

# Guppy Bowl

**Hosted By: Lake Orion Liquid Lightning  
February 6th, 2010**

- Sanction:** This meet is sanctioned by Michigan Swimming, Inc., as a timed final meet on behalf of USA Swimming, Sanction Number MI-0910033. Michigan swimming rules, safety, and warm up procedures will govern the meet as if fully set forth in these meet rules.
- Location:** **Lake Orion High School**, 495 E. Scripps, Lake Orion, MI 48360  
Map to Pool included in meet packet on Michigan Swimming Website ([www.uss.michigan.com](http://www.uss.michigan.com))
- Times:** **Saturday, February 6th, 2010** Warm-up **9:00 AM** Start **10:00 AM**
- Motels:** **Best Western Palace Inn**, 2755 Lapeer Road, Lake Orion, MI 48360 (248) 391-2755  
**Holiday Inn Select Auburn Hills**, 1500 Opdyke Road, Auburn Hills, MI 48326 (248) 373-4550  
**Staybridge Suites**, 2050 Featherstone Road, Auburn Hills, MI 48326 (248) 322-4600
- Facilities:** Lake Orion is a 25-yard, 11-lane pool; 8 lanes are used for competition. A separate 4-lane pool will be available for supervised warm-up and warm down. Depth at start is 7 feet and 9-13 feet at turn. Permanent starting blocks and non-turbulent lane markers will be used. Colorado timing with an 8-lane display will be used. There is ample balcony seating for spectators. Lockers are available (provide your own lock). Public phones will be available. The competition course has not been certified in accordance with 104.2.2C(4).
- Eligibility:** Guppy Bowl is an 8 & Under Meet. All swimmers must be currently registered with United States of America Swimming (USA). A swimmer's age on February 6<sup>th</sup> 2010 will determine his/her eligibility for a particular age group.
- Meet Format:** Timed finals format.
- Entry Limits:** Entries will be accepted on a first come first serve basis by date of email for electronic entries and date of receipt by the entry chair for hard copy entries until the Michigan Swimming four (4) hour per session maximum time limit is met. As set forth in Entry Procedures below, entries are not deemed valid and will not be processed until such time as the entry chairperson has received: (a) a hard copy of your club's entry summary sheet, (b) a hard copy of your club's signed release/waiver agreement (c) your club's certification of entered athletes and (d) your club's entry and entry fees. Entries received after the four (4) hour per session time limit has been met will be returned even if received before the entry deadline.
- Individual Entry Limits:** Swimmers are limited to 5 individual events and 2 relays.
- Electronic Entries:** \$4.00 per individual event and \$10.00 for relays. Please include a \$1.00 Michigan Swimming surcharge for each swimmer entered. Make checks payable to: Lake Orion Liquid Lightning (LOLL).
- Paper Entries:** MS rules regarding non-electronic entries apply. \$5.00 per individual event and \$11.00 for relays. There is a \$1.00 additional charge per individual event and \$1.00 per relay event paid if the entry is not submitted on Hy-Tek (or compatible) disk. The Michigan Swimming \$1.00 general surcharge for each swimmer also applies to paper entries. Paper entries may be submitted to the entry chair on a spreadsheet of your choice however the paper entry *must* be logically formatted and *must* contain all pertinent information to allow the entry chair to easily enter the swimmer(s) in the correct events with correct seed times.

