

**BAC Winterfest Swim Meet**  
**ABC Format with High Point, 1000 on Friday**  
**Hosted By: Bulldog Aquatic Club**  
**January 15-17, 2010**

**Sanction:** This meet is sanctioned by Michigan Swimming, Inc., as a timed final meet on behalf of USA Swimming, Sanction Number **MI0809023**. Michigan swimming rules, safety, and warm up procedures will govern the meet as if fully set forth in these meet rules.

**Location:** Royal Oak Middle School      The Royal Oak Middle School (previously known as Dondero High School) Pool is located at 709 N. Washington Ave., one block west of Main St. north of 11 Mile Road and south of 12 Mile Road. The pool is on the south side of the school.  
709 N. Washington Ave.  
Royal Oak, Mi. 48067

The pool is: **North of I-696** (exit at Woodward/Main Street and take Main Street north, then west on 11 Mile Road to N. Washington Ave.); west **of I-75** (exit at 12 Mile Road and go west to N. Washington); **east of Woodward Ave** (take 11 Mile Road east to N. Washington Ave.) See map at the end of the announcement.

<b>Times:</b>	<b><u>Session</u></b>	<b><u>Groups</u></b>	<b><u>Swimming</u></b>	<b><u>Warm-Up*</u></b>	<b><u>Meet Starts</u></b>
Friday PM	All Swimmers			5:15 PM	6:00 PM
Saturday AM	All 10 & Unders +	<b>11-12 Girls</b>		7:30 AM	8:30 AM
Saturday PM	All 13 & Over +	<b>11-12 Boys</b>		12:30 PM	1:30 PM
Sunday AM	All 10 & Unders +	<b>11-12 Girls</b>		7:30 AM	8:30 AM
Sunday PM	All 13 & Over +	<b>11-12 Boys</b>		12:30 PM	1:30 PM

\*Diving well open for warm-up and for most of the meet. A brief warm-up in the competition pool for the Open 1000 Free will start at approximately 7:30 p.m. Check in will begin 30 minutes prior to warm up.

**Area Hotels:** A partial listing of area lodging facilities is attached at the end of the packet.

**Facilities:** 25 yard, 8-lane pool with a diving well which will be available for supervised warm-up and warm down. Depth at start is 7 feet and 4.5 feet at turn. Permanent starting blocks and non-turbulent lane markers are in place. Colorado timing with an 8-lane display will be used. There is ample balcony seating for spectators. Lockers are available (provide your own lock). The 25 yd. events will be swum from the starting blocks. Public phones will be available. BAC will not be responsible for lost/stolen items. The competition course has not been certified in accordance with 104.2.2C(4).

**Eligibility:** BAC Winterfest is an A/B/C Swim Meet. All swimmers must be currently registered with United States of America Swimming (USA). A swimmer's age on January 15, 2010 will determine his/her eligibility for a particular age group. Mixed relays may consist of any combination of boys and girls (all boys/girls or mixed).

**Meet Format:** A/B/C (SCY) Timed finals with High Point Awards for each age group.

**Entry Limits:** Entries will be accepted on a first come first serve basis by date of email for electronic entries and date of receipt by the entry chair for hard copy entries until the Michigan Swimming four (4) hour per session maximum time limit is met. Entries submitted will be processed provisionally until the entry chairperson has received a hard copy of: (a) a hard copy of your club's entry summary sheet, (b) a hard copy of your club's signed release/waiver agreement (c) your club's signed certification of entered athletes and (d) your club's entry and entry fees. Entries received after the four (4) hour per session time limit has been met will be returned **even if received before the entry deadline**.

**Entry Limits (contd.)** If the entry limit is not reached, deck entries may be offered but will not be eligible for awards or points. To balance sessions to meet the four (4) hour per session time limit, the Meet Referee and Meet Director reserve the right to use any reasonable technique including, but not limited to, splitting age groups and/or splitting teams.

If the Meet Referee and Meet Director desires to either split age groups and/or split teams, the contact person of each club entering the meet and each unattached swimmer shall be provided with electronic notification of such change at least ten (10) days prior to the date of the meet. Any club that withdraws entries based on such change shall receive a refund of such entry fees.

