

#### Four Hour Rule:

All Timed Finals meet sessions, with exception of championship meets of Michigan Swimming such as Districts, JO's, Festivals, etc., shall be no more than four hours in duration.

All meet hosts shall provide the meet referee and Program Operations Vice-Chair with a copy of the meet timeline at least 5 days prior to start of the meet.

With the exception of A and B below, any session of more than 4: 15 minutes shall be considered a violation of this rule.

A: One Timed Finals session per meet, that contains only 13/14 or higher age groups, including Open, may last up to 4:30 minutes in duration.

B: This rule and timeline is not intended to include unforeseen downtime such as equipment failures, weather, pool/facility repairs, etc.

At the conclusion of every meet the Meet Referee will provide the Meet Director and the MS Program Ops Vice-Chair with a copy of the meet timeline. If a violation of this rule has occurred Program Ops will submit a complaint to MS's Board of Review.

The Board of Review may sanction a meet host for violating this rule up to \$2,000/session and ban the host from further meets for a period of time, depending on the circumstances of the violation and repeat violations of this rule.