**Entry**

<b>Procedures:</b>	Entries may be submitted to the entry chairperson as of <b>Noon January 10<sup>th</sup>, 2010</b> . The entry chairperson must receive all entries no later than <b>January 22nd, 2010</b> . Entries must include correct swimmer name (as registered with USA/MS Swimming), age and USA number. You can import the order of events and event numbers from the Michigan Swimming website ( <a href="http://www.uss-michigan.com">www.uss-michigan.com</a> ). All individual entries should be submitted via electronic mail to the entry chairperson at <a href="mailto:meetentries@liquidlightning.org">meetentries@liquidlightning.org</a> . Entries submitted will be processed provisionally pending receipt by the entry chairperson of: (a) a hard copy of your club's signed release/waiver agreement (b) your club's signed certification of entered athletes and (c) your club's entry and entry fees. The complete Snow Bowl entry packet with entry forms is available on the Michigan Swimming Website at <a href="http://www.uss-michigan.com">www.uss-michigan.com</a> .
<b>Refunds:</b>	Once a team or individual entry has been received and processed by the entry chair there are no refunds in full or in part.
<b>Entry Chair:</b>	Your club's Entry, Release/Waiver, Certification of Entered Athletes and Check should be sent via U.S. mail or nationally recognized overnight courier to:  Jim Lindquist – Meet Entry, 3790 Nutcracker Court, Oxford, MI 48370. (810) 441-0660. <a href="mailto:meetentries@liquidlightning.org">meetentries@liquidlightning.org</a>
<b>Check In:</b>	Check In will be available as of 30 minutes prior to start of warm-up. <b>Check in is mandatory for all events and is required no later than 15 minutes after warm-up starts.</b> Failure to check in will cause the swimmer to be scratched from <b>all</b> events in that session. PLEASE FOLLOW THE POSTED CHECK IN PROCEDURE AND MICHIGAN SWIMMING CHECK IN RULES. Also note that pursuant to MS Rules that failing to swim an event <u>after</u> checking in for that event will disqualify a swimmer from his or her next event. Check in sheets will be posted in the downstairs pool lobby area.
<b>Scratch Rules:</b>	<u>Prior</u> to check in close a swimmer may scratch events at the Clerk of Course. <u>After</u> check in closes, you must see the Meet Referee to scratch an event. Once a swimmer has checked in for an event that swimmer must compete in that event or the swimmer will be scratched from his/her next event.
<b>Marshaling:</b>	This meet will be a self marshaled. Swimmers will be responsible for reporting to the marshaling area when their event is called. Once a swimmer has reported to the marshaling area and is seeded, that swimmer must compete in that event or such swimmer will be scratched from his/her next scheduled event. Helpers will be assigned to each lane to ensure each swimmer is in place and prepared for their heat and event.
<b>Seeding:</b>	Seeding will be done after check in closes. Swimmers who fail to check in for an event will be scratched from that event. All events are timed finals and will be seeded slowest to fastest.
<b>Deck Entries/ Time Trials:</b>	Deck Entries MAY be allowed depending on the timeline of the meet and the decision of the Meet Referee and Meet Director. The deck entry fee will be \$6.00 per event. Deck entry swimmers are subject to the Michigan Swimming \$1.00 general surcharge. Time Trials will not be offered.
<b>Meet Programs/ Admissions:</b>	Admissions is \$4.00 per person, 12 and under free. Meet program \$3.00.
<b>Scoring:</b>	No individual or team scoring will be kept.
<b>Awards:</b>	Custom Guppy Bowl Medals will be awarded for 1-8 place and ribbons for 9-20 place for 6 & U events. B and C categories will be awarded for 7 & 8 year old events. Relays will be awarded medals for 1-8 and ribbons for 9-20 place finishes. <b>No awards will be mailed.</b> Each team should assign a contact person to arrange collection of remaining awards at the end of the meet.
<b>Results:</b>	Complete meet results will be posted on the Michigan Swimming Website at <a href="http://www.uss-michigan.com">www.uss-michigan.com</a> .

<b>Concessions:</b>	Food and beverages will be available in the concession area outside the pool stands. No food or beverage will be allowed on the deck of the pool, in the locker rooms or in the spectator areas. A hospitality area will be available for coaches and officials.
<b>Lost and Found:</b>	Articles may be turned in/picked up at the check in area in the lower lobby. Articles not picked up by the end of the meet will be retained by the Meet Director, or a representative, for at least 14 days (any longer period shall be in the sole discretion of the Meet Director).
<b>Swimming Safety:</b>	Michigan Swimming warm up rules will be followed. To protect all swimmers during warm-ups, swimmers are required to enter the pool feet first at all times except when sprint lanes have been designated. No jumping or diving. The same rules will apply with respect to the warm-down pool. Penalties for violating these rules will be in the sole discretion of the meet referee which may include ejection from the meet.
<b>Deck Personnel:</b>	Only swimmers, registered coaches and meet officials/workers are allowed on the deck. Coaches and officials must display their registration cards at all times. Coaches must be current in all certifications through the final date of the meet.
<b>Swimmers with Disabilities:</b>	All swimmers are encouraged to participate. If any of your swimmers have special needs or requests please indicate them on the entry form and with the Clerk of Course and/or the Meet Referee during warm ups.
<b>General Info:</b>	Any errors or omissions in the program will be documented and signed by the meet Referee and available for review at the Clerk of Course for Coaches review. Information will also be covered at the Coaches' Meeting.
<b>First Aid:</b>	Supplies will be kept in the pool office.
<b>Facility Items:</b>	<ul style="list-style-type: none"> <li>(A) No smoking is allowed in the building or on the grounds of Lake Orion High School.</li> <li>(B) Pursuant to applicable Michigan law, no glass will be allowed on the deck of the pool or in the locker rooms.</li> <li>(C) No bare feet allowed outside of the pool area. Swimmers need to have shoes to go into the hallway to awards or concessions.</li> <li>(D) An Emergency Action Plan has been submitted by the Host Club to the Safety Chair and the Program Operations Chair of Michigan Swimming prior to sanction of this meet and is available for review and inspection at the [location].</li> </ul>
<b>Meet Director:</b>	Jim Lindquist (810) 441-0660 jlindquist@liquidlightning.org
<b>Meet Referee:</b>	Dan Meconis
<b>Safety Marshall:</b>	Rick Corriveau