**Individual Entry Limits:** Swimmers may enter a maximum of four (4) individual events per day, not including relays.

**Entry Fees:**

Electronic	<b>\$4.00 per individual event and \$12.00 for relays. Please include a \$1.00 Michigan Swimming surcharge for each swimmer entered. Make checks payable to: Bulldog Aquatic Club.</b>
Paper	MS rules regarding non-electronic entries apply. \$5 per individual event and \$13 for each relay. This includes a \$1.00 additional charge per individual event and \$1.00 per relay event if the entry is not submitted via Hy-Tek compatible file. The Michigan Swimming \$1.00 general surcharge for each swimmer also applies to paper entries. Paper entries may be submitted to the entry chair on a spreadsheet of your choice however the paper entry must be logically formatted and must contain all pertinent information to allow the entry chair to easily enter the swimmer(s) in the correct events with the correct seed times. <b>Make checks payable to: Bulldog Aquatic Club.</b>

**Entry Procedures:** Entries will be accepted on or after Friday, December 18, 2008 @ 7:00 p.m. and must be received by the entry chairperson by no later than Saturday, January 9, 2010 @ 7:00 p.m..

Updates of times will be accepted only to move a swimmer from a B event to an A event and only up to the meet entry deadline. Entries must include correct swimmer name (as registered with USA/MS Swimming), age and USA number.

The order of events and event numbers can be imported from the Michigan Swimming website ([www.uss-michigan.com](http://www.uss-michigan.com)). All entries should be submitted in the format that is attached to these rules for individual entries. Electronic entries should be submitted on disk on Hy-Tek's Team Manager. **All individual entries should be submitted via electronic mail to the entry chairperson at: [winterfestentries@bulldogaquaticclub.com](mailto:winterfestentries@bulldogaquaticclub.com).**

Entries submitted will be processed provisionally until the entry chairperson has received a hard copy of: (a) your club's entries (Team Manager Meet Entries Report) (b) a hard copy of your club's signed release/waiver agreement (c) your club's signed certification of entered athletes and (d) your club's entry fees. The Complete BAC Winterfest Swim Meet entry packet with entry forms is available on the Michigan Swimming Website at [www.uss-michigan.com](http://www.uss-michigan.com).

**Refunds:** Once a team or individual entry has been received and processed by the entry chair there are no refunds in full or part.

**Entry Chair:** Your club's Entry, Entry Summary Sheet, Release/Waiver, Certification of Entered Athletes and Check should be sent via U.S. mail or nationally recognized overnight courier to:

Lynn Lohman  
41957 Waterfall Road  
Northville, MI 48168

Home Telephone: (248) 380-6865  
Please limit calls to evenings (7pm–9:00pm)  
E-Mail: [winterfestentries@bulldogaquaticclub.com](mailto:winterfestentries@bulldogaquaticclub.com)

**Check In:** All swimmers MUST check in. Check in will begin 30 minutes prior to scheduled warm up time. Check-in will close 45 minutes prior to the start of each session except check-in for the 1000 Free only on Friday evening will close at 7:00 p.m.)

Failure to check in will cause the swimmer to be scratched in all events during that session. Failing to swim an event after check in will disqualify a swimmer from his or her next event. Check in and Clerk Of Course will be located in the hallway north of the concessions area. Once check in is closed the Clerk of Course will be on deck. No deck check-in will be permitted.

**Scratch Rules:** Prior to check in close a swimmer may scratch events at the Clerk of the Course. After check in closes, you must see the Meet Referee to scratch an event. Once a swimmer has checked in for an event that swimmer must compete in that event or the swimmer will be scratched from his/her next event.

**Marshalling:** **All groups will be self marshaled.** Heat cards will not be used. Heat Sheets will be posted and Timers will have heat and lane assignments. Swimmers and their coaches will be responsible for reporting to their assigned lanes when their event is called. If a swimmer in an event cannot be at the lane when an event is called, another representative from such swimmer's team (swimmer, coach, etc.) should report to the lane area for each swimmer. Each swimmer must check in prior to the specified time or be scratched from their events.

