other	Other Water-Center	Swimmer collided with another swimmer	
Male	LE - Lake Erie Swimming	Practice - Entering / Exiting Pool	Water - Start End	Split chin open on side of pool.	
Female	IL - Illinois Swimming	Practice - Entering / Exiting Pool	Water - Turn End	Swimmer's goggles fell off at a practice start. She continued swimming and swam into the wall. Head came in contact with the wall first.	Bleeding from nose.
Female	OR - Oregon Swimming	Practice - Other	Water - Turn End	Injured swimmer was preparing to turn and was struck in the nose by another swimmer, who was swimming butterfly. There were fewer than seven young swimmers in the lane.	Nose heavily bleeding. Swimmer did not complain of any pain, but lots of blood.
Female	NT - North Texas Swimming	Practice - Other	Water - Start End	During a set the swimmer had trouble breathing. She was wheezing and at the wall she lost feeling in her hands and feet. She was brought into the life guard office. She continued to wheeze. She became incoherent and said she was on a boat. She became unresponsive and stopped wheezing. 911 was called and the EMS arrived then took over. After a few minutes with the EMS she became coherent again. The EMS left after monitoring her and her mother took her home.	Anxiety/panic attack
Female	ST - South Texas Swimming	Practice - Other	Deck	Swimmer was having trouble breathing during practice. Exited the pool on her own power. Received medical attention from the Lifeguards. Used her inhaler. Oxygen was given. Released to her parents	Swimmer was having trouble breathing during practice. Exited the pool on her own power. Received medical attention from the Lifeguards. Used her inhaler. Oxygen was given. Released to her parents
Female	GU - Gulf Swimming	Practice - Other	Other Water - In Lane	Victim was swimming butterfly in a side/side pattern ( only two swimmers in the lane) and was struck on her right arm by another swimmer.	
Female	FL - Florida Swimming	Practice - Other	Locker Room	Swimmer slipped in locker room	
Female	NC - North Carolina Swimming	Practice - Dry Land	Outside Venue	The group was running for dry land and athlete fell down. She scraped her face, her hands and her knee.	The spot on her forehead was swollen.

Gender	LSC	Activity at Time of Injury	Where Accident Occurred	Accident Description	Description of Injury
Female	CA - So. California Swimming	Practice - Dry Land	Deck	Athlete was jumping on a mat and slipped and fell and hit her nose on the floor.	Athlete's nose was bleeding. Possible swelling.
Male	AM - Allegheny Mtn Swimming	Meet - Competition	Water - Start End	Swimmer hyper-extended left arm when going into the wall at the finish of the race.	Left Arm / elbow injury
Male	PV - Potomac Valley Swimming	Practice - Other	Water - Turn End	Swimmer was swimming freestyle set and swam into the wall Before starting his flip turn.	Slight headache
Female	OH - Ohio Swimming	Practice - Dry Land	Bleachers - Athlete's	Was doing conditioning and while performing a box jump, fell forward and hit her head.	Bump on forehead.
Female	IL - Illinois Swimming	Practice - Dry Land	Gym	Fell on the treadmill	
Female	NI - Niagara Swimming	Other backstroke drills	Other another swimmer in lane	Working on backstroke kick and bumped heads with another kid in the lane going the other direction.	
Female	SD - South Dakota Swimming	Practice - Other	Water - Start End	Getting ready to do a start and she slipped and fell into the water. Hit tailbone on gutter.	Bruised tailbone on gutter. Hurts while walking
Male	CA - So. California Swimming	Meet - Competition	Water - Start End	Swimmer was exiting pool in lane #2 and kicked the surface of the pool injuring foot.	Father is a doctor. He examined and took him home. Coach contacted him later that night. Father said he was fine, just sore.
Female	CO - Colorado Swimming	Meet - Competition	Stairs	Missed a step going up stairs	Tended to by nurse spectator (name unavailable)
Female	NC - North Carolina Swimming	Practice - Other	Other Middle of the lane / pool	Swimmer hit hands with another swimmer and one of her fingers was injured.	Swimmer's finger was swollen and hurt.
Male	PC - Pacific Swimming	Other Showering in locker room	Locker Room	Athlete fell down after showering. Athlete hit the back of his head, he felt pain, was conscious, able to see, talk, listen and use his limbs. The Athlete's father was in attendance, watching. Father think his son is OK. The head meet ref asked if we needed to call the ambulance and the father stated not at this time. The father stated he may take his son to the hospital later depending on his son felt.	
Male	PN - Pacific Northwest Swimming	Meet - Warm-up	Water - Turn End	Swimmer was stopped at the turn end of the wall during and a swimmer doing butterfly hit him in the mouth with their stroke.	The swimmer suffered a cut/punctured lower lip on the left side.
Female	FL - Florida Swimming	Meet - Competition	Water - Start End		
Female	AZ - Arizona Swimming	Meet - Competition	Water - Turn End	Bumped head during back stroke turn	Swimmer did not show any symptoms shortly after the incident

Gender	LSC	Activity at Time of Injury	Where Accident Occurred	Accident Description	Description of Injury
Female	NE - New England Swimming	Meet - Walking	Hallway	Walking downstairs on way to pool and slipped.	Hurt shoulder blades and right leg. No bruise evident at time of observation
Male	PV - Potomac Valley Swimming	Practice - Other	Water - Turn End	Kicked in goggles/face by teammate while being passed in 500 Free.	Had bruise/black eye. Picked up at pool by parents.
Female	AM - Allegheny Mtn Swimming	Practice - Other	Water - Turn End	Swimmer ran into kickboard of another swimmer with head.	
Female	GU - Gulf Swimming	Practice - Dry Land	Gym	Slipped jumping onto a 20 inch box while performing box jumps	
Male	OR - Oregon Swimming	Practice - Other	Water - Turn End	Athlete was hiding under the lane line toward the deep end of the pool, and a swimmer in the faster lane didn't see him and kicked him on the left goggle, and side of the face.	possible concussion. No symptoms noticed or reported.
Male	BD - Border Swimming	Practice - Entering / Exiting Pool	Water - Start End		Parent took swimmer to the doctor/hospital after they left practice. Facility staff had cleaned him up and had placed ice on his nose. I was informed a few hours later that the swimmer had a nose fracture.
Male	SE - Southeastern Swimming	Other At site, before practice	Outside Venue	Athlete got his feet tangled with another swimmer, tripped, skinned knee.	Swimmer tripped and fell to ground. Skinned left knee, also had slight scrapes on palms.
Female	OR - Oregon Swimming	Practice - Dry Land	Stairs	Missed the last step and slipped and ran her left knee into railing.	
Male	AM - Allegheny Mtn Swimming	Meet - Competition	Water - Start End	abrasion on left knee	abrasion of left knee
Female	AM - Allegheny Mtn Swimming	Meet - Competition	Water - Start End	abrasion on left foot, great toe	abrasion on left foot, great toe
Male	FL - Florida Swimming	Practice - Other	Other		
Female	MN - Minnesota Swimming	Practice - Entering / Exiting Pool	Deck	Swimmer came over to the opposite end of the pool deck with her nose and mouth full of blood. She described that she did not fall or hit anything. She does get frequent nose bleeds.	bleeding was minimal and subsided quickly. no blood was left on deck, chairs, benches or other contact surfaces.

Gender	LSC	Activity at Time of Injury	Where Accident Occurred	Accident Description	Description of Injury
Female	CA - So. California Swimming	Practice - Other	Other Bathroom	Swimmer's parent informed the swim board that she slipped and fell on the bathroom floor. The fall occurred on Monday, October 12, 2015. The swimmer did not tell staff or the board at the time of the fall. The parent notified the board on Wednesday, Oct. 14, 2105. The swimmer complained to parent of pain to arm and head. After being informed on Oct. 14, the coach looked at her arm (right elbow) and recommended to parent to take the swimmer for an x-ray to rule out significant injury. The parent did not request any on-site care.	
Female	MD - Maryland Swimming	Practice - Other	Other She is unsure if it was the ladder or the wall that she hit	Athlete did not mention anything at practice and the incident was not witnessed. Mom emailed the coach the next day that athlete hit her head and was complaining about head aches and neck pain. Called mom on 10/9 to check up Mom went to Dr. and they said concussion but they were going back to the Dr. On 10/14 Coach called mom again, Dr. said there is an inflamed neck ligament.	
Female	ST - South Texas Swimming	Practice - Dry Land	Outside Venue	Athlete was leaving dryland area to change for practice and slipped on gravel and fell. Cut her leg and bruised her hip.	Small cut and bruise
Female	MA - Middle Atlantic Swimming	Practice - Other	Water - Turn End	The swimmer's left hand (knuckle of index finger) was kicked, while swimming, by the swimmer's sibling. The swimmer brought the incident to the attention of the coach, and the assistant coach had the swimmer exit the pool and asked the swimmer if she would like ice for the hand. The swimmer wanted ice. The assistant coach gave the swimmer ice. The swimmer sat out, with the ice on the finger, for ten minutes. The swimmer, then, resumed her swim practice.	The swimmer is able to move the finger and hand. Little sore.

Gender	LSC	Activity at Time of Injury	Where Accident Occurred	Accident Description	Description of Injury
Male	IN - Indiana Swimming	Practice - Other	Water - Lane Lines	Swimmer and another swimmer were swimming a set and the other swimmer got too close and he hit swimmer in the eye with his elbow during his arm pull.	small abrasion under eye.
Male	GU - Gulf Swimming	Practice - Dry Land	Outside Venue	Fell Down. Hit head and knee.	
Female	GU - Gulf Swimming	Meet - Competition	Water - Side	Walked on gutter near warm-down pool. Gutter broke and let fell through grate.	Hurt knee. Scrapes and cuts.
Female	GU - Gulf Swimming	Meet - Competition	Starting Blocks	Cut Foot on starting blocks	
Male	GU - Gulf Swimming	Meet - Competition	Deck	Slipped and fell on deck. Landed on arm	
Female	PC - Pacific Swimming	Practice - Other	Water - Start End	Water Polo ball was thrown into swimming area on accident from the opposite end of the swimming pool. The ball landed on the swimmers head and felt a small headache. Swimmer exited pool under own power.	Swimmer felt discomfort and as a precaution was removed from practice.
Female		Practice - Other	Water - Bottom	Hit left foot on bottom of pool	Struck left foot on the bottom of the pool causing pain to radiate up calf on lateral side.
Male	NI - Niagara Swimming	Practice - Entering / Exiting Pool	Water - Turn End	Swimmer cut bottom of his left foot at the base of the big toe on a bulkhead pin that was sticking out about 1 inch. The cut was about 2.5 CM in length and was tended to by the aquatic center staff.	Facility Staff and coaches spoke with the Mother and informed her to clean the injury again and if needed to seek additional care. She did not think further assistance would be needed.
Female	MD - Maryland Swimming	Practice - Entering / Exiting Pool	Water - Start End	Swimmer hit her foot on the side of the pool as she was entering. She had a small laceration below her left ankle. Only immediate first aid was required to stop the bleeding and dress the wound. No further medical attention was needed.	Swimmer received small laceration below her left ankle
Male	LA - Louisiana Swimming	Practice - Dry Land	Gym	Athlete was participating in a running activity. He was jogging backwards fell, landed on his tailbone and hands.	Landed and caught himself on both hands/wrists.
Female	PC - Pacific Swimming	Practice - Other	Water - Start End	Swimmer struck head against wall while performing a flip turn.	Swimmer showed possible signs of concussion but recovered quickly.
Female	NT - North Texas Swimming	Meet - Competition	Water - Start End	Swallowed water and become choked. Vomited when got out of pool	
Male	MR - Metropolitan Swimming	Meet - Competition	Other middle of lane	swimmer stopped with shortness of breath, hung on lane line and then with advice of coach, swam across two empty lanes to exit the pool on the side.	No evident bodily injury, shortness of breath. Parent came to the pool deck while care was administered. Parent declined EMS care.

Gender	LSC	Activity at Time of Injury	Where Accident Occurred	Accident Description	Description of Injury
Female	MR - Metropolitan Swimming	Meet - Competition	Water - Start End	Forceful impact of hand with touchpad at the end of her backstroke race.	possible sprain; parent was called; coach reported that parent planned to take swimmer for x-rays just in case, but we do not know if the parent actually did after collecting the child and evaluating the situation first hand.
Female	NE - New England Swimming	Meet - Walking	Starting Blocks	hit in eye accidentally from other swimmer swinging arms	
Female	WI - Wisconsin Swimming	Meet - Watching / Observing	Gym	swimmer walking with her mother and walked into a closed full lite glass door between the Gym and the hallway outside of the pool	Swimmer cut the inside of her lip, and bumped her nose and cheek. Parent was walking with swimmer when she collided into the door
Male	PN - Pacific Northwest Swimming	Swimjitsu - Entering / Exiting Pool	Water - Start End	The swimmer was exiting the water following his race and hit his head on the backstroke starting bar.	Swimmer was complaining that he was dizzy and ice was applied. Parents left the pool with the swimmer soon after.
Female	MR - Metropolitan Swimming	Meet - Competition	Water - Turn End	swimmer hit heel on wall during flip turn	
Female	GU - Gulf Swimming	Meet - Competition	Water - Start End	Landed on her elbow on the finish on backstroke, and there was a loud pop.	in the elbow area there is a sharp pain, swelling, has been iced for 15 min, going to the doctor to get it checked out further.
Male	MR - Metropolitan Swimming	Meet - Competition	Water - Start End		
Female	IA - Iowa Swimming	Meet - Warm Down	Other Water - Mid pool	Kick to eye; Return to warm up after receiving care and competed in meet	
Female	PV - Potomac Valley Swimming	Meet - Warm-up	Water - Lane Lines	During warm-up, the swimmer was licked by another swimmer and her nose began to bleed.	Bleeding stopped and she was able to compete in her scheduled events.
Female	PC - Pacific Swimming	Practice - Other	Water - Side	Was doing free style was hit by another swimmer doing fly.	Right palm and thumb joint swollen and sprained
Female	SD - South Dakota Swimming	Practice - Other	Locker Room	Athlete was in the locker room when she fell and slipped on the tile floor.	
Female	SD - South Dakota Swimming	Practice - Other	Water - Lane Lines	Athlete was in the water at the end of the lane. The athlete then scratched arm (bicep area) on the metal portion of the lane line.	



