Integrity, Inclusion, Education, Excellence

Back to Pool Meet

Hosted By: Liquid Lightning

October 12-14, 2018

Sanction - This meet is sanctioned by Michigan Swimming, Inc. (MS), as a timed final meet on behalf of USA Swimming (USA-S), Sanction Number **MI1819023.** In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event. MS rules, safety, and warm up procedures will govern the meet as is fully set forth in these meet rules.

Location – Lake Orion High School Natatorium, 495 E Scripps, Lake Orion, MI 48360

Times – Friday Warm up Starts: 5:00 p.m. and Events Begin: 6:00 p.m.
Saturday & Sunday sessions warm up start at 8:00 a.m. and Events begin 9:00 am
Saturday & Sunday afternoon warm up start @ 1:00 pm and Events begin @ 2:00 pm

Motels – Use your favorite Hotel booking website.

Facilities – Lake Orion High School Natatorium**,** is an 11 lane, 25 yard pool with 8 lanes used for competition. There is a separate 4 lane supervised warm up and cool down area available. Depth at start is 7'[1] and 9'13" at turn. Permanent starting blocks and non-turbulent lane markers will be used. Colorado Timing system with an 8 lane display will be used. There is ample balcony seating for spectators. Lockers are available (provide your own lock). Public phones will be available. The competition course has not been certified in accordance with 104.2.2C (4)

Eligibility – Back to the Pool Meet is for all swimmers who are currently registered with United States of America Swimming (USA-S). A swimmer's age on October 12, 2019 will determine his/her eligibility for a particular age group.

Deck Registration - Unregistered swimmers must register on deck at this meet by turning in the athlete registration form and payment to the Meet Referee. The cost of registering on deck is double the normal fee ($156.00 per swimmer for 2018-19 registration).

Meet Format – All events are timed finals.

Entry Limits - Entries will be accepted on a first come first serve basis by date of email for electronic entries and date of receipt by the Administrative Official for hard copy entries until the Michigan Swimming Four (4) hour per session maximum time limit is met. As set forth in

[1]Depth at Start must meet State of Michigan requirements.

entry procedures below, (A) a hard copy of your club's entry summary sheet, (B) a hard copy of your club's signed release/waiver agreement (C) your club's certification of entered athletes and (D) your club's entry and entry fees must be received by the Entry Chair in a timely fashion prior to the start of the meet, or your swimmers will not be allowed to swim in the meet. Entries received after the four (4) hour per session time limit has been met will be returned even if received before the entry deadline.

Swimmers Without A Coach - Any swimmer entered in the meet, unaccompanied by a USA-S member coach, must be certified by a USA-S member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

Individual Entry Limits – An athlete may enter no more than 2 events on Friday evening. Athletes may enter no more than 5 events per day on Saturday and Sunday.

Electronic Entries - $5.00 per individual timed final event. Please include a $1.00 Michigan Swimming surcharge for each swimmer entered. Make checks payable to: **Liquid Lightning**.

Paper Entries - MS rules regarding non-electronic entries apply. **$6.00** per individual timed final event. There is a $1.00 additional charge per individual event paid if the entry is not submitted in Hy-Tek format. The Michigan Swimming $1.00 general surcharge for each swimmer also applies to paper entries. Paper entries may be submitted to the Administrative Official on a spreadsheet of your choice however the paper entry must be logically formatted and must contain all pertinent information to allow the Administrative Official to easily enter the swimmer(s) in the correct events with correct seed times.

Entry Procedures - Entries may be submitted to the Administrative Official as of **September 21, 2018 at 8:00 a.m**. The Administrative Official must receive all entries no later than **October 6, 2018 at 11:59 p.m**. Entries must include correct swimmer name (as registered with USA/MS Swimming), age and USA number. You can import the order of events and event numbers from the Michigan Swimming website (http://www.miswim.org/). All individual entries should be submitted via electronic mail to the Administrative Official at meetentries@liquidlightning.org All entries will be processed in order by email date code or mail date code. Any entries submitted will be considered provisional until such time as the Administrative Official has received a hard copy of: (a) your club's entries (Team Manager Meet Entries Report), (b) a hard copy of your club's signed release/waiver agreement (c) your clubs signed certification of entered athletes and (d) your club's entry fees. This must be received in a timely fashion prior to the start of the meet or your swimmers will not be allowed to swim in the meet. The complete **Back to the Pool Meet** entry packet with entry forms is available on the Michigan Swimming Website at http://www.miswim.org/

Refunds - Once a team or individual entry has been received and processed by the Administrative Official there are no refunds in full or in part unless the "over qualification exception" applies (see MS Rules).