**Seeding:** Seeding will be done after check in closes. Swimmers who fail to check in for an event will be scratched from that event. All events are timed finals and will be seeded slowest to fastest other than the 1000 yd. freestyle which will be seeded fastest to slowest (alternating genders-women/men). Deck entries (if offered) will be placed in heats with open lanes.

**Deck Entries/  
Time Trials:** Deck entries, (\$7) per individual event and \$14 per relay, if deck entries are offered.  
Time trials will not be offered.

**Meet Program/  
Admissions:** **Program for all three days: \$6.00**  
**Friday, Saturday and Sunday Admission: \$2.00 for Friday session. \$4.00/day for Saturday and Sunday session. (Under 12 Free)**

**Scoring:** Individual scores will be kept for each age group for A events only (except 8 & U scores for B events will be kept). Points will be awarded for "A" EVENTS ONLY and for "B" events for swimmers 8 & U. Points awarded will be as follows: 9,7,6,5,4,3,2,1. Points for the high point competition will not be scored for Friday events. No team scores will be kept.

**Awards:** Trophies will be awarded for the top EIGHT finishers in the high point competition for age divisions 14 and Under in A events only. 8 & Under swimmers will be awarded high point trophies for B events since no A events exist for 8 & Under. Special custom awards will be given to the top three finishers in the high point competition for the 15 – 18 age group. **Friday's events do not count towards high point nor will any Friday event be used for tiebreakers . The IM events swam on Saturday and Sunday will decide ties for high point. A swimmer MUST compete in the IM event on Saturday or Sunday to be considered for any of the top three spots in the high point competition. Any ties not determined by the IM event will be decided by cumulative times of common events between swimmers tied for points. If the event is still tied after this tiebreaker has been applied then the tie will be broken by random chance.** Custom awards will be given for the first eight places in individual events for both A and B levels and the top three (3) relay teams. All awards, with the exception of the high point awards, will be distributed, after the close of the meet on Sunday afternoon, to a team designated person. The high point awards will be presented on deck after each Sunday session. **Coaches or their representatives must pick up their awards by the end of the meet.** No awards will be mailed.

**Results:** Complete meet results will be posted on the Michigan Swimming Website at [www.uss-michigan.com](http://www.uss-michigan.com). Additional copies of the results can be ordered at the admissions table for \$5.00. Results will also be available on disk (HY-TEK Meet Manager). Teams using the diskette entry and teams providing a formatted disk will receive a results diskette.

**Concessions:** Full concessions will be available on the east side of the pool with the window view of the pool. No food or beverage will be allowed on the deck of the pool, in the locker rooms or in the spectator areas. A hospitality area will be available for coaches and officials.

**Lost & Found:** Lost articles may be turned in/picked up next to the Announcer's Table and will be marked accordingly. Any articles not picked up by the end of the meet will be held for 1 month by the Meet Director.

**Swimming Safety/ Warm-up Procedures:** To protect all swimmers during warm-ups, swimmers will be required to enter the pool feet first at all times except when sprint lanes have been designated. No jumping or diving. The same rules will apply with respect to the warm-down pool (diving well). Penalties for violating these rules will be in the sole discretion of the meet referee which may include ejection from the meet.

- Controlled, supervised warm-up sessions will be utilized in accordance with the "warm-up procedure guidelines" suggested by USA Swimming.
- The final 20 minutes of warm-ups will be conducted as follows:
- Lanes 1 & 8 push/pace with push off from the start end of the pool 1 or 2 lengths or general warm-up lanes at the discretion of the Meet Referee.
- Lanes 2 & 7 racing start lanes. Sprint lanes for racing starts from the blocks or backstroke starts. One length only and exiting the pool.
- Lanes 3-6 general warm-up, no diving or racing starts. Any one, or all of these lanes, may be converted to sprint lanes at the discretion of the Meet Referee.

**Deck Personnel:** Only swimmers, registered coaches and meet officials/workers are allowed on the deck. Coaches and officials must display their registration cards at all times. Coaches must be current in all certifications through the final date of the meet.

**Swimmers with Disabilities:** All swimmers are encouraged to participate. If any of your swimmers have special needs or requests please indicate them on the entry form and with the Clerk of Course and/or the Meet Referee during warm ups.