Gender	LSC	Activity at Time of Injury	Where Accident Occurred	Accident Description	Description of Injury
Female	NC - North Carolina Swimming	Practice - Other	Deck	Swimmer was walking on deck and ran into raised area where holes for blocks are located. Blocks were not installed at the time.	Swimmer cut the second toe of her right foot, near the cuticle, on a raised area where blocks insert into the pool deck. Pressure was applied to the wound, her foot was elevated, and a bandage applied. Her dad was contacted immediately. A follow up call was made to her mother the following day (10/9/15). According to the mother, the father (who is a medical doctor) re- bandaged the wound. Injured party did not receive medical attention at a hospital or clinic. Mother states injured party does not have swim practice for
Female	CA - So. California Swimming	Practice - Other	Water - Turn End	While executing a backstroke flip turn the swimmer made contact with the wall on her forehead causing a large bump and bruise	During warm up for practice the PDAC staff was preparing a part of the pool for a CIF water polo game. Without notifying PDSC coaches the PDAC staff moved the backstroke flags close to the wall to install goal nets. While the flags were pulled next to the wall the swimmer executed a backstroke flip turn much too close to the wall resulting in the swimmer making contact with the wall with her forehead.
Female	NC - North Carolina Swimming	Practice - Other	Water - Lane Lines	Swimmer was dolphin kicking underwater on her side, accidentally crossed under the lane line, came up in the next lane and collided with another swimmer.	Swimmer initially said she was fine, then complained of a headache about 30 minutes later.
Male	GU - Gulf Swimming	Practice - Other	Deck	Athlete had his foot run over while putting covers on the pool by the pool cover reel	
Female	SE - Southeastern Swimming	Practice - Dry Land	Outside Venue	Swimmer tore part of left thumbnail off while trying to pick apart a nut.	Swimmer scraped off a portion (approximately a quarter) of left thumb nail from thumb.
Male	PC - Pacific Swimming	Practice - Other	Other Water, in lane	No accident occurred, see below.	Possible strain of right arm near or at the elbow. Happened right at end of practice so swimmer was released to parent.
Male		Practice - Other	Water - Turn End	Athlete was attempting to get out of the way as a team mate was swimming backstroke to the wall. Team mate struck athlete in the mouth with his arm resulting in a bloody lip.	Bloody lip.
Female		Practice - Dry Land	Other turf	Fell outside on turf field.	She scraped her knees and twisted her wrist when she fell for an unknown reason.
Female	OR - Oregon Swimming	Practice - Other	Water - Start End	Kicked on left side of the head (back) while swimming PAC practice.	

Gender	LSC	Activity at Time of Injury	Where Accident Occurred	Accident Description	Description of Injury
Female	NT - North Texas Swimming	Practice - Other	Water - Start End	Teammate was moving her equipment to another lane and threw her water bottle over while the swimmer was coming up from under the water. The water bottle struck the swimmer above her right eyebrow and left an open wound that immediately started to bleed.	
Female	NJ - New Jersey Swimming	Practice - Other	Water - Turn End	Swimmer was swimming fly into wall, another swimmer had pushed off wall on back and they ran into one another, not at high speed. Swimmer had minor bite on tongue, very small amount of blood. Coach (myself) asked lifeguard for ice, which was applied to mouth for 10 minutes. Swimmer said she felt a bit light-headed, so sat for 5 more minutes with ice, after which she said she felt fine and continued to finish practice. The incident occurred at 5:20 and she returned to pool at 5:35. The other swimmer was not injured in any way.	very slight cut end tongue
Female	VA - Virginia Swimming	Practice - Entering / Exiting Pool	Deck	Swimmer fainted, during practice, after exiting the pool following warm-up. Swimmer informed coach prior to the start of practice that she had donated blood the preceding day (10/06/15) in the afternoon and had fainted twice after giving blood.	Swimmer collapsed onto deck, landed on outer left thigh/hip area and partially on left side and back causing redness but no scrape or opening to the skin.
Male	MA - Middle Atlantic Swimming	Meet - Entering / Pool	Water - Side	When I was walking on the side of pool, I slipped and fell down. In such way I hurt my wrist.	I slipped on the side of pool and fell down on outer side of wrist, I received a fracture of wrist.
Male	GU - Gulf Swimming	Practice - Other	Water - Turn End	Swimmer was making a flip turn at the far end of the pool. He misjudged the distance of the wall and hit his heel on the edge of the pool. There was no blood, and he continued practicing. He noticed the injury was worse than he thought when it became sore to walk on after workout.	The sprain/bruise is right on the heel of the foot and hurts when he puts pressure on it and rotates. I (coach on deck) was not notified of the injury until 2 days after the occurrence. The athlete never brought it to my attention when it happened. The parents believed it was a bruise on night one (after workout), and only took him to the clinic the next afternoon after he continued to complain of pain. I was informed of the entire issue on Friday afternoon, 10/2/2015.

Gender	LSC	Activity at Time of Injury	Where Accident Occurred	Accident Description	Description of Injury
Male	IN - Indiana Swimming	Practice - Entering / Exiting Pool	Other Bulkhead	Foot got stubbed on the very corner of the bulkhead.	The foot had a very small cut on the front side close to the big toe. Blood was not dripping out.
Female	ST - South Texas Swimming	Practice - Other	Deck	Cold sweat, elevated heart rate (80 bpm), mild light headedness, and sharp, unpredictable pains in left pectoral muscle. Normal breathing. Completed drylands as usual 30 minutes before onset of issue with no signs of extra exertion or effort. Swimmer said the kind of feeling she experienced today had happened before about 3 months ago, separate from the practice setting.	Cold sweat, elevated heart rate (80 bpm), mild light headedness, and sharp, unpredictable pains in left pectoral muscle. Normal breathing. Completed drylands as usual 30 minutes before onset of issue with no signs of extra exertion or effort. Swimmer said the kind of feeling she experienced today had happened before about 3 months ago, separate from the practice setting.
Male	MN - Minnesota Swimming	Meet - Walking	Gym	Child was pushed accidentally by his brother and fell back, hitting his head against the wall. Ice was applied to the back of his head.	
Male	ST - South Texas Swimming	Practice - Entering / Exiting Pool	Deck	Swimmer slipped on the pool deck while exiting the pool. Swimmer fell backwards and tapped back of head on deck.	
Male	ST - South Texas Swimming	Practice - Other	Other grass area beside bleachers		
Male	SE - Southeastern Swimming	Practice - Other	Other Water swimming	Athlete's Shoulder popped while swimming.	
Female	NJ - New Jersey Swimming	Practice - Other	Starting Blocks	We were practicing starts first from the wall and then off the block. When swimmer went down to grab the block on "take your mark", she fell over the front side of the block and hit her leg or hip on the block. I came to her aid and immediately pulled her out of the pool when her mom came down the stairs to assist.	Redness around hip/leg. No swelling.
Female	IL - Illinois Swimming	Meet - Competition	Deck	Athlete slipped on deck and hit another swimmer's bag when she fell.	Gash just below the knee cap
Male	IN - Indiana Swimming	Meet - Watching / Observing	Bleachers - Spectator's	Baby was playing in the stands, slipped on his parents heat sheet and fell down one row of bleachers. baby hit his forehead and had visible lump.	

Gender	LSC	Activity at Time of Injury	Where Accident Occurred	Accident Description	Description of Injury
Male	ST - South Texas Swimming	Practice - Entering / Exiting Pool	Water - Start End	Swimmer was violating rules by going under the lane rope and was stepped on by another swimmer entering the water. The injured swimmer climbed out and stated she was dizzy, and was then sent to the parents to leave practice. The following day, it was determined by her doctor that she had a very mild concussion.	
Female	SD - South Dakota Swimming	Practice - Other	Deck	The lifeguards used athletic tape to secure the end of the lane rope to the reel. I was trying to remove the tape and the reel rolled, pinching my finger between the hook and the reel.	
Female	PV - Potomac Valley Swimming	Meet - Walking	Deck	Swimmer was on busy pool deck and foot was accidentally stepped on.	Swimmer was on busy pool deck and foot was accidentally stepped on.
Female	ST - South Texas Swimming	Meet - Warm-up	Water - Turn End	When exiting pool she cut her right big toe on unknown object.	EMT applied bandage and pressure. Released to parent who was taking her to Urgent Care for possible stitches.
Male	CA - So. California Swimming	Practice - Dry Land	Other grass field	The group was playing soccer. Athlete fell down and his teammate fell on top of him.	Head was hurting, not feeling well
Female	PV - Potomac Valley Swimming	Meet - Competition	Deck	Swimmer was exiting the pool after a race and struck their head on a fixed diving board in the facility.	Ice applied to injury
Male	CA - So. California Swimming	Practice - Other	Water - Turn End	during warm up- swimmer was doing a 50 backstroke and came into the wall and hit his head on the wall at the turn. The pool did not have the flags up on the far end of the pool. I pulled him out of the water. He was crying. I got him to the lifeguard who took care of him. The other life guard on duty brought ice pack over to put on head. Lifeguards examined him and felt he would be okay. I called parents immediately and they came and got him. The time was about 7:40-7:45 p.m.	Swimmer's head was hurting but once ice was applied he felt better. No flags up on the south end of the pool.
Male	SE - Southeastern Swimming	Practice - Other	Water - Start End	Was hit in the eye with goggles on with another swimmers arm by accident. Goggles cut corner of eye.	Was hit in the eye with goggles on with another swimmers arm by accident. Goggles cut corner of eye.

Gender	LSC	Activity at Time of Injury	Where Accident Occurred	Accident Description	Description of Injury
Male	IN - Indiana Swimming	Practice - Other	Locker Room	Athlete and a friend were joking around by the locker room door after practice. Athlete's friend was blocking the door and when athlete went to open the door it got shut on his finger.	Finger had very small cut. Blood was visible but not dripping out. Mother notified swim coach that finger is not broken.
Female	IL - Illinois Swimming	Practice - Other	Deck	slipped from being on knee back down to ground slight minor hit knee on pool deck.	knee was slightly discolored with a red mark
Female	WY - Wyoming Swimming	Practice - Other	Team Area	Injured was standing on the bench, slipped, and bumped her chin on the barrier between the deck and the bleacher area.	
Female	WY - Wyoming Swimming	Practice - Other	Team Area	About a 2 scratch on the left palm of her hand from a zip tie on the wall barrier between the deck and the bleacher area	
Female	MD - Maryland Swimming	Practice - Entering / Exiting Pool	Water - Side		
Female		Meet - Warm-up	Water - Lane Lines	Arm on lane line and was struck by another swimmer	
Male	MI - Michigan Swimming	Practice - Dry Land	Outside Venue	Athlete was hit in the face with a frisbee during a game of ultimate frisbee	A bump formed by his right eyebrow as a result of being struck by a frisbee.
Male	GU - Gulf Swimming	Practice - Other	Water - Start End	Athlete was offered an ice pack a couple of times and the athlete and parent both refused the ice pack. They also took the rest of practice off. Recommended a doctor visit if head dosent stop hurting.	
Female		Practice - Other	Water - Turn End		
Female	SI - San Diego-Imperial Swimming	Practice - Dry Land	Outside Venue	Swimmer was on back and rolled over to stand up. Felt extreme tightening in knee and could not stand.	Swimmer went to doctor the next day, was diagnosed with a popliteal cyst on the back of the knee. X-Rays were negative and was back at practice within 48 hours, no pain.
Female	KY - Kentucky Swimming	Practice - Other	Water - Start End	athlete was kicking on back with fins. She did not flip over and subsequently hit head on gutter	Subject got out of water after hitting head and was evaluated by Assistant Coach. She was found to be disoriented and he asked her to sit down in chair. Her father was called to come get her. He took her to ER.
Male	PN - Pacific Northwest Swimming	Practice - Other	Water - Turn End	Swimmer hit his head on the wall while swimming backstroke.	

Gender	LSC	Activity at Time of Injury	Where Accident Occurred	Accident Description	Description of Injury
Female	ST - South Texas Swimming	Practice - Entering / Exiting Pool	Water - Start End	Swimmer was accidentally scratched and bumped on her back near her shoulder blades by a teammate, entering the pool with a pair of hand paddles on. She didn't notify me at time of incident, but her father did that night picking her up from practice. She returned on Sept. 30, and said she was still sore, but ok. Her scratches had seemed to heal well.	
Male	CA - So. California Swimming	Practice - Other	Water - Turn End	Swimmer was swimming freestyle with fins and did a flip turn and came out of his turn and swam at an angle directly into a fellow femail swimmer who was inside her lane and hit her directly on her head with his head.I pulled the kids out of the water which they exited on their own out of the pool. I sat them down. I asked if they were okay. I checked their pupils and asked if they were dizzy or head aches. They both said they were okay. I had lifeguard take a look at the kids. He said they were fine.	Swimmer swam directly into the other swimmer. he pushed off at an angle and directly into the other swimmer hitting heads together.
Male	CA - So. California Swimming	Practice - Other	Water - Turn End	Swimmer was swimming freestyle with fins and did a flip turn and came out of his turn and swam at an angle directly into a fellow femail swimmer who was inside her lane and hit her directly on her head with his head.I pulled the kids out of the water which they exited on their own out of the pool. I sat them down. I asked if they were okay. I checked their pupils and asked if they were dizzy or head aches. They both said they were okay. I had lifeguard take a look at the kids. He said they were fine.	Swimmer swam directly into the other swimmer. he pushed off at an angle and directly into the other swimmer hitting heads together.