Entries - Your club's Entry, Entry Summary Sheet, Release/Waiver, Certification of Entered Athletes and Check should be sent via U.S. mail or nationally recognized overnight courier to:

Liquid Lightning Swim Team
P.O. Box 307
Lake Orion, MI 48362
meetentries@liquidlightning.org

Check In - Check in will be available as of 15 minutes prior to the beginning of warm-ups for each session. Check in is mandatory for all events and will close 15 minutes after the start of warm-us for each session. Failure to check in will cause the swimmer to be scratched from all events in that session. Check in will close 15 minutes after the start of warm up for each session. Check in sheets will be posted in the lower lobby outside the locker rooms.

Scratch Rules - Prior to check in close a swimmer may scratch events at the Clerk of Course**.** After check in closes, you must see the Meet Referee to scratch an event.

Marshaling – This is a self marshalled meet.

Seeding – All events are timed finals and will be seeded slowest to fastest other than the 400 Individual Medley, 500 Freestyle, and 1650 Freestyle, which will be seeded fastest to slowest (alternating genders-women/men).

Deck Entries - Deck entries may be permitted if time allows at the discretion of the Meet Referee. Deck Entries are $7.00 for timed final events. Deck entry swimmers are subject to the Michigan Swimming $1.00 general surcharge if they are not already entered in the meet. For deck entries, registration status must be proven by providing a current USA Swimming membership card or a current print out of an athlete roster from the Club Portal, the Club Portal is located on the USA Swimming website. The athlete may also enter by showing their membership from USA Swimming's DECK PASS on a smart phone. Name, athlete ID and club affiliation should then be added to your database just as it appears on the card or list or the swimmer may compete unattached (UN) if they request to do so.

Meet Programs/Admissions - Admission is $5.00 per person per day on Saturday and Sunday and $2.00 per person on Friday evening. 10 and under are free.

Scoring – No individual or team scoring will be kept.

Awards – Awards will be given for places 1-16 in all 12 & Under events.

Results - Complete Official meet results will be posted on the Michigan Swimming Website at http://www.miswim.org/ . Unofficial results will also be available on flash drive (HY-TEK Team Manager result file) upon request. Teams must provide their own flash drive.

Concessions - Food and beverages will be available in the upper pool lobby concession area. No food or beverage will be allowed on the deck of the pool, in the locker rooms or in the spectator areas. A hospitality area will be available for coaches and officials.

Lost and Found - Articles may be turned in/picked up at check in area in the lower lobby. Articles not picked up by the end of the meet will be retained by the Meet Director or a representative for at least 14 days (any longer period shall be in the sole discretion of the Meet Director).

Swimming Safety - Michigan Swimming warm up rules will be followed. To protect all swimmers during warm-ups, swimmers are required to enter the pool feet first at all times except when sprint lanes have been designated. No jumping or diving. The same rules will apply with respect to the warm-down pool and diving well. Penalties for violating these rules will be in the sole discretion of the Meet Referee which may include ejection from the meet.

Deck Personnel/Locker Rooms/Credentialing - Only registered and current coaches, athletes, officials and meet personnel are allowed on the deck or in locker rooms. Access to the pool deck may only be granted to any other individual in the event of emergency through approval by the Meet Director or the Meet Referee. The General Chair of MS, Program

Operations Vice-Chair of MS, Officials Chairs of MS, and the Michigan Swimming Office staff are authorized deck personnel at all MS meets. Personal assistants/helpers of athletes with a disability shall be permitted when requested by an athlete with a disability or a coach of an athlete with a disability.