**General Info:** Any errors or omissions in the program will be documented and signed by the meet Referees and available for review at the Clerk of Course for Coaches review. Information will also be covered at the Coaches' Meeting. No time trials will be offered. **Coach's packets are to be picked up at the Announcer's table.**

**First Aid:** Supplies will be kept in the Scoring Office.

**Facility Items:**

- Smoking is not allowed in the building or on the grounds of Royal Oak Middle School.
- Pursuant to applicable Michigan law, no glass will be allowed on the deck of the pool or in the locker rooms.
- No bare feet allowed outside of the pool area. Swimmers need to have shoes to go into the hallway to awards or concessions.
- An Emergency Action Plan has been submitted by the Bulldog Aquatic Club to the Safety Chair and the Program Operations Chair of Michigan Swimming prior to sanction of this meet and is available for review and inspection at the Scoring Office.
- Swimmers should stay clear of the elevator lobby area

**Meet** Don Pijor  
**Director:** 49656 Ash Ct Home Phone: 734 207 0372 (Please limit calls to 7:00 pm – 9:00  
Plymouth, Mi 48170 pm)  
Email: [winterfestmeetdir@bulldogaquaticclub.com](mailto:winterfestmeetdir@bulldogaquaticclub.com)

**Referee:** Bob Merchant

**Safety Marshal:** Julie Miller

## Schedule Of Events:

### Friday Evening

Check-in closes at 5:15 pm (1000 Free only at 7:00 pm)

Girls			Boys
#	Age Group	Event	#
1	8 & Under	100 Free	2
3	Open	400 IM	4
5	10 & Under	200 IM	6
7	11-12	200 IM	8
9	Open	1000 Free	10

### Saturday Morning

Check-in closes at 7:45 am

Girls			Boys
#	Age Group	Event	#
11	11-12	100 Free	
12	9-10	100 Free	13
14	8 & Under	50 Free	15
16	11-12	50 Back	
17	9-10	50 Back	18
19	8 & Under	25 Back	20
21	11-12	100 Breast	
22	9-10	100 Breast	23
24	8 & Under	50 Breast	25
26	11-12	50 Fly	
27	9-10	50 Fly	28
29	8 & Under	25 Fly	30
31	11-12	100 IM	
32	9-10	100 IM	33
34	8 & Under	100 IM	35
36	11-12	200 Back	
37	8 & Under	200 <u>Mixed</u> Medley Relay	37
38	10 & Under	200 <u>Mixed</u> Medley Relay	38
39	11-12	200 <u>Girls</u> Medley Relay	

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**Saturday Afternoon****Check-in closes @ 12:45 pm**

<b>Girls</b>			<b>Boys</b>
<b>#</b>	<b>Age Group</b>	<b>Event</b>	<b>#</b>
		11-12 <u>Boys</u> 200 Medley Relay	40
41		13-14 <u>Girls</u> 200 Medley Relay	
		13-14 <u>Boys</u> 200 Medley Relay	42
43		15-18 <u>Girls</u> 200 Medley Relay	
		15-18 <u>Boys</u> 200 Medley Relay	44
	11-12	200 Free	45
46	13-14	200 Free	47
48	15-18	200 Free	49
	11-12	100 Fly	50
51	13-14	100 Fly	52
53	15-18	100 Fly	54
	11-12	50 Free	55
56	13-14	50 Free	57
58	15-18	50 Free	59
	11-12	100 Breast	60
61	13-14	100 Breast	62
63	15-18	100 Breast	64
	11-12	50 Back	65
66	13-14	200 Back	67
68	15-18	200 Back	69
	11-12	200 Back	70

**Sunday Morning**

**Check-in closes at 7:45 am**

<b>Girls</b>			<b>Boys</b>
<b>#</b>	<b>Age Group</b>	<b>Event</b>	<b>#</b>
71	11-12	200 Fly	
72	8 & Under	50 Fly	73
74	9-10	100 Fly	75
76	11-12	100 Fly	
77	8 & Under	25 Free	78
79	9-10	50 Free	80
81	11-12	50 Free	
82	8 & Under	50 Back	83
84	9-10	100 Back	85
86	11-12	100 Back	
87	9-10	200 Free	88
89	11-12	200 Free	
90	8 & Under	25 Breast	91
92	11-12	200 Breast	
93	9-10	50 Breast	94
95	11-12	50 Breast	
96	8 & Under	8 & Under 200 <u>Mixed</u> Free Relay	96
97	10 & Under	10 & Under 200 <u>Mixed</u> Free Relay	97
98	11-12	11-12 200 <u>Girls</u> Free Relay	