Gender	LSC	Activity at Time of Injury	Where Accident Occurred	Accident Description	Description of Injury
Female	CA - So. California Swimming	Practice - Other	Water - Turn End	A fellow swimmer was swimming freestyle with fins and did a flip turn and came out of his turn and swam at an angle directly into swimmer who was inside her lane and hit her directly on her head with his head. I pulled the kids out of the water which they exited on their own out of the pool. I sat them down. I asked if they were okay. I checked their pupils and asked if they were dizzy or head aches. They both said they were okay. I had lifeguard take a look at the kids. He said they were fine.	No injuries present physical Heads collided.
Male	MA - Middle Atlantic Swimming	Practice - Other	Water - Turn End	Swimming backstroke, and when mid pull swimmer struck the top of his head on the wall.	Told coach he hit his head. Coach did not observe. Coach asked if he was OK. Swimmer wanted to keep swimming. Swam 50 yds. Coach asked swimmer how he felt. Said he was a little dizzy. Coach told him to get out. Coaches looked at head. Saw red mark. No bleeding. No bump. Swimmer said, quick shock, then OK. Able to exit the pool with no problem. Pupils are same. Talking fine. Walking fine. Got dressed. No more dizziness. Notified family. Offered ice, but swimmer refused. Said he did not need it. Went home.
Female	FL - Florida Swimming	Practice - Other	Water - Start End	Swimmer was turning at the wall when another swimmer who was kicking streamline bk kick with fins came into the wall quickly and ran into the left side of her face. She had a minor abrasion above the left eye and redness over the left cheek bone. Ice was applied immediately and swimmer stated she wanted to get back in and swim after a few minutes. She was able to complete the remainder of practice without any complaints or signs of pain.	Left side of face.
Female	AZ - Arizona Swimming	Practice - Other	Deck	Shortness of breath following practice.	Swimmer finished practice and upon exiting the pool noted she was having a hard time breathing. Shortness of breath continues and EMS was called. Swimmer was evaluated and released to her parent.

Gender	LSC	Activity at Time of Injury	Where Accident Occurred	Accident Description	Description of Injury
Male	ST - South Texas Swimming	Other walking to practice	Other in the parking lot	Minor scrape on top of foot. Scraped foot against car door when coming to practice.	Small scrape on top of foot. Swimmer did not notice until got to practice.
Male	IL - Illinois Swimming	Practice - Other	Deck	During wall sits piotr slipped and fell and bumped his head. He was given ice by the coach and he said he was ok.	
Male	WI - Wisconsin Swimming	Practice - Dry Land	Outside Venue	Swimmer tripped and sprained ankle	
Female	MS - Mississippi Swimming	Practice - Entering / Exiting Pool	Deck	Hand was cut on missing tiles around the pool deck near the gutter.	
Male	CA - So. California Swimming	Practice - Other	Other UNKNOWN	we were practicing meet warm up etiquette. One male swimmer accidentally kicked injured in the (L)eye area Injured's goggles pushed into his top eyelid.	we were practicing meet warm up etiquette. One male swimmer accidentally kicked injured in the (L)eye area Injured's goggles pushed into his top eyelid.
Female		Other Practice/water	Deck	Swimmer was getting out of pool and hit her mouth on the deck and broke her front tooth.	
Male	ST - South Texas Swimming	Practice - Entering / Exiting Pool	Water - Start End	Minor scrape across chest. Swimmer was climbing out of the pool and slipped and scraped his chest on the splash guard.	Minor scrape across chest.
Male	CA - So. California Swimming	Practice - Other	Water - Side	swimmer was doing backstroke and collided with another swimmer also doing backstroke. Athlete hit his head on the other swimmers shoulder.	minor headache
Male	SN - Sierra Nevada Swimming	Meet - Warm-up	Deck	Swimmer was having some trouble breathing from nervousness from meet, feeling ill from prior illness.	
Female	PC - Pacific Swimming	Meet - Competition	Starting Blocks	Swimmer grabbed the block to exit the water after a race and her hand landed on a bee. The bee stung her pinky finger.	
Male	PC - Pacific Swimming	Meet - Competition	Starting Blocks	Swimmer hurt ankle when diving off blocks	
Male	PN - Pacific Northwest Swimming	Practice - Entering / Exiting Pool	Water - Side	Getting out of the pool felt/heard knee pop and then couldn't straighten leg.	
Female	CA - So. California Swimming	Meet - Competition	Water - Start End	swimmer was exiting the pool; left leg scratched the wall which caused a scratch	No additional details
Male	PN - Pacific Northwest Swimming	Meet - Warm-up	Water - Side	Swimming too close to the swimmer in front of him during warm up and was kicked in the eye.	



Gender	LSC	Activity at Time of Injury	Where Accident Occurred	Accident Description	Description of Injury
Male	GU - Gulf Swimming	Other Team Pool Party	Other Diving Board	Swimmer was doing a flip off the diving board and hit the top of his head on the board.	At the time of this report, swimmer did not have a headache and pupils were of normal size.
Male	IL - Illinois Swimming	Practice - Entering / Exiting Pool	Starting Blocks	The anchors in the back of the block pulled out of the concrete and the block fell into the pool while the swimmer was standing on the block getting ready to dive in.	
Female	MN - Minnesota Swimming	Practice - Other	Water - Start End	Hit nose during a flip turn	ice given hit nose on the gutter
Female	MN - Minnesota Swimming	Practice - Other	Water - Start End	Other Swimmer fell in pool and his bottom hit her face with her goggles on. She was crying .	Bruising to her cheek and nose from goggles. She vomited 3 times but mom said she normally vomits when she is upset and that she had just eaten. suggested she get checked out for a concussion but mom said she would just watch her.
Female	IN - Indiana Swimming	Practice - Other	Water - Turn End	Swimmer struck her chin on the edge of the gutter while exiting the water.	Swimmer sustained a small cut to the chin as a result of striking chin on gutter while exiting the pool. Swimmer bobbed up prior to exiting the pool.
Male	MN - Minnesota Swimming	Practice - Other	Other middle of lane	swimmers locked arms/shoulder while passing each other swimming butterfly in opposite directions and caused immediate shoulder pain. non-injured swimmer was swimming down the middle of the lane instead of circle swimming properly	shoulder pain that prevents taking an strokes
Female	MD - Maryland Swimming	Practice - Other	Deck	Swimmer Cut the bottom of her foot on the ledge where the door and the deck meet.	
Male		Other Opening a door	Locker Room	Cut middle finger on outside door handle edge	
Male		Practice - Other	Water - Start End	Athlete practicing an in water backstroke dive and struck an on coming team mate	Athlete reported that head hurt at site of impact. Small bump was noted. Approximately 20 minutes later, athlete indicated that head no longer hurt.
Male	WI - Wisconsin Swimming	Practice - Other	Deck	Athlete was walking backwards and slipped	Athlete only reported the chipped tooth at time of incident. Monitored him for 5-10 minutes to ensure no other symptoms. Only reported the chin cut once I released him to his parent (mother) 15 minutes later.
Female	SD - South Dakota Swimming	Practice - Other	Water - Start End	Athlete was swimming toward end of pool, when another team mate dove back into athlete.	Athlete collided with another team mate.

Gender	LSC	Activity at Time of Injury	Where Accident Occurred	Accident Description	Description of Injury
Female		Meet - Watching / Observing	Bleachers - Spectator's	Spectator was feeling overheated,dizzy, fatigue and had blurry vision. Took drops for glaucoma before meet. Parent (nurse) took blood pressure, checked for other symptoms	
Female	NT - North Texas Swimming	Practice - Other	Other Water - swimming	At 6:15 pm during an IM kick set without a kickboard; the top part of the athlete's left shoulder got kicked by another swimmer kicking breaststroke.	The athlete complained of some pain and stiffness in the top part of the left shoulder area.
Female	CA - So. California Swimming	Meet - Competition	Water - Lane Lines	athlete scratched arm on lane line	scratch on arm, bloody from lane line during backstroke
Female	CA - So. California Swimming	Meet - Competition	Water - Start End	athlete slammed finger into wall, hurt middle finger	pain in left middle finger,0-swelling, 0-discoloration
Female	SE - Southeastern Swimming	Practice - Dry Land	Other Spin Room	Athlete was participating in our spin class when she had a severe asthma attack. She came down to my office where she took her inhaler. The attack continued. She started cramping in her hands, abdomen and legs.	
Female	SD - South Dakota Swimming	Practice - Other	Water - Turn End	Swimmer was kicked in the eye.	
Male		Meet - Watching / Observing	Water - Turn End	When pushing off the wall, the swimmer in front of him kicked breast stroke in the right ring finger. It is a hairline fracture according to doctor and xray	hairline fracture of ring finger
Female	MD - Maryland Swimming	Meet - Competition	Locker Room	Cut finger	
Male	MD - Maryland Swimming	Meet - Warm-up	Water - Lane Lines	Kicked in nose during warmups	
Male	MD - Maryland Swimming	Meet - Walking	Deck	Bee Sting on right Hand	
Female	MD - Maryland Swimming	Meet - Competition	Deck		
Female	AZ - Arizona Swimming	Meet - Warm-up	Water - Side	stung by a bee on the left forearm	
Male	MR - Metropolitan Swimming	Practice - Other	Water - Side	Kicked a fellow team mate while practicing	
Female	AZ - Arizona Swimming	Meet - Warm-up	Water - Lane Lines	Day	Bloody lip
Female	AZ - Arizona Swimming	Meet - Warm-up	Water - Lane Lines	Athlete ran into another athlete during warm up and received a bloody lip	

Gender	LSC	Activity at Time of Injury	Where Accident Occurred	Accident Description	Description of Injury
Female	CA - So. California Swimming	Practice - Other	Water - Turn End	Backstroke turn at far end of pool - swimmer didn't notice overhead flags nor was aware of proximity to wall. Hit head on wall as she glided/swam toward wall.	Swimmer swam the length of the pool to the start end under her own power - the first indication to the coach that something happened at the far end. Swimmer exited water and coach called parent immediately for swimmer pickup and then did a cursory assessment of the swimmer, who showed no outward signs of distress. Due to no ice available, coach had swimmer shower her head with cool water. Parent picked up swimmer 10 minutes later. Coach described accident and recommended trip to Urgent Care or ER and talked to parent about seriousness of concussion and symptoms to watch for. Parent wanted to take swimmer home and observe her first before seeking
Male	NT - North Texas Swimming	Practice - Other	Water - Turn End	Swimmer said he got accidentally kicked in the head while flip turning.	Flip turned-got hit in the face by another athlete.
Female	NM - New Mexico Swimming	Other Leaving practice	Stairs	She missed a step while going down the stairs and rolled her ankle	She has rolled it before a few times, said it felt like other times
Male	CA - So. California Swimming	Meet - Competition	Water - Turn End	swimmer was racing in backstroke event and hit his head while making a turn	swimmer was feeling dizzy
Female	OH - Ohio Swimming	Practice - Dry Land	Outside Venue		
Female	OK - Oklahoma Swimming	Practice - Entering / Exiting Pool	Starting Blocks	Athlete false started and injured leg/foot area	Redness on injury site
Male	OR - Oregon Swimming	Practice - Dry Land	Outside Venue	The swimmer was running a warm up lap on the grass field when they had pain in their knee. The coach had the swimmer stop dry land activity and stay with the coach until the end of dry land (20 minutes). The swimmer was not in direct pain, but was walking with a limp. After dry land, the swimmer had not improved so the coach called the parents to have the swimmer picked up. The swimmer's mother picked him up ten minutes later.	Unknown acute pain in the knee.
Female	OK - Oklahoma Swimming	Practice - Entering / Exiting Pool	Starting Blocks	False started and injured leg and ankle area. Treated with ice packet and walked away from the injury site with parent, who was informed fully of accident, and left practice.	

Gender	LSC	Activity at Time of Injury	Where Accident Occurred	Accident Description	Description of Injury
Female	MN - Minnesota Swimming	Practice - Other	Water - Start End	Athlete's nose started bleeding due to dry air from travel. Had not used vaseline or other medication to prevent dry nose from bleeding. Bleeding from nose occurred for at least 20 minutes.	bleeding from nose continued until large nasal booger was removed. Bleeding duration was at least 20 minutes.
Male	AR - Arkansas Swimming	Practice - Dry Land	Outside Venue	Athlete tripped while running during dry land.	Athlete fractured his hand
Female	VA - Virginia Swimming	Practice - Dry Land	Gym	dropped from pull up bar, hit ground weird	
Male	NT - North Texas Swimming	Practice - Other	Water - Turn End	Swimmer stated (with his mom present) that he was standing in the shallow end of the pool, a few feet from the wall. His goggles were on his forehead rather than his eyes, and he attempted a few underwater back flips with his eyes closed. He said that, on his second or third back flip, his forehead struck the wall at the shallow end of the pool. Although he had a visible bump, his pupils were the same size, and he denied being dizzy or nauseous. Swimmer's mom promised to monitor his condition at home for the next few hours.	Swimmer's mom took him to Care Now clinic later in the evening on Sept. 9th, because he became nauseous and confused. Care Now recommended that he be sent to the hospital. He was later examined in the Emergency Room at Medical City of Dallas, and diagnosed with a concussion.
Female	IL - Illinois Swimming	Practice - Entering / Exiting Pool	Outside Venue	Tripped and fell walking into the building. Did not have shoes on properly	Scraped both knees, right hand and right elbow.
Male	PC - Pacific Swimming	Practice - Other	Water - Bottom	Dolphin kicking across pool & dove to the bottom and bonked head.	
Female	GA - Georgia Swimming	Practice - Entering / Exiting Pool	Water - Bottom	swimmer jumped into water on top of athlete and hit her head.	
Male	AZ - Arizona Swimming	Practice - Entering / Exiting Pool	Other sidewalk entrance/exit	When exiting the facility, the athlete slipped on the concrete walkway and hit his mouth.	The athlete chipped his two front teeth when he fell.
Male		Meet - Competition	Water - Start End	Swimmer hit L long finger on wall at finish of 200 FR race.	initially uncertain if sprain or fracture, X-rays at local poly clinic in the athlete's village confirmed a fracture.
Male	PN - Pacific Northwest Swimming	Practice - Other	Deck	The diving board was leaning against the wall. Athlete was walking by diving board looking down and didn't realize the board was there. He struck the board with his forehead causing a small cut.	