Lists of registered coaches, certified officials and meet personnel will be placed outside the lower lobby doors to the pool. Meet personnel will check the list of approved individuals and issue a credential to be displayed at all times during the meet. This credential will include the host team name as well as the function of the individual being granted access to the pool deck (Coach, Official, Timer, or Meet Personnel). In order to obtain a credential, Coaches and Officials must be current in all certifications through the final date of the meet. Meet personnel must return the credential at the conclusion of working each day and be reissued a credential daily.

All access points to the pool deck and locker rooms will either be secured or staffed by a meet worker checking credentials throughout the duration of the meet.

Swimmers with Disabilities - All swimmers are encouraged to participate. If any of your swimmers have special needs or requests please indicate them on the entry form and with the Clerk of Course and/or the Meet Referee during warm ups.

General Info - Any errors or omissions in the program will be documented and signed by the Meet Referee and available for review at the Clerk of Course for Coaches review. Information will also be covered at the Coaches' Meeting.

First Aid - Supplies will be kept in the pool office.

Facility Items –

(A) No smoking is allowed in the building or on the grounds of Lake Orion High School**.**

(B) Pursuant to applicable Michigan law, no glass will be allowed on the deck of the pool or in the locker rooms.

(C) No bare feet allowed outside of the pool area. Swimmers need to have shoes to go into the hallway to awards or concessions.

(D) An Emergency Action Plan has been submitted by the Host Club to the Safety Chair and the Program Operations Chair of Michigan Swimming prior to sanction of this meet and is available for review and inspection at the pool office.

(E) To comply with USA Swimming privacy and security policy, the use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.

(F) Deck changing, in whole or in part, into or out of a swimsuit when wearing just one suit in an area other than a permanent or temporary locker room, bathroom, changing room or other space designated for changing purposes is **prohibited**.

(G) Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

Meet Director – Kristen Rhodes, krhodes@liquidlightning.org

Meet Referee – Dawn Gurley, dawngurley@att.net

Safety Marshal – Mark Crossman

Administrative Official – Mary Perczak, meetentries@liquidlightning.org

Friday October 12, 2018 Evening Session

Warm ups start @ 5:00 PM. Check in closes @ 5:15 PM Events begin @ 6:00 PM

Girls	Event	Boys
1	11-12 200 Butterfly	2
3	OPEN 400 Individual Medley	4
5	11-12 400 Individual Medley	6
7	Open 500 Freestyle	8
9	11-12 200 Breaststroke	10

Saturday October 13, 2018 Morning Session

Warm ups start @ 8:00 AM Check in closes @ 8:15 AM Events begin @ 9:00 AM

Girls	Event	Boys
11	11-12 200 Individual Medley	x
12	10 & Under 100 Individual Medley	13
14	11-12 50 Butterfly	x
15	10 & Under 50 Butterfly	16
17	11-12 100 Freestyle	x
18	10 & Under 100 Freestyle	19
20	11-12 50 Backstroke	x
21	10 & Under 50 Backstroke	22
23	11-12 100 Breaststroke	x
24	10 & Under 100 Breaststroke	25
26	11-12 200 Backstroke	x

Saturday October 13, Afternoon Session

Warm ups start @ 1:00 PM Check in closes @ 1:15 PM Events begin @ 2:00 PM

Girls	Event	Boys
x	11-12 50 Backstroke	27
28	Open 200 Individual Medley	29
x	11-12 200 Individual Medley	30
31	Open 100 Breaststroke	32
x	11-12 100 Breaststroke	33
34	Open 200 Freestyle	35
x	11-12 200 Freestyle	36
37	Open 100 Backstroke	38
x	11-12 100 Backstroke	39
40	Open 200 Butterfly	41
x	11-12 50 Butterfly	42

Sunday October 14, 2018 Morning Session

Warm ups start @ 8:00 AM Check in closes @ 8:15 AM Events begin @ 9:00 AM

Girls	Event	Boys
43	11-12 100 Butterfly	x
44	10 & Under 100 Butterfly	45
46	11-12 50 Breaststroke	x
47	10 & Under 50 Breaststroke	48
49	11-12 100 Individual Medley	x
50	11-12 100 Backstroke	x
51	10 & Under 100 Backstroke	52
53	11-12 50 Freestyle	x
54	10 & Under 50 Freestyle	55
56	11-12 200 Freestyle	x