# Guppy Bowl

Hosted by Lake Orion Liquid Lightning  
February 6<sup>th</sup>, 2010

## Saturday Morning

Warm-up at 9:00am

Meet Starts at 10:00am

GIRLS Event #	Age	Event	Age	Boys Event #
1	8&U	100 IM	8&U	2
3	6&U	25 Free	6&U	4
5	7-8	25 Free	7-8	6
7	8&U	50 Fly	8&U	8
9	6&U	25 Back	6&U	10
11	7-8	25 Back	7-8	12
13	8&U	100 Free	8&U	14
15	6&U	25 Breast	6&U	16
17	7-8	25 Breast	7-8	18
19	8&U	100 Mixed Medley Relay	8&U	19
20	6&U	50 Free	6&U	21
22	7-8	50 Free	7-8	23
24	6&U	50 Back	6&U	25
26	7-8	50 Back	7-8	27
28	6&U	25 Fly	6&U	29
30	7-8	25 Fly	7-8	31
32	8&U	50 Breast	8&U	33
34	8&U	100 Mixed Free Relay	8&U	34

# RELEASE AND WAIVER

Enclosed is a total of \$\_\_\_\_\_ covering fees for all the above entries. In consideration of acceptance of this entry I/We hereby, for ourselves, our heirs, administrators, and assigns, waive and release any and all claims against Lake Orion Liquid Lightning, Lake Orion High School, Michigan Swimming, Inc., and United States Swimming, Inc. for injuries and expenses incurred by Me/Us at or traveling to said swim meet.

[illegible]

In granting the sanction it is understood and agreed that USA Swimming and Michigan Swimming, Inc. shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this event.

Signature: \_\_\_\_\_

Position: \_\_\_\_\_

Street Address: \_\_\_\_\_

City, State, Zip: \_\_\_\_\_

E-mail: \_\_\_\_\_

Coach Name: \_\_\_\_\_

Coach Phone: \_\_\_\_\_

Coach E-Mail: \_\_\_\_\_

Club Name: \_\_\_\_\_

Club Code: \_\_\_\_\_

## **Certification of Registration Status Of All Entered Athletes [Guppy Bowl – February 6<sup>th</sup>, 2010]**

Michigan Swimming Clubs must register and pay for the registration of all athletes that are contained in the electronic TM Entry File or any paper entries that are submitted to the Meet Host with the Office of Michigan Swimming **prior to submitting the meet entry to the meet host**. Clubs from other LSCs must register and pay for the registration of their athletes with their respective LSC Membership Coordinator.

A penalty fee of \$100.00 per unregistered athlete will be levied against any Club found to have **entered** an athlete in a meet without first registering the athlete and paying for that registration with the Office of Michigan Swimming or their respective LSC Membership Coordinator.

Submitting a meet entry without the athlete being registered and that registration paid for beforehand may also subject the Club to appropriate Board of Review sanctions.

The authority for these actions is: UNITED STATES SWIMMING RULES AND REGULATIONS 302.4 FALSE REGISTRATION – A host LSC may impose a fine of up to \$100.00 per event against a member Coach or a member Club submitting a meet entry which indicates a swimmer is registered with USA Swimming when that swimmer or the listed Club is not properly registered. The host LSC will be entitled to any fines imposed.

[illegible]

I certify that **all** athletes submitted **with this meet entry** are currently registered members of USA Swimming and that I am authorized by my Club to make this representation in my listed capacity.

By: \_\_\_\_\_  
(Signature)

(Printed Name of person signing above) Capacity:

Club Name: \_\_\_\_\_

Date: \_\_\_\_\_

**This form must be signed and returned with the entry or the entry will not be accepted.**