Gender	LSC	Activity at Time of Injury	Where Accident Occurred	Accident Description	Description of Injury
Male	PN - Pacific Northwest Swimming	Practice - Other	Starting Blocks	Swimmer was getting down off the back of the block and slipped. He caught himself and avoided an impact to his head, but scraped the back of his neck on the edge of the block. Swimmer was monitored anyway for concussion and spinal/neck problems, but displayed no signs.	Scrape bled slightly, but stopped after about 5 minutes. It measured about 4 inches across and 2-3 inches from top to bottom, on the back of swimmer's neck.
Female	IL - Illinois Swimming	Practice - Other	Locker Room	Swimmer slipped on locker floor after taking a shower walking to her bag of clothing. She slipped near the entrance to the pool deck and scraped up her left upper thigh, left knee, and left elbow.	Left Upper Thigh large scrape with minimal bleeding, minor scrape on left knee and minor scrape on left elbow
Female	NT - North Texas Swimming	Practice - Entering / Exiting Pool	Water - Side	One of the internal pool lights on the side of the pool had a cracked lens case with sharp edge.	Swimmer was exiting pool near a light which had a cracked cover lens. As swimmer was getting out of pool, she slipped and her foot pushed down and was lacerated by the broken light cover causing an amount of skin to be
Male	PC - Pacific Swimming	Practice - Dry Land	Deck	Doing pull-ups and feel backward landing on both hands.	
Male	ST - South Texas Swimming	Practice - Other	Water - Side	Breaststroke kicked rung of a ladder and cut big toe.	
Male	CC - Central California Swimming	Practice - Entering / Exiting Pool	Water - Turn End	Swimmer entered the pool in the shallow side, and his leg ran along the edge of the nearest lane line as he entered. It made a deep 4-5 inch cut in his leg. He received first aid at the pool and then went to seek off site care afterward.	
Male	PC - Pacific Swimming	Other Dry land	Other Grass/Field	Fell during reverse peddling and landed on wrist.	
Male	SD - South Dakota Swimming	Practice - Other	Water - Side	Swimmer was doing a repeat breaststroke set when he came to the side. He said he heard something pop. We got him to the bleachers and he sat there until his mother came to pick him up	
Male	PC - Pacific Swimming	Practice - Other	Water - Lane Lines	swimming backstroke and got kicked in face near goggles; goggles scratched his nose near his left eye.	minor cut; scratched surface of skin
Female	SE - Southeastern Swimming	Practice - Dry Land	Outside Venue		

Gender	LSC	Activity at Time of Injury	Where Accident Occurred	Accident Description	Description of Injury
Female	GA - Georgia Swimming	Practice - Dry Land	Outside Venue	Swimmer slipped while performing a handstand hold against a wall. She was being spotted by two swimmers and while her legs did not fall over she did bump the back of her head when her arms slipped	at the time of her bumping her head swimmer did not exhibit any signs of a concussion. Also she attend the following nights practice and never complained of headaches or any pain to her coach. It was not until Wednesday that her parents took her to the doctor and she was diagnosed with a mild concussion.
Male	IL - Illinois Swimming	Practice - Other	Locker Room	Swimmer slipped on wet floor and fell backwards/hit head.	
Female	FG - Florida Gold Coast Swimming	Practice - Dry Land	Other field	Rolled ankle while doing dryland in grass	
Female	AM - Allegheny Mtn Swimming	Practice - Other	Locker Room	Fell on knee entering locker room.	currently has knee issues knee was aggravated from fall.
Female	AM - Allegheny Mtn Swimming	Practice - Other	Locker Room	Upon entering the locker room swimmer slipped on a water spot and hit into wall and cut her right knee and hit left hip when falling.	
Female	CA - So. California Swimming	Practice - Dry Land	Other mat on deck	Swimmer performed a forward roll and stopped, laying with her face up on the mat. Another swimmer rolled behind her and his foot hit her forehead.	No bruising, swelling, redness, etc. Swimmer indicated no dizziness or nausea, and appeared to have no disorientation. Pupil size was normal, eye tracking appeared normal.
Male	NT - North Texas Swimming	Practice - Other	Water - Turn End	swimmer cut his foot during a flip turn on a broken light.	
Female	PC - Pacific Swimming	Practice - Dry Land	Other Parking Lot	Swimmer was running backwards and tripped. Swimmer fractured her wrist.	Salter 2 fracture. (Wrist fracture.)
Male		Practice - Other	Deck	Swimmer ate an energy bar and may have had an allergic reaction because of it (not sure if this is cause and effect but he did have an allergic reaction to something).	
Male	AK - Alaska Swimming	Practice - Other	Water - Turn End	hit head on pool wall at turn end	swimmer complained of headache, was told to rest for 10 mins, tried swimming again, head continued to hurt so swimmer was asked to discontinue practice and call parents, parents were notified by coach

Gender	LSC	Activity at Time of Injury	Where Accident Occurred	Accident Description	Description of Injury
Female	CA - So. California Swimming	Practice - Dry Land	Other running down steep dirt hill	Athlete under coaches instructions swam for 2 hours, then did dry land training...multiple squats and leg workout with weights and medicine balls for 50 minutes. Then for the last 10 minutes of dry land the coach instructed the athlete to run up and down an extremely steep dirt hill in a restricted area and the athlete slipped and fell and fractured her foot. Coach did not wait for athlete to get out of first aid room with lifeguard tending to athlete, before he left swim facility. He has been let go by the club as a coach.	Athlete fractured 5th metatarsal of the right foot and had contusions on knees and elbows. The city did a report for the aquatics center due to the accident happening while the athlete was on city property.
Male	SN - Sierra Nevada Swimming	Practice - Other	Other Water - Middle of pool	There is a soccer field adjacent to the pool in which the Vista Del Lago High School Soccer Team practices. At approx. 6:30pm, athlete was hit in the head with a soccer ball. The soccer ball was kicked by an individual in the Vista Del Lago soccer practice. The Coach and Lifeguard took immediate attention to the situation and athlete was checked to be ok.	There was no apparent signs of concussion in the evaluation. The top of his head was a little tender to the touch.
Female	CA - So. California Swimming	Practice - Entering / Exiting Pool	Water - Side	Swimmers were entering water after working on a skill outside of the water. Swimmer entered the water and was underwater when another swimmer jumped in landing on top of swimmer. When both swimmers surfaced the other swimmer was holding his knee and swimmer surfaced holding her head.	Swimmer was holding head and claiming that it hurt when she got hit. No other symptoms or signs were observed at the time
Female	ST - South Texas Swimming	Practice - Other	Water - Turn End	Kicked in eye while passing other swimmer.	
Female	PC - Pacific Swimming	Practice - Other	Water - Turn End	Accident occurred when athlete was doing 4X75 Kick/Drill/Swim. She began Seizing and was responded to immediately and extracted from the water until the seizure finished as paramedics arrived.	

Gender	LSC	Activity at Time of Injury	Where Accident Occurred	Accident Description	Description of Injury
Male	PC - Pacific Swimming	Other during team practice	Other roof of storage room	Injured climbed to the roof of the storage building near grandstands. He fell through a skylight on top of the building. He got caught on the edges and did not hit the ground but did scrape/cut his knee.	cut on his knee.
Male	PC - Pacific Swimming	Practice - Other	Water - Lane Lines	Swimmer collided with another swimmer head first when practicing dolphin kick.	Sore head/bump on head
Male	IE - Inland Empire Swimming	Practice - Other	Locker Room	Fell in locker room, slipped in the shower. Hit his head on ground and cut above the left eye.	No stitches required.
Male	GA - Georgia Swimming	Practice - Other	Water - Start End	Swimmer pushed off the wall in a set and was accidentally elbowed in the head.	
Male	MR - Metropolitan Swimming	Practice - Dry Land	Gym		Athlete jammed hand, wrist and elbow against wall during dry land practice
Male	GA - Georgia Swimming	Other Practice, before it started	Deck	He was doing pull ups and decided to try and switch his hands from a pull up to a chin up in mid air, needless to say, his hands slipped and he fell to the ground and landed on his knees.	One knee did get a small cut on it from the fall.
Male		Practice - Other	Water - Turn End		
Female	NC - North Carolina Swimming	Practice - Other	Deck	The athlete was walking on the perimeter of the pool deck to the gym to get her mesh bag and stepped on a foreign body (a piece of metal). The metal pierced her heel.	
Female	CO - Colorado Swimming	Practice - Other	Other water	Swimmer began feeling some shoulder discomfort and pain while swimming. Unknown of the cause. Strokes were modified and training reduced as needed. Pain lessened and then returned.	Swimmer was notified to see a doctor if pain continued. Swimmer swam less than 800 yards per practice. Did not report immediately as unknown issue and swimmer continued to train. Injury appeared to be getting better based on reports. Just found out today that shoulder is worse.
Male	ST - South Texas Swimming	Practice - Other	Deck	We started warm up and swimmer came over to me saying he some how started to bleed. He showed me his left leg and it was bleeding from his calf. He didn't know how it happened or that he had a cut previously.	We started warm up and swimmer came over to me saying he some how started to bleed. He showed me his left leg and it was bleeding from his calf. He didn't know how it happened or that he had a cut previously.



Gender	LSC	Activity at Time of Injury	Where Accident Occurred	Accident Description	Description of Injury
Male	HI - Hawaiian Swimming	Practice - Other	Deck	Approx 6:20 pm (after practice over at 6:00), Athlete had climbed onto pool cover caddy round part (horizontal). (No it's not allowed - no one is allowed to climb on it - and they've been told before.) His sister spun it and he fell off (approx 3 feet off ground). He hit *his* right elbow and his right ear & head. No abrasion, but said he was a little dizzy.	
Female	IN - Indiana Swimming	Meet - Warm Down	Water - Start End	Swimmer was doing backstroke start with the start-assist apparatus attached to the block incorrectly. The apparatus fell off of the blocks and hit swimmer in the face. She suffered a small laceration of her inner lower lip from impact between the object and her teeth.	No associated dental or gingiva/gum injury. No laceration at the external lower lip skin. Scant blood present.
Female	PV - Potomac Valley Swimming	Meet - Competition	Outside Venue	bilateral leg cramps on the second lap of the lake swim.	leg cramps, resolved after 45 mins of rest and heat
Female	CA - So. California Swimming	Meet - Warm-up	Water - Start End	Athlete was swimming freestyle and collided with another athlete doing backstroke during warm up. Athlete's goggles broke and she noted that she was bleeding and subsequently was evaluated by team physician. She denies visual changes or loss of consciousness.	left lower eye lid 2cm X ~8mm superficial abrasion as well as 3mm X3mm upper eye lid superficial abrasion
Male	CA - So. California Swimming	Practice - Other	Deck	ATHLETE WAS KICK BY ANOTHER SWIMMER WHO HAS AUTISM	KICKED IN KNEE BY ANOTHER SWIMMER, COMPLAINED OF SLIGHT PAIN
Male	NT - North Texas Swimming	Practice - Other	Water - Start End	During backstroke swimmer hit head at the end of the pool	
Female	VA - Virginia Swimming	Other EPARTING BUS ON HER WAY INTO THE AQUATIC CENTER FOR FINAL SESSION	Outside Venue	Athlete twisted ankle on her way off the team bus into the aquatic center for final Session. She did not make her injury known to coach, chaperone, team manager or parents until after competition was over.	
Female	MV - Missouri Valley Swimming	Practice - Other	Water - Start End	Swimmer was coming into the wall to turn and hit her head against the wall.	
Male		Other Official walking and tripped	Other timing table area	Official walking around the timing table area and stubbed his toe.	The day after the accident the toe bruised up and the official wanted to submit an incident report.
Male	NT - North Texas Swimming	Practice - Dry Land	Gym	Doing box jumps fell backward trying to break fall inuring wrist.	

Gender	LSC	Activity at Time of Injury	Where Accident Occurred	Accident Description	Description of Injury
Female	MN - Minnesota Swimming	Other	Locker Room	swimmer slipped on wet locker room floor exiting the shower in locker room. slipped and hit head on floor of locker room. was given ice pack for bump on head. did not complain of any nausea or dizziness.	
Female		Meet - Competition	Bleachers - Spectator's	Heat exhaustion	Prolonged exposure to the sun and dehydration
Male		Meet - Competition	Bleachers - Spectator's	Heat Exhaustion	Got weak feeling because of the Heat
Female	PC - Pacific Swimming	Meet - Competition	Water - Turn End	While swimming 400 IM became short of breath causing discontinuation of swimming. Exited pool at turn end of pool, where lifeguard addressed athlete. Then supervisor administered 10 L Oxygen. Parents present on deck and at her side. Mother gave daughter medicine (Albuteral). Remaining events scratched due to incident.	
Male	SE - Southeastern Swimming	Meet - Walking	Deck	Slipped on the deck. Landed on his back	Fell on his back and knocked the breath out of him.
Female	MN - Minnesota Swimming	Meet - Competition	Water - Start End	Jammed left pointer finger on finish	
Male	PC - Pacific Swimming	Meet - Competition	Starting Blocks	The athlete was on the starting block and when moving forward to begin the race his back foot slipped and he fell into the pool and hit his head on the pool.	
Male	PC - Pacific Swimming	Meet - Warm-up	Water - Turn End	hit wall when doing butterfly turn. Slammed wall with head as turning.	bad headache, complaining of not feeling well, but mom and athlete are insisting on swimming with coaches ok Parent will take him to doctor if he gets worse
Male	IA - Iowa Swimming	Meet - Warm Down	Water - Side	cut foot on pool wall during flip turn	
Female	PN - Pacific Northwest Swimming	Meet - Competition	Water - Start End	Legs cramped up at the end of the 400IM on the pool deck	
Female		Other Spectator	Other Stadium Concourse	Watching the meet in direct sun became weak and needing assistance due to heat exhaustion	Was sitting in the concourse of the East bleachers of the Swim Center. Lifeguards provide assistance and water. She was helped onto a wheel chair and taken to the front gate for release to her parents. Her mother was with her the whole time and contacted the lifeguards while the father pulled up the car.
Female	IL - Illinois Swimming	Meet - Entering / Pool	Water - Start End	Buckle elbow into finish. Ice Pack given	
Female	SN - Sierra Nevada Swimming	Meet - Warm Down	Water - Start End	Athlete jumped into the pool feet first to do a backstroke start, and struck the foot on the bottom of the 6ft pool.	Struck three toes on left foot on the bottom of the pool. The pinky toe was swollen.