Sunday October 14, 2018 Afternoon Session

Warm ups start @ 1:00 PM Check in closes @ 1:15 PM Events begin @ 2:00 PM

Girls	Event	Boys
X	11-12 100 Butterfly	57
58	Open 100 Butterfly	59
x	11-12 200 Backstroke	60
61	Open 200 Backstroke	62
x	11-12 50 Freestyle	63
64	Open 50 Freestyle	65
x	11-12 50 Breaststroke	66
67	Open 200 Breaststroke	68
x	11-12 100 Freestyle	69
70	Open 100 Freestyle	71
x	11-12 100 Individual Medley	72
73	Open 1650 Freestyle	74

CERTIFICATION OF REGISTRATION STATUS OF ALL ENTERED ATHLETES

RELEASE AND WAIVER
Back to Pool Meet
Sanction Number: MI1819023

Enclosed is a total of $__________ covering fees for all the above entries. In consideration of acceptance of this entry I/We hereby, for ourselves, our heirs, administrators, and assigns, waive and release any and all claims against Liquid Lightning , Lake Orion High School Natatorium, Michigan Swimming, Inc., and United States Swimming, Inc. for injuries and expenses incurred by Me/Us at or traveling to this swim meet.

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In granting the sanction it is understood and agreed that USA Swimming and Michigan Swimming, Inc. shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this event.

Michigan Swimming Clubs must register and pay for the registration of all athletes that are contained in the electronic TM Entry File or any paper entries that are submitted to the Meet Host with the Office of Michigan Swimming **prior to submitting the meet entry to the meet host**. Clubs from other LSCs must register and pay for the registration of their athletes with their respective LSC Membership Coordinator.

A penalty fee of $100.00 per unregistered athlete will be levied against any Club found to have **entered** an athlete in a meet without first registering the athlete and paying for that registration with the Office of Michigan Swimming or their respective LSC Membership Coordinator.

Submitting a meet entry without the athlete being registered and that registration paid for beforehand may also subject the Club to appropriate Board of Review sanctions.

The authority for these actions is: UNITED STATES SWIMMING RULES AND REGULATIONS 302.4 FALSE REGISTRATION – A host LSC may impose a fine of up to $100.00 per event against a member Coach or a member Club submitting a meet entry which indicates a swimmer is registered with USA Swimming when that swimmer or the listed Club is not properly registered. The host LSC will be entitled to any fines imposed.

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I certify that **all** athletes submitted **with this meet entry** are currently registered members of USA Swimming and that I am authorized by my Club to make this representation in my listed capacity.

Signature:	Position:
Street Address:	City, State Zip:
Club Email:	Phone:
Coach Name:	Club Name:
Coach Email:	Club Code:

Meet Evaluation Form

Sanction Number: MI1819023

Name of Meet: Back to Pool Meet

Date of Meet: October 12-14, 2018

Host of Meet: Liquid Lightning

Place of Meet: Lake Orion High School Natatorium

Who do you represent (circle)? Host Club Visiting Club Unattached

Describe yourself (circle) Athlete Coach Official Meet Worker Spectator

Please rate the overall quality of this meet:

(Please write any comments or suggestions below or on the reverse side)

	Low				High
1. Swimming pool (e.g., water quality, ventilation)	1	2	3	4	5
2. Equipment (e.g., timing system, PA system):	1	2	3	4	5
3. Swimmer facilities (e.g., locker rooms, rest areas):	1	2	3	4	5
4. Spectator facilities (e.g., seating, rest rooms):	1	2	3	4	5
5. Meet services (e.g., concessions, admissions, programs):	1	2	3	4	5
6. Officiating	1	2	3	4	5
7. Awards and award presentations:	1	2	3	4	5
8. Safety provisions:	1	2	3	4	5
9. Overall success of the meet:	1	2	3	4	5
10. Other (please specify):	1	2	3	4	5

Return this completed evaluation to a representative of the Meet Host. Thank you.

Meet Host: Copy all of these submitted Meet Evaluations to the current Program Operations Vice-Chair (Joe McBratnie) and the Michigan Swimming Office (Dawn Gurley and John Loria) within 30 days.