**Sunday Afternoon**
**Check-in Closes at 12:45 pm**

<b>Girls</b>			<b>Boys</b>
<b>#</b>	<b>Age Group</b>	<b>Event</b>	<b>#</b>
	11-12 <u>Boys</u>	200 Free Relay	99
100	13-14 <u>Girls</u>	200 Free Relay	
	13-14 <u>Boys</u>	200 Free Relay	101
102	15-18 <u>Girls</u>	200 Free Relay	
	15-18 <u>Boys</u>	200 Free Relay	103
	11-12	100 IM	104
105	13-14	200 IM	106
107	15-18	200 IM	108
	11-12	100 Back	109
110	13-14	100 Back	111
112	15-18	100 Back	113
	11-12	50 Breast	114
115	13-14	200 Breast	116
	11-12	200 Breast	117
118	15-18	200 Breast	119
	11-12	100 Free	120
121	13-14	100 Free	122
123	15-18	100 Free	124
	11-12	50 Fly	125
126	13-14	200 Fly	127
128	15-18	200 Fly	129
	11-12	200 Fly	130

## RELEASE AND WAIVER

Enclosed is a total of \$\_\_\_\_\_ covering fees for all the above entries. In consideration of acceptance of this entry I/We hereby, for ourselves, our heirs, administrators, and assigns, waive and release any and all claims against the Bulldog Aquatic Club, Royal Oak Public Schools, Michigan Swimming, Inc., and United States Swimming, Inc. for injuries and expenses incurred by Me/Us at or traveling to said swim meet.

[illegible]

In granting the sanction it is understood and agreed that USA Swimming and Michigan Swimming, Inc. shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this event.

Signature: \_\_\_\_\_

Position: \_\_\_\_\_

Street Address: \_\_\_\_\_

City, State, Zip: \_\_\_\_\_

E-mail: \_\_\_\_\_

Coach Name: \_\_\_\_\_

Coach Phone: \_\_\_\_\_

Coach E-Mail: \_\_\_\_\_

Club Name: \_\_\_\_\_

Club Code:

## Certification of Entered Athletes

Michigan Swimming Clubs must register and pay for the registration of all athletes that are contained in the electronic TM Entry File or any paper entries that are submitted to the Meet Host with the Office of Michigan Swimming **prior to submitting the meet entry to the meet host.** Clubs from other LSCs must register and pay for the registration of their athletes with their respective LSC Membership Coordinator.

A penalty fee of \$100.00 per unregistered athlete will be levied against any Club found to have **entered** an athlete in a meet without first registering the athlete and paying for that registration with the Office of Michigan Swimming or their respective LSC Membership Coordinator.

Submitting a meet entry without the athlete being registered and that registration paid for beforehand may also subject the Club to appropriate Board of Review sanctions.

The authority for these actions is: UNITED STATES SWIMMING RULES AND REGULATIONS 302.4 FALSE REGISTRATION - A host LSC may impose a fine of up to \$100.00 per event against a member Coach or a member Club submitting a meet entry which indicates a swimmer is registered with USA Swimming when that swimmer or the listed Club is not properly registered. The host LSC will be entitled to any fines imposed.

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I certify that **all** athletes submitted **with this meet entry** are currently registered members of USA Swimming and that I am authorized by my Club to make this representation in my listed capacity

By: \_\_\_\_\_  
(Signature)

\_\_\_\_\_  
(Printed Name of person signing above)