Gender	LSC	Activity at Time of Injury	Where Accident Occurred	Accident Description	Description of Injury
Female	PV - Potomac Valley Swimming	Meet - Watching / Observing	Water - Side	Official fell into pool during the meet	knee is swollen
Male	PV - Potomac Valley Swimming	Meet - Watching / Observing	Bleachers - Athlete's	4 inch cut on right shin. Bleeding stopped quickly	
Female	IN - Indiana Swimming	Meet - Warm-up	Starting Blocks	Twisted Ankle getting down from the bulkhead.	Sprained and bruise ankle when she tripped
Male	CT - Connecticut Swimming	Meet - Warm-up	Water - Start End	Back of heel on left foot. Jumped feet first into lane 5. Clipped heel on bulkhead and left a dime size gash on heel.	
Female	NE - New England Swimming	Meet - Warm-up	Outside Venue	Got Kicked while swimming in the water	
Female	WI - Wisconsin Swimming	Practice - Other	Outside Venue	bumped head while doing dryland	
Male	FL - Florida Swimming	Meet - Competition	Other Start End after racing	Exhaustion after race, Diabetic. sat down and care was provided by lifeguard. Taken to first Aid room. Blood test was taken with a glucose meter that the athlete had with him. The number was 195 on the test.	
Female	CO - Colorado Swimming	Meet - Warm Down	Locker Room	Athlete slipped in the locker room and fell on tailbone. Athlete told the coach immediately after the incident and gave ice. On 7/30 the athlete was again given ice by the lifeguard at the Senior Western Zones Meet.	Pain is located mostly in tailbone area but also on the lower back.
Female	NM - New Mexico Swimming	Meet - Competition	Other Turn end; however this occurred at the relay exchange of the 200 m medley relay	hit her face on the bottom of the pool after her dive on a relay exchange. She completed the 50 and exited the pool. The lifeguard was notified and came to assist her. One of the team parents who is also a nurse assisted the lifeguard in applying a butterfly bandage. Later, athlete was taken to urgent care and received 6 sutures on the bridge of her nose. Coaches did not notify me until the next morning. Athlete was cleared to compete on Sunday, July 26.	See above
Female	SN - Sierra Nevada Swimming	Meet - Warm-up	Deck	Slipped and fell leaving stepping out of pool. Fell backward and landed on hip area and right hand area to break fall	
Male	AR - Arkansas Swimming	Meet - Competition	Water - Turn End	hit foot on bottom of pool during the turn	athlete states he scraped toes on bottom or side of pool while doing a flip turn.

Gender	LSC	Activity at Time of Injury	Where Accident Occurred	Accident Description	Description of Injury
Female	CO - Colorado Swimming	Meet - Competition	Deck	Swimmer stepped on a bee when she got out of the water after finishing her race.	Swimmer stepped on a bee when she got out of the pool after finishing her race.
Male	GU - Gulf Swimming	Meet - Competition	Water - Start End	Swimmer jammed middle finger on a finish.	Swimmer jammed middle finger on the finish.
Male	GU - Gulf Swimming	Meet - Competition	Water - Start End	Laceration/abrasion to the knee which occurred by hitting the pool wall while exiting the pool	
Female	PV - Potomac Valley Swimming	Meet - Competition	Deck	Hit knee on bleachers	Minor laceration on knee due to hitting it on the deck bleachers
Female	GU - Gulf Swimming	Meet - Competition	Other Prior to Meet	Infected right ear lobe due to earring; bleeding. Signs of similar infection were spreading to left ear lobe on top of the bleeding on the right ear.	
Female	CA - So. California Swimming	Meet - Competition	Water - Start End	While turning flip turn athlete struck both heels on wall causing laceration.	
Female	NT - North Texas Swimming	Meet - Competition	Stairs	While walking up the stairs she fell down the stairs, hit the wall with her head and scraped her hand.	Foot - Scrape Hand - Bruise on pinky finger knuckle and scrape on same finger Head - Left side of face closest to the hair.
Female	IL - Illinois Swimming	Meet - Walking	Deck		Working Lead Lag as lead and slipped on to my rear and right elbow.
Male		Practice - Entering / Exiting Pool	Starting Blocks	Swimmer struck the bottom of the pool after diving off the blocks	Swimmer chipped his front two teeth on the bottom of the pool after diving off the block
Female		Meet - Walking	Hallway	Parent cut her toe on the door in the upper lobby of the facility.	
Female	NJ - New Jersey Swimming	Meet - Warm-up	Water - Turn End	As athlete was doing a turn, another swimmer's hand scraped her under the eye.	
Male	CA - So. California Swimming	Other Standing Around	Other Inside Venue on Grass	Injured walked into the Record Board and struck head	
Male	PN - Pacific Northwest Swimming	Meet - Competition	Starting Blocks		Cut on middle finger - right hand
Male	AM - Allegheny Mtn Swimming	Meet - Competition	Water - Side	Swimmer had passed out during the final of the 1500 at Junior Nationals. Lifeguard preformed rescue and had gotten swimmer out of water.	Swimmer had came too as soon as the lifeguard had made rescue. Brought to first aid room where care was given by lifeguard and EMS certified personnel. Was released to parental guardian.
Female	MD - Maryland Swimming	Meet - Warm Down	Deck		
Female		Meet - Warm-up	Other in water	swimmer was swimming near wall and was bumped by teammate. This startled swimmer and swimmer had difficulty breathing due to asthma. swimmer said heads was ok and just wanted to calm down ( more on back)	
Female	MD - Maryland Swimming	Meet - Warm Down	Deck		

Gender	LSC	Activity at Time of Injury	Where Accident Occurred	Accident Description	Description of Injury
Male	IL - Illinois Swimming	Practice - Other	Water - Start End	Swimmer was jumping off the diving board during "free time" and struck his face on the edge of the board.	Front tooth was dislodged, cut to lower lip
Male		Practice - Entering / Exiting Pool	Starting Blocks	The athlete was on the block. the coach, said "take your mark," He bent to get into a starting position, when the block buckled. The athlete fell back and hit the block with his back, and slid into the water. The Athlete was able to exit the water. His back was red and scratched. His right shoulder was bleeding slightly from one of the scratches.	Scratches along the back. One of which was slightly bleeding, it stop soon after. There was redness and slight swelling and bruising.
Male	CA - So. California Swimming	Practice - Other	Water - Turn End	Swimmer hit his head on wall during backstroke drill	hit top of head
Male	SD - South Dakota Swimming	Meet - Warm-up	Water - Start End	The touch pad fell off. Athlete tried to grab it and cut back of finger.	
Male	SD - South Dakota Swimming	Meet - Watching / Observing	Deck	Fan was walking with four wheeled walker and caught foot on object on the ground (where outside fence would catch). Received abrasion on right elbow.	Received abrasion on right elbow.
Female	SD - South Dakota Swimming	Other Meet- spectator	Bleachers - Spectator's	Injured walked into bleachers. Injury was a cut on right thigh about 2 1/2 inches long, 1mm deep.	2 1/2 in long cut on right top of thigh about 1mm deep.
Female	VA - Virginia Swimming	Practice - Entering / Exiting Pool	Starting Blocks	WHEN TRYING TO STEP UP TO THE STARTING BLOCK, SCRAPED HER KNEE ON THE STEP.	
Female	OH - Ohio Swimming	Meet - Competition	Water - Turn End	jammed finger while swimming butterfly	none

Gender	LSC	Activity at Time of Injury	Where Accident Occurred	Accident Description	Description of Injury
Female	MS - Mississippi Swimming	Practice - Other	Water - Start End	Swimmer was swimming backstroke during warm up set and upon approaching wall, swimmer hit her head on the wall. Swimmer was stopped by the assistant coach on deck and asked if swimmer was hurt, swimmer replied no. Swimmer swam another 50 yards backstroke and was stopped by the assistant coach again. Swimmer said she had a slight headache. Swimmer was immediately made to get out of the pool and was checked out by the Assistant Coach on deck. Assistant Coach asked if the swimmer's head hurt and Swimmer said she was slightly dizzy. Swimmers mother was called and a text was made to Head Coach who was out of town. Assistant coach expressed concern and suggested to the mother to have swimmer taken to the doctor.	Unsure of concussion, but had a headache after impact and became dizzy.
Female	VA - Virginia Swimming	Meet - Warm Down	Water - Lane Lines	During warm ups, swimming freestyle, turned her head to breathe and felt a sharp pain on the back of her neck on the left side.	EMT's were called due to a neck injury. They determined it was a pulled muscle with extreme tightness in the back of her neck.
Female	CT - Connecticut Swimming	Meet - Walking	Locker Room	slip on slope of wet locker room floor	
Female	NT - North Texas Swimming	Practice - Other	Water - Start End	Swimmer was under water when another athlete jumped on top of her.	
Male	MI - Michigan Swimming	Meet - Warm Down	Deck	He hit is toe somewhere on deck. After walking around discovered it was very painful.	Bruised and painful little toe.
Male	CO - Colorado Swimming	Meet - Warm Down	Water - Turn End	was finishing his cool down after his 100 freestyle. another swimmer jumped into the pool on top of swimmer as he was coming into the end of the pool. He landed on his head / neck area.	Neck and nose pain - unable to compete in finals
Male	CA - So. California Swimming	Meet - Competition	Water - Turn End	On the third turn the swimmer choked on water and panicked and his asthma kicked in.	
Male	CA - So. California Swimming	Other Standing by a canopy	Outside Venue	Wind picked up a canopy and blew it over another canopy and it hit the boy in on the forehead and nose	bruise on forehead and nose scraped up and a black and blue. Nose was bleeding
Female	CA - So. California Swimming	Meet - Warm-up	Water - Start End	Cut foot during flip turn.	cut ball of foot doing a flip turn
Female	MD - Maryland Swimming	Meet - Competition	Deck		

Gender	LSC	Activity at Time of Injury	Where Accident Occurred	Accident Description	Description of Injury
Female	SC - South Carolina Swimming	Meet - Warm-up	Water - Side	cut toe on wall during flip turn in warm up pool	Cleaned and taped
Female	IA - Iowa Swimming	Meet - Competition	Water - Turn End		
Female	AZ - Arizona Swimming	Meet - Competition	Other Happened in water during race	While swimming the fly, she felt a sharp pain in her neck and shoulder area, with pain going down her arm.	Couldn't finish race due to pain.
Female	CA - So. California Swimming	Meet - Competition	Water - Start End	Cut left foot getting out of pool.	
Male	CA - So. California Swimming	Meet - Warm-up	Water - Start End	Swimmer was getting out of the pool in lane 2. He cut his left big toe on the touch pad. Coach and head coach) from ORCA checked the pad and found no sharp edges.	Lacerated left big toe.
Female	FL - Florida Swimming	Practice - Other	Other Water - Middle of Lane	Another swimmer and swimmer were both swimming at race speed. Other swimmer swam backstroke down the middle of the lane and swimmer was swimming freestyle on the right side of the lane. They both hit head on.	
Female	OR - Oregon Swimming	Practice - Dry Land	Outside Venue	Athlete tripped on low balancing rope while working through dryland exercise	Athlete's ankle got twisted when injured tripped on balancing rope
Female	IL - Illinois Swimming	Meet - Competition	Water - Lane Lines	injured during swim-extreme hamstring pain and tightness- By Coach S	Bilateral pain to both hamstrings with partial numbness distally in both feet
Female	OH - Ohio Swimming	Meet - Competition	Water - Bottom	cut bottom of right foot on both of pool lane 5	
Female	OZ - Ozark Swimming	Meet - Competition	Deck	After race, swimmer had trouble breathing. Swimmer was assisted by lifeguard, coach, parent and others. Swimmer has been feeling not well previous few days. Swimmer unsuited and has reported as ok.	Swimmer hyperventilated related to exertion during the swim. Swimmer was able to remove herself from the pool unassisted.
Male	SD - South Dakota Swimming	Meet - Warm-up	Water - Start End	swimmer cut toe on timing pad	
Female	SD - South Dakota Swimming	Meet - Warm-up	Water - Start End	Swimmer scraped toe on pool wall during warmups	
Female	SD - South Dakota Swimming	Meet - Warm-up	Water - Side	During warmups she was swimming fly. Someone from the adjoining lane hit her forearm as she came around hyperextending her left elbow.	
Female	PC - Pacific Swimming	Other Nearby Campground	Other Nearby Campground	Was at nearby campground and was stung by an insect.	Insect bite at campground. Swollen ankle/foot.
Female	PC - Pacific Swimming	Other At Campground	Other Offsite Campground	Was over at campground and was stung by insect.	Insect bite at campground. Swollen ankle/foot.

Gender	LSC	Activity at Time of Injury	Where Accident Occurred	Accident Description	Description of Injury
Female	PC - Pacific Swimming	Meet - Walking	Deck	She was waling on the we deck and slipped on the mat and fell on her back.	No injury at this point
Male	IA - Iowa Swimming	Meet - Competition	Deck	stepped on water bottle and fell; laceration to right knee	
Male	IA - Iowa Swimming	Meet - Competition	Deck	Athlete entered deck pool through door, jammed Large toe on right foot in doorway. Medical attention was given at time of injury by U of I CRWC staff.	athlete stubbed large toe on right foot, bleeding occured.
Male	PC - Pacific Swimming	Other practice- in water	Starting Blocks		swollen lower lip
Male	WY - Wyoming Swimming	Practice - Other	Other baby pool	Subject and another swimmer were playing in the baby pool and their heads collided while swimming in the 2-foot end.	1/2 laceration on right cheek and bruised eye
Female	LA - Louisiana Swimming	Practice - Other	Water - Turn End	Swimmer was coming into the wall during underwater kicking with fins. She picked her head up and ran into the bottom of the bulkhead. The swimmers were allowed to come up for air and it was not a result of the swimmer blacking out. No symptoms of a concussion were observed. Ice was administered about 10 minutes after the incident.	
Male	PC - Pacific Swimming	Meet - Walking	Outside Venue	The subject was running across parking lot in flip flops to make event. Stated he caught his toe. The result was an avulsion to the distal left great toe. It was cleansed and bandaging prior to arrival. It was inspected. The parents of the swimmer scratched him for the remainder of the event. They were advised to contact staff if condition changed.	The subject was running across parking lot in flip flops to make event. Stated he caught his toe. The result was an avulsion to the distal left great toe. It was cleansed and bandaging prior to arrival. It was inspected. The parents of the swimmer scratched him for the remainder of the event. They were advised to contact staff if condition changed.
Male	SN - Sierra Nevada Swimming	Practice - Other	Water - Turn End	Athlete swam backstroke into bulkhead.	Athlete dizzy from incident was given ice and took an additional report from Guard staff at the pool.
Female	NT - North Texas Swimming	Other Entering facility	Other Parking lot	She fell and scraped her knee	
Female	IL - Illinois Swimming	Meet - Competition	Other needed assistance out of pool at end or race, blacked out briefly on deck	Coach had to assist athlete out of water. She blacked out briefly after out of water.	Coach reported swimmer blacked out very briefly after assisting her out of the pool. Swimmer did use her inhaler. Coach would not allow her to swim any additional events.
Female	IA - Iowa Swimming	Meet - Competition	Deck	Hit head, given an ice pack	



Gender	LSC	Activity at Time of Injury	Where Accident Occurred	Accident Description	Description of Injury
Male	MS - Mississippi Swimming	Meet - Competition	Water - Start End	Athlete ran into the wall while swimming backstroke. At the finish, athlete hit his head on the wall, compressing his neck and jammed his left hand into the wall.	Athlete's Head, had a bump caused by wall, causing a headache and sore neck. Athlete's wrist had swelling with decreased range of motion.
Male	NE - New England Swimming	Meet - Warm Down	Other Warm-up lane end wall	Swimmer was in warm-up pool lane. He went into a flip turn and another swimmer also flipping turned on top of him, hitting him in the back of the head. This pushed his head into the wall.	
Female	IL - Illinois Swimming	Meet - Competition	Other needed assistance out of pool at end or race, blacked out briefly on deck	Coach had to assist athlete out of water. She blacked out briefly after out of water.	Coach reported swimmer blacked out very briefly after assisting her out of the pool. Swimmer did use her inhaler. Coach would not allow her to swim any additional events.
Female	CA - So. California Swimming	Meet - Competition	Deck	stepped on a bee, was stung on the foot	
Female	CT - Connecticut Swimming	Meet - Walking	Locker Room	Pain in tailbone, right elbow and back of head	
Female	IL - Illinois Swimming	Meet - Competition	Other needed assistance out of pool at end or race, blacked out briefly on deck	Coach had to assist athlete out of water. She blacked out briefly after out of water.	Coach reported swimmer blacked out very briefly after assisting her out of the pool. Swimmer did use her inhaler. Coach would not allow her to swim any additional events.
Male	IL - Illinois Swimming	Other Meet -awards ceremony	Deck	Swimmer was stepping onto awards podium	
Female	LA - Louisiana Swimming	Meet - Walking	Bleachers - Athlete's		Initial treatment with ice. Ambulatory now with pain when walk.
Male	WI - Wisconsin Swimming	Meet - Warm-up	Water - Turn End	Cut heel/ankle doing a flip turn	Cut heel/ankle while doing a flip turn
Female	SE - Southeastern Swimming	Other Timing	Water - Start End		
Female	SE - Southeastern Swimming	Meet - Walking	Stairs		
Female	IL - Illinois Swimming	Practice - Entering / Exiting Pool	Water - Start End	Nose bleed incident that occurred after swimmer finished 100 Breaststroke. Swimmer exited the water and was speaking to coach when she wiped her nose and she noticed blood on her finger.	Bloody Nose

Gender	LSC	Activity at Time of Injury	Where Accident Occurred	Accident Description	Description of Injury
Female	VA - Virginia Swimming	Practice - Other	Other in swim lane	Another swimmer and athlete knocked heads while swimming. Other swimmer was not circle swimming at the time and accidental run into her.	Athlete was asked if she was alright by her coach and did she need a break. Athlete stated she was alright and kept swimming the rest of practice with no issue or complaints. She later went home and told her mom that her head hurt, so mom watched her closely the remainder of the day. The next day on Friday, her headache got worse and she told her mom that it hurt to turn her head to the right. Mom then got a hold of her coach who then got a hold of me. Mom states she will take athlete to the doctor on Saturday the 18th if she woke up not feeling better this morning (18th). Mom has a nursing
Male	SE - Southeastern Swimming	Meet - Walking	Deck		
Female	CO - Colorado Swimming	Meet - Warm-up	Water - Start End	Swimmer smacked and against another swimmer's hand while swimming	Incident happened in the morning, the athlete came to get ice later
Female	HI - Hawaiian Swimming	Other Watching Meet	Bleachers - Spectator's	approx 10:50am, Walking down steps of spectator bleachers. Left knee buckled first, hand gripped handrails but slipped. May have hit her chin and/or back of her head during fall. Complained of dizziness.	Witnesses helped catch her before she fell, but she may have hit her head & chin. Called 911. Arrived 10:52am. Taken by ambulance 11:00am. While under care of LG's, performed first aid, applied ice to back of head, and put victim in recovery position. Monitored vitals until EMT took over.
Female	OR - Oregon Swimming	Meet - Competition	Deck	Began to not feel well outside. Came inside to First Aid Station for assistance and felt nauseous and emotional. Pulse was normal - no other medical conditions other than being on Diclofenac and Tylenol.	Began to not feel well outside. Came inside to First Aid Station for assistance and felt nauseous and emotional. Pulse was normal - no other medical conditions other than being on Diclofenac and Tylenol.
Male	PN - Pacific Northwest Swimming	Meet - Competition	Water - Start End	End of relay - Hit head on the wall. Mom, was here. Declined us calling EMS. Was encouraged to take athlete to Urgent Care to get checked out. Maintained for 30 minutes. Encouraged to not swim for rest of day.	End of relay - Hit head on the wall. Mom, was here. Declined us calling EMS. Was encouraged to take Xavier to Urgent Care to get checked out. Maintained for 30 minutes. Encouraged to not swim for rest of day.
Female	NM - New Mexico Swimming	Meet - Warm Down	Water - Bottom	Swimmer was warming down in a lane and another swimmer jumped in and landed on her and she hit her head on the bottom of the shallow end of the pool.	

Gender	LSC	Activity at Time of Injury	Where Accident Occurred	Accident Description	Description of Injury
Female	PC - Pacific Swimming	Swimjitsu - Dry Land	Other Grass/deck area	Dry land playing sharks and minnows. Was pushed by another athlete. She tripped and fell forward stumbled hitting top right of head. Scratched and scape left elbow. hit concrete and fencing	experiencing headache, cut and scapes
Male	AZ - Arizona Swimming	Meet - Warm-up	Water - Start End	Swimmer was swimming in warm ups, freestyle, and ran into another swimmer. Incident occurred on 7/15/2015, he came for assistance on 7/16/2015.	Swimmer is complaining of tightness & sharp pain in shoulder.
Female		Practice - Other	Water - Turn End	trouble breathing and had to stop	had trouble breathing because she was pushing herself to hard and didn't want to stop and get behind
Female	CO - Colorado Swimming	Other Chaning in locker room	Locker Room	Swimmer was in the locker room changing for tryout/practice which started at 6:30 pm on Wednesday the 15th of 2015. Swimmer slipped on the floor in the women's locker room in the changing area. The swimmer fell backwards on to one of the permanently fixed benches. When the swimmer fell, she fell backwards and hit the back of her head on the bench. The swimmer then came out to the pool area and notified coaches and her father of her fall. Coaching staff gave the swimmer an ice-pack for her head. The swimmer sat by the pool office with parent and staff members.	Swimmer complained of soreness and was in tears from her fall. After resting and icing the sore spot for a bit, the father and daughter decided it was in the best interest to not swim and go home for the evening.
Female	OK - Oklahoma Swimming	Practice - Entering / Exiting Pool	Deck	slipped into the water	minor abrasion
Female	AM - Allegheny Mtn Swimming	Practice - Other	Water - Turn End	Cleaned and bandaged finger	Cut skin on finger
Male	SD - South Dakota Swimming	Meet - Watching / Observing	Outside Venue		Daughter found father unconscious, suspected bug bite allergic reaction.
Male	IL - Illinois Swimming	Practice - Dry Land	Gym	Swimmer stepped on another swimmers foot and hurt foot.	
Female		Other swim clinic	Water - Side	cut bottom of foot on metal object as she jumped in the pool	1.5cm cut bottom of right foot
Female	PC - Pacific Swimming	Meet - Competition	Other In water as swimmer jumped into pool for swim clinic	Swimmer cut bottom of right foot on metal object as she jumped in diving well. Wound flap intact. external bleeding controlled.	1.5 cm wound at bottom of right foot.

Gender	LSC	Activity at Time of Injury	Where Accident Occurred	Accident Description	Description of Injury
Male	NC - North Carolina Swimming	Practice - Other	Water - Lane Lines	Jammed finger into lane line and broke his hand.	Jammed finger into lane line and broke his hand.
Male	MV - Missouri Valley Swimming	Meet - Competition	Starting Blocks	Athlete was stepping down from the platform when he slipped, hitting his back on the step. Athlete competed in a race five minutes later.	
Female	CO - Colorado Swimming	Meet - Competition	Water - Turn End	During a 1500M Freestyle this athlete pulled up at about 650M and stopped. They took the next minute to gather themselves, then were helped from the pool by a parent or coach. The athlete complained of a back spasm that was radiating into their legs and they complained that they could not feel their legs. The athlete indicated that this has happened before and requested the Lifeguards not to call 911 for additional assistance. After a few minutes the feeling came back into her legs and she was assisted off the deck to lie in a prone position for a significant period of time by her coach. The athlete left the pool area on her own power later in the meet session.	Athlete complained of a back spasm that cut short their race and this spasm was accompanied by a temporary loss of feeling in her legs.
Male	CO - Colorado Swimming	Meet - Competition	Water - Turn End	The Athlete was finishing a 50M Freestyle and misjudged the finish touch and reached up and hit mid-arm on the top of the bulkhead and hit the top of his head on the bulkhead touchpad. This was seen by coaches sitting poolside, but not by first responders. The athlete climbed out of the pool and went right to their coach.	The coach reported the athlete seemed to be suffering from mild concussion symptoms. The Coach instructed the athlete what to monitor over the course of the next 24 hours and to report to a hospital should he experience further symptoms. The Athlete went home with his parents and did not participate further in the meet. This was later reported to the Meet Referee who is making this report.

Gender	LSC	Activity at Time of Injury	Where Accident Occurred	Accident Description	Description of Injury
Female	MR - Metropolitan Swimming	Meet - Warm-up	Water - Bottom	The swimmer dove into the pool near Lane 5 head first and hit the bottom of the pool with her face causing a laceration on her upper lip and cracking one of her two front teeth.	Witness was present with the swimmer when the volunteer meet medical staff arrived. Laceration on top lip and cracked right front tooth. No sensitivity of tooth. No neurological deficits noted. No tooth sensitivity noted. Tolerated ice pack & sips of cold water. Parent, coach & swimmer decided to proceed with scheduled next swim events. Volunteer meet medical staff advised mother to contact her dentist regarding appropriate next steps. The following day, Sunday 7/12/15, volunteer medical staff had a follow-up discussion with the Coach of team regarding the condition of the swimmer and it was reported back that she felt fine and would be competing in both of her scheduled events for the prelim session on 7/12/15.
Male	IA - Iowa Swimming	Meet - Competition	Water - Turn End	Swimmer's goggles filled with water, obstructing his vision during the 200 Free event. Due to obstructed vision, swimmer began his turn late and struck his head on the end wall of his lane.	Possible concussion. Swimmer exited water unassisted.
Female	MD - Maryland Swimming	Meet - Competition	Starting Blocks	The swimmer felt dizzy after swimming and fell as she exited the pool.	Scraped knee and right foot.
Male		Meet - Walking	Outside Venue	The spectator stepped on a bee while walking in the grass and was stung.	Bee sting on foot.
Female	MD - Maryland Swimming	Other Outside of main gate	Deck	The swimmer stubbed her toe while walking with flip flops.	Small skin tear on left big toe on anterior tip
Female	AZ - Arizona Swimming	Meet - Warm-up	Water - Turn End	scraped big toe on left foot while exiting the pool	
Female	MR - Metropolitan Swimming	Meet - Competition	Deck	Slipped on the deck on left knee and wrist	
Male	MR - Metropolitan Swimming	Meet - Competition	Starting Blocks	Slipped while attempting to exit the water at the end of his race. Made contact with the pool edge with his left arm and hip.	

Gender	LSC	Activity at Time of Injury	Where Accident Occurred	Accident Description	Description of Injury
Female	VA - Virginia Swimming	Meet - Competition	Water - Lane Lines	was swimming 200FR competition. During last flip turn, evidently inhaled some water. Became increasingly agitated as trying to blow out water during race. Last 25 meters stopped, grabbed lane line, and requested lifeguard to enter water and take her to wall with float. Seemed extremely agitated and panicked.	Apparent water intake during race caused choking and shortness of breath symptomatic of asthma. Has no history of asthma. EMT listened to lungs which sounded clear, and checked blood pressure which was 140/80. Water in throat during race caused shortness of breathe, aggravated by exercise and emotional distress. Swimmer swam two more events later in session without concern.
Female	IL - Illinois Swimming	Meet - Walking	Deck	Athlete bumped head on slide. Care given by meet director/coach. Ice on site. Parent notified.	Athlete walked into the slide bumping her head. There was no cut.
Female	NC - North Carolina Swimming	Meet - Competition	Water - Start End	Swimmer's forehead made contact with the bottom of the pool on dive-in of 100 meter butterfly (lane 10).	Swimmer's forehead made contact with the bottom of the pool during dive entry. Light contusion with minimal swelling. Swimmer was examined by EMT on site with no issues. Swimmer stated she was "okay". Swimmer competed in additional events and in a follow up discussion stated "feeling good"
Female	IL - Illinois Swimming	Meet - Competition	Water - Start End	Swimmer slipped getting out of pool	
Male	PC - Pacific Swimming	Meet - Walking	Deck	Slipped and fell and scraped his knee.	His knee was cleaned and bandaged.
Male	GU - Gulf Swimming	Meet - Walking	Deck		
Male	CA - So. California Swimming	Meet - Walking	Other sidewalk on upper deck	Swimmer was walking and hit a bike stand	cut tip of toe
Male	AM - Allegheny Mtn Swimming	Meet - Competition	Other sidewalk between pools	fell and scraped left leg on the sidewalk/rocks between the indoor pool and outdoor pool	scrape on left leg, lower
Female	AM - Allegheny Mtn Swimming	Meet - Competition	Other concessions area	stepped on nail with left foot sticking out of hockey decking by concessions area	puncture wound on heel of left foot
Female	NE - New England Swimming	Meet - Competition	Outside Venue		
Male	FL - Florida Swimming	Practice - Other	Water - Turn End	Athlete hit head on wall while swimming backstroke.	
Female	CA - So. California Swimming	Meet - Warm Down	Water - Side	Swimmer slipped getting out of the pool and strained/sprained her ankle	ankle sprain/strain
Female	CA - So. California Swimming	Meet - Warm Down	Water - Start End	Swimmer slipped getting out of pool and strained/sprained her ankle	
Female	CA - So. California Swimming	Meet - Walking	Deck	Official tripped on deck , fell and glasses cut upper brow and under eye (face plant) fell on knees, right knee swelling, cuts on left knee	2 cuts on left eye, swelling right knee
Male	AM - Allegheny Mtn Swimming	Meet - Competition	Other Rest Area, between hockey rinks	splinter in left foot while walking on wooden deck between rest area for swimmers and the outdoor competition pool.	splinter was removed with forceps, cleaned, and bandaged. A portion of the splinter still remained in the foot. patron was notified that they should seek additional medical attention

Gender	LSC	Activity at Time of Injury	Where Accident Occurred	Accident Description	Description of Injury
Female	OR - Oregon Swimming	Practice - Entering / Exiting Pool	Starting Blocks	Getting ready to dive in on block and as she moved forward the block fell in the water with her. Her left leg got caught between the backstroke bar and the block. Lane number 17.	Left tibia/shin bruising and pain.
Male	IN - Indiana Swimming	Meet - Competition	Deck	Post race exhaustion, swimmer overheated and began feeling dizzy and disoriented. Hands began shaking and became stiff. Vision became blurry.	Post race exhaustion, swimmer overheated and began feeling dizzy and disoriented. Hands began shaking and became stiff. Vision became blurry.
Female	OK - Oklahoma Swimming	Practice - Dry Land	Bleachers - Spectator's	GOT OVER HEATED DURING DRYLAND AND GOT SICK	OVER HEATED AND GOT SICK
Male	OK - Oklahoma Swimming	Practice - Entering / Exiting Pool	Water - Start End	he hit his head on the wall	
Male	PV - Potomac Valley Swimming	Practice - Other	Water - Side	Swimmer was kicked in the face/cheek by another swimmer during swim team practice.	There was a red mark under the eye.
Female	CA - So. California Swimming	Practice - Dry Land	Outside Venue	Swimmer tripped and fell to the ground running. She broke her fall with her left hand.	Palm and wrist of her left hand hurts.
Female	KY - Kentucky Swimming	Practice - Other	Other Durning the act of swimming	athlete complaining about pain in shoulders.	
Female		Other Practice - deck	Deck	skinned her big toe and forefoot on a deck grate.	
Female	IL - Illinois Swimming	Practice - Dry Land	Stairs	Swimmer rolled ankle walking down the stairs after dryland	
Female	IL - Illinois Swimming	Practice - Dry Land	Other Playground	Prior to practice, athlete wedged herself in a infant swing and could not free herself.	
Male	MR - Metropolitan Swimming	Practice - Other	Water - Turn End	Swimmer collided with a swimmer coming out of a turn as he was going into a turn. Swimmers bumped heads.	complained of dizziness and a headache. Pupils were dilated.
Male	ST - South Texas Swimming	Practice - Entering / Exiting Pool	Water - Side	He hit his eye against the wall when climbing out of the pool.	His goggles cut the side of his left eye lid. The very corner.
Male	NC - North Carolina Swimming	Practice - Other	Other In water - choices above were not applicable	Athlete was accidentally elbowed by a fellow swimmer. Athlete was seen by a doctor and has a perforated ear drum.	
Female	CA - So. California Swimming	Practice - Dry Land	Other grass in pool area	During dry land, swimmer was doing squat jumps swimmer landed wrong and twisted her ankle	
Female	CA - So. California Swimming	Other Practice- In Water	Water - Lane Lines	Swimmer pushed off the wall and cut her finger on the lane line	cut finger on lane line

Gender	LSC	Activity at Time of Injury	Where Accident Occurred	Accident Description	Description of Injury
Female	NJ - New Jersey Swimming	Practice - Other	Water - Turn End	One athlete coming off the wall from a flip turn as another athlete swimming into the to do a flip while both athletes swimming backstroke	Athletes bumped top of head both athletes climbed out of pool reported incident to the coach where they indicated they bumped heads. Athletes were not permitted to complete practice as they indicated that they hit heads pretty hard.
Female	NJ - New Jersey Swimming	Practice - Other	Water - Turn End	One athlete coming off the wall from a flip turn as another athlete swimming into the to do a flip while both athletes swimming backstroke	Athletes bumped top of head both athletes climbed out of pool reported incident to the coach where they indicated they bumped heads. Athletes were not permitted to complete practice as they indicated that they hit heads pretty hard.
Female	FL - Florida Swimming	Practice - Dry Land	Other Wrestling Room		
Male	FL - Florida Swimming	Practice - Entering / Exiting Pool	Starting Blocks	Athlete slipped off the block as he was attempting a relay start.	Athlete has bruising of the left shin following his slip and fall off of the starting block.
Male		Practice - Other	Water - Turn End	Was kicked in the face by another swimmer. (accidental)	When kicked, his goggles cut into his skin just under his right eye.
Male		Practice - Other	Water - Turn End	Was kicked in the face by another swimmer. (accidental)	When kicked, his goggles cut into his skin just under his right eye.
Female		Practice - Other	Water - Side	Sent to the first aid office. She iced it for 15 minutes.	
Female	ST - South Texas Swimming	Practice - Other	Deck	Scab on her leg got scratched and was bleeding	
Female	ST - South Texas Swimming	Practice - Other	Starting Blocks	Bloody Nose	Bloody Nose
Female	GA - Georgia Swimming	Meet - Competition	Water - Start End	Swimmer forcefully overextended elbow touching wall at finish of race	
Female	IN - Indiana Swimming	Meet - Watching / Observing	Other Facility Lobby	Athlete experienced breathing difficulties and was exiting building to get some fresh air. Experienced asthma related breathing emergency.	
Female	IN - Indiana Swimming	Practice - Other	Water - Start End	Upon coming into wall for a back stroke finish/turn swimmer hit her head on the side of the pool. Swimmer stated she was okay but later had a headache. Swimmer was instructed to get medical assistance.	Swimmer hit her head on the end of the pool and state it hurt but swimmer stated she was okay. Later swimmer stated she had a headache. Coaches suggested swimmer obtain medical treatment if parents felt necessary.
Female	IL - Illinois Swimming	Practice - Other	Locker Room	Swimmer slipped on wet floor in locker room. Landed on butt/hip area.	
Female	ST - South Texas Swimming	Practice - Entering / Exiting Pool	Water - Side	Swimmer slipped on gutter while exiting the pool. While falling she grazed her neck on a splash guard and had a scrape.	Scrape on neck
Male	CA - So. California Swimming	Other Practice- In Water	Water - Turn End	Swimmer did not count strokes, ran into wall during backstroke and hit his head	hit top of head with full force



Gender	LSC	Activity at Time of Injury	Where Accident Occurred	Accident Description	Description of Injury
Female	CA - So. California Swimming	Other Practice-Water	Starting Blocks	Swimmer was doing a start off block and her left leg slipped and cut her shin	scraped left leg while starting off block
Female	CA - So. California Swimming	Practice - Entering / Exiting Pool	Water - Start End	Swimmer slipped on a paddle trying to re-enter the pool, hit her tailbone on the edge of pool	
Male	CA - So. California Swimming	Practice - Dry Land	Other grass in pool area	Swimmer was doing a one leg squat with med ball and pulled his hamstring	
Male	WI - Wisconsin Swimming	Practice - Other	Starting Blocks		
Female	CA - So. California Swimming	Practice - Dry Land	Other Field	While playing soccer, athlete's were both going for the ball and kicked each other's shins together.	Bruise and swelling was bad enough her general doctor recommended she have an x-ray, which came back showing no bone damage.
Female	PC - Pacific Swimming	Practice - Other	Water - Turn End	Swimmer bumped heads with another swimmer during practice.	swimmer had headache but, so far, no symptoms of concussion
Male	MR - Metropolitan Swimming	Practice - Other	Water - Lane Lines	Swimmer stubbed toe with another swimmer while swimming breaststroke.	No bruise or bleeding visible. Swimmer was limping.
Female		Meet - Walking	Deck		Swimmer did not seek care after her fall. Her parent(s) took her to the hospital later that day.
Female	NT - North Texas Swimming	Practice - Entering / Exiting Pool	Water - Turn End	Climbing out of the water, swimmer's foot slipped and hit both R knee and L inner thigh	Hit both R knee and L inner thigh climbing out of the pool
Female	MN - Minnesota Swimming	Meet - Competition	Water - Start End	Athlete struck the wall with their head/nose while finishing their backstroke	
Male	CT - Connecticut Swimming	Meet - Competition	Bleachers - Athlete's	He opened a door on way up to the bleachers and it hit his foot and stubbed his toe.	
Female	CT - Connecticut Swimming	Other changing in locker room	Locker Room	The locker scratched her right elbow	
Male	CT - Connecticut Swimming	Meet - Competition	Starting Blocks	Slipped off block and scraped lower leg	
Male	CT - Connecticut Swimming	Meet - Walking	Deck	Slid on deck causing abrasion on upper left arm	
Male	MN - Minnesota Swimming	Practice - Other	Other pool swimming	Got kicked in the ribs by someone doing breaststroke kick in the neighboring lane. Ice was administered and suggest an x-ray.	
Female	PV - Potomac Valley Swimming	Practice - Other	Other middle of pool	Swimmer struck another swimmer, her forearm hit the shoulder of the other swimmer	

Gender	LSC	Activity at Time of Injury	Where Accident Occurred	Accident Description	Description of Injury
Male	OR - Oregon Swimming	Meet - Warm Down	Other Warm down lane	Struck on the nose by another swimmer's hand, resulting in nose bleed and bump on nose. Treated by lifeguard with ice pack.	
Female	IN - Indiana Swimming	Meet - Competition	Deck	Slipped on wet pool deck and hit right knee.	Swimmer hit right knee on deck after slipping while walking. Tenderness present on knee.
Male	IN - Indiana Swimming	Meet - Walking	Deck	Swimmer slipped while walking on wet pool deck and fell forward and hit his head.	
Male	MR - Metropolitan Swimming	Practice - Other	Water - Turn End	Swimmer swam into wall and bumped arm and elbow on the wall.	Small bump on arm.
Female	MR - Metropolitan Swimming	Practice - Other	Other In the middle of lane	Swimmer bumped heads with another swimmer in the lane.	No symptoms
Female	MR - Metropolitan Swimming	Practice - Other	Other Middle of Pool in Lane	Swimmer swam into another swimmer's head.	Swimmer bumped heads with another swimmer while swimming in the lane. Ice was administered by another coach. A bump was noticed and parents were notified immediately after accident.
Male	CO - Colorado Swimming	Meet - Walking	Gym	Swimmer was in the gym during finals and tripped and fell in the gym and hit his head. The lifeguard and pool staff was notified and a report with the pool was filed. We notified mom, she refused further care unless his symptoms changed. We have a nurse chaperone with us who helped monitor him throughout the evening.	
Female	OK - Oklahoma Swimming	Meet - Competition	Starting Blocks	Behind blocks, slipped and scraped elbow.	
Male	NI - Niagara Swimming	Meet - Warm-up	Water - Lane Lines	holding onto laneline - put fingers in between plastic discs and sliced finger on metal cable wire that connects	
Female	OH - Ohio Swimming	Meet - Watching / Observing	Deck	Slipped on Deck when moving back to chair after observation.	Cast on left arm at the time of slip and fall.
Male	WT - West Virginia Swimming	Meet - Competition	Water - Start End	Shoulder strain	Felt hot then pop on the back.
Female	AZ - Arizona Swimming	Meet - Entering / Pool	Starting Blocks	Fell in prior to start and scraped back of thigh with starting block	
Female	FG - Florida Gold Coast Swimming	Meet - Competition	Water - Lane Lines	Swimmer short of breath..could not finish race..lifeguard assisted athlete back to wall	Asthma Attack
Female	IL - Illinois Swimming	Meet - Competition	Water - Start End	The swimmer brushed her nose on the bottom of the pool on her start.	No bruising or scrape noted. Denied any pain in head or neck area

Gender	LSC	Activity at Time of Injury	Where Accident Occurred	Accident Description	Description of Injury
Female	MV - Missouri Valley Swimming	Other Swim Team Post Meet Awards and Fun Day	Other Pool ladder/deck	Athlete was swinging between the ladder rails on the pool deck, either stubbed toe or slipped and landed flat on back on pool deck resulting in wind being knocked out of athlete and hitting back of head on pool deck.	Athlete had wind knocked out of her. The athlete lay on the pool deck for a minute or two. She was slow to get up- but could get up and walk. Her posture was that of someone whose back was hurting, not able to have full back/trunk rotation to turn around and see what was going on.
Male	MD - Maryland Swimming	Practice - Dry Land	Bleachers - Athlete's	Athlete was using the pull up bar with assistance, coach monitoring activity. Athlete was attempting a pull up when he stated that his grip on the bar slipped and he fell from the pull up bar onto the bleacher. The coach helped the swimmer to sit up and asked if he was OK. It was noticed that a bruise had started to form on his left upper back area. The coach asked the athlete to sit down for a second and asked if he was OK and what hurt. He stated his hip ached and was offered ice twice prior to accepting ice for his left hip. He was asked to sit out for the remaining few minutes of dry land but stated that he was alright and he would finish it.	A bruise and scrape were noted on the left upper back (near armpit). Athlete stated that his left hip ached as well, with some redness in the area. Athlete was asked to sit down and if he was OK. He stated he was alright and was offered ice approximately 2x by coach before accepting ice for his hip. Athlete was asked to change and wait for his parents but refused and wanted to finish out last 5 minutes of dry land.
Male	MD - Maryland Swimming	Practice - Dry Land	Deck	Swimmer slipped on the pool deck while completing a dry land exercise, scraping his knee and foot.	
Male	NE - New England Swimming	Practice - Other	Water - Lane Lines		
Male	OH - Ohio Swimming	Meet - Watching / Observing	Deck	Chair fell from bulk head at the turn end of the pool at approx. 6:15 pm while officiating a meet stroke and turn. Official struck and scraped elbow. Band-aid applied.	
Male	SC - South Carolina Swimming	Practice - Other	Water - Turn End	Athlete was pressing against the wall to push himself backwards and misjudged the distance and hit his chin on the side of the pool deck. The swimmer hit his chin causing him to bite his tongue.	

Gender	LSC	Activity at Time of Injury	Where Accident Occurred	Accident Description	Description of Injury
Male	AM - Allegheny Mtn Swimming	Practice - Other	Deck	At end of practice swimmers got out to put kickboards away. Once he put equipment away he turned to walk back and at corner of pool slipped and fell onto deck. Landing on side and back and struck left side of head on pool deck. Coach witnessed the fall and went to him on deck. She checked him out and spoke with him, and he said his head hurt a little. She talked to him and checked him out - no swelling or lumps - no bleeding - seemed to have all his senses. Had him go back to bench and sit while she monitored him and waited for grandparent to pick him up.	Swimmer seemed fine as far as being aware with no dizziness or the likes. When asked he said head slightly where he had struck it. No swelling or visual signs of injury. Later was taken to Dr. by parents and they determined he had concussion symptoms. Dr. want him out of practice for a week.
Female	ST - South Texas Swimming	Practice - Other	Water - Lane Lines	She caught up to a swimmer ahead of her and the kid in front of her kicked her accidentally on her lip.	Her lip was bleeding.
Female	IA - Iowa Swimming	Meet - Walking	Deck		
Female	IL - Illinois Swimming	Meet - Walking	Deck	Swimmer walked into the diving board during our dual meet.	
Female	AZ - Arizona Swimming	Practice - Entering / Exiting Pool	Deck	Slipped on a kickboard and hit her back	Athlete did not appear to hit her head Athlete was conscious at all times
Male	PC - Pacific Swimming	Practice - Dry Land	Deck	Fell on right arm during dryland training	
Female	SD - South Dakota Swimming	Meet - Competition	Deck	Tripped over foot of speaker stand. Scraped knees and forehead hematoma.	Scraped both knees, Hematoma (swelling) over right eyebrow, small cut on temple
Female	FL - Florida Swimming	Practice - Entering / Exiting Pool	Water - Bottom	Swimmer performed a racing start trying a new fundamental (leg lift) and made contact with the bottom with the left side of her forehead.	Did not show immediate signs. Developed headache later in practice. Sat out with ice on/off in 20 minute cycles. Monitored by parents throughout the weekend. Returned to practice on Monday with no symptoms.
Female	VA - Virginia Swimming	Practice - Dry Land	Outside Venue	Swimmer was running in drylands and tripped. She fell to ground with her arms out front to brace her fall.	Swimmer had some scrapes on her hands and knees. After cleaning those areas up she started to notice pain in her elbow. She was given ice and her parents where called.
Male	MV - Missouri Valley Swimming	Meet - Competition	Water - Start End	When exiting pool after race, swimmer slipped and fell on his bottom and was short of breath. rec center staff assisted him to first aid room where he regained regular breathing.	

Gender	LSC	Activity at Time of Injury	Where Accident Occurred	Accident Description	Description of Injury
Female	SD - South Dakota Swimming	Practice - Entering / Exiting Pool	Starting Blocks	Swimmer went to do a start on the starting block,lost balance, slipped and scraped the right back side of leg	
Male	CA - So. California Swimming	Practice - Other	Water - Lane Lines	swimmer was swimming incorrect circle swimming during Butterfly. When doing so another swimmers arm who was coming in the opposite direction accidentally collided with swimmer's left goggle. Swimmer made it to the side I (coach) lifted swimmer from the pool and evaluated the swimmer. Parent was not on deck so another parent and I called both her and her husband. They did not responded. I administered first aide where he had just a small scrap on the inside corner of the left eye, and bruising where the goggle was. His mother came and took over the situation and took him to see family doctor.	small scrape on inside corner of left eye small amount of blood do to swimmer rubbing it after contact.
Female	OH - Ohio Swimming	Meet - Competition	Starting Blocks	Scraped leg on block	cleaned with gauze and bandaid was applied
Male	OH - Ohio Swimming	Meet - Warm-up	Water - Lane Lines	Hand collided with the hand of a swimming going the opposite direction in warmup	Left hand/thumb sore, red, and swollen
Male	MI - Michigan Swimming	Practice - Other	Water - Turn End	Swimmer was in the water performing push-ups on side of wall & came down hitting his chin on side. Swimmer sat in water for a few seconds & proceeded to jump out & notified a coach.	Swimmer's chin cut open in the middle - approx. 1 inch across
Female	WI - Wisconsin Swimming	Meet - Competition	Water - Start End	Swimmer misjudged finish of backstroke, hit wall with head	Dr. on deck examined swimmer, thought possible concussion, swimmer had slight dizziness and a raised red bump on top of head. Swimmer was able to exit pool on her own.
Male	CT - Connecticut Swimming	Meet - Competition	Bleachers - Spectator's	Slip and fall	
Female	CA - So. California Swimming	Meet - Walking	Deck	Guard rail was lifted off the ground and cut her fourth toe right foot.	
Female	MI - Michigan Swimming	Practice - Other	Water - Start End	Swimmer ran into wall doing backstroke.	
Female		Meet - Warm Down	Water - Turn End		Not sure if broken or not. Facility staff did not inquire further.

Gender	LSC	Activity at Time of Injury	Where Accident Occurred	Accident Description	Description of Injury
Female	IL - Illinois Swimming	Other Girls locker room changing after practice	Locker Room	slipped and fell to the ground hitting the back of her head on the floor.	hit the back of her head on the ground. She slipped on the floor in the girls locker room where she went to change after practice. She got dressed and met her mother to go home. Mother stopped me in the parking lot to tell me about incident. I asked her if she wanted us to call 911 and she declined saying she would take her home. I also suggested she call her family doctor to check on swimmer.
Female	CA - So. California Swimming	Meet - Competition	Deck	BEGAN TO FEEL LIGHTHEADED AND ASKED TO GET OFF DECK. WAS TAKEN TO POOL OFFICE TPO LIE DOWN ON COT. GIVEN WATER AND ICE TO DOOL DOWN. SHIN CLAMMY. THREW UP AFTER SHE BEGAN COOLONG DOWN.	EMT'S CHECKED BLOOD PRESSURE AND PULSE...ALL WITHIN NORMAL RANGE.
Female		Meet - Walking	Water - Side	Slipped and hit speaker while performing official duties. Hi head and hurt leg.	Bump on head evident. Patient c/o hurt leg in hamstring area. Following tx, she walked out on own to drive home.
Female	PC - Pacific Swimming	Meet - Watching / Observing	Deck	Swimmer "got dizzy from heat" (according to her father.) Nearby parent and Stroke & Turn official notified Chief Judge and provided cold water bottles from corner. CJ brought lifeguard to swimmer. Lifeguard, CJ and father accompanied swimmer to first aid office where treatment was administered.	Apparent heat exhaustion -- only visible indication was flushed face and fatigue
Female	GU - Gulf Swimming	Practice - Dry Land	Deck	Swimmer never complained about injury during the Tuesday (10-20) practice. Injury was not reported to coach until Thursday (10-22). There were no correspondence with coach prior to the Thurs. 10-22 date.	Elbow appeared to show bruising. Thursday 10-23 Parent told coach that swimmer could not extend arm completely but arm could be flexed. Parent told coach that swimmer did not complain about arm hurting until after dinner on the day it happened. Swimmer stated that she fell while performing plank hold push ups during dry lands and felt something click/pop in right elbow. This was not mentioned to Coach until Thursday 10-23 just prior to her returning to practice.
Female	CA - So. California Swimming	Practice - Other	Water - Turn End	Another swimmer kicked her in the face while swimming breaststroke in the same lane.	Athlete did not exhibit swelling or redness etc. at site. Athlete seemed to have normal cognition. She said she was feeling ok when she left.
Female	GU - Gulf Swimming	Practice - Dry Land	Other Soccer Field by Pool	Tripped and fell while running playing tag on the soccer field.	Fell on hand/wrist

Gender	LSC	Activity at Time of Injury	Where Accident Occurred	Accident Description	Description of Injury
Male	LA - Louisiana Swimming	Practice - Dry Land	Gym	Fell while pulling a sled, but didn't mention it hurting. he emailed the next day saying the wrist hurt.	
Male	GU - Gulf Swimming	Practice - Dry Land	Other Grass area inside facility	Fell with full body weight on wrist while bent	Fell on wrist with full body weight. Wrist was bent during occurrence
Female	SD - South Dakota Swimming	Practice - Other	Other Water-mid pool	Lightly bumped heads with another swimmer doing backstroke during a warm down.	Lightly hit head during warm down. Ran into another swimmer while doing backstroke.
Female	SD - South Dakota Swimming	Practice - Other	Other Water-mid pool	Bumped heads with another swimmer during warm down.	Lightly ran into another swimmer mid pool during warm down.
Female	PC - Pacific Swimming	Practice - Other	Deck	The coach put her arms up to demonstrate streamline. When she pulled them down, she felt a sting in her armpit.	Though the injury occurred on Wednesday, August 19th, no reaction occurred until Saturday, August 22nd, at which time the coach sought treatment at an emergency
Female	ST - South Texas Swimming	Practice - Other	Deck	Began collapsing/passing out	
Female		Practice - Other	Water - Start End	Swimmer was swimming and got kicked in the face by peer during breaststroke drill work. Kids were 8 to a lane, only kicking, and child was kicked in face. It resulted in a chipped tooth.	Small chip on bottom tooth.
Female	GU - Gulf Swimming	Practice - Entering / Exiting Pool	Hallway	Swimmer was leaving practice and her leg got tangled in one of her bags and she fell. She hit her right hip and Knee. She was able to limp to the car. Her dad was there to help her to the car.	
Male		Other n/a	Other n/a	Disgruntled parent making legal threats	no physical injury. Disgruntled and suspended parent is threatening legal action for copyright infringement due to pictures of his family on the team's facebook page. Additional documentation is available via email upon request. Most concerning is some communication from the insurance company saying that there is no coverage for the swim team regarding this should it go to court.
Female	SN - Sierra Nevada Swimming	Practice - Other	Water - Turn End	When attempting to push off the wall, athlete's foot and lower leg slipped into space where water flows into skimmer baskets at surface level of pool. Athlete became briefly stuck and leg was injured.	
Female	SE - Southeastern Swimming	Meet - Walking	Stairs		
Male	FG - Florida Gold Coast Swimming	Meet - Competition	Other Behind Starting Blocks		

Gender	LSC	Activity at Time of Injury	Where Accident Occurred	Accident Description	Description of Injury
Male	GU - Gulf Swimming	Other Entering Dryland Area Outdoors Next to Pool	Other Outside walking towards dryland area	Swimmer was walking to area where dryand was being held outside. Swimmer decided to try to jump over a low fence to enter area instead of going around to entrance. In the process, he hit the fence and fell on the concrete. It happened before he entered the coach's view, so the coach didn't see it happen. Several swimmers did see it.	When he fell and hit the concrete, it seems he hit his knee and arms on ground.
Male	UT - Utah Swimming	Practice - Dry Land	Other Grass	Medicine Ball struck sternum	Sternum
Male	AM - Allegheny Mtn Swimming	Practice - Entering / Exiting Pool	Other Stepping down into shallow water	Knee gave out when stepping down	Possible bruise may surface
Female	IN - Indiana Swimming	Practice - Other	Water - Side	The athlete was swimming in the diving well. As she was coming up to the surface, she turned and hit her neck and head on the side of the wall.	The back of the athlete's head and neck were bumped, and the back of the neck was scraped. The athlete exited the pool, and said she was okay. The athlete's mom and myself looked at her injuries, and decided that she did not need treatment.
Female	PC - Pacific Swimming	Practice - Other	Other Water	Apparent strain injury caused by overexertion when swimming.	Per doctor, strain of infraspinatus muscle (right side).
Male	OR - Oregon Swimming	Meet - Walking	Other Lane Timer seating area	Slipped on deck in front of Lane 4.	
Female	OK - Oklahoma Swimming	Meet - Competition	Water - Turn End	Walking on deck prior to 1st relay start at turn end of pool. Slipped on wet deck surface. She did not fall, but caught herself in the process, wrenched her back severely.	
Female	GA - Georgia Swimming	Practice - Other	Water - Turn End	Swimmerswam into the wall bumping her head.	Only complaint is that it hurt a nit. Grandfather said that she was okay. She train with no signs of an concussion.
Male	HI - Hawaiian Swimming	Practice - Other	Water - Turn End	Swimming freestyle repeats. Looked up for wall to finish ... there it was ... banged face into bulkhead.	Cur on top middle of nose approx 3/4 long. Slight scrape on lip. Chin bumped - no discernable injury. Injury not serious. Mother took home for clean and bandage. I wish there was a place to attach a picture when submitting this report.
Male	FG - Florida Gold Coast Swimming	Practice - Entering / Exiting Pool	Outside Venue	Swimmer was getting into the car after swim practice when he shut his fingers in the car door.	Swimmer's parents took him to the Dr. and he received stitches for a cut and a cast for a fracture.
Male	LE - Lake Erie Swimming	Meet - Warm-up	Water - Lane Lines		
Male		Meet - Watching / Observing	Bleachers - Spectator's	Seat collapsed under him--had prior back injury, was wearing brace. Denied EMS and first-aid from facility staff.	Due to prior injury, had trouble standing up.
Male	AZ - Arizona Swimming	Meet - Competition	Team Area		