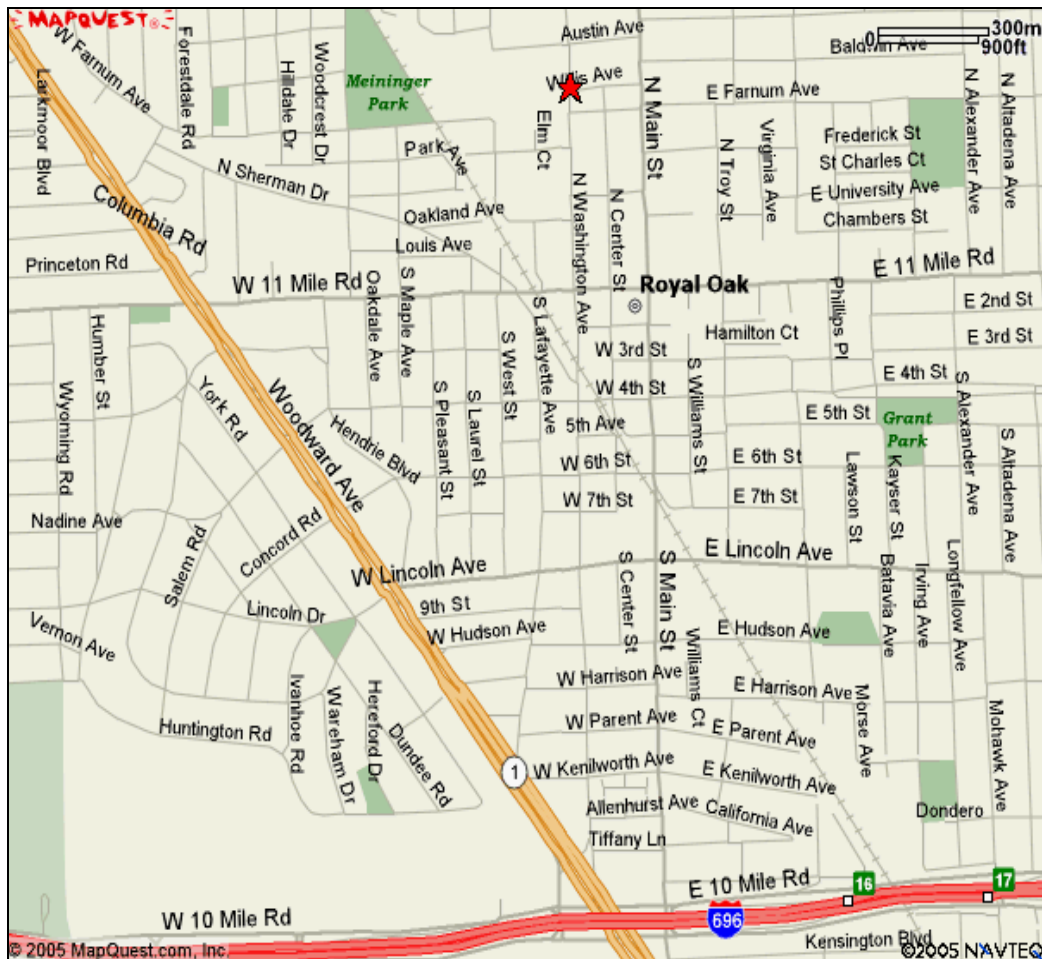
Capacity: \_\_\_\_\_

Club Name: \_\_\_\_\_

Date: \_\_\_\_\_

\*Note: This form must be signed and returned with the entry or the entry will not be accepted.

## Map to Royal Oak Middle School



### Area Hotels

Springhill Suites by Marriott,  
Detroit Southfield  
28555 Northwestern Hwy  
Southfield, MI 48034

(248) 352 6100  
Marriott.com/DTWSD  
(Breakfast – Pool)

Hampton Inn, Madison Heights  
32420 Stephenson Hwy.  
Madison Heights, MI 48071

(248) 585-8881  
(800) HAMPTON  
(Continental Breakfast- No Pool)

Holiday Inn Express  
34952 Woodward Ave.  
Birmingham, MI 48009

(248) 646-7300  
(800) 521 3509  
(Continental Breakfast-No Pool)

Marriott Courtyard Southfield  
27027 Northwestern Highway  
Southfield, MI 48034

(248) 358 1222  
(800) 228 9290  
(Swimming Pool)

Troy Marriott  
200 W. Big Beaver Road  
Troy, MI 48084

(248) 680 9797  
(800) 228 9290  
(Swimming